

MassHire programs and services are funded in full by US Department of Labor (USDOL) Employment and Training Administration grants. Additional details furnished upon request.

On-Demand Video Series



Before we get started



Here are some useful tips to help you get the most out of this webinar

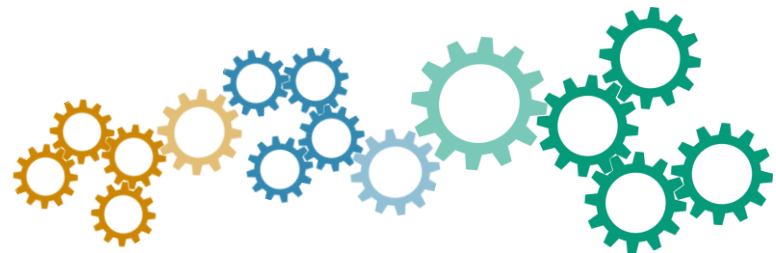
- Find a quiet place to watch this video or a place that is free from as many distractions as possible.
- Pause the video to take notes or write down questions that you may have.

MassHire programs and services are funded in full by US Department of Labor (USDOL) Employment and Training Administration grants. Additional details furnished upon request.



PREPARING FOR YOUR INITIAL RE-EMPLOYMENT SERVICES AND ELIGIBILITY ASSESSMENT (RESEA)

Plan, act, and get to work!



Let's get started!



What is RESEA?

RESEA is a U.S. Department of Labor federal program

Helps UI customers get back to work

Participation in the RESEA Program

Who is selected for the RESEA program?

- Randomly selected
- UI customers

What are the benefits of being selected?

- Opportunity to work with a MassHire Career Counselor
- Free workshops and classes
- Access to job boards
- Resume assistance
- Training and upskilling opportunities





OBJECTIVES

GOALS

RESEA Program Objectives

- Help you be successful at your one-on-one Initial RESEA and RESEA Review meetings
- Learn about RESEA requirements for continued UI eligibility
- Introduction to MassHire services and available resources and tools that you can use in your job search
- Obtain employment

RESEA Key Reminders

RESEA notification letter from DUA with deadline, dates and action steps.



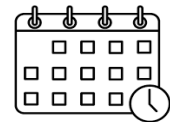
Attend a Career Center Seminar (CCS).
One-on-one Initial RESEA meeting.



Complete Initial RESEA meeting.
Schedule and attend 2nd RESEA meeting.



Attend and complete all RESEA requirements by deadline dates.
Avoid disruption of UI benefits.



Pay attention!



Initial RESEA Meeting

During your Initial RESEA meeting, you'll learn about components of the RESEA program.

- Benefits of MassHire JobQuest
- Career Action Plan (CAP)
- Individual Needs Assessment
- Labor Market Information (LMI)
- Resume requirements
- Work search logs
- UI Eligibility Questionnaire
- Participating in re-employment services
- Setting up your second one-on-one RESEA Review meeting



Benefits of Using MassHire JobQuest

You can track your job search activities all in one place

Get customized job matches

Connect with a MassHire Career Counselor

Register and attend various free workshops



Upload or get help to create a resume

Resources to help you address barriers and move forward successfully to your next job

Track RESEA activities

Save jobs of interest

Have a personalized dashboard

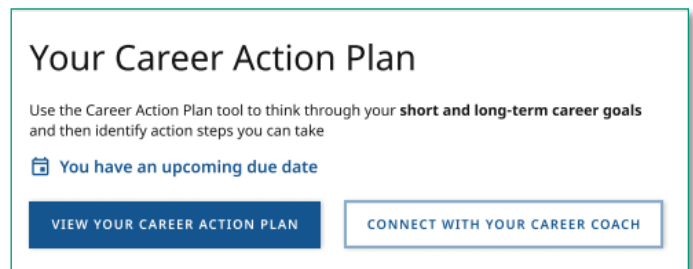
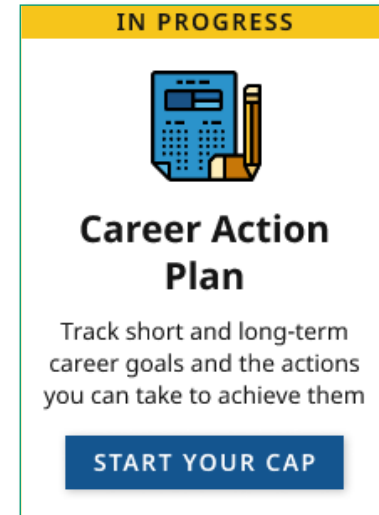
New to MassHire?
Create a MassHire
JobQuest account!

Career Action Plan (CAP)

A Career Action Plan (CAP) can assist you in your job search planning.

- Develop a plan of action to achieve employment goals
- Set short and long-term goals
- Identify needs and barriers to reemployment
- Referrals to resources

Ensures successful progression and completion of your job search plan and goals!



Career Action Plan

RESEA Goals & Resources

YOUR SELECTIONS

Here are your action steps that you have identified in the Needs Assessment Section that will help you get to your targeted occupation. Modify your target dates, and check off action steps as you complete them.

RESEA Program Action Steps

	DEADLINE DATE:
<input type="checkbox"/> Research the Labor Market and Salary Information	05/10/2021
<input type="checkbox"/> Develop or Update Your Resume and Cover Letter	05/10/2021
<input type="checkbox"/> Acknowledge S30 and Trade Requirements	05/10/2021
<input type="checkbox"/> Initial RESEA Review	05/10/2021
<input type="checkbox"/> Review Work Search Activity	05/10/2021
<input type="checkbox"/> Final RESEA Review	05/10/2021

Skills Improvement

	TARGET DATE:
<input type="checkbox"/> Improve my Basic Literacy Skills	05/10/2021 ✓
<input type="checkbox"/> Improve my Basic Math Skills	05/10/2021 ✓

Professional Improvement

	TARGET DATE:
<input type="checkbox"/> Research the Labor Market and Salary Information	05/10/2021 ✓
<input type="checkbox"/> Develop or Update Your Resume and Cover Letter	05/10/2021 ✓

Financial Improvement

	TARGET DATE:
<input type="checkbox"/> Increase Savings	05/10/2021 ✓
<input type="checkbox"/> Basic Budgeting	05/10/2021 ✓

Support Services

	TARGET DATE:
<input type="checkbox"/> Childcare	05/10/2021 ✓
<input type="checkbox"/> Transportation	05/10/2021 ✓
<input type="checkbox"/> Learn Tips for Mature Workers	05/10/2021 ✓

RESOURCES

Here are the resources to assist you in completing your action steps.

[Connect to a Career Coach](#) ➤

[Link to Workshop Scheduler](#) ➤

- [Labor Market Workshop Scheduler](#) ➤
- [Resume Workshop Scheduler](#) ➤
- [Financial Workshop Scheduler](#) ➤
- [Mature Workers Workshop Scheduler](#) ➤

[Link to Webinar Scheduler](#) ➤

- [Labor Market Research Webinar](#) ➤
- [Building Your Resume Webinar](#) ➤

TORQ ➤

TORQ (Total Occupational Relationship Quotient) is a free online tool that can help you identify various career options and job opportunities based upon your transferable skills (work experience, education, volunteer work, and other interests).

[Mass CIS Website](#) ➤

This tool is designed to provide occupational and educational information to help you make better-informed career and school choices.

[Create Your Resume through JobQuest Virtual Pathway](#) ➤

[Inquire about potential eligibility for various grants to assist with training expenses](#) ➤

[Connect to our Department of Transitional Assistance Partner](#) ➤

[Connect to our Massachusetts Adult Education Partner](#) ➤

[Connect to our Senior Community Service Employment Program Partner](#) ➤

Follow-up with your local MassHire Career Center for additional information!

Resources



RESOURCES

Here are the resources to assist you in completing your action steps.

[Connect to a Career Coach →](#)

[Link to Workshop Scheduler →](#)

[Financial Workshop →](#)

[Internet Job Search Workshop →](#)

[On-Demand Videos →](#)

Please be advised that you must watch the entire length of the video in order to receive credit for watching it. If you exit the video or log out of JobQuest, you will not get credit and you will need to restart and watch the video from the beginning to get credit. You can pause the video at any time and then restart, but again if you exit the video or log out of JobQuest, you will not get credit.

You can choose the language of the videos

[Welcome to the MassHire Career Center Seminar \(CCS\) →](#)

[Prepare for Your Initial Re-Employment Services and Eligibility Assessment \(RESEA\) →](#)

[Labor Market Information and Tools for Assessment →](#)

[Resumes That Work →](#)

[TORQ - Learn About Your Transferable Skills →](#)

[Inquire about Potential Eligibility for Various Grants to Assist with Training Expenses →](#)

[Connect to our Department of Transitional Assistance Partner →](#)

[Connect to our Massachusetts Adult Education Partner →](#)


Workshops are offered virtually or in-person!

Individual Needs Assessment

The Individual Needs Assessment (INA) is a tool to help you identify specific barriers to finding a job and achieving your goals.



*What skills or
resources do I need?*

- 
- Update resume
 - Update occupational skills
 - Digital literacy
 - Referrals to partner agencies and community resources

Labor Market Information (LMI)

Helps you understand where your occupation and skills fit into today's job market.

- Helps you make better, more informed decisions
- Helps you assess knowledge, skills, abilities
- Assesses your values and interests
- Helps you find solutions to barriers to reemployment
- Provides information about the local job market, job trends, and occupational outlook


Benefits of Using Labor Market Information (LMI)



Questions answered by Labor Market Information (LMI)

RESEARCH JOB MARKET


* Required for RESEA

* What is the average wage per year (or wage range)? 


Enter Your Answer

* What is the growth projected over the next several years? 


Enter Your Answer

* What are the annual openings expected (i.e. low, medium, high, very high)? 

Enter Your Answer

* What is the typical education level required for this type of occupation? 

Enter Your Answer

* Are there any special skills identified with this occupation? 

Enter Your Answer

Labor Market Information (LMI) Research



LMI research resources can help you make better choices and answer your job search questions!

Résumé



- ✓ Be prepared to show your resume during your RESEA meetings.
- ✓ If you don't have a resume, we will show you how to create one through your MassHire JobQuest profile!

Lindsay Jaskolski

98030 Caroline Lock
West Eugenia, 77433
153.505.9424
Benton96@yahoo.com

Summary

Recent graduate equipped with an advanced technical mindset, strong business acumen, and a Bachelor of Science (BS) in Mechanical Engineering. In-depth knowledge of engineering disciplines, including chemical, electrical, and civil as well as thermodynamics, physics, materials science, statistics, fluid dynamics, and thermodynamics. Eager to utilize industry skills and knowledge to enter your organization and add immediate value in the capacity of Mechanical Engineer.

Professional Skills

Mathematics	Intermediate
Computer Systems	Intermediate
Project Management	Intermediate
Computer-aided Design	Intermediate
Leadership	Intermediate
Communications	Advanced
Engagement	Advanced
Problem Solving	Beginner

Education

Boston University
BACHELOR OF SCIENCE (BS) | Mechanical Engineering
GPA: 3.9
Graduated - July 2018
Courses: Aerodynamics and Circuits, Thermal Design, Fluid Mechanics, Energy Laboratory, Computer-aided Design
Certified Plant Engineer (CPE), Association for Facilities Engineering (AFE), 2019

Employment History

BOSTON UNIVERSITY/ECOSYSTEM
Mechanical Engineering Development Program
July 2016 - July 2017
Worked collaboratively with a team of engineers on the design and implementation of energy performance measures, ensuring contribution to the continuous improvement of internal processes.
Assisted with field surveys and audits and provided energy modeling support as needed.
Developed and improved test fixtures, tooling, manufacturing processes, and various procedures for new and existing builds, reducing defects and improving yields.
Completed the 6-month program, achieving highest ranked participant.

Volunteer Experiences

Member/Participant, Boston Manufacturing Monthly Meetup, Boston, MA, 2017-Present
Community Volunteer, Boys and Girls Club, Boston, MA, 2012-2015

Generate a New Résumé

Build Your Profile

If you don't have a resume, we can help you build one. Start by creating your profile to build a resume that you can share.

[START CREATING MY PROFILE](#)



Create Your Profile


Building your profile could take you a minute—and that's okay. Being thorough helps with better job matching.



Work Search Activity Log

Work Job search requirements: To continue receiving benefits, you must :

- ✓ **Look for work at least: 3 times per week.**
- ✓ **You must also keep a record of your work searches.**
- ✓ If you are a union member and may only accept work through your union, **you must keep track of all contacts between you and the Union.**
- ✓ Use this work search log to: Record your job search activities, take to your MassHire Career Center appointments, and verify you are looking for work if you are randomly selected. You can get more copies of this form at any MassHire Career Center or at www.mass.gov/dua/forms.



THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE OFFICE OF LABOR AND WORKFORCE DEVELOPMENT
DEPARTMENT OF UNEMPLOYMENT ASSISTANCE

**Work Search
Activity Log**

Job search log Name: _____ Claimant ID: _____

Week starting Sunday (date):		(through) Saturday (date):				
Date:	Position	Pay rate	Employer name and address	Job ID or person contacted	Contact email, website, or phone	Result
Week starting Sunday (date):		(through) Saturday (date):				
Date:	Position	Pay rate	Employer name and address	Job ID or person contacted	Contact email, website, or phone	Result
Week starting Sunday (date):		(through) Saturday (date):				
Date:	Position	Pay rate	Employer name and address	Job ID or person contacted	Contact email, website, or phone	Result

www.mass.gov/orgs/departments/unemployment-assistance

UI Eligibility Assessment Questionnaire



Attachment A

RESEA UI ELIGIBILITY ASSESSMENT QUESTIONNAIRE

NAME _____

JOB SEEKER I.D. # _____

Please Indicate YES or NO to the questions below:	YES	NO
1. Since filing your unemployment claim, have you been: <ul style="list-style-type: none">• Physically able to work• Actively seeking work• Ready to accept work	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2. Since filing your unemployment claim, have you applied for or started receiving <u>ANY</u> of the following? <i>Circle any that apply.</i> <ul style="list-style-type: none">• workers' compensation benefits• payment in lieu of dismissal notice• payments from a pension fund• payments from a retirement account contributed to by an employer• vacation or personal time off payments from an employer• payments from a union pension fund• payments from an annuity fund• severance pay• stay bonus• continuation pay• payments from a 401K fund <ul style="list-style-type: none">• If you circled any of the above, have you reported this information to the Department of Unemployment Assistance?	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>
3. Have you worked during any of the weeks you claimed and <u>NOT</u> reported earnings for those weeks worked to the Department of Unemployment Assistance?	<input type="checkbox"/>	<input type="checkbox"/>
4. Are you currently enrolled in school or a training program? <ul style="list-style-type: none">• If you answered YES, have you applied for Training Opportunities Program (Section 30) approval?	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

REMINDER: If you have moved since you filed your claim for benefits, you must notify the Department of Unemployment Assistance by accessing your U.I. Online account or by calling 617-626-6800.

SIGNATURE: _____ DATE: _____

NOTE: The Reemployment Services and Eligibility Assessment Program (RESEA) is a mandatory program designed to ensure that you meet state and federal requirements to receive unemployment insurance benefits. Any information that you provide may affect your eligibility to receive those benefits.

Workshops

Interim Services



Workshops

MassHire offers a variety of free workshops to get insights on a number of different topics

[FIND WORKSHOPS](#)

LMI: Assessments

- Identifying Skills
- TORQ
- Myers-Briggs Type Indicator

Resume

- Resume Development
- Cover letters
- On-line Applications

Networking

- Networking Works
- LinkedIn
- Company Recruitments
- Job Fairs

Job Search

- Organizing your Job Search
- Applicant Tracking Systems
- Developing Your Self-Marketing Pitch


Interviewing

- Ace the Interview
- Telephone Interviews
- Salary Negotiation

Virtual Path to Re-employment




COMPLETED



Register

Register to access all the features of the virtual pathway

[MANAGE ACCOUNT](#)




Career Center Seminar

Schedule a Career Center Seminar to get an overview of services available

[SCHEDULE](#)


IN PROGRESS



Career Action Plan

Track short and long-term career goals and the actions you can take to achieve them


[VIEW YOUR CAP](#)



Workshops

MassHire offers a variety of free workshops to get insights on a number of different topics

[FIND WORKSHOPS](#)



Career Coach

Need help or want to speak to a coach about your individual needs?

[CONNECT](#)




JobQuest Dashboard


MY DASHBOARD

Your Career Action Plan
Use the Career Action Plan tool to think through your short and long-term career goals and then identify action steps you can take.
[VIEW YOUR CAREER ACTION PLAN](#) [CONNECT WITH A CAREER COACH](#)

Saved Jobs
You can search for jobs using a combination of search criteria or complete your profile now to get job matches based on your skills and experience.
[SEARCH FOR JOBS](#)

[Find an Event or Workshop →](#) [Find Training Courses →](#)
[View On-demand Videos →](#)


Welcome, ROBERT 
JOB SEEKER ID
1350XXXX
[VIEW PROFILE](#)

Job Matches 
Check out your Job Matches based on your experience and skills.
[VIEW MY JOB MATCHES](#)


You Are Currently Enrolled in the RESEA Program
[CHECK YOUR STATUS](#)

Update Your Job Status
[I GOT A JOB!](#)

Preferences
☐ Allow Employers To View My Contact Information
☐ I'd Like To Receive Emails When An Employer Invites Me To Apply
[UPDATE STATUS](#)


Resume

[View My Resume](#)

Search for a MassHire Career Center
[SEARCH LOCATIONS](#)

Welcome, ROBERT 
JOB SEEKER ID
1350XXXX
[VIEW PROFILE](#)

Update Your Job Status
[I GOT A JOB!](#)

Preferences
☐ Allow Employers To View My Contact Information
☐ I'd Like To Receive Emails When An Employer Invites Me To
[UPDATE STATUS](#)

Job Matches 
Check out your Job Matches based on your experience and skills.
[VIEW MY JOB MATCHES](#)

[Find an Event or Workshop →](#)

[Find Training Courses →](#)

[View On-demand Videos →](#)

JobQuest Dashboard

MY DASHBOARD

Your Career Action Plan
Use the Career Action Plan tool to thing through your short and long-term career goals and then identify action steps you can take.
[VIEW YOUR CAREER ACTION PLAN](#) [CONNECT WITH A CAREER COACH](#)

Saved Jobs
You can search for jobs using a combination of search criteria or complete your profile now to get job matches based on your skills and experience.
[SEARCH FOR JOBS](#)

[Find an Event or Workshop →](#) [Find Training Courses →](#)
[View On-demand Videos →](#)

Welcome, ROBERT
JOB SEEKER ID
1350XXXX
[VIEW PROFILE](#)

Job Matches
Check out your Job Matches based on your experience and skills.
[VIEW MY JOB MATCHES](#)

You Are Currently Enrolled in the RESEA Program
[CHECK YOUR STATUS](#)

Update Your Job Status
[I GOT A JOB!](#)

Preferences
☐ Allow Employers To View My Contact Information
☐ I'd Like To Receive Emails When An Employer Invites Me To Apply
[UPDATE STATUS](#)

Resume

Robert Valente
100 Steeple Way, Rashomon, MA 0000
Email: Rvalente@mass.gov
Phone: 555.555.5555

EXPERIENCE
Training Coordinator
MassHire Department of Career Services
Boston, MA 00000
January 2024-Present

[View My Resume](#)

Search for a MassHire Career Center
[SEARCH LOCATIONS](#)

You Are Currently Enrolled in the RESEA Program
[CHECK YOUR STATUS](#)

This option will appear ONLY if you are enrolled in RESEA.

Resume

Robert Valente
100 Steeple Way, Rashomon, MA 0000
Email: Rvalente@mass.gov
Phone: 555.555.5555

EXPERIENCE
Training Coordinator
MassHire Department of Career Services
Boston, MA 00000
January 2024-Present

[View My Resume](#)

View My Resume

Your Career Action Plan
Use the Career Action Plan tool to thing through your short and long-term career goals and then identify action steps you can take.
[VIEW YOUR CAREER ACTION PLAN](#) [CONNECT WITH A CAREER COACH](#)

JobQuest Dashboard

MY DASHBOARD

Your Career Action Plan
Use the Career Action Plan tool to think through your short and long-term career goals and then identify action steps you can take.
[VIEW YOUR CAREER ACTION PLAN](#) [CONNECT WITH A CAREER COACH](#)

Saved Jobs
You can search for jobs using a combination of search criteria or complete your profile now to get job matches based on your skills and experience.
[SEARCH FOR JOBS](#)

[Find an Event or Workshop →](#)

[Find Training Courses →](#)

[View On-demand Videos →](#)

Welcome, ROBERT
JOB SEEKER ID
1350XXXX
[VIEW PROFILE](#)

Job Matches
Check out your Job Matches based on your experience and skills.
[VIEW MY JOB MATCHES](#)

You Are Currently Enrolled in the RESEA Program
[CHECK YOUR STATUS](#)

Update Your Job Status
[I GOT A JOB!](#)

Preferences
☐ Allow Employers To View My Contact Information
☐ I'd Like To Receive Emails When An Employer Invites Me To Apply
[UPDATE STATUS](#)

Resume

Robert Valente
JOB SEEKER ID: 1350XXXX
Email: robert.valente@masshire.com
Experience:
Training Coordinator
Quincy, Department of Career Services
Quincy, MA 01906

[View My Resume](#)

Search for a MassHire Career Center
[SEARCH LOCATIONS](#)

[Find an Event or Workshop →](#)

[Find Training Courses →](#)

[View On-demand Videos →](#)

Job Matches
Check out your Job Matches based on your experience and skills.
[VIEW MY JOB MATCHES](#)

Saved Jobs


Medical Assistant South Shore Skin Surgeons Quincy

Job order # 15416027

Medical Assistant Boston Hospital Boston MA

Job order # 15439622

[SEARCH FOR JOBS](#)



DEPARTMENT OF
CAREER SERVICES

Re-Employment Services and Eligibility Assessment (RESEA)



RESEA Program Steps ×

Here are the steps you will need to accomplish as a participant of the RESEA Program.

<input checked="" type="checkbox"/>	Currently RESEA Enrolled	Yes
2	Attended CCS <small>Learn more about the services you can now access</small>	No
3	Complete Initial RESEA Review <small>Contact your local MassHire Career Center</small>	No
4	Participate in Reemployment Services (RES) <small>Join workshops, apply for jobs, research job trends, and more</small>	No
5	Complete Career Action Plan (CAP) Requirements <small>Complete your customized Career Action Plan</small>	No
6	Complete Subsequent RESEA Review <small>Contact your local MassHire Career Center</small>	No

[PRINT](#) [VIEW YOUR CAREER ACTION PLAN](#)

**You are Currently Enrolled
in the RESEA Program**

[CHECK YOUR STATUS](#)

Start Preparing

**Plan, Act,
Get to Work!**

Build Your Profile

If you don't have a resume, we can help you build one. Start by creating your profile to build a resume that you can share.

[START CREATING MY PROFILE](#)

Your Career Action Plan

Use the Career Action Plan tool to think through your **short and long-term career goals** and then identify action steps you can take

 You have an upcoming due date

[VIEW YOUR CAREER ACTION PLAN](#)

[CONNECT WITH YOUR CAREER COACH](#)

Connect with a Career Counselor

MassHire Virtual Pathway

Plan, Act, Get to Work!

We want to make it easier for you to find a job. Register for MassHire, Attend a Career Center Seminar, Create your Career Action Plan, Build a resume, Enroll in workshops, Search for jobs. The MassHire Virtual Pathway will guide your action steps!

REGISTER NOW



Finding a Job in JobQuest

Find a Job

212,208 TOTAL JOB OPENINGS

Start searching for your next job opportunity! When you Register for a MassHire JobQuest account you can get Job Matches based on your unique skills, education, & work history, and save & export jobs.

Search for available jobs using any combination of search criteria below

When using the language translation function on this page, you must still enter text using the English language.

Keyword(s)

Job Category

Select a Category ▼

Job Title

Enter a Job Title

Company Name

Enter a Company Name

Job Order #

Enter a Job Order #

Show Jobs Listed Within

Select Timeframe ▼

Search for Job Locations by:

☒ City or ZIP Code ☐ Regions

Job Location

Enter Massachusetts City or ZIP Code

Distance from Location

10 miles ▼

Wrapping Up

Update Your Job Status	
Searching for Jobs	^
Currently Seeking Jobs	
Applying & Interviewing for Jobs	
I got the Job!	

Let us know when you get a
job so we can celebrate your success!



Next Steps

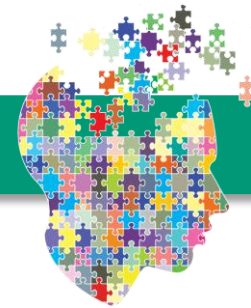
Labor Market Information
and Career Tools



Resumes for the
Modern Workforce



...continue your job
search!



Thank you for your attention to this presentation!



**Plan, Act, and
Get to Work!**

<https://www.mass.gov/how-to/find-a-masshire-career-center>

Search for a MassHire
Career Center

 **Search Locations**



DEPARTMENT OF
CAREER SERVICES