



Resources for Safety and Support When Facing Domestic Violence:
Everyone is entitled to a relationship that is healthy and safe.

Central and Metrowest Region

Please note that not all programs serve every city or town in the region and/or county. Programs will help determine if they can assist you and will refer you to another program if needed. An asterisk (*) next to a phone number indicates that the number is a 24/7 hotline.

Middlesex County						
Agency	Phone Number	Location	Domestic Violence Program	Emergency Shelter	Child Witness to Violence Program	SAFEPLAN Program
Children's Charter Trauma Clinic	781-894-4307	Waltham			Yes	
Domestic Violence Services Network, Inc. (DVSNI)	888-399-6111	Concord	Yes			
The Domestic Violence/Sexual Assault Program of Newton Wellesley Hospital	617-243-6521	Newton	Yes			
Journey to Safety – Jewish Family & Children's Services (JFCS)	781-647-5327	Waltham	Yes			
Massachusetts Society for the Prevention of Cruelty to Children (MSPCC)	781-861-0890	Lexington, Lowell			Yes	
Portal to Hope	781-338-7678	Malden, Medford	Yes	Yes		
REACH Beyond Domestic Violence	800-899-4000	Waltham	Yes	Yes		
Voices Against Violence - South Middlesex Opportunity Council (SMOC)	800-593-1125*	Framingham	Yes	Yes		
Wayside Youth and Family Support Network Trauma Intervention Services	800-511-5070*	Arlington, Charlton, Framingham, Lowell, Malden, Medford, Milford, Waltham, Watertown	Yes		Yes	

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Worcester County						
Agency	Phone Number	Location	Domestic Violence Program	Emergency Shelter	Child Witness to Violence Program	SAFEPLAN Program
Journey to Safety – Jewish Family & Children’s Services (JFCS)	781-647-5327	Worcester	Yes			
The Lipton Center (Children Services) - UMASS Memorial Community Healthlink, Inc.	508-421-4501	Leominster			Yes	
Massachusetts Society for the Prevention of Cruelty to Children (MSPCC)	781-861-0890	Lexington, Lowell			Yes	
New Hope, Inc.	800-323-4673*	Milford, Southbridge, Worcester	Yes	Yes		Yes
Spanish American Center	978-534-3145	Leominster	Yes			
YWCA Central Massachusetts Domestic Violence Services: BWR and Daybreak	508-755-9030*	Worcester, Leicester, Leominster, Westborough	Yes	Yes		Yes

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