

The Commonwealth of Massachusetts Executive Office of Health and Human Services Department of Public Health Bureau of Health Professions Licensure 250 Washington Street, Boston, MA 02108-4619

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#### <u>APPLICATION FOR ADMISSION INTO THE</u> <u>PHARMACY SUBSTANCE USE DISORDER REHABILITATION PROGRAM (PSUD)</u>

Please read and initial the following statements.

Application

- \_\_\_\_\_ I have read through these statements prior to completing and submitting this application.
- I understand that PSUD is a program offered by the Massachusetts Board of Registration in Pharmacy (Board) pursuant to M.G.L. c. 112, § 24H for registered pharmacists, pharmacy interns and pharmacy technicians who have a substance use issue necessitating rehabilitation.
- \_\_\_\_\_ I have a substance use issue and I am applying to participate in PSUD because I am seeking rehabilitation.
- I understand that PSUD is not a treatment program, but a program that provides participants with an Individualized Rehabilitation Plan (IRP) and monitors their compliance with that IRP.
- \_\_\_\_\_ I have had an opportunity to discuss the PSUD program and this application with a PSUD Supervisor.
- PSUD Rehabilitation Evaluation Committee and PSUD Supervisor
- I understand that the PSUD Rehabilitation Evaluation Committee (REC) is a team of individuals who meet criteria set by law that have been appointed by the Board to evaluate my application to participate in PSUD and to make recommendations for my IRP, both at the beginning of my participation and during the course of my participation based on my compliance and progress.
- \_\_\_\_\_ I understand that the PSUD Supervisor is a member of the Board's staff who acts as liaison between me, Board members and the REC.
- \_\_\_\_\_ I understand that I need to meet with the REC prior to my admission into the Program.
- \_\_\_\_\_ I understand that the REC will review the information provided in or with this application, and that the REC may ask additional questions about this information.
- Confidentiality and License Status- Application phase
- I understand and **agree** that upon receipt of my application, the Board will change my license status to nondisciplinary restriction, which is a license status in which I will not be permitted to practice.
- \_\_\_\_\_ I understand that the fact of the non-disciplinary restriction *license status* will be public, but the reason for such status will not be disclosed.
- \_\_\_\_\_ I understand that if I am admitted into PSUD, the fact of my *application* to PSUD and the information provided in or with my application will be confidential.
- \_\_\_\_\_ I understand that if I decide not to participate in PSUD after I have submitted this application, the information provided in or with this application may be used by the Board in connection with a disciplinary action against my license.

- I understand that to the extent that information provided in or with this application is exempt from disclosure under public records law, it will not be made a public record even if it is used by the Board in connection with a disciplinary action against my license.
- Confidentiality-Participation phase
- I understand that while I participate in PSUD, the Board will keep my license status as non-disciplinary restriction until such time as my IRP is changed to allow me to return to practice, which will be based on my compliance and progress. When my IRP is changed to allow practice, my license status will be changed to non-disciplinary conditions.
- I understand that the fact of the non-disciplinary restriction or non-disciplinary conditions license status will be public, but the reason for such status will not be disclosed.
- I understand that while I participate in PSUD, the information provided in or with my application, to the REC and to the PSUD Supervisor, and the information gathered by the PSUD Supervisor as part of monitoring my progress will be confidential.

Agreement with the Board and Alternative to Discipline

- I understand that in order to participate in PSUD, I need to enter into an agreement with the Board and that the agreement will incorporate and require compliance with my IRP.
- I understand that the Board has established standard provisions for IRPs and that these may be tailored, per the REC's recommendations, to my circumstances, both at the start of my participation and during the course of my participation based on my compliance and progress.
- I understand that the "alternative to discipline" means that as part of the agreement, the Board will dismiss any complaints pending against my license that are related to or attributable to my substance use disorder and that the reason for the dismissal will not be disclosed.
- I understand that I may my participation in PSUD may be terminated, by the Board or by the PSUD Supervisor, based on lack of compliance with my IRP, the agreement, or a subsequent complaint against my license as set forth in the agreement.
- I understand that I may dispute the issue of whether I have failed to comply with my IRP and request a hearing before the Board limited to that issue, and that in such a hearing, the Board may use the information provided in or with my application, to the REC and to the PSUD Supervisor, and the information gathered by the PSUD Supervisor as part of monitoring my progress.
- I understand that to the extent that information provided in or with this application to the REC and to the PSUD Supervisor, and the information gathered by the PSUD Supervisor as part of monitoring my progress, is exempt from disclosure under public records law, it will not be made a public record even if it is used by the Board in connection with a disciplinary action against my license.
- I understand that as part of the agreement, the Board may take disciplinary action against my license on the basis of my withdrawal from PSUD, or the termination of my participation in PSUD.

<u>Costs</u>

I understand that there are costs involved with participating in PSUD, including but not limited to the costs of random urine testing and costs related to counseling and therapy.

I understand that I am responsible for all costs associated with participation in PSUD.

APPLICANT SIGNATURE:	 DATE:

APPLICANT'S INITIALS:

## APPLICANT:

NAME:			DATE OF BIR'	ГН:
ADDRESS:			AGE:	
CONTACT INFO:				
	WORK:		EMAIL:	
<u>REFERRAL SOURCE (</u>	check all that apply):			
□ Self	PSUD Supervisor	Board Member(s)	Board Staff	DPH Investigator
Employer	EAP	Peer	Treatment Provide	r 🗌 Police
☐ Family	Lawyer	□ Other:		
MASSACHUSETTS BO	ARD OF REGISTRATIO	N IN PHARMACY LICEN	<u>CURE</u> :	
□ Pharmacist	□ Pł	narmacy Intern	Pharmacy Technic	ian
LIC#:	Licens	se Exp. Date:		
Is there an open in	vestigation or complaint	t against this license?	🗌 Yes 🗌 No	
If yes, Investig	ation/Docket No			
OTHER PROFESSIONA Please attach a separate				
etato	licone	so & liconeo #	lice	meo etatue

license & license #	license status
<u> </u>	
	license & license #

# **EMPLOYMENT**

## <u>CURRENT EMPLOYMENT STATUS</u> (check all that apply)

Employed outside of Profession:
Employed in Profession – Employer is aware of unaware of substance use disorde

Unemployed since	
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On Leave: Medical Leave	Disability Leave
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	Other:	
_		 -

Administrative Leave

# <u>CURRENT EMPLOYMENT</u> Please attach a separate sheet if necessary.

position held	employer (include supervisor name & #)	hours/week	years in position	
Are there any special practice provisions in place in your current employment?				

# <u>PREVIOUS EMPLOYMENT HISTORY</u> Please attach a separate sheet if necessary.

position held	employer	years in position	reason for separation
			Terminated Resigned/Quit Other Reason:

# MEDICAL AND MENTAL HEALTH HISTORY

#### MEDICAL HEALTH HISTORY

Please describe significant past and present non-psychiatric medical problems including work-related injuries, chronic illnesses/disorders and surgeries. Please attach a separate sheet if necessary.

medical health problem	current/historic	diagnosis date	treatment

#### CURRENT MEDICAL TREATMENT PROVIDERS

provider name	specialty	last visit	address / contact information
	Primary Care Provider		

Have you had a physical examination within the past year?  $\Box$  Yes  $\Box$  No

If yes, name of provider: \_\_\_\_\_ Date: \_\_\_\_\_

If no, are you willing to obtain one within the next thirty (30) days? 🗌 Yes 🗌 No

#### MENTAL HEALTH HISTORY

Please describe significant past and present psychiatric/mental health problems. Please **do not** include any problem or treatment that was only related to drug or alcohol use in this section. Please attach a separate sheet if necessary.

mental health problem	current/historic	diagnosis date	treatment

#### CURRENT MENTAL HEALTH TREATMENT PROVIDERS

provider name	specialty	last visit	address / contact information

#### **CURRENT MEDICATIONS**

Please identify the medications you are currently prescribed as well as commonly used over-the-counter drugs. Attach a separate sheet as necessary.

medication	presenting symptom	date first presc	ribed	dosage & frequency	prescriber
For the following qu	estions, if answering yes ple	ase describe on line j	provide	d or attach a separate she	et as necessary:
Have you ever exper	ienced depression?	🗌 Yes 🗌	No		
Have you ever been	treated for anxiety?	Yes 🗌	No		
Have you ever exper	ienced panic attacks?	Yes	No		
Have you attempted	or thought about suicide?	☐ Yes □	No		
Have you ever had a	psychiatric hospitalization?	Yes 🗌	No		·····
			110		
Has anyone close to	you died recently or in the pa	ast that has been diffi	cult to g	grieve? 🗌 Yes 🗌	No
Have you experience	ed any other difficult losses?	🗌 Yes 🗌 No			
Have you ever exper	ienced memory loss?	🗌 Yes 🗌 No			
Have you ever exper	ienced flashbacks?	🗌 Yes 🗌 No			
Have you ever exper	ienced nightmares?	🗌 Yes 🗌 No			
nave you ever exper	ienced sexual assault?	🗌 Yes 🗌 No			
Have you ever exper	ienced domestic violence?	Yes No			
inte jou ever exper					
Have you ever exper	ienced a hate crime?	🗌 Yes 🗌 No			
• F					

ALCOHOL	/DRUG	<b>USE HISTORY</b>

Do yo	u have or have you ever had a problem with alcohol or drugs?	🗌 Yes 🗌 No 🗌 Unsure	
→	Please explain in detail		

Describe your current work or most recent work setting in relation to your drug or alcohol use. Include information on ease of access to drugs, type of structure within the environment, amount and type of supervision available, general environment, and availability of employee assistance personnel.

# ADDICTIVE BEHAVIOR IDENTIFICATION

Substance Use Disorder	Chemically Dependent	Drug Addict	Problem Drinker
Doly-Substance User	Nicotine Addiction	Alcoholic	Caffeine Addiction
Gambling Addict	☐ Food Addict/Overeater	Spending Addict	U Work Addict/Workaholic
Sex/Intimacy Addict	□ Other:		

#### USE SUMMARY

when was your First	age	place/setting
drink (specify):		
drug (specify):		
tobacco (specify):		

when was your Last	date	place/setting
drink (specify):		
drug (specify):		
tobacco (specify):		

Please identify your drugs of choice (including alcohol) in order of preference:

preference		drugs of choice
#1		
#2		
#3		
#4		
#5		
Have you ever us	sed drugs intramuscularly/intravenously?	🗌 Yes 🗌 No
➔ If yes, have you ever shared needles?		I Yes I No

If yes, when was your most recent test

Please check all the boxes that you feel accurately complete this sentence: "I use or have used drugs or alcohol to ..."

☐ feel more confident	🗌 relax	function better at my job
have more energy	feel more comfortable	□ sleep
☐ get through the day	i feel numbed out	L talk to other people more easily
overcome physical pain	overcome loneliness	overcome emotional/psychological pain
☐ forget things	other (specify):	

Have you ever used alcohol or drugs to relieve tension or forget problems?	🗌 Yes 🗌 No
Have you ever experienced an increase in tolerance with your alcohol and/or drug use?	🗌 Yes 🗌 No
Have you ever experienced a decrease in tolerance or that you can't use as much as you used to?	🗌 Yes 🗌 No
Have you ever tried to hide your alcohol or drug use?	🗌 Yes 🗌 No
Have you ever drank alcohol or used drugs more than you had intended?	🗌 Yes 🗌 No
Have you ever felt uncomfortable when alcohol or drugs are not available?	🗌 Yes 🗌 No
Have you ever felt guilty about your alcohol or drug use?	🗌 Yes 🗌 No
Have you ever felt irritated when your drinking or drug use is discussed?	🗌 Yes 🗌 No
Have you ever continued drinking or drug use after others stopped?	🗌 Yes 🗌 No
Have you ever had financial difficulties due to spending a lot of money on alcohol or drugs?	🗌 Yes 🗌 No
Have you ever experienced blackouts or memory lapses while using alcohol or drugs?	🗌 Yes 🗌 No
Have you ever done anything while using alcohol or drugs which you would not have done if sober?	P 🗌 Yes 🗌 No
Do you believe that you have ever been preoccupied or obsessed with drinking or using drugs?	🗌 Yes 🗌 No
Have you looked forwarded to drinking or using drugs?	🗌 Yes 🗌 No
Have people close to you ever complained of your drinking or drug use?	🗌 Yes 🗌 No
Has your significant other ever felt you have a problem with drugs or alcohol?	🗌 Yes 🗌 No 🗌 n/a
Does your significant other know about your current or past drug or alcohol problem?	□ Yes □ No □ n/a
Have other family members or friends ever expressed any concern about your alcohol or drug use?	☐ Yes ☐ No ☐ n/a
Is your significant other aware of your current difficulties?	☐ Yes ☐ No ☐ n/a
Does your significant other know about your referral and application for SARP admission?	☐ Yes ☐ No ☐ n/a
Has your alcohol or drug use ever affected your job? (i.e. termination, demotion, etc.)	🗌 Yes 🗌 No
→ Describe:	
Has your alcohol or drug use ever affected your health?	🗌 Yes 🗌 No
→ Describe:	
Have you ever abused prescription drugs?	🗌 Yes 🗌 No
→ Describe:	
Do you abuse or have ever abused more than one drug at a time?	🗌 Yes 🗌 No
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→	Describe:	
Have	you ever engaged in illegal activities in order to obtain drugs?	🗌 Yes 🗌 No
→	Describe:	
Do yo	ou use or have you used alcohol or drugs on a daily or continuous basis?	🗌 Yes 🗌 No
→	Describe:	

On a scale from 1 to 5, how severe do you think your alcohol and/or drug problem is? (Circle a number.)

Not Severe 1 2 3 4 5 Very Severe

Please explain the events that lead to your referral to the PSUD program.

date of attempt	method/significant information	length of sobriety

Applicant Initials:

### WITHDRAWAL/DETOXICATION HISTORY

Have you ever experienced any of the following signs/symptoms during any alcohol or drug withdrawal.

Elevated BP	Anhedonia	Tachycardia	Dizziness/light-headedness
Flushing	☐ Hyperventilation	Shakes/tremors	Lowered blood pressure
Convulsions	Depression	🗌 Nausea	Drug hunger/cravings
Uvomiting	Ever Fever	🗌 Diarrhea	Hyperactivity/restlessness
Diaphoresis	□ Irritability	Blackouts	Hallucinations (Tactile)
☐ Mood swings	Cold sweats	🗌 Bond/joint pain	Hallucinations (Auditory)
Disorientation	Sleeplessness	Uisual	Hallucinations (Visual)
Change in appetite	☐ Muscle aches/pain	☐ "Goose flesh"	Hallucinations (Olfactory)
Abdominal cramps	Other (describe):		

#### **INVOLVEMENT IN RECOVERY GROUPS**

Please describe your historic & current involvement with the self-help groups below. Please note "N/A" if appropriate.

self-help grou	ир	involvement (past and current)	currently attend
Alcoholics Anonyi	mous		# of mtgs/week:
Narcotics Anonyn	nous		# of mtgs/week:
Professional Sup	port		# of mtgs/week:
A Way of Life (AW	VOL)		# of mtgs/week:
SMART Recove	ery		# of mtgs/week:
Moderation Manag	gement		# of mtgs/week:
Other:			# of mtgs/week:
Do you have a sponse	or? 🗌 No	Yes, first name: Frequency of Contact:	] daily 🗌 weekly 🗌 monthly
Do you have a home group? 🗌 Yes 🗌 No Location & name of group:			
How often do you attend the following kinds of meetings? (Please provide number of meetings per week.)			
Big Book mtgs: Discussion mtgs: Step mtgs: Other:			
PAST DRUG/ALCOHOL TREATMENT			
Please identify the forms of treatment you'd have related to your drug or alcohol use.			
Have you ever entered a detoxification program?			
date entered		program name & location	length of treatment

Have you ever entered an in-patient program?

☐ Yes (please identify below) ☐ No

date entered	program name & location	length of treatment

Have you ever entered an intensive outpatient program?

☐ Yes (please identify below) ☐ No

date entered	program name & location	length of treatment

Have you ever entered a halfway house or transitional living program?

date entered	program name & location	length of treatment

Have you ever entered outpatient counseling or group counseling?

☐ Yes (please identify below) ☐ No

date entered	program name & location	length of treatment

# PAST/PRESENT LEGAL HISTORY

Please describe	the charges and disposition of any	v legal matters you are inv	olved with.		
Have you ever	been arrested?		□ Y	es 🗌 No	
→ Descri	be:				
Have you ever	been arrested while under the influ	uence of drugs or alcohol?	₽ □ Y	es 🗌 No	
→ Descri	be:				
Have you ever	Have you ever been arrested for possession or distribution of any controlled substances? 🛛 Yes 🗌 No				
→ Descri	be:				
Have you ever	been incarcerated? If yes, please i	nclude time served.	□ Y	es 🗌 No	
→ Descri	be:				
Do you current	ly have a parole or probation office	er? Dir No Dir Yes			
$\rightarrow$ If yes,	officer's name:	Phone	number:		
Will the officer	be requiring communication with	PSUD? If so, please desc	cribe:		
Do you current	ly have a lawyer? 🛛 🗌 No	Yes			
→ If yes, I	lawyer's name:		Phone numb	er:	
Has anyone in	<b>SOC</b> your family ever had an alcohol an	<b>EIAL/FAMILY HIS</b> ad/or drug problem?		se check off all those below.	
Immediate Fan	nily <u>Partner's Family</u>	Paternal Family	Maternal Family	Other Family	
Parent(s)	Partner's Parent(s)	Grandparent(s)	Grandparent(s)	□ Other:	
Sibling(s)	Partner's Sibling(s)	Aunt/Uncle(s)	Aunt/Uncle(s)	□ Other:	
□ Other:	Other:	□ Other:	□ Other:	Other:	
Are you curren	tly in a relationship? 🗌 Yes 🔲 🛛	No			
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➔ If yes, length of relationship: _	
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Is your partner supportive of your recovery? Please describe:

For the following questions, if answering yes plea Has your partner physically struck/kicked you?	ase describe on line provided or attach a separate sheet as necessary:
Does your partner ever act controlling/jealous?	☐ Yes ☐ No
Do you feel unsafe in your current relationship?	☐ Yes ☐ No
Do you feel unsafe from a past relationship now?	☐ Yes ☐ No

# CHILDREN (from oldest to youngest)

	age	custody/living situation
Che	eck any of follo	wing people who know about your current problem:

<u>Family</u>		<u>Other</u>				
Partner(s)	Parent(s)	Co-workers	Boss			
Child(ren)	Grandparent(s)	Self-Help Group	Colleagues			
Sibling(s)	Aunt/Uncle(s)	Friends	Religious community			
□ Partner's Sibling(s)	Partner's Parent(s)	□ Other:				
□ Other:	-					
Describe your current support system (who in your life is supportive and knows about your alcohol or/and drug problem):						