



An online system for notifying Massachusetts public health officials of foodborne illness

Foodborne illnesses can cause sudden onset of symptoms within a few hours to several days after consuming contaminated food.

Symptoms such as:



diarrhea

vomiting

stomach cramps



If you think you or a family member has foodborne illness, it's important to **report the problem quickly** to public health officials.



Reporting can help prevent others from getting sick!

Learn more about foodborne illnesses and where to report them by scanning this QR code or visiting mass.gov/ReportMyMeal



Bureau of Climate and Environmental Health
Division of Food Protection
Massachusetts Department of Public Health