
FIGHT THE BITE

6 Tips to Help Prevent Mosquito Borne-Diseases



Use EPA approved repellents with DEET or plant based eucalyptus



Prevent artificial habitat, dump stagnant water



Avoid dusk & dawn, times when most mosquitoes are active



Wear long-sleeves and pants when outdoors



Fix broken doors & windows with gaps or rips in screens



Wash bite, apply anti-itch cream and cold cloth if needed



Email: PioneerValleyMosquito@mass.gov