

**Massachusetts Department
of Correction**

Program Description Booklet

Carol A. Mici
Commissioner
December 2021

Table of Contents

Mission & Vision Statement	3
<i>Massachusetts Department of Correction, Reentry Continuum</i>	4
<i>Program Services Division (Departmental Services)</i>	5
<i>MassCor Correctional Industries</i>	11
Sex Offender Treatment	11
<i>Education Division</i>	11
<i>Program Descriptions</i>	18
<u>Secure Facilities</u>	
MCI Cedar Junction	27
MCI Concord	28
MCI Framingham	30
MCI Norfolk	32
MCI Shirley	34
North Central Correctional Institution (NCCI-Gardner)	36
Old Colony Correctional Center	38
Souza Baranowski Correctional Center	40
<u>Community Corrections</u>	
Boston Pre Release Center	41
NECC-Concord (NECC-Concord)	42
Old Colony Correctional Center, Minimum	44
Pondville Correctional Center	44
<u>Specialized Facilities</u>	
Massachusetts Treatment Center	45

Massachusetts Department of Correction

Mission Statement

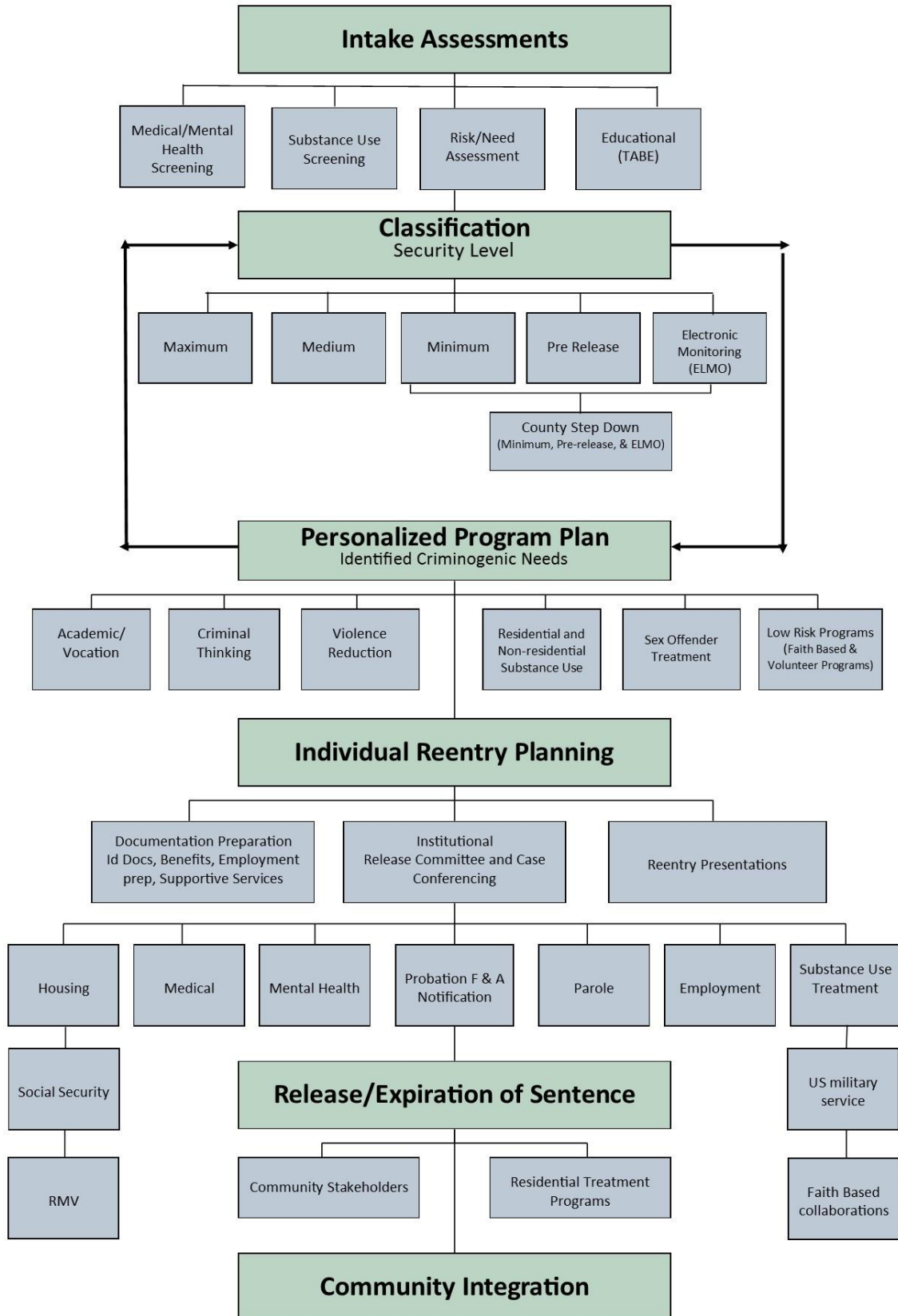
The Massachusetts Department of Correction's mission is to promote public safety by managing offenders while providing care and appropriate Programs in preparation for successful reentry into the community.

Manage - Care - Program - Prepare

Vision Statement

The Massachusetts Department of Correction's vision is to effect positive behavioral change in order to eliminate violence, victimization and recidivism.

Massachusetts Department of Correction — Reentry Continuum



Program Services Division

Religious Services

The Department provides a variety of religious services, which are supervised and coordinated by chaplain staff. Volunteer clergy and community churches assist chaplains in the provision of services. Chaplains provide regular religious services, religious education and pastoral care. In addition, chaplaincy services include Bible Study, Prayer Groups, Christian Fellowship, Christian Twelve Step, Parenting Groups, Family Religious Services, Religious Seminars and Holiday Observances. The Department recognizes that Chaplaincy Services are important in changing criminal behavior by helping the inmate develop prosocial values. *These services are available at all facilities.*

Recreation Services

The Department offers a wide variety of staff supervised recreational and leisure time activities designed to reduce inmate idleness and teach pro-social skills to use their time constructively. *These services are available at all facilities.*

Volunteer Services

There are currently approximately 1,500 volunteers providing a variety of services that supplement established departmental programs. Volunteer services include faith-based, substance abuse, self help, support groups, literacy, cognitive skills and cultural awareness. Volunteer services enhance Programs and the process of reintegration by disrupting the delinquency network and providing inmates with a network of pro-social community members and activities. *These services are available at all facilities.*

Community Partnerships

The Department has established partnerships with community-based organizations and other state agencies with the goal of enhancing public safety and providing inmates with support and critical linkages to community-based organizations.

Community Partnerships and External Stakeholder Collaborations

- The Department collaborates with several county Houses of Correction to facilitate the Step-Down Program. Participating counties include Berkshire, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Suffolk, and Worcester counties. This program targets state offenders towards the end of their sentence. The objective of the program is to step down offenders to the community and reconnect them with their family/support systems, potential employers, and community-based providers in order to facilitate the DOC's goal of responsible reentry.
- December 2009: The Department opted to have Housing Search Specialists identified in each institution as a position that would assist inmates at risk of homelessness as a strategy to streamline institutional contact with community providers and implement a team of HSS that could share resources and provide real time feedback regarding community based program availability.
- January 2012: The DOC and Social Security Administration (SSA) jointly signed an MOU allowing inmates to obtain a replacement Social Security Card initially as a pilot program at the DOC Minimum and Pre-releases institutions. The SSA MOU pilot was implemented at all security levels between February and March 2013.
- January 2016: The DOC and SSA jointly signed an MOU allowing inmates to apply for SSI/SSDI benefits prior to release.
- October 2016: The DOC and DOT-RMV jointly started the State ID Program in pre-release and medium DOC institutions.

- November 2016: The RMV partnership regarding application for State ID was implemented in all DOC institutions.
- April 2018: With continued support from EOHHS agencies, the Department of Correction scheduled Veteran presentations, inviting federal, state and local Veteran agencies to present to inmates with Veteran status housed in the DOC. This critical partnership provided community stakeholders access to releasing Veterans to explain services available, how to access benefits, complete applications and submit requests for the DD214.
- November 2018 The Office of Community Corrections (OCC) expanded their services to provide all criminally involved returning citizens' with access to programming, assistance and services through their Office of Community Correction Centers.
- November 2019 BH-JI partnered with the DOC to provide wrap around services to releasing inmates to the Middlesex and Worcester area. This in reach-Post release program had MassHealth partner with Open Sky and Advocates to fund community resources through in reach and community wrap around services.
- October 2020 RMV-DOT reviewed the compatibility of photos taken by the DOC and approved these images as being consistent with the RMV image database. This will allow the DOC to further expand eligibility for ID's for releasing inmates who currently have an outdated photo on file with the RMV.
- November 2021 ROCA and UTEC entered into a data sharing agreement to monitor and increase the number of Youth criminally involved releasing inmate enrolled in services prior to release
- January 20202 BH-JI will be expanding its services statewide after the success of its pilot program.

Self-Improvement Groups

Inmate Self Improvement Groups are structured inmate coordinated groups designed to reduce inmate idleness and enhance reentry by providing offenders with a forum to develop interpersonal communication, problem solving and basic life skills. The following are approved Self Improvement Groups:

- *African American Coalition Program*
- *African Heritage Coalition Program*
- *Black, Latino, & Asian Cultural Coalition*
- *Deeds and Dialogue Study Group*
- *Elderly Affairs*
- *Enlightenment Group for Lifers*
- *Imagination Art*
- *Life Gets Better-LBGTQI Support Group*
- *Lifer's Group*
- *Latino-Hispanic Heritage Group*
- *Lifting Each Other Up: Support for LGBTQI*
- *Long Termer's Group*
- *Mending Souls*
- *Pawn Pushers*
- *Second Degree Lifers Group*
- *Spanish United*
- *Stitch for Life*
- *United for Gay, Bisexual and Transgender Progress*
- *Young Men's Committee/Reaching Beyond the Bars*
- *Youthful Offender Coalition*

School of Reentry

The Executive Office of Public Safety & Security implemented a 12-18-month residential school, known as the School of Reentry (SOR), located within Boston Pre Release Center in Roslindale, MA. It has been developed to respond to challenges of those incarcerated with the development of new collaborations, academic/vocational immersion, mindfulness training, community partnerships, mandatory substance use treatment, and public/private funding. The School of Reentry provides inmates an opportunity to return to their communities prepared to live crime free productive lives through a combination of education and vocational training and the development of higher personal cognitive reasoning skills. The School of Reentry is designed to allow inmates to spend the last 12-18 months of incarceration immersed in education, personal, and workforce development training, funded through a public/private partnership

Students at the School of Reentry come with different levels of academic attainment and with different computer literacy levels. Students spend 6 hours each day in class. The time is split equally between academic and technological training. Students are required to participate in supplemental programming on evenings and weekends. The students live on a separate housing unit with a day room that has no television and is instead equipped with state of the art computers and a SMART board for class instruction. There are two additional classrooms at the school also equipped with SMART boards and computers.

Students at the School of Reentry spend their downtime refining their computer skills or completing home-work assignments. The goal for graduates of the School of Reentry is to decrease recidivism by 50% to 19% over a one-year period after release. Inmates in the School of Reentry are able to combine education and vocational training without the high school degree as a pre-requisite for admission. Inmates are also afforded an opportunity to combine the attainment of the HiSet degree with college level credit courses which are transferable to any of the state community colleges.

Vendor Facilitated Core Programs ~ Spectrum Health Systems, Inc.

Male Offender Program Continuum

Core Skills

This program is provided to inmates housed in the Behavioral Management Unit. The program runs for approximately 8 weeks and utilizes a Core Skills curriculum which includes topics such as Affirming, Asserting, Calming, Focus, Forecasting, Prioritizing, etc.

Correctional Recovery Academy (CRA)

The Correctional Recovery Academy is an intensive 6-month educational program located at four institutions, Northeastern Correctional Center, MCI-Norfolk, MCI-Shirley, and MCI-Concord. The CRA targets relapse prevention and cognitive behavioral treatment. The program utilizes rolling admissions and combines the elements of a therapeutic community's social learning approach with an advanced cognitive behavioral curriculum.

Correctional Recovery Academy Graduate Support Program

Graduates of the CRA may apply to participate in the peer support program. Peer participants are responsible for co-leading groups under the supervision of the CRA counselor. Graduates are also required to attend the community meetings and the weekly continuing care plan group.

Criminal Thinking Program (CT)

This program is a vendor facilitated 8-week program designed to focus on altering the pro-criminal thinking patterns that have been identified as separating those who are serious repeat offenders from those who are not. The program focuses specifically on criminal sentiments and how to develop pro-social alternatives for them. The program assists the offender in developing pro-social alternatives to past activities and associates. Upon completion of the program, participants are recommended to the General Population Maintenance Program.

Gateway to Treatment

Gateway to Treatment is a 12-week program designed to educate and raise awareness of the consequences of continued substance use. Emphasis is placed on biological, psychological, and social consequences of continuing to use substances. Upon completion of the program, participants are recommended to the Graduate Maintenance Program – Substance Abuse.

General Population Maintenance Program

A Maintenance Program for offenders who have completed the Violence Reduction and/or Criminal Thinking program. The program is intended to provide an opportunity for inmates who have completed either of these programs to remain engaged in treatment to practice and internalize learned skills. The program meets once per week.

Graduate Maintenance Program – Substance Abuse

This program is offered to graduates of substance use programs. During Graduate Maintenance, the program concepts are reviewed, program skills are practiced, and there is individual work on a recovery plan.

High Risk Offender Program (HRO)

The High Risk Offender 10-month program is directed at inmates that have been placed in the Departmental Disciplinary Unit (DDU) as a result of having displayed a history of staff or inmate assaults, gang activity, and chronic disruptive behavior and/or have been identified as a threat to the correctional system in general. A goal of this program is to provide inmates with the skills to prepare them for their return to general population and participation in more intensive programs. The program consists primarily of independent workbook assignments and small group activities using a cognitive behavioral treatment model.

High Risk Offender Program Expansion-SBCC

The High-Risk Offender program includes a continuum of care for those offenders who have completed the High Risk Offender Program. The program includes a skills maintenance program for offenders to capitalize on the initial gains made with the HRO program and to reduce the incidences of aggressive behavior. The program includes a skills review phase, skills maintenance phase and an aftercare phase.

Motivational Enhancement

Motivational Enhancement is an 8-week program that introduces participants to basic program concepts while encouraging positive behavioral change. The program is designed to motivate offenders to participate in more intensive programs to address their broader criminogenic need areas.

Pathway to Recovery

Pathway to Recovery is a 16-week program with psycho-educational groups and consist of didactic lectures, group discussions, and skills practice. Upon completion of the program, participants are recommended to the Graduate Maintenance Program – Substance Abuse.

Reentry Unit

The Reentry Unit is a 6-month program for maximum security inmates who are 18 months to release from custody. This unit is designed to prepare inmates releasing from maximum security for successful reintegration to the community and reduce recidivism. The program's main goal is for participants to learn

effective, real-life ways to be successful in their recovery and reintegrate back into society while living a life free of crime and substances.

Reentry Readiness Workshop

The 6-week Reentry Readiness Workshop is offered to inmates who have a defined release date. During the Reentry Readiness Workshop, facilitate curriculum designed to assist inmates in the development of the necessary skills that are needed for a successful transition back into the community. The focus of the workshop is employment readiness to include resume building, cover letter, job application, mock interviews and how to maintain employment. The workshop also includes victim impact, social support, housing plans, financial awareness and budgeting, educational referrals, criminal impact, and attainable goal setting.

Substance Abuse Education

Substance Abuse Education is a 8-week program designed to educate and raise awareness of the consequences of continued substance use. The focus of the groups is to educate the inmate about substances and issues related to their use. Education is placed on biological, psychological, and social consequences of continuing to use substances while incarcerated. Upon completion of the program, participants are recommended to the Graduate Maintenance Program – Substance Abuse.

Violence Reduction

Violence Reduction is an 8-week program that targets cognitions that contribute to violent behavior. The goals of the program are to decrease violent behavior and the likelihood of institutional disturbances. During the program inmates identify the specific cognitions which have led to their violent behavior. Once identified, they are taught pro-social strategies and skills to diminish the likelihood of continued violence. Upon completion of the program, participants are recommended to the General Population Maintenance Program.

Female Offender Program Continuum

Gender responsive and trauma-informed approaches have been incorporated into the framework of treatment services for female offenders. Specific tracks of treatment have been designed to address each offender's specific pathway into the criminal justice system with the goal of reducing the likelihood of recidivism by addressing the unique issues associated with female offenders such as trauma, abuse, relationship dysfunction, substance abuse and mental illness. The programs listed below are also available for female offenders.

Building Positive Connections

The Building Positive Connections 26-week treatment focuses on addressing past trauma or abuse, relationship dysfunction, as well as substance. This pathway explores how past abuse or trauma can influence current behaviors such as substance abuse or engagement in unhealthy relationships.

Family Preservation

Family Preservation is designed to promote appropriate mother/child bonding, relationship building and communication. This program offers a wide range of services to include parenting education classes, parenting support, children's visit preparation, coordination and referral to available services, professional collaboration with state agencies, and special activity planning. This program also functions as a liaison between offenders and Department of Children and Families (DCF) for incarcerated mothers whose children are in the custody of DCF.

First Step Program

The First Step Program is a vendor facilitated program that offers voluntary substance abuse treatment services to women who are awaiting trial or have been sentenced (90 days or less). Program participants have been identified as needing immediate detoxification and further treatment. The treatment component consists of a 20-day schedule of classes on substance abuse education, overdose and relapse prevention, and

interpersonal skill acquisition. The program also offers an individualized aftercare/discharge planning component to support program participants with identifying community-based treatment to access upon release.

General Population Services

This program addresses the needs of offenders who are preparing to reenter their Pathway Programs. This program meets for 24 sessions and addresses needs such as boundaries and assertiveness, cognitive restructuring, life balance, creating and maintaining healthy relationships and other topics to help ease the treatment transition.

Healing for the Future

The Healing for the Future 26-week treatment focuses on disrupting criminal behavior and substance abuse as social norms, while addresses past abuse and trauma. This pathway also works to address significant mental health issues, either present or past.

Healthy Living

The Healthy Living 26-week treatment focuses on disrupting criminal behavior and substance abuse as social norms. Using community as method, women confront many aspects of criminal behavior as social norms to develop pro-social attitudes. This is done through cognitive behavioral groups and community activities.

HOPE - Healthy Opportunities Promote Empowerment

The H.O.P.E. program is offered to the awaiting trial population. Upon admission, detainees receive a Texas Christian University Drug Screen assessment. Those who score a low risk for substance use, will be offered admission into the H.O.P.E. Program. This program is a non-substance use-based program focusing on need areas of grief and loss, anger management, criminal thinking, goal setting, reentry, life balance and how to build a healthy relationship. Program duration is 5 weeks and expectations include meetings, groups, and one on one case management sessions. Participants will complete a Continuing Care Plan/Treatment Plan (as applicable).

Life in Recovery

The Life in Recovery 26-week treatment involves basic substance abuse treatment, such as relapse prevention and general substance abuse education. Offenders in this group have access to parenting programming, education and job development to build self-efficacy and reentry planning.

Motivational Enhancement

Motivational Enhancement is an 8-week program that introduces participants to basic program concepts while encouraging positive behavioral change. The program is designed to motivate offenders to participate in more intensive programs to address their broader criminogenic need areas.

Parenting Inside Out (PIO)

Parenting Inside Out is an evidence-based 6-week, cognitive-behavioral parent management skills training program created for incarcerated parents. This program focuses on effective listening and communication, problem solving skills, behavior management strategies, child development and family reunification techniques amongst various other topics.

Peer Pathway Program

Once a participant has successfully participated in 26 weeks of all their core prescription components and successfully completes a competency panel, the participant may be offered enrollment in the Peer Pathway Program. This next step in the treatment process allows for participants to take on an elevated role as a peer mentor, peer tutor or peer facilitator.



MassCor Correctional Industries

The mission of Massachusetts Correctional Industries is to offer diverse, self-sustaining programs that are beneficial to offenders and economical for the Commonwealth. Participants are provided vocational instruction on current equipment and technologies while producing a variety of high-quality products. These programs encourage the development of valuable skills along with a positive work ethic, better positioning offenders for success in the workforce and community upon reentry. Through work assignments offenders develop occupational skills and discipline that enhances successful reintegration. With acquired on the job training and work ethics gained through Correctional Industries, released offenders have a greater chance of being gainfully employed and succeeding after their release. Current certification programs and upcoming certifications are made available to all eligible incarcerated individuals. Correctional Industries employs over 450 offenders at eight institutions. The workforce has the opportunity to work with state of the art equipment to stay current in the outside employment field. The goal is to employ the maximum number of offenders consistent with effective use of program capital. MassCor has created numerous programs and certifications in order to give offenders opportunities to gain marketable skills and a better chance of securing employment in our communities thus reducing the possibility of recidivism.

Vendor Facilitated Treatment ~ Wellpath

Sex Offender Treatment

The Department of Correction offers comprehensive Sex Offender Treatment (SOT). The purpose of the SOT is to reduce the individual's risk to reoffend, to increase the individual's ability to have a successful reintegration into the community and to increase the individual's overall well-being. The SOT incorporates concepts of the Relapse Prevention Model, the Risk-Need-Responsivity Model, the Good Lives Model and the Self-Regulation Model. There are satellite sites at NCCI-Gardner and Old Colony Correctional Center, where a non-residential treatment track is offered, as well as at MCI-Framingham, where non-residential female SOT is offered. Based on a thorough comprehensive assessment, those assessed as lower risk offender and for those who have committed sexual crimes involving possession and distribution of child sexual exploitation material may be treated with less intensive treatment, while those assessed as high risk will receive intensive, residential treatment. Residential treatment is provided at the Massachusetts Treatment Center, a facility designated exclusively for the purpose of Sex Offender Treatment.

Education Division

The mission of the Education Division is to prepare offenders for successful reentry into the community by providing comprehensive academic and vocational programs based upon individual need; moreover, to further reinforce the knowledge and skills necessary to be competitive in today's job market and transition into productive members of society.

Research tells us that active participation in educational and vocational programming opportunities significantly reduces recidivism:

- A 2003 special report from the Bureau of Justice indicates that 41% of inmates in the nation's state and federal prisons do not have a high school diploma or equivalency credential.
- According to a 2013 meta-analysis through the Rand Corporation regarding prison education, it was cited that inmates who participated in correctional education programs had 43% lower odds of returning to prison than those who did not. This means there was a 13% reduction in the risk of recidivating.
- This same analysis found that employment after release was 13% higher among prisoners who participated in either academic or vocational education programs than those who did not participate.

- Findings from the 2016 Federal Bureau of Prisons report notes that occupational training when accompanied by GED or a high school diploma has the greatest impact on reducing recidivism and significantly increasing employment opportunities.
- In 2016, the Vera Institute of Justice reported that only 35% of state prisons provide college-level courses. Our division goes beyond offering sporadic college courses; we predominantly offer college degrees ranging from an associate's to a bachelor's.
- The MA Department of Labor reported that less than 25% of jobs available in Massachusetts are available to a person without a high school diploma or equivalency credential.

As was noted above, research clearly reveals that nearly half of the inmates entering into correctional custody do not have a high school diploma or equivalency credential; furthermore, most do not have a credible, long-standing work history. Research also indicates if an inmate has the chance to successfully reenter their community and not re-offend, a job and the means to support himself/herself and their family is paramount. It is our duty to reduce recidivism and thus increase public safety by providing education and vocational training opportunities that will assist inmates in obtaining meaningful employment with sustainable wages.

Emphasis is placed upon identifying each inmate student's educational/vocational need, crafting an individualized programming plan of action, monitoring progress and modifying as needed, developing and reinforcing basic literacy skills, and the acquisition of marketable, transferrable skills. To complete these tasks the Education Division offers classes taught by full-time academic teachers and vocational instructors and employs individuals who serve as navigators that assist and support inmate students' progress towards their identified, individual goals. The Division's responsibilities include teaching academic classes, instructing vocational programs that lead to nationally recognized credentials, and providing opportunities for inmate students to enroll in college programming. Successful reentry begins at reception by administering the Test of Adult Basic Education (TABE) in order to identify grade level equivalents (GLE) and academic need.

I. Assessments

As each new inmate comes into custody information surrounding their educational background is obtained and they are required to take the Test of Adult Basic Education (TABE). The TABE test provides a grade level equivalent score in math, reading and language. Speakers of other languages are given the TABE CLAS-E. Education staff at each institution receives this information when an inmate is transferred there; they discuss educational opportunities, and will place the inmate in appropriate, grade-level classes or on waiting lists. Measurable skills gains can be calculated by administering the TABE assessment again, or by administering the Massachusetts Adult Proficiency Test (MAPT).

II. Grants

The Education Division receives several grants from the Massachusetts Department of Elementary and Secondary Education and from the U.S. Department of Justice that support staff and program supplies at several institutions, which are critical in providing necessary educational and vocational services.

III. Education Programs

Academic Education Programs

Adult Basic Education Continuum

Adult Basic Education

Adult Basic Education (ABE) is designed to serve those students who are struggling with basic reading, writing, and math skills. These individuals are functioning below the sixth grade level. ABE provides students with the academic skills that are necessary for entrance into adult secondary courses. ABE focuses on reading, language, and mathematics with student progress being measured by the Tests of Adult Basic Education (TABE) (GLE 0.0→5.9).

Pre-Adult Secondary Education

The Pre-Adult Secondary Education (Pre-ASE) class is designed to prepare intermediate level students for the ASE Program where students prepare to take the HiSET (High School Equivalency Test) exam. The class' focus is on reading comprehension, writing skills, math, social studies, and science. These individuals typically function between sixth and ninth grade levels according to TABE scores (GLE 6.0→8.9).

Adult Secondary Education

The Adult Secondary Education (ASE) program is specifically designed to prepare students to successfully take the HiSET (High School Equivalency Test) exam. The class focuses on reading, writing, math, social studies, and science – the five components of the HiSET exam. These individuals typically score at or above the ninth grade level according to TABE scores (GLE 9.0→12.9).

Limited English Proficient Continuum

English as a Second Language 1-Beginner

English as a Second Language (ESL) is a language development program designed for the adult learner with limited English proficiency. The primary emphasis of the program is to provide students with the fundamentals of speaking, reading, writing, and listening skills in English so they may be mainstreamed into academic classes and/or participate in vocational programs. The three-level program is taught exclusively in English and is available to those students whose native language is not English.

English as a Second Language 2-Intermediate

This program works to develop and refine skills needed in conversation beyond survival needs. The focus is on reading comprehension of short pieces, vocabulary development, and oral answers to reading questions. Writing skills focus on paragraph organization and essay construction and formal English grammar. Informational articles as well as short stories are introduced. Practice is given in letter writing, both informal and formal business letters, complaints and requests.

English as a Second Language 3-Advanced

In this program, focus is on more complex English grammar, sentence structure, and punctuation, including self-editing skills. Practice is given in writing and editing two to three paragraph essays. Reading comprehension and academic vocabulary is stressed and applied to word problems in mathematics as well as geography and history selections and informational historical and literary documents. Emphasis is placed on preparing the student to advance from ESL classes to regular academic classes and vocational programs.

Supplemental Education Programs

Education: Specialized Housing Units

For those inmates housed outside of general population due to mental health, discipline, or protective custody status, a variety of academic, technology, and vocational programs are supplied where possible.

Remote Learning Tablets

Inmates who are eligible have the opportunity to extend their time on learning through use of educational tablets. Educational tablets are preloaded with educational content vetted through American Prison Database Systems (APDS) as well as the MA DOC. Educational tablets also support teacher-led lessons to promote individualized learning opportunities that influence positive outcomes.

College-Level Programs

Boston College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to earn their bachelor's degree through Boston College. This program operates at MCI-Shirley and is self-funded.

Boston University

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to achieve an Interdisciplinary Studies Certificate from Boston University's Metropolitan College. Funded in full by Boston University, this program operates at MCI-Norfolk and MCI-Framingham.

Mount Wachusett Community College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to achieve a Business Administration Certificate from Mount Wachusett Community College. This program operates at MCI-Shirley and NCCI-Gardner and is funded through the Second Chance Pell Program.

Tufts University

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to earn their associate's degree. Tufts partnered with Bunker Hill Community College in order to provide this degree program. This program operates at MCI-Concord and is self-funded.

Emerson College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing courses with the potential of earning their bachelor's degree. This program operates at MCI-Concord and is self-funded.

Post-Secondary Education

Taught by staff, academic teachers focus on critical thinking, classes are offered in a variety of subjects including literature, advanced mathematics, college study skills, and financial literacy. These programs are offered to students who have a high school or equivalency diploma.

Inside-Out Program

Offered at MCI-Framingham, Souza-Baranowski Correctional Center, and Old Colony Correctional Center, this program is offered to students who have a high school or equivalency credential/diploma. Taught by an outside college instructor, these courses combine college students from the outside with inmates. Self-funded universities that have offered these courses include Tufts University, Bridgewater State University, and Framingham State University.

Technology Education Programs

Introduction to Microsoft Office

The Introduction to Microsoft Office program is designed to provide students with basic technology skills and enhance their digital literacy. This program consists of four components: Introduction to Computers, Microsoft Office 2010 and Windows 7, Microsoft Word 2010, and Microsoft Outlook 2010. A high school

diploma or high school equivalency is required for admittance, along with a 7th grade reading level on the TABE. Furthermore, students who meet these requirements will be invited to an interview and a skills assessment in order to gauge current digital literacy skills. This program is offered at SBCC, MCI-Shirley, MCI-Concord, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, the Massachusetts Treatment Center and MCI-Framingham.

CISCO IT Essentials

This program teaches inmates the operation and repair of computers, laptops, and printers with up-to-date technology, resulting in Cisco certification. This course offers a broad-based introduction to the field of Information Technology (IT) including its evolution, current trends and future directions. Students will be introduced to the various aspects of IT along with an understanding of the technical support that is provided to employees and organizations. IT fundamentals, operating systems and hardware, end user support, and networking will be covered. This program is offered at MCI-Concord.

Vocational Education Programs

Long-Term Programs

Automotive

Fundamentals of auto mechanics are taught by providing book work in addition to hands-on training achieved by working on state vehicles. Students work toward Automotive Service Excellence (ASE) certification and become proficient in shop safety, electric systems, scan systems, tune, tune-ups, tires and wheels, restraint systems, brake systems, and air conditioning systems. Students are able to earn their OSHA 10 General Industries Training and Mobile Air Condition Society (MACS) license Worldwide, Section 609 Certification. This program is located in the Milford Garage.

Barber Training

The Barber Training Program is a professionally licensed, 1000-hour, state credentialed program that includes a 12-18 month commitment from potential students. Students become proficient in professional ethics, hygiene, shaving and facial hair design, history of barbering, the use of tools and equipment, safe work practices, men's haircutting and styling, barbershop management, and job search. This program encompasses all the practical applications of barbering, training and education required to become a licensed professional barber in the state of Massachusetts. This program is offered at MCI-Concord, MCI-Shirley, and MCI-Norfolk.

Building Trades

In this program, safety, rough and finished carpentry, sheetrock work, and wood working are covered. Hands-on experience is provided by either completing institutional projects or mock-ups, and students become NCCER Certification eligible and receive OSHA 10 General Industries Training. This program is offered at MCI-Concord and the Mass Treatment Center.

Culinary Arts: Foundations I

Culinary Arts is structured to provide both theory and hands-on experience in the areas of applied foodservice sanitation and hygiene and in professional cooking. The course of study generally runs for nine months with the first three months focusing on obtaining the knowledge and skills required to successfully pass the National Restaurant Association's Education Foundation's ServSafe certifying exam covering sanitation and hygiene. The next six months focuses on Foundations Level 1 Restaurant Management and Culinary Arts. This program is offered at SBCC, MCI-Shirley, NECC-Concord, MCI-Concord, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, and MCI-Framingham.

Food Service Training

The Food Service Training program introduces inmates to the food hospitality industry and explores the various career opportunities within the industry. Through a combination of classroom lessons and hands on experience, supervised by a chef-instructor, inmates acquire the knowledge and technical skills needed to gain employment in the hospitality industry. Students are instructed in safe food handling and given the opportunity to earn the nationally recognized ServSafe certification at the expense of the Department of Correction. This program is offered at MCI-Cedar Junction and the Massachusetts Treatment Center.

Small Engine Repair

This class provides the students training in the outdoor power equipment field. Students learn troubleshooting and repair in all engine systems. Students learn entry level skills to better themselves for employment. Upon completion, students take the Equipment and Engine Training Counsel (EETC) exam to become certified. Students are required to take the 4 stroke exam, and the 2 stroke exam is optional. This program is offered at NCCI-Gardner.

Welding

This eight-week, 180-240 hour training program teaches basic job skills, safety protocols, and a variety of welding techniques used to weld different metals including steel, stainless steel, and aluminum. Upon successful completion of this program, students receive credentials from the National Center for Construction Education and Research, (NCCER) a nationally recognized authorizing agency. This program is offered at NCCI-Gardner and MCI-Norfolk.

Wheelchair Repair

The Wheelchair Repair program is a nine-month training curriculum that prepares students to restore, repair, and maintain ambulatory products. This program is designed to prepare inmate students to be competitive for entry-level positions such as durable medical equipment technicians, assemblers, or quality control specialists while simultaneously providing a needed service to less fortunate countries around the world. This program is offered at NECC-Concord.

Short-Term Programs

Nutrition

The Nutrition program is an introduction to the science of food and human nutrition. The program will review current, sustainable, dietary recommendations and applications for maximizing well-being and minimizing risk of chronic disease throughout the life cycle. The course contains an overview of nutrients, emphasizing the importance of energy and fluid balance, and optimal functioning of the digestive system. Methods for evaluating credibility of nutrition claims, a focus on modern food safety and technology practices, and a worldview of nutrition are included. Emphasis is on personal dietary behavior change for a holistic life of wellness. This program has been piloted at MCI-Shirley.

OSHA

This two day, ten-hour training safety course includes electric and fire safety, slip and fall prevention, chemical safety, and more. This course satisfies the OSHA 10 training requirement for workers of general industries. Students are required to provide the \$8 exam fee. A GED or high school diploma is not required to participate. This training is open to low risk/low need inmates and it is offered across the agency.

ServSafe

This program is designed to provide students with the education necessary to earn a nationally recognized ServSafe Certification. This certification is useful for obtaining employment in the food service industry. Students who complete the course then take the National ServSafe Exam, and upon completion of the ServSafe program and certification, students are eligible to apply for a position in the Culinary Arts Program. Students are responsible for payment of the ServSafe exam. This training is offered across the agency.

Educational Volunteer Partnerships

Partakers:

This program is a volunteer mentoring program available to support students who are enrolled in post-secondary education.

Petey Greene Tutoring:

This program provides academic support to students accepted to a post-secondary program, or, to students preparing to earn their high school equivalency credential. This program is available at MCI-Concord, MCI-Framingham, MCI-Shirley, MA Treatment Center, and Boston Pre-Release Center.

Volunteer and Chaplain Facilitated Program Descriptions

AA Reentry Fellowship Program: This program is considered among the most effective treatment approaches for addiction. A growing volume of research shows that programs that engage individuals like AA are most effective for changing addictive behavior. *This program is available at Boston Pre Release Center, NECC-Concord, NCCI-Gardner Medium, MCI Framingham, and MCI Shirley Medium.*

A Book from Mom: This program is designed to enhance literacy in children. A children's library is available for women to select age appropriate books to read during visits with their children. After the visit, children are allowed to leave the visiting room with a book from Mom. The child is allowed to receive a new book during each visit to create his/her own personal library at home. Books are also made available for women to mail home to children during the holidays and on birthdays. *This program is available at MCI Framingham.*

Able Minds: Facilitated book discussion group designed to shift criminal thinking and teach inmates interpersonal problem solving skills. Inmates expected to read 4-5 works of literature, participate in group discussions and book analysis, and write personal reflections utilizing the "Think First" method of consequential thinking. *This program is available at most facilities.*

Advanced Writing for Results: This is a job-readiness program that advances the DOC's goals of reducing recidivism. This class provides the building blocks of successful resumes, cover letters and proposals. *This program is available at Souza Baranowski Correctional Center and MCI Concord.*

Alcoholics Anonymous: A volunteer facilitated working support program where inmates learn about triggers to their behavior, understand past behavior and learn how to build a new, healthier sober lifestyle. *This program is available at most facilities.*

Alternatives to Violence (AVP): A volunteer facilitated program that teaches inmates how to reduce violence by introducing alternative ways of resolving conflict resulting in a diminished need to resort to violence. Workshops focus on conflict resolution. *This program is available at most facilities.*

America's VetDog:The Guide Dog Foundation sponsors this program which provides assistance dogs to disabled veterans and active military personnel. *This program is offered at MCI-Framingham, MCI-Shirley medium, Old Colony C.C., and Pondville Correctional Center.*

American Veterans in Prison: This program serves to educate incarcerated veterans in the areas of housing, taxes, motor vehicle registration, outreach and counseling. *This program is available at The Massachusetts Treatment Center, MCI Norfolk, MCI Shirley, NCCI-Gardner, and Old Colony C.C.*

Anger Management SAMHSA:Volunteer facilitated program designed to help inmates identify and begin to deal with the root causes of their anger. *This program is available at MCI Shirley Medium.*

Anger Strategies: This program is a psycho-educational process program that focuses on developing cognitive, behavioral and spiritual tools to deal with the different forms of anger. *This program is available at NECC-Concord and MCI Concord.*

Back to Basics: This program will guide inmates through the Twelve Steps as described in the book, Alcoholics Anonymous. This condensed material exposes beginners to the steps, helps explain what the steps mean, and how to apply them. *This program is available at MCI Framingham.*

Basic Computer Skills: The program is designed for participants to master basic computer operation and become proficient in Microsoft Word, Excel and Power point. *This program is available at MCI-Concord.*

Beacon Facilitator Training: this program explores human behavior and emotions, with the intent of increasing skills for identifying emotions and developing new strategies and behaviors for responding to them more effectively. The goal is to increase awareness of why we do the things we do, so we can develop new behaviors and strategies for dealing with conflicts that serve us better. *This program is available at MCI Concord.*

Beacon Program: (Behavior, Emotions and Changing Oneself): Volunteer facilitated, twelve week program which explores human behavior and emotions with the intent of increasing skills for identifying emotions and developing new strategies and behaviors to respond more effectively. *This program is available at Shirley and MCI Concord.*

Beacon Study Group: This program is for participants who have completed the Beacon Program. This program encourages the participant to continue working on emotional literacy. *This program is available at MCI Concord.*

Book Discussion Group: Changing Lives through Literature, Cultural Identity and Book Discussion. *This program is available at Pondville Correctional Center, Souza Baranowski Correctional Center, MCI Shirley and MCI Concord.*

Book Giveaway for Children: This volunteer facilitated program encourages children to read and provides books that can be taken home by the child. *This program is available at MCI Concord.*

Career Pathway Workshop: This is a volunteer facilitated program that is designed to assist inmates in the development of the necessary skills that are needed for successful transition back into the community. The focus of the workshop is employment readiness to include resume building, cover letter, job application, mock interviews and how to maintain employment. The workshop also includes social support, housing plans, financial awareness and budgeting, criminal impact and attainable goal setting. *This program is available at most facilities.*

Center for Spiritual Living: The Spiritual Circle discussions promote personal responsibility and growth that allows for eliminating negative behaviors and promotes respectful honest caring. This program builds personal self-esteem that allows for successful reentry into the community. *This program is available at the Massachusetts Treatment Center.*

Chess Club: Volunteer and/or staff supervised program where inmates learn how to play chess and participate in tournaments. This program provides a structured environment where chess enthusiasts from beginners to advanced players can learn more about the aspects of the game. *This program is available at MCI Concord, MCI Norfolk, and Old Colony C.C.*

Cognitive Skills Workshops - Volunteer facilitated cognitive-based programs: Active Listening, Problem Solving, Setting Goals, Asking for Help, Assertive Communication, Negotiating, and Using Self Control. *This program is available at most facilities.*

Community Gardening and Landscaping: The participants learn skills to assist in the development of work ethic, commitment, self-fulfillment and social interaction, team work and inclusion. *This program is available at NCCI-Gardner.*

Companion Program: Staff facilitated program that provides training to inmates who then provide support and encouragement to inmates. *This program is available at Old Colony C.C.*

Companion/Environmental Cleaning Program: This proactive program is designed to improve the hygiene practices of inmates, reducing the transmission of infectious microorganisms in the skilled nursing and assisted living units. *This program is available at MCI-Shirley.*

Concord Public Library Program: Volunteer facilitated library program that allows inmates to request and borrow books out of the Concord Public Library. *This program is available at NECC-Concord.*

Conflict Resolution: Program aims at helping men deal with inescapable human phenomenon. Some of the topics addressed are: Understanding Anger, Root Causes of Anger, Healthy Relationships, Wounds of

Rejection, Forgiveness, Attitudes necessary for Conflict Resolution. This program is available at Boston Pre Release and Northeastern C.C.

Conquer: The Conquer Series is a powerful cinematic Bible study that is transforming the lives of men around the world. The Conquer program studies the various strategies for finding spiritual freedom and discover new ways of establishing healthy thought patterns. *This program is available at MCI Shirley.*

Countdown to Freedom: This DVD based program helps reduce recidivism and takes offenders step by step through the transition from incarceration to community integration. Candid interviews with professionals and ex-offenders offer a unique perspective on what offenders should expect to face throughout their journey from incarceration back to society. *This program is available at MCI Norfolk and Pondville Correctional Center.*

CPR: This program will give inmates the ability to learn a lifesaving skill that will be useful in all areas of their life and gain the skills and confidence necessary to perform this life-saving procedure when it is needed. *This program is available at MCI Framingham.*

Creative Writing: Teaches basic English Composition covering expository, descriptive and narrative writing, dialogue, and short stories. *This program is available at MCI Concord.*

DCF Visit Coordination: Staff coordinates with the Department of Children and Families & facilitates on site Foster Care Reviews and supervised visits for inmates whose children are in the custody of DCF. Similar services are provided with child service agencies outside the Massachusetts area. Services are provided as well for Court Appointed Investigators, Guardian Ad Litem DYS, Residential placement and Adoption Mediators. *These services are available at MCI Framingham.*

Doing The Right Thing: This program is designed to assist inmates with making ethical decisions. The program uses video seminars, role modeling and discussion facilitated by the instructor. *This program is available at Boston Pre-Release, MCI Concord, and NECC-Concord.*

Education Seminar: This seminar is designed to provide a broad overview of special education based on frequently asked questions and common issues professionals and caregivers experience. *This program is available at MCI Framingham.*

Emotional Awareness / Houses of Healing: Volunteer coordinated program designed to foster emotional and spiritual growth and promote responsibility and accountability toward ones self and others. Inmates are also taught skills to reduce disruptive behavior. *This program is available at MCI Norfolk, MCI Framingham, and Souza Baranowski Correctional Center.*

Entrepreneurship Concord Prison Outreach: The program is intended to educate and prepare individuals interested and/or curious in starting a business. Content covered each class will include; Market Research, Budgeting, Financing, Business Plan, and Goals/Objectives. *This course is available at MCI Shirley, MCI Concord and MCI Framingham.*

Family Social Unit: This program is focused on a fundamental change in an inmate's behavior by encouraging them to focus on members of their family, friends and relatives with a particular emphasis on their well-being instead of only their own. Alternatives to past bad decisions and behaviors will be offered to promote overall behavioral changes in lifestyle. *This program is available at MCI-Concord and NECC-Concord.*

Fatherheart Program: Volunteer facilitated 8-week faith-based program designed to assist offenders in family skills. *This program is available at NECC-Concord and Boston Pre Release.*

Formative Writing for Success: The curriculum is designed for inmates who have achieved a GED or high school diploma and are interested in writing. Students will enhance their skills by learning some of the more common literary devices. *This program is available at Souza Baranowski Correctional Center, MCI Concord*

and MCI Framingham.

Formative Writing Independent Study: Volunteer facilitated program is for individuals who are unable to attend class in person or those who are interested in additional writing projects/support. This goal is for participants to enhance their skills by learning different writing techniques and expand their notion of what writing should be. *This program is available at Souza Baranowski Correctional Center,*

Fully Alive Program: This volunteer facilitated program focuses on spiritual growth and choosing responsible living. Topics include relationships, recovery, anger management and understanding the relationship between attitudes, choices and consequences. *This program is available at Boston Pre Release, and MCI Framingham.*

Greenhouse/Garden Program: Staff supervised program during which inmates grow flowers and vegetables in designated individual garden plots. In some institutions volunteers provide basic horticultural education and/or the produce grown is donated to local charities. *This program is available at NECC-Concord and MCI Framingham.*

Healing from the Heart Yoga: The yoga class focuses on the mental and physical benefits of yoga for prisoners and its application to the issues they face related to their rehabilitation, such as mental health, addiction recovery and impulse control. *This program is available at MCI Framingham.*

Health Awareness (HIV/AIDS Education): Programs ranges from basic education and awareness to support groups for inmates who are HIV positive. Instructors include vendor and department staff, volunteers and inmates. *This program is available at most facilities.*

Introduction to American Sign Language: This program will open up opportunities for deaf inmates to broaden their horizon of social interaction. This class will also afford the opportunity to offenders who may be serving long sentences to prepare for aging within the system and potentially becoming hard of hearing or wanting to communicate with other offenders who are hard of hearing. *This program is available at NCCI-Gardner and MCI Norfolk.*

Introduction to Horticulture: This program is designed to help participants understand the fundamental concepts of horticulture and teach the core skills required to produce small-scale sustainable gardens. This program is available at *Old Colony C.C., Massachusetts Treatment Center, MCI Shirley and Boston Pre Release Center.*

Jericho Circle: Volunteer facilitated group that targets a variety of criminogenic risk factors that are precursors to criminal behavior in an effort to develop integrity, accountability and emotional intelligence. *This program is available at MCI Norfolk and MCI Shirley Medium.*

Job Search: Eight-week program designed to prepare inmates for job searching upon release. Topics include developing realistic expectations, utilizing employment resources, identifying interests, skills and values and preparing for interviews. *This program is available at NECC-Concord.*

Landscape Design: In collaboration with UMASS Amherst Landscape Architecture & Regional Planning Department, the goal of this project proposal is to explore opportunities for implementation of a restorative landscape design that will support the well-being of inmates, correctional staff, volunteers and visitors while maintaining facility safety. *This program is available at MCI-Framingham.*

Last Hope K9: The inmates learn a sense of purpose and responsibility through learning to teach dogs basic obedience skills. The goal of the program is to retain shelter dogs so that they can be adopted and become family pets. *This program is available at Old Colony C.C.*

Law Library Clerk Training: Facilitated program that provides pre-employment training in basic legal research and use of electronic legal resources for potential inmate law library clerks or inmates interested in legal research. *This program is available at MCI Framingham, NCCI-Gardner, and Old Colony C.C.*

Leadership and Transformational Thinking: The program is a volunteer facilitated program developed by The End Violence Project which is a nonprofit organization with the vision of ending violence without violence. This program support offenders in successfully transitioning from prison back into society as they join their families and communities. *This program is available at MCI Norfolk, NCCI-Gardner, NECC-Concord and Pondville Correctional Center.*

Learning to Foolproof Your Life: Participants are encouraged to acknowledge patterns and cycles of poor decisions that brought them to their current situation. The goal is to develop a plan for success by applying the principals outlined in the program. *This program is available at MCI Concord and NECC-Concord.*

Managing Difficult Conversations: This course is intended to support learning and growth in communication, difficult conversations and conflict management. The course involves a combination of interactive exercises, small group scenarios, individual analysis and facilitated discussion. *This program is available at MCI Concord.*

Massachusetts Community Outreach Initiative: This collaborative reentry initiative between MCOI and the DOC facilitates spiritual, emotional and physical preparation for release and a smooth assimilation into society. *This program is available at MCI Shirley Medium.*

MDK Brand Management: this is an interactive program to help men and women believe in their potential, feel confident about their future and rebuild their lives following incarceration. *This program is available at MCI- Framingham.*

Menswork: Eight to twelve-week program designed to provide creative educational services that support the personal and social rehabilitation of convicted offenders. *This program is available at MCI Shirley.*

Mindfulness, Meditation and Resiliency: This program will focus on the mental and physical health benefits of yoga for inmates. The yoga practices will follow the Prison Yoga Project's guidelines based on their effectiveness in prison classes with a variety of students with different physical and psychological issues. *This program is available at MCI-Concord and MCI Norfolk.*

Money Smart: This program covers topics such as developing spending plans, budgeting skills, how to chose and maintain a checking account and the basics of building/repairing credit. *This program is available at MCI Concord, MCI Norfolk, MCI Framingham, and Pondville Correctional Center.*

Moral Recognition Therapy: This program is an evidence base cognitive behavioral treatment strategy based on Kohlberg's concepts of moral reasoning and Erickson's theory of psychosocial development. *This program is available at Boston Pre Release.*

Music Bunker Leisure Activity: This is a self-study, leisure activity through which inmates incorporate both music theory principles and how to play their instruments by studying and practicing with other inmate musicians. *This program is available at NCCI-Gardner.*

Music Theory & Instrument Retention Program: The Music Theory course is an instructor-taught program with class interaction and homework to teach basic western music theory principles and how to play a keyboard. This program provides inmates the opportunity for rehabilitation through the study and performance of music. *This program is available at MCI Concord, and MCI Shirley Medium.*

Music Theory Program: Staff and/or volunteer supervised program that enables participants to learn basic music theory, comprehension and practice. Inmates join bands to rehearse and perform. In cell use of instruments varies among facilities. It is often limited to those inmates that can be utilized with headphones and do not disrupt the housing unit. *This program is available at Massachusetts Treatment Center, MCI Norfolk, NCCI-Gardner, and Old Colony C.C.*

Narcotics Anonymous: Staff supervised, volunteer facilitated discussion/support/fellowship group that focuses on the twelve steps of narcotics anonymous and providing community information as appropriate. *This program is available at most facilities.*

National Education for Assistant Dog Services-Puppy Program (NEADS): NEADS is a non-profit service dog organization established to provide Hearing, Service and Assistance Dogs for veterans, adults and children. For example: children on the autism spectrum; veterans or civilians who are deaf or use wheelchairs or whose activities are limited by their disability. These Service Dogs become extensions of their owners and bring freedom, independence, increased mobility and relief from social isolation to their partners. This is an 18-month program designed to utilize inmate handlers to teach dogs basic obedience and other skills needed to prepare them for future “careers” as Service Dogs assisting people who are physically disabled. Following their training with the inmates, the dogs will then learn the more advanced Service Dog skills at NEADS’ National Assistance Dog Training Campus in Princeton, MA. *This program is available at MCI- Concord, MCI Framingham, NECC-Concord, MCI Norfolk, and NCCI-Gardner.*

Parallel Recovery: This program is a comprehensive approach to treatment for people who have both a serious mental illness and a serious substance abuse disorder, with a goal of helping individuals live independently in the community. *This program is available at Old Colony C.C.*

Parenting Support Group: Vendor facilitated group that provides a continuum of parenting classes reinforcing the skills developed in Parenting Education. This group encourages women to take a leadership role in continuing to address the multifaceted aspects surrounding parenting. This process is aided by the support of the group facilitator. *This program is available at MCI Framingham.*

Parenting/Family Services: Volunteers and staff provide programs, which range from skill building, basic education, and reintegration information to support groups. *This program is available at MCI Norfolk.*

Parents Helping Parents: This program helps to reduce isolation, enhance resiliency and improve parenting skills. *This program is available at MCI Framingham.*

Parenting on the Inside: Inmates are challenged to consider new ways of relating to and interacting with their children by discussing their strengths and barriers. *This program is available at MCI-Shirley.*

Passion to Profit: Creating Your Own Business

The workshop introduces students to the fundamentals of small business. Students will be led through the process of writing their own business plan and developing negotiating, networking, self- preservation and interview skills. *This program is available at the Pondville Correctional Center.*

Path of Freedom: This program is a mindfulness-based, cognitive-behavioral and integral approach to self-transformation and personal development. *This program is available at MCI Concord, MCI Norfolk, MCI Shirley, Old Colony C.C., and Souza Baranowski Correctional Center.*

Peace Education Program: This program is designed to increase the participant’s awareness of the innate resources they have to manage challenges of life both while incarcerated and after release in a more constructive and positive manner than they might have prior to taking classes. *This program is available at NCCI-Gardner, Souza Baranowski Correctional Center, MCI Shirley, and MCI Framingham.*

Peer Educator: This training program is a twelve-week program that prepares offenders to assist staff in the facilitation of the Health Awareness Program. Offenders must complete the Health Awareness class to be eligible for the Peer Educator class. *This program is available at MCI Framingham, and MCI Norfolk.*

Physical and Mental Well Being: Because yoga is designed to quiet the mind and teach discipline, it will have a positive effect on the men and reduce violence. This program is about self-care and uniting the mind, body and spirit and taking it back into their everyday lives. *This program is available at Old Colony C.C. Medium.*

Planning to Achieve Lifetime Success - Obtaining a Parole Permit: This two-session program helps the inmate understand the importance of successful reentry. This program also guides the inmate in order to get a favorable parole decision. *This program is available at MCI Concord.*

Poetry Group: A former Boston University professor coordinates this group. Every other month, artists from the community meet with inmates to review and critique their poems. *This program is available at MCI Norfolk.*

Prison Fellowship Program: This program helps participants to become increasingly pro-social and emphasizes pro-social attitudes and skills developed in a community. *This program is available at MCI Concord, MCI Norfolk and Old Colony C.C.*

Project Youth: Staff supervised program in which inmates discuss with high school students their personal experiences and consequences that resulted in incarceration. *This program is available at MCI Concord, MCI Norfolk, Old Colony C.C., NCCI-Gardner, MCI Shirley Medium, and MCI Cedar Junction.*

Reproductive Health Workshop: this workshop would provide inmates who within 1 year of release with education surrounding preventative care and protection methods as it applies to sexual health. *This program is available at MCI- Framingham.*

Read to Me Daddy: A staff and volunteer facilitated program where the male offenders are assisted in selecting a book that is age appropriate and speaks to their child's interest level. The male offender is then filmed while he reads the book and when the video is finished both the book and video tape are mailed to the child. *This program is available at NCCI-Gardner and MCI Norfolk.*

Read to Me Father: The goal of this program is to give individuals who are fathers, an opportunity to create ongoing contact with their children. This will aid in family separation stress and improving family support during the incarceration period. *This program is available at MCI Concord and Old Colony C.C.*

Read to Me Mommy: Volunteer facilitated program where the female offenders are assisted in selecting a book that is age appropriate and speaks to their child's interest level. The female offender is then filmed while she reads the book and when the video is finished both the book and video tape are mailed to the child. *This program is available at MCI Framingham.*

Reclaiming Reality: This program is a volunteer facilitated, non-residential substance use treatment program. The program is eight weeks in length and follows a detailed lesson plan addressing addictive behavior. *This program is available at Pondville Correctional Center.*

Restorative Justice Community Building Circles: This program is designed to foster participants' a sense of responsibility and empathy for the harm inflicted on families and community members. *This program is available at MCI-Norfolk.*

Restorative Justice Crime Impact Circles: This program aims to provide a facilitated process for those incarcerated to gain much needed insight into their crimes, come to terms with their responsibility and be accountable for the harm that they have inflicted. *This program is available at MCI Norfolk.*

Restorative Justice Monthly Book Group: The monthly book group is designed to facilitate discussions. A book will be chosen each month that deals with male role beliefs, male socialization, and issues of violence, accountability, and responsibility. *This program is available at MCI Norfolk.*

Restorative Justice Reading Group: This is a reading program designed to introduce the participant to what it means to be accountable, responsible and to make amends. *This program is available at MCI Norfolk, Old Colony C.C., Massachusetts Treatment Center, MCI Framingham, and NECC-Concord.*

Restorative Justice Mindfulness Program: This program is designed to help inmates learn to be more present in the moment and engage in pro-social behaviors. The program allows inmates to cultivate skills that bring awareness to destructive patterns of behaviors. *This program is available at MCI Norfolk.*

Restorative Justice Repairing Harm: This program is designed to encourage positive behavioral changes within oneself, within the inmate's families and within their communities by implementing a curriculum that includes storytelling, reading, deep introspection, self-evaluation, conflict resolution within oneself and with others, forgiveness and acceptance. *This program is available at MCI Concord, NECC-Concord and MCI Shirley.*

Restorative Justice Sunday Sessions: These sessions will allow students and the members from the law enforcement community to better understand the impact that restorative practices have on the incarcerated and the ways in which these restorative practices create a more peaceful and healing prison community. *This program is available at MCI Norfolk.*

Reverence: This program is designed to validate, enhance or restore an inmate's self-respect and instill a sense of community. *This program is available at NECC-Concord and MCI Concord.*

Reverence Program Facilitator Training: The treatment model for this program is based on the theory of intrinsic motivation and positive reinforcement. *This program is available at NECC-Concord and MCI Concord.*

SAFER (Survivors of Abuse Feeling Empowered for Reentry): This program provides counseling, education, support groups and other support for victims of abuse or domestic violence. *This program is available at MCI Framingham.*

Self Help/Twelve Step Programs: Volunteer facilitated substance abuse support groups based on abstinence. Self Help/Twelve-step Programs includes Alcoholics Anonymous, Narcotics Anonymous and Al Anon. The program is available in both Spanish and English. *This program is available at most facilities.*

Self-Taught Music Theory Program: This is a leisure activity through which inmates learn both music theory principles and how to play their chosen instrument by studying and practicing. This program provides inmates the opportunity for rehabilitation through the study and performance of music. *This program is available at MCI-Framingham.*

Speaking Without Fear: Volunteer facilitated program which is designed to enhance an inmate's ability to communicate more effectively. This is a six-week program and is a pre-requisite to the Toastmasters' Program. *This program is available at Old Colony Correctional Center.*

Spiritual Workout: This program consists on gatherings designed to support the spiritual lives of those who have experienced brokenness and/or are in recovery from addiction. The purpose of each gathering is to be reminded of God's unconditional love for each one of us and to reclaim the dignity of the unique individual each one of us is. *This program is available at Boston Pre-Release Center.*

Stepping Up: Call to Courageous Manhood: Using wisdom and principles, this program will assist inmates in acquiring increased communication and negotiating skills. *This program is available at Boston Pre Release Center and NECC-Concord.*

Strategies for Self-Improvement: This is an interactive, cognitive-behavioral treatment program to motivate change in adults, ages 18 or older, with a history of criminal conduct and/or substance use to provide prevention of relapse and recidivism. *This program is available at NECC-Concord and MCI Concord.*

Successful Steps to a Successful Job Search: This is a job readiness program that will help teach inmates the necessary skills to network and how to effectively communicate. *This program is available at Souza Baranowski.*

Talking Information Center: The Talking Information Center provides human voiced broadcasts of local news, articles and items of interest to visually impaired and otherwise disabled listeners throughout MA to promote independence and enrich quality of life. *This program is available at MCI-Norfolk.*

Toastmasters: Public speaking program that enables inmates to develop more effective communication skills. Through a series of presentations, inmates learn to express thoughts in a clear and non-threatening manner. Toastmasters are an internationally recognized organization. *This program is available at most facilities and is also offered in Spanish at Old Colony C.C., and MCI Shirley Medium.*

Transforming Anger with Non-Violent Communication: This 12-week program addresses violence in our culture and fosters community safety by teaching communication and life skills. *This program is available at MCI Concord, Souza-Baranowski Correctional Center, and MCI Shirley Medium.*

Victim Offender Education Group: (VOEG) This restorative justice program provides opportunities for the inmates to internalize accountability, responsibility and learn empathy towards their victims and the community. *This program is available at MCI Norfolk, MCI Concord, and MCI Framingham.*

Victim Offender Education Group Maintenance Program: This program is designed to provide graduates of the VOEG program the opportunity to explore even more deeply the realities of what it means to be responsible and accountable. *This program is available at MCI Norfolk.*

VOSH/NECO: Eyeglasses recycling program. Staff coordinated program in which inmates repair donated eyeglasses to be repackaged and sent to developing countries where members of VOSH/NECO will examine patients and distribute the eyeglasses. Volunteer Optometry Services to Humanity /New England Council Optometrists (VOSH/NECO) is a non-profit organization dedicated to the preservation of human sight, mainly in developing countries where there is no welfare. *This program is available at MCI Norfolk.*

Writing My Past, Righting My Future: This program commits to overcoming substance abuse through public service. They use journaling as a tool to define, develop and dedicate themselves to personal responsibility, respect for others, honesty and compassion. *This program is available at MCI Shirley.*

Writing For Results: Students learn the basic steps to writing clean, compelling prose for job related or personal growth. *This program is available at Souza Baranowski Correctional Center.*

Writing for the Soul: Staff Facilitated program designed to improve writing skills and encourage interest in reading while strengthening self-confidence and employability. *This program is available at Boston Pre Release Center.*

Writers Group: This program is intended to engage participants to use writing as a means to cope with frustration, express their emotions, learn how to express self-constructively, and subsequently improve their writing skills. *This program is available at MCI-Framingham.*

SECURE FACILITIES

MCI CEDAR JUNCTION

Departmental Services and Programs

Core Skills
Criminal Thinking (BMU)
High Risk Offender Program (DDU)
Gateway to Treatment
Graduate Maintenance Program-Substance Abuse
General Population Maintenance Program (BMU)
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction (BMU)
Volunteer Services

Correctional Industries

Cedar Junction is home to the License Plate Shop where offenders produce the license plate requirements set forth by the Registry of Motor Vehicles.

Supplemental Education Programs

Education in Specialized Housing Units
Remote Learning Tablets

Vocational Education Programs

Food Services Training
OSHA
ServSafe

Institutional Programs

Able Minds
Alcoholics Anonymous
Cognitive Skills Workshops
Narcotics Anonymous
Project Youth
Toastmaster

MCI CONCORD

Departmental Services and Programs

Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Groups

African Heritage Coalition Group
Deeds and Dialogue Study Group
Lifers Group

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Petey Green
Emerson College
Tufts University Adult Basic Education

Supplemental Education Programs

Education in Specialized Housing Units
Remote Learning Tablets

Technology Education Programs

CISCO IT Essentials
Introduction to Microsoft Office

Vocational Education Programs

Barber Training
Building Trades
Culinary Arts Foundations I
ServSafe
OSHA

Institutional Programs

Able Minds
Advanced Writing for Results
Anger Strategies
Basic Computer Skills

Beacon Facilitator Training
Beacon Program - Behavior, Emotions and Changing Oneself
Beacon Study Group
Book Discussion Group
Book Giveaway for Children
Career Pathway Workshop
Chess Club
Cognitive Skills Workshops
Creative Writing
Doing the Right Thing
Entrepreneurship - CPO
Family Social Unit
Formative Writing for Success
Health Awareness (HIV/AIDS Awareness)
Music Theory & Instrument Retention Program
Learning to Foolproof Your Life
Managing Difficult Conversations
Mindfulness, Meditation and Resiliency
Money Management & Career Strategy
Money Smart
National Education for Assistant Dog Services-Puppy Program
Path of Freedom
Planning to Achieve Lifetime Success
Prison Fellowship Program
Project Youth
Read to Me Father
Restorative Justice Repairing Harm
Reverence
Reverence Program Facilitator Training
Self/Help Twelve Step Programs
Strategies for Self-Improvement
Toastmasters
Transforming Anger with Non-Violent Communication
Victim Offender Education Group

MCI FRAMINGHAM

Departmental Services and Programs

Building Positive Connections
Family Preservation Programs and Services
First Step Program
General Population Services (GPS)
Healthy Living Community
Healing for the Future
Life in Recovery
Motivational Enhancement Program
Parenting Inside out
Parenting Support Group
Mentoring Program
Recreation Services
Reentry Readiness Workshop
Religious Services
SAFER
Volunteer Services

Self-Improvement Groups

Lifting Each Other Up: Support for LGBTQI

Correctional Industries

This operation currently manufactures United States, Commonwealth of Massachusetts, POW/MIA, and Custom Flags, Laundry Bags and Belt Pouches. The offenders learn valuable skills that are related to the various employment opportunities in the sewing industry within the state. Our Embroidery Shop can embroider caps, jackets, tee shirts and many other items.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Petey Green
Boston University
Inside-Out Program/Framingham State University

Supplemental Education Programs

Education in Specialized Housing Units
Remote Learning Tablets

Vocational Education Programs

Culinary Arts Foundations I
OSHA
ServSafe

Institutional Programs

AA Reentry Fellowship Program
Able Minds
A Book from Mom
Alcoholics Anonymous
America's VetDog
Back to Basics
Career Pathway Workshop
Cognitive Skills Workshops
CPR
DCF Visit Coordination
Education Seminar
Emotional Awareness / Houses of Healing Program
Entrepreneurship – CPO
Formative Writing for Success
Fully Alive Program
Greenhouse/Garden Program
Healing from the Heart Yoga
Health Awareness (HIV/AIDS Education)
Landscape Design
Law Library Clerk Training
MDK Brand Management
Money Smart
Narcotics Anonymous
National Education for Assistant Dog Services-Puppy Program
Parents Helping Parents
Peace Education Program
Peer Educator (HIV/AIDS Peer Education)
Read to Me Mommy
Reproductive Health Workshop
Restorative Justice Reading Group
Self/Help Twelve Step Programs
Self-Taught Music Theory Program
Victim Offender Education Group
Writers Group

Departmental Services and Programs

Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Groups

Stitch for Life
United for Gay, Bisexual, Transgender Progress
Young Men's Committee
Youthful Offenders

Correctional Industries

Our largest operation, Norfolk has offenders working in a wide range of manufacturing settings. This operation houses a Clothing Shop where fabric is cut from rolls and sewn to create garments used in a number of areas throughout the Commonwealth; our Mattress Shop produces a variety of mattresses for use in a number of environments; the Janitorial shop has a complete line of cleaning products available; the Metal operation is able to supply custom fabricated metal cell furniture to provided specifications; the Upholstery Shop produces a number of quality upholstered office chairs, and can re-upholster sofas, chairs, and other furniture; a Binder Shop which produces 3 ring vinyl binders in a number of sizes. Lastly, a Furniture Assembly Shop assembles various furniture items from a number of outstanding furniture manufacturers.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Post-Secondary Education
Boston University

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Barber Training
Culinary Arts Foundations I
OSHA

ServSafe
Welding

Institutional Programs

Able Minds
Alcoholics Anonymous
Alternatives to Violence
American Veterans in Prison
Career Pathway Workshop
Chess Club
Cognitive Skills Workshops
Countdown to Freedom
Emotional Awareness / Houses of Healing Program
Health Awareness (HIV/AIDS Education)
Introduction to American Sign Language
Jericho Circle
Leadership and Transformational Thinking
Mindfulness, Meditation and Resiliency
Money Smart
Music Theory Program
Narcotics Anonymous
National Education for Assistant Dog Services-Puppy Program
Parenting/Family Services
Path of Freedom
Peer Educator (HIV/AIDS Education)
Poetry Group
Prison Fellowship Program
Project Youth
Read to Me Daddy
Restorative Justice Monthly Book Group
Restorative Justice Community Building Circles
Restorative Justice Crime Impact Circles
Restorative Justice Reading Group
Restorative Justice Mindfulness Program
Restorative Justice Sunday Sessions
Self/Help Twelve Step Programs
Talking Information Center
Toastmasters
Victim Offender Education Group
Victim Offender Education Group Maintenance Program
VOSH/NECO

MCI SHIRLEY

Departmental Services and Programs

Conquer
Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Groups

African American Coalition Group
Elderly Affairs
Imagination Art Program
Latino Hispanic Heritage
Longtermer Group
Pawn Pushers
Second Degree Lifers Group
United for Gay, Bisexual, Transgender Progress

Correctional Industries

MCI Shirley offers a sew shop to offenders who are interested in learning how to sew. The program produces sheets, towels, and socks which are all manufactured at the facility. Offenders learn valuable skills that are related to the various employment opportunities in the sewing industry within the state. MCI Shirley also offers a woodshop program where offenders learn to build various types of wood furniture consisting of but not limited to; Desks, Lockers, Bookcases, Kitchen cabinets, Outdoor furniture, and Credenzas.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Petey Green
Post-Secondary Education
Mount Wachusett Community College
Boston College

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Barber Training
Culinary Arts Foundations I
Nutrition
OSHA
ServSafe

Institutional Programs

AA Reentry Fellowship Program
Anger Management SAMHSA
Alcoholics Anonymous 12 Step Program
Alternatives to Violence
America's VetDog
American Veterans in Prison
Beacon Program - Behavior, Emotions and Changing Oneself
Book Discussion Group
Career Pathway Workshop
Cognitive Skills Workshop
Companion/Environmental Cleaning Program
Entrepreneurship - CPO
Health Awareness (HIV/AIDS Education)
Introduction to Horticulture
Jericho Circle
Massachusetts Community Outreach Initiative
Menswork
Music Theory & Instrument Retention Program
Parenting on the Inside
Path of Freedom
Peace Education Program
Project Youth
Restorative Justice Repairing Harm
Toastmasters (also offered in Spanish)
Transforming Anger with Non-Violent Communication
Writing My Past, Righting My Future

NORTH CENTRAL CORRECTIONAL INSTITUTION (NCCI-Gardner)

Departmental Services and Programs

Criminal Thinking
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Pathway to Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Group

Enlightenment Group for Lifers
Life Gets Better- LBGTQI Support

Correctional Industries

The Optical shop is a full-scale eyewear laboratory providing services to many providers throughout Massachusetts. The offenders currently working at this site grind, polish, and assemble eyeglasses for a number of customers. The industrial instructor's at NCCI-Gardner are facilitating the process of testing offenders working in the Optical Shop to gain a certification from the American Board of Optometry, a nationally recognized organization. The test is designed to reveal the competency in the optical field and their overall knowledge. The individual taking this exam will be provided a certification from the American Board of Opticianry (ABO). This in turn, will allow the offender to show qualifications and a work history to potential employers.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Mount Wachusett Community College

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I
OSHA
ServSafe
Small Engine Repair
Welding

Institutional Programs

AA Reentry Fellowship Program
Able Minds
Alternatives to Violence
Alcoholics Anonymous
American Veterans in Prison
Community Gardening and Landscaping
Introduction to American Sign Language
Law Library Clerk Training
Leadership and Transformational Thinking
Music Bunker Leisure Activity
Musical Instrument Retention Program
Music Theory Program
Narcotics Anonymous
National Education for Assistant Dog Services-Puppy Program
Peace Education Program
Project Youth
Read to Me Daddy
Toastmasters

OLD COLONY CORRECTIONAL CENTER

Departmental Services and Programs

Criminal Thinking Program
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Recreation Services
Reentry Readiness Workshop
Religious Services
Substance Abuse Education
Violence Reduction Program
Volunteer Services

Self-Improvement Groups

African Heritage Coalition Group
Lifer's Group
Mending Souls
Spanish United

Correctional Industries

Printing is the trade being taught at our full scale, state-of-the-art, Printing Plant. Offenders working in the print shop are able to use the latest technology to produce a quality product and therefore also gain valuable skills which are easily transferable to private industry. Products offered vary from letterhead to continuous forms, to City and Town Reports. There is also a Validation Shop that produces Registry of Motor Vehicle stickers and decals.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Inside-Out Program/Bridgewater State University

Technology Education Programs

Introduction to Microsoft Office

Supplemental Education Programs

Education in Specialized Housing Units
Remote Learning Tablets

Vocational Education Programs

Culinary Arts Foundations 1
OSHA
ServSafe

Institutional Programs

Able Minds
Alcoholics Anonymous
Alcoholic Anonymous 12 Step Program
Alternatives to Violence

American Veterans in Prison
America's VetDog
Career Pathway Workshop
Chess Club
Cognitive Skills Workshop
Companion Program
Health Awareness (HIV/AIDS Education)
Law Library Clerk Training
Music Theory Program
Narcotics Anonymous
Parallel Recovery
Path of Freedom
Physical and Mental Well Being
Prison Fellowship Program
Project Youth
Read to Me Father
Restorative Justice Reading Group
Sampson Art Program (SHU only)
Sampson Book Club (SHU only)
Self/Help Twelve Step Programs
Speaking Without Fear
Toastmasters (also offered in Spanish)

Departmental Services and Programs

Criminal Thinking
Gateway to Treatment
Graduate Maintenance Program-Substance Abuse
General Population Maintenance Program
High Risk Offender Graduate Support Program
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Groups

Black Latino & Asian Cultural Coalition

Academic Education Programs

ESL I-Beginner
ESL II-Intermediate
ESL III-Advanced
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Inside-Out Program/Tufts University

Supplemental Education Programs

Education in Specialized Housing Units

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I
OSHA
ServSafe

Institutional Programs

Advanced Writing for Results
Alternatives to Violence
Book Discussion Group
Cognitive Skills Workshops
Emotional Awareness / Houses of Healing
Formative Writing for Success
Formative Writing Independent Study
Health Awareness (HIV/AIDS Education)
Path of Freedom
Peace Education Program
Successful Steps to a Successful Job Search
Toastmasters
Transforming Anger with Non-Violent Communication
Writing for Results

COMMUNITY CORRECTIONS

BOSTON PRE-RELEASE CENTER

Departmental Services and Programs

Criminal Thinking
Graduate Maintenance Program-Substance Abuse
General Population Maintenance Program
Pathway to Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
School of Reentry
Violence Reduction
Volunteer Services

Academic Education Programs

Petey Green

Vocational Education Program

NECAT
OSHA
ServSafe

Institutional Programs

AA Reentry Fellowship Program
Alcoholics Anonymous (also available in Spanish)
Cognitive Skills Workshop
Conflict Resolution
Doing The Right thing
Fatherheart Program
Fully Alive Program
Introduction to Horticulture
Moral Recognition Therapy
Narcotics Anonymous
Spiritual Workout
Stepping Up: Call to Courageous Manhood
Writing for the Soul

Community Programs (Level two inmates only)

Educational Release
Office of Community Corrections
Step Down Community Assistance under Community Program

NORTHEASTERN CORRECTIONAL CENTER-CONCORD

Departmental Services and Programs

Correctional Recovery Academy
Criminal Thinking
General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Academic Education Programs

Adult Basic Education Continuum

Vocational Education Programs

Culinary Arts Foundations I
Wheelchair Repair
OSHA
ServSafe

Institutional Programs

Anger Strategies
Alcoholics Anonymous
AA Reentry Fellowship Program
Alternatives to Violence (Basic, Advanced, & Facilitator)
Career Pathway Workshop
Concord Public Library Program
Conflict Resolution
Doing the Right thing
Family Social Unit
Fatherheart Program
Greenhouse/Garden Program
Job Search
Leadership and Transformational Thinking
Learning to Foolproof Your Life
Narcotics Anonymous
National Education for Assistant Dog Services-Puppy Program
Restorative Justice Repairing Harm
Restorative Justice Reading Group
Reverence
Reverence Program Facilitator Training
Stepping Up: Call to Courageous Manhood
Strategies for Self-Improvement
Toastmasters

OLD COLONY CORRECTIONAL CENTER, MINIMUM

Departmental Services and Programs

General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Pathway to Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Thinking for a Change
Violence Reduction
Volunteer Services

Academic Education Programs

Adult Basic Education Continuum

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

OSHA
ServSafe

Institutional Programs

Able Minds
Alcoholics Anonymous
Cognitive Skills Workshops
Introduction to Horticulture
Last Hope K9
Prison Fellowship Program
Self/Help Twelve Step Programs

PONDVILLE CORRECTIONAL CENTER

Departmental Services and Programs

General Population Maintenance Program
Graduate Maintenance Program-Substance Abuse
Milford Kitchen Culinary Arts
Recreation Services
Reentry Readiness Workshop
Religious Services
Thinking for a Change
Violence Reduction
Volunteer Services

Correctional Industries

MassCor's Central Office utilizes offenders from this facility to perform varied tasks.

Academic Education Programs

Adult Basic Education Continuum

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

Automotive Program (Milford Garage)
OSHA
ServSafe

Institutional Programs

America's VetDog
Book Discussion Group
Career Pathway Workshop
Countdown to Freedom
Leadership and Transformational Thinking
Money Smart
Passion to Profit: Creating Your Own Business
Reclaiming Reality
Self/Help Twelve Step Programs

SPECIALIZED FACILITIES

MASSACHUSETTS TREATMENT CENTER

Departmental Services and Programs

Graduate Maintenance Program – Substance Abuse
Pathway to Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Volunteer Services

Academic Education Programs

Adult Basic Education Continuum

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Building Trades Program
Food Services Training
OSHA
ServSafe

Institutional Programs

Alcoholics Anonymous
American Veterans in Prison
Center for Spiritual Living
Introduction to Horticulture
Music Theory Program
Restorative Justice Reading Group
Self/Help Twelve Step Programs