Purple Cabbage Salad

Serves 6

**Ingredients**

½ head of purple cabbage, shredded

4 carrots, grated

4 green onions, chopped

½ bunch cilantro, chopped

3 tablespoons apple cider vinegar

2 tablespoons canola oil

1 tablespoon lemon juice

Salt and pepper to taste

**Preparation**

In a large bowl, combine cabbage, carrots, green onions and cilantro.

In a smaller bowl, whisk together apple cider vinegar, canola oil and lemon juice.

Toss dressing with vegetables. Season with salt and pepper to taste.

*Adapted with permission from California WIC program.*