

## **ReiMAGine Aging Age- and Dementia-Friendly Massachusetts Action Plan Refresh Survey**

*Please provide your feedback on how to make Massachusetts more age- and dementia-friendly and how to strengthen the state's five-year-old multiyear Age-Friendly Massachusetts Action Plan.*

1. What do you like about growing older in your community? Why?
2. How have you been able to contribute to your communities' efforts to support aging well?
3. Looking forward to the next 5 – 10 years, what are the top three ways we can best support people to age well?
4. What are the factors or barriers to aging well that would make you move to another community?
5. What are big actions or policies that will better support people as we grow older in our communities?

6. What are the **top 5** aging-related topic areas that you think should be addressed in the statewide Age-and Dementia-Friendly action plan? (Please select your top 5 topics.)

- Accessible Communication** (e.g., Create accessible information about community news, events, resources, and services; translate materials into languages other than English and create communication materials in formats accessible for the blind, visually impaired, deaf, and hard of hearing communities.)
- Ageism and Age Discrimination** (e.g., Promote the value and contributions of older adults in their communities, reduce stigma associated with aging and disability, including cognitive impairment.)
- Caregivers** (e.g., Support paid and unpaid caregivers, including those living with dementia and their caregivers; respite care and social/supportive day programs.)
- Climate Resilience** (e.g., Build community capacity for older adults' climate resilience, preparation and advocacy for hazard mitigation, extreme heat safety, and climate adaptation actions.)
- Dementia Education and Support** (e.g., Train and provide information for caregivers to support people with dementia; increase connection and collaboration between of community-based social services providers, community-based organizations, and dementia care coordination resources.)
- Digital Equity** (e.g., Increase older adults' affordability and access to digital devices, online access, and digital literacy.)
- Economic Security** (e.g., Explore family caregiver tax credit; increase opportunities for workers without access to retirement saving plans at work to create their own savings accounts; increase access to healthy and nutritious food; and increase employment opportunities for older adults.)
- Education about Aging** (e.g., Educate thought leaders, policy makers, and communities on issues related to aging, and older people.)
- Health and Wellness** (e.g., Increase social and physical activity opportunities; improve access and affordability of health care coverage for older residents; increase the use of state benefits such as Medicare savings program.)
- Home and Community Based Care** (e.g., Increase programs that assist people to stay in their homes, in-home services, villages, intergenerational living, etc.)
- Housing** (e.g., Increase affordable housing options for older adults, including service enriched housing, assisted living, etc.)
- Loneliness and Social Isolation** (e.g., Increase programs that facilitate connection and communication for lonely or socially isolated older people.)
- Planning for a long life** (e.g., Assist people and caregivers plan for themselves and the future of their care recipients; increase financial literacy education, etc.)

- Policy change** (e.g., Establish and update state policies to be inclusive of older adults and caregivers.)
- Transportation and Mobility** (e.g., Improve access and affordability of transportation services, including two-person assist, and supportive transportation options.)

7. Are there any other aging-related topic areas you would like to add?

8. Any other information or ideas you would like to share:

### **Demographic Information** (optional)

9. Name or organization

10. What county do you live in?

- Barnstable County
- Berkshire County
- Bristol County
- Dukes County
- Essex County
- Franklin County
- Hampden County
- Hampshire County
- Middlesex County
- Nantucket County
- Norfolk County
- Plymouth County
- Suffolk County
- Worcester County
- I don't know

11. What is your age?

- 18-24
- 25-34
- 35-44
- 55-64
- 65-74
- 75-84
- 85 and over

12. What is your current gender identity?

- Female
- Male
- Nonbinary, Genderqueer, not exclusively male or female
- I prefer not to answer

13. Are you of Hispanic, Spanish, or Latine/a/o origin or descent?

- Yes
- No

14. What is your race or ethnicity? Select all that apply.

- American Indian or Alaska Native
- Asian
- Black or African American
- Middle Eastern or North African
- Native Hawaiian or Pacific Islander
- White
- Prefer not to answer
- Other

Thank you for sharing your thoughts with us!

For more information about the ReiMAGine Aging Age- and Dementia-Friendly Massachusetts Action Plan Refresh, please visit [www.mass.gov/age-friendly](http://www.mass.gov/age-friendly).