

Attachment B

LGBTQI and GNC Resources

Resources are available to help develop a better understanding of issues LGBTQ individuals face and provide access to ways to support them. Several of these organizations offer youth-oriented, school and community based LGBTQ support groups and events. Participation in such groups and events has been shown to be beneficial for LGBTQ youth.

LOCAL RESOURCES

- **Adoption & Foster Care (AFC) Mentoring** – Targeted, specialized mentoring service for young people who have been removed from their homes due to alleged abuse or neglect. Provides one-to-one mentoring as well as group mentoring through AFC Leaders, which includes a specialized group mentoring program for lesbian, gay, bisexual and transgender (LGBT) youth in care. (617-224-1302; www.afcmentoring.org)
- **“AGLY” (Alliance of Gay, Lesbian, Bisexual and Transgender Youth)** –Regional groups in communities across the Commonwealth provide weekly programming and annual social events in safe, supportive, non-exploitative and culturally competent spaces where LGBTQ youth can access social support and services, develop leadership and build community. Over 3,000 youth ages 22 and under who are LGBTQ participate every year throughout Greater Boston area, and over 6,000 youth across Massachusetts. (617-727-4313; <http://www.bagly.org/programs/youth-group/overview>; BAGLY also has a link that lists resources for youth, youth workers and parents and families at www.bagly.org/resources)
- **Boston Gay & Lesbian Adolescent Social Services (Boston GLASS)** is a community center serving young people in the gay, lesbian, bisexual and transgender community. An average of 25-30 youth a night come to GLASS to meet friends, talk to staff or participate in formal programming. Boston GLASS provides counseling, advocacy and referrals for health care services and housing to Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) teens and young adults, many of whom are youth of color. Also provide free HIV testing and counseling. (617-266-3349, extension 215; <https://jri.org/services/health-and-housing>)
- **Greater Boston Parents, Families and Friends of Lesbians and Gays (PFLAG) Chapter** – Promotes the health and well-being of LGBT persons and their families through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. (781-891-5966, Toll Free Helpline: 866-427-3524; www.gbpfllag.org)
- **Bridge Over Troubled Waters** – Offers a comprehensive range of services for youth 16-24 including housing, meals and counseling and education. (617-423-9575)
- **Child-At-Risk Hotline** – A hotline to call if anyone suspects that a child is suffering from abuse or neglect. (800-792-5200)
- **Children’s Law Center of Massachusetts** – Maintains a helpline through which it provides information and referrals regarding legal matters that affect children such as the right to education services, emancipation, immigration and rights of children who have “aged out” of foster care or other state service systems. (888-KIDLAWs)
- **Fenway LGBT Family and Parenting Services** – A health care organization whose mission is to enhance the wellbeing of the lesbian, gay, bisexual and transgender community and all people

through access to the highest quality health care, education, research and advocacy. Fenway also houses the Sidney Borum, Jr. Health Center for young people ages 12-29. (Toll Free LGBT Helpline: 888-340-4528, Toll Free Peer Listening Line for youth: 800-399-PEER; Violence Recovery Program for targets of hate crimes, domestic violence, sexual assault and police misconduct: 800-834-3242; websites: www.fenwayhealth.org and www.sidneyborum.org)

- **GeMS (Gender Management Service) Clinic** – Multidisciplinary health care team at Boston Children’s Hospital that provides care and support to infants, children, adolescents and young adults with gender identity disorder (GID) or disorders of sexual differentiation (DSDs). (617-355-2420)
- **GLAD (GLBTQ Advocates & Defenders)** – Through strategic litigation, public policy advocacy, and education, GLAD works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation. GLAD is particularly interested in youth-related discrimination. GLAD offers GLAD Answers, a confidential, free service that provides information, support, and referrals. (Contact GLAD Answers by email or live chat at www.GLADAnswers.org or 800-455-GLAD; for LGBTQ youth rights, www.glad.org/youth)
- **GLSEN Massachusetts** – Offers a comprehensive selection of programs designed to support schools and individuals on a number of different levels, including teacher and staff training, student trainings, GSA support, a comprehensive professional development program, workshops focused on specific issues, retreats for educators, and an annual conference. (617-536-9669; glsenboston@glsenboston.org)
- **Hispanic Black Gay Coalition (HBGC)** – A non-profit organization in Boston dedicated to the needs of the Black, Hispanic and Latin LGBTQ community. Founded in 2009, HBGC works to inspire and empower Latin, Hispanic and Black LGBTQ individuals to improve their livelihood through activism, education, community outreach, and counseling. (617-487-HBGC (4242); <http://www.hbgc-boston.org>)
- **Human Rights Campaign (HRC)** – Pursues LGBT equality in Massachusetts alongside state and local groups and lawmakers. (www.hrc.org)
- **MAP for Health** – A community-based, nonprofit organization that works to improve healthcare access, disease prevention and service delivery for the Asian & Pacific Islander community in Massachusetts. MAP for Health offers some services for LGBTQ youth. (617-426-6755; <http://mapforhealth.org>)
- **Massachusetts Commission Against Discrimination** – The state’s chief civil rights authority, charged with the authority to investigate, prosecute, adjudicate, and resolve cases of discrimination (<http://www.mass.gov/mcad/about/>).
- **Massachusetts Commission on Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) Youth** – An independent state agency established by law to recommend and advocate to all branches of state government effective policies, programs, and resources for LGBTQ youth to thrive. The Commission also jointly administers the Safe Schools Program for LGBTQ Students with the Massachusetts Department of Elementary and Secondary Education, which can provide training, technical assistance and professional development to schools on issues related to sexual orientation, gender identity and school climate. The Commission maintains a list of resources available to LGBTQ youth. (www.mass.gov/cgly/youth.htm)

- **Massachusetts GSA Student Leadership Council and Safe Schools Program** – A collaboration between the Department of Elementary and Secondary Education and the Massachusetts Commission on LGBTQ Youth. Student leaders and advisers within high schools and middle schools meet at regional conferences and an annual statewide leadership camp. The Safe Schools Program also offers training and technical assistance to school districts. (Contact: Safe Schools Program for LGBTQ Youth, <http://www.doe.mass.edu/sfs/lgbtq/>)
- **Massachusetts Transgender Political Coalition (MTPC)** – A statewide, non-profit advocacy, education, and community-building organization founded in 2001 that works to end discrimination on the basis of gender identity and expression and improve the lives of the Massachusetts transgender youth, adults, and their families by 1) organizing and empowering transgender people to advocate for themselves; 2) developing leadership within transgender communities through community education and opportunities; 3) educating the public, the media, and institutions about issues facing transgender communities; 4) increasing the awareness of policy makers about the needs of transgender communities; and 5) advocating for equal access through policy changes at the institutional, state, and local levels. The MTPC website links to resources for transgender people including this specific resource list for youth. (617-778-0519; http://www.masstpc.org/mediawiki/index.php?title=Youth_Specific)
- **Mass 2-1-1** – Free 24/7 telephone access to counselors who can provide information about LGBTQ and other resources. Dial: 211, or for TTY: 508-370-4890.
- **The Network/La Red** – The Network/La Red is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities. Rooted in anti-oppression principles, seeks to strengthen communities through organizing, education, and the provision of support services. (Hotline: 617-742-4911 (voice) or 617-227-4911 (TTY); www.tnlr.org)
- **The Trevor Project** – The leading national organization providing crisis intervention and suicide prevention services to LGBTQ youth. Operates a nationwide, around-the-clock crisis and suicide prevention helpline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone. (Toll Free Lifeline: 866-4UTrevor or 866-488-7386 or www.thetrevorproject.org)
- **Youth On Fire** – A Cambridge drop-in center; provides support, referrals, health info and services in a welcoming and non-judgmental environment, for homeless and at-risk youth. (617-599-0231; www.ccaa.org/youth_on_fire.html)

ONLINE RESOURCES

- **Accord Alliance (merged with Intersex Society of North America)** – Promotes comprehensive and integrated approaches to care that enhance the health and well-being of people and families affected by disorders of sex development (DSD) through partnerships with patients and families, healthcare administrators, clinicians, support groups, and researchers. Website has information for those working to improve the quality of outcomes in DSD through enhanced healthcare and research and through education of the public, including educational materials (Clinical Guidelines and a Handbook for Parents), clinical guidance by DSD specialists, information about upcoming meetings, summaries of recent presentations, and more. (www.accordalliance.org)
- **Family Acceptance Project** – A community research, intervention and education initiative studying the impact of family acceptance and rejection on LGBT youth and offering intervention services to help families support them. Produces downloadable booklet: “Supportive Families,

Healthy Children, Helping Families with Lesbian, Gay, Bisexual and Transgender Children.”
(<https://familyproject.sfsu.edu/>)

- **I Am, Trans People Speak** – A multi-media campaign aimed at educating the public about the diverse communities of trans individuals, families and allies. I AM is a collection of recorded stories that aims to challenge stereotypes and misconceptions of transgender (trans) individuals by highlighting the realities of their lived experience. These voices span across a diversity of communities and intersecting identities. There is no one trans narrative.
(www.transpeoplespeak.org)
- **InterACT** - A group raising intersex visibility, empowering intersex advocates, and promoting laws and policies that protect intersex youth (<http://interactadvocates.org>)
- **It Gets Better Project** – An internet-based project founded in September 2010, in response to the suicides of teenagers who were bullied because they were “gay.” Its goal is to prevent suicide among LGBTQ youth by having adults convey the message that these teens’ lives will improve. Has posted over 22,000 entries from people of all sexual orientations and gender identities/expressions, including many celebrities. (www.itgetsbetter.org and www.youtube.com/user/itgetsbetterproject)
- **Point Foundation** – This national scholarship fund offers mentorship, leadership development and community service training to lesbian, gay, bisexual, transgender and queer (LGBTQ) students. (<http://www.pointfoundation.org>)
- **The Trevor Project** – A national organization providing crisis intervention and suicide prevention services to LGBTQ young people ages 13-24
(<http://www.thetrevorproject.org/section/about>).
- **Welcoming Schools** – Welcoming Schools was initiated by a group of parents and educators to meet the needs of students whose family structures are not well represented or included in school environments. It provides resources for school administrators and educators to [support students who don’t conform to gender norms](#) and offers tools, lessons and resources on embracing [family diversity](#), [avoiding gender stereotyping](#) and [ending bullying and name-calling](#) in elementary schools, using an LGBT inclusive approach. (www.welcomingschools.org)
- **World Professional Association for Transgender Health** – A professional organization devoted to the understanding and treatment of transgender individuals, with 500 members from around the world, in fields such as medicine, psychology, law, social worker and counseling.
(www.wpath.org)

LGBTQ ABC's

Commonly used definitions. Every person has the right to self-definition.

Lesbian A woman who is emotionally, romantically and sexually attracted to other women.

Gay A person who is emotionally, romantically and sexually attracted to persons of the same gender. Sometimes used to refer to gay men only. We prefer the word *gay* to *homosexual*, which has clinical overtones that some find offensive.

Bisexual A person who is emotionally, romantically and sexually attracted to more than one gender.

Transgender A person whose gender identity or gender expression does not match society's expectations of how an individual of that gender should behave in relation to their gender. A transgender person may identify as heterosexual, lesbian, gay, bisexual or questioning.

Questioning A person, often an adolescent, who has questions about their sexual orientation or gender identity. Some questioning people eventually come out as LGBT; some don't.

Sexual Orientation A person's emotional, romantic and sexual attraction to persons of the same and/or different gender.

Gender Expression The manner in which a person expresses their gender through clothing, appearance, behavior, speech, etc.

Gender Identity An individual's internal view of their gender; one's innermost sense of being male, female, both or neither.