

# Proposal to Strengthen One Care Plan: Integration of Independent Living Philosophy and Recovery Principles into its Care Model

Presented by  
Disability Policy Consortium

# Introduction

- Educate the Council, MassHealth, CMS and One Care plans about DPC research project One Care presentation.
  - Goal of research
  - Research scope
  - Funding Source
- Request support from the Council, MassHealth and One Care plans for the research.
  - Council endorsement
  - Participation of MassHealth, plans, LTS coordinator and CPS providers, members

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# Background 1: Funding Partners

- DPC has received funding from the Brandeis University Lurie Institute's Community Living Policy Center (CLPC) to strengthen the integration of independent living philosophy and recovery principles into One Care.
  - Underwritten by the National Institute on Disability Independent Living and Rehabilitation Research (NIDILRR), CLPC was established to advance research, policy, and practices that promote community living in participation.
  - CLPC will examine barriers and facilitators to services and provide rapid analysis of community living policies and programs as they evolve.

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## Background 2: YESHealth

- We will implement the research under the umbrella of our YesHealth research program,
- YesHealth is guided by:
  - the “about us by us” philosophy of the Disability Policy Consortium,
  - the research framework of Community-Based Participatory Action Research (CBPAR).



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# Goal 1: Strengthen One Care the LTS Coordinator and CPS roles

- Investigation into the implementation of these two roles will serve as:
  - Proxy indicator of degree of paradigm shift within One Care away from medical model to independent living and recovery model;
  - Foundation for recommendations by the disability community to:
    - enhance implementation of these two roles in care teams
    - strengthen the capacity of One Care to operationalize independent living and recovery principles.

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## Goal 2: Strengthen the whole person approach to disability and recovery in One Care

- Advance increased transparency and reporting of quantifiable data needed to track trends in implementation and utilization of LTS Coordinator and CPS roles,
- Increase quantifiable measurement of impact of LTS coordinator and CPS in development and implementation of One Care member comprehensive assessment and care plans.
  - Expand ability of primary care providers, care coordinators and One Care members to articulate and integrate independent living philosophy and recovery principles in the development and implementation of care plans.
  - Increase consumer agency and with it ,
  - enhance and control over the type of service they receive, and, where, when and by whom such services are provided.

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## Goal 3: Strengthen Capacity of Community to Engage in Community-Based Participatory Action Research

- **CBPAR is collaborative and involves stakeholders in all aspects of a project:**
  - Nurture relationship and solidarity,
  - Advance knowledge base and skills of the disability community,
  - Shape actions to effect advances in health and wellness identified by the disability community.

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## Year 1:

1. Establish Research Advisory Committee (RAC),
2. Hire and train four experts on CBPAR and YesHealth,
- 3. Analyze claims data on utilization of the LTS Coordinators and Certified Peer Specialists,***
4. Create expert interview tool.

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## Year 2:

### 1. Conduct expert interviews with

- 2 representatives from MassHealth,
- 1 representative from each health plan,
- 4 randomly chosen LTS Coordinators - 2 from ILCs, 2 from RLCs and 2 from ASAPs.

### 2. Provide training to two ILCs about CBPAR and YesHealth,

### 3. Write a brief report with analysis of all activities.

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## Year 3:

1. Conduct four informal focus groups of One Care members about their experience with and/or understanding of the LTS Coordinator role,
2. Conduct training of one IL center and one RLC about CBPAR and YesHealth,
3. Write a brief report with analysis of all activities.

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## Year 4:

1. Conduct expert interviews with 4 CPSs,
2. Conduct four informal focus groups of One Care members about their experience with and/or understanding of CPSs,
3. Conduct training of 2 RLCs about CBPAR and YesHealth,
4. Write a brief report.

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## Year 5:

1. Synthesize all findings,
2. Write 2 issue briefs - One brief for disability advocates and a second brief for the Implementation Council,
3. Make recommendations to the Implementation Council,
4. Submit final report to Lurie Institute.

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# Wrap-up: Quantitative data

- Why claims data:
  - Be able to generate basic descriptive demographic and utilization trends of One Care members utilizing LTS coordinator and CPS services;
  - Understand how data migrates between CBOs, plans and MassHealth;
  - Have knowledge needed about claims to make informed recommendations on ways to enhance current methods;
  - Identify the barriers to accessing claims data.

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## Wrap up: Questions?

- What questions do IC members have about the project?
- What questions do the plans and MassHealth have about project and the requested role?

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