

PURPLE CABBAGE SALAD



INGREDIENTS

½ head of purple cabbage, shredded
4 carrots, grated
4 green onions, chopped
½ bunch cilantro, chopped
3 tablespoons apple cider vinegar
2 tablespoons canola oil
1 tablespoon lemon juice
Salt and pepper to taste

PREPARATION

In a large bowl, combine cabbage, carrots, green onions and cilantro. In a smaller bowl, whisk together apple cider vinegar, canola oil and lemon juice. Toss dressing with vegetables. Season with salt and pepper to taste.



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