



Bureau of Health Care Safety & Quality

Rest Home Task Force

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Improvement

January 10, 2025

Rest Home Licensing, Reporting Structure, and Existing Data

Section 27 of Chapter 197 of the Acts of 2024 requires the Rest Home Task Force to examine the following:

- the licensing, regulatory and reporting structure for rest homes;
- an inventory of licensed rest homes and licensed rest home beds;
- the location and service areas of existing rest homes;
- a review of rest home closures since 2015

Facilities applicable to the Rest Home Task Force

- Rest Home

- A facility that provides Level IV care in a supervised supportive and protective living environment and support services incident to old age for residents having difficulty in caring for themselves and who are ambulatory and do not require Level II or III nursing care or other medically related services on a routine basis.

- Resident Care Facilities

- A unit within a Long-Term Care Facility that provides Level IV care in a supervised supportive and protective living environment and support services incident to old age for residents having difficulty in caring for themselves and who are ambulatory and do not require Level II or III nursing care or other medically related services on a routine basis.

The licensing structure for the operation of Level IV (Rest Home) Long Term Care Facilities

- Licensing of Level IV (Rest Homes) Long Term Care Facilities
 - Initial licensure and any renovations afterwards requires [Plan Review for Health Care Facilities | Mass.gov](#).
 - Plan Review includes the architectural review of the physical plant to determine compliance with F.G.I. Guidelines.
 - Initial licensure/Change of Ownership (CHOW) requires [Health care facility initial licensure and change of ownership | Mass.gov](#) as a long-term care facility for the provision of Level IV services.
 - This includes an initial licensure application, suitability (the review of information to determine acceptable or right for ownership), and CORI checks, along with other application documentation such as local municipality approval, and a fee.
 - For a brand-new rest home, Determination of Need approval may also be required, which supports the development of innovative health delivery methods and population health strategies within the health care delivery system; and to ensure that resources will be made reasonably and equitably
 - Licensure renewal is required every two years. A renewal application will be mailed to the facility approximately 90 days prior to expiration, along with a letter detailing the required documentation for submitting the application.

The regulatory requirements for the operation of Level IV (Rest Home) Long Term Care Facilities

Regulatory requirements for the operation of Level IV Long Term Care Facilities

[105 CMR 150.00: Standards for long-term care facilities | Mass.gov](#)

[105 CMR 153.00: Licensure procedure and suitability requirements for long-term care facilities | Mass.gov](#)

[105 CMR 155.00: Patient and resident abuse prevention, reporting, investigation, penalties and registry | Mass.gov](#)

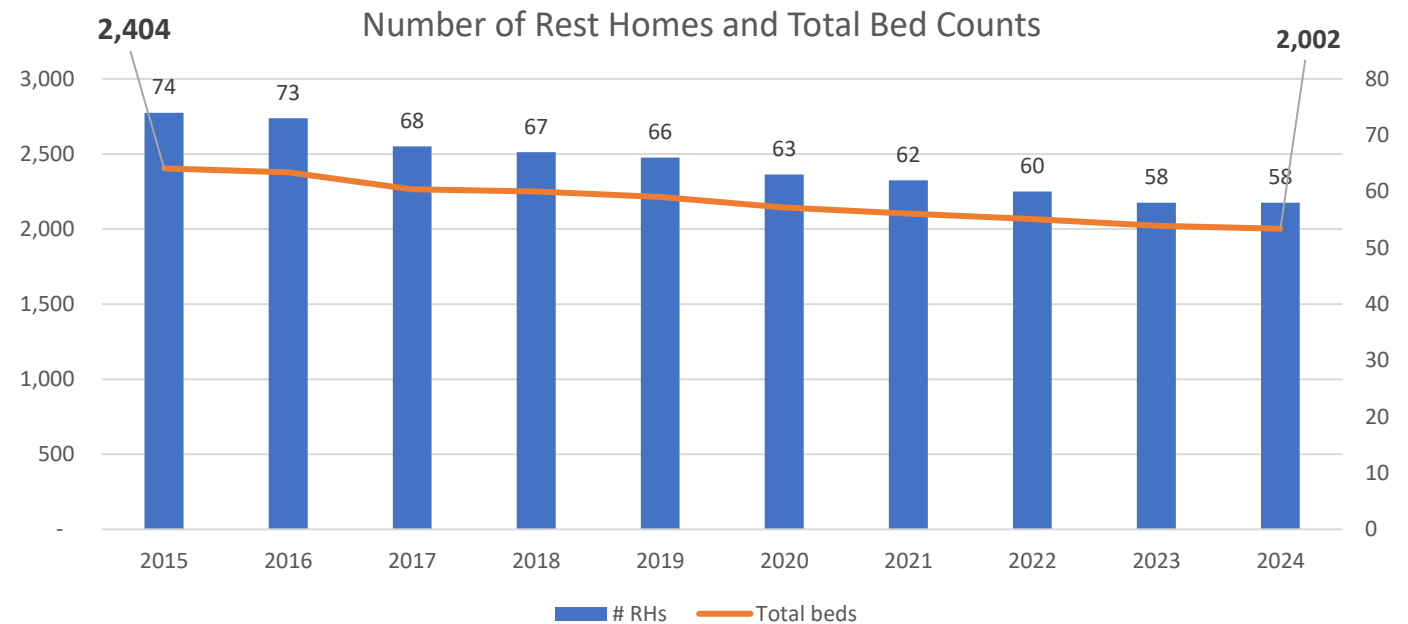
The reporting structures for the operations of Level IV (Rest Home) Long Term Care Facilities

- The Health Care Facility Reporting System (HCFRS) is a web-based system that health care facilities must use to report incidents and allegations of abuse, neglect, and misappropriation. [How to set up initial access to the HCFRS | Mass.gov](#)
- Complaint Unit: [File a complaint regarding a nursing home or other health care facility | Mass.gov](#)
Complaints can be submitted by printing and completing the [Consumer/Resident/Patient Complaint Form](#) and faxing the completed form to (617) 753-8165 or mailing it to 67 Forest Street, Marlborough, MA 01752
- Massachusetts rest homes must annually report aggregate HCP COVID-19 and influenza data through Virtual Gateway's Health Care Facility Reporting System (HCFRS). [Health Care Personnel COVID & Influenza Vaccination References and Resources | Mass.gov](#)

Inventory of Licensed Rest Homes and Licensed Rest Home Beds

- Number of RHs and total bed counts by year
 - There are currently 58 DPH-licensed RHs , 16 (22%) have closed since 2015 (16 out of 74)
 - Currently we have a total of 2,002 beds in DPH-licensed RHs, reduced from 2,404 beds since 2015, 17% reduction

Year	# RHs	Total beds	#closures
2015	74	2,404	1
2016	73	2,378	5
2017	68	2,266	1
2018	67	2,250	1
2019	66	2,214	3
2020	63	2,144	1
2021	62	2,104	2
2022	60	2,066	2
2023	58	2,022	0
2024	58	2,002	0



Service Area Definition, as Operationalized for this Analysis

Typically, the term "service area," when used in the context of the health care system, is defined by the home address of a patient panel for a given health care facility or service or based on the hospital location where a patient is treated.

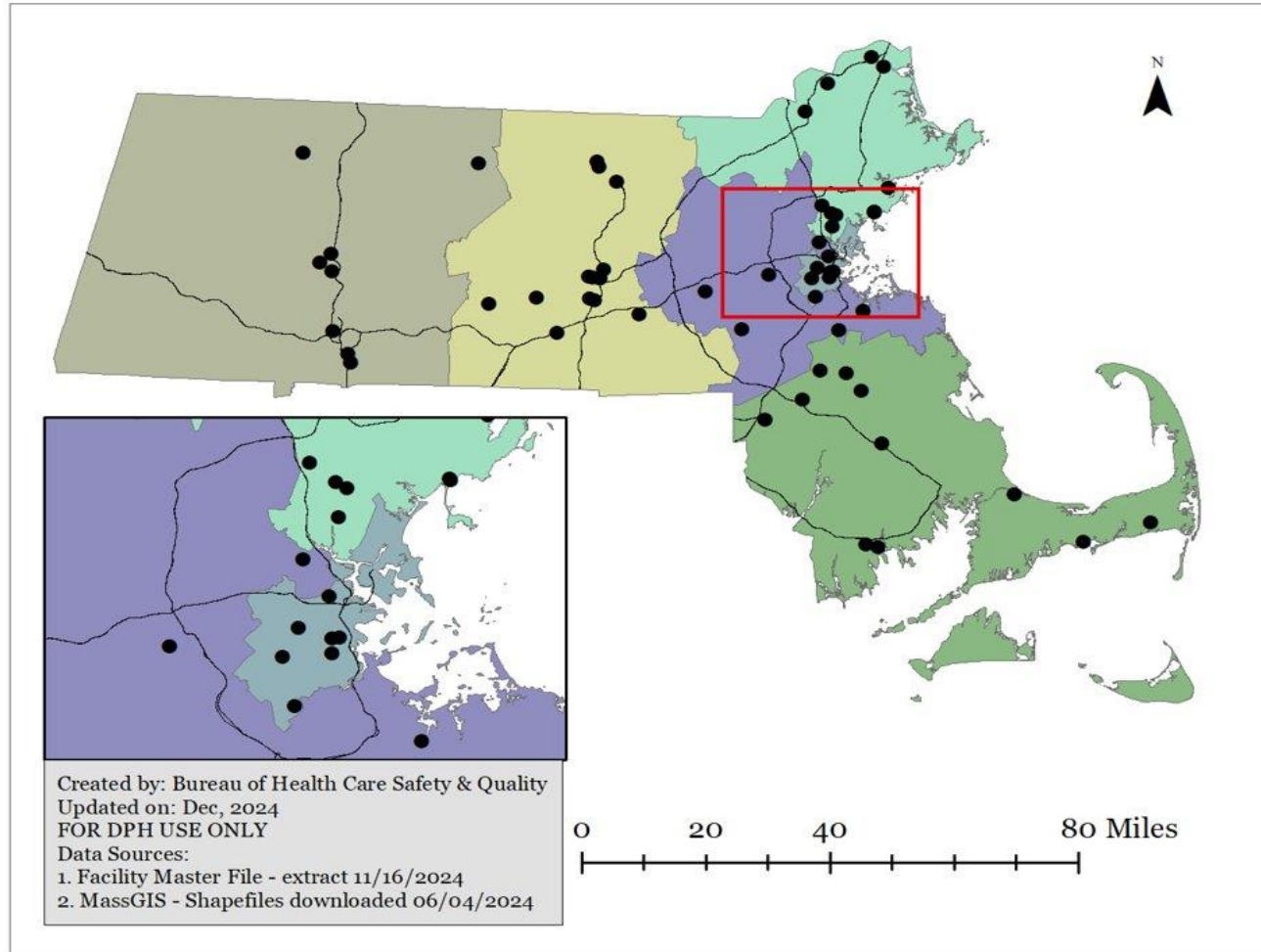
By definition, a rest home is the home address for its residents, therefore, this definition cannot be applied to a panel of patients or residents occupying a rest home. DPH does not have or collect home addresses for residents prior to their admission to a rest home.

Moreover, selection of a rest home location may be influenced by the home address of family members rather than the prior address of the resident.

Therefore, for the purposes of this analysis we have applied the EOHHS regional definitions (N = 6) as a proxy for Rest Home Service Area.

The Location of Existing Rest Homes

Open Rest Homes as of December, 2024



58 currently DPH-licensed RHs

Boston = 7

Central = 14

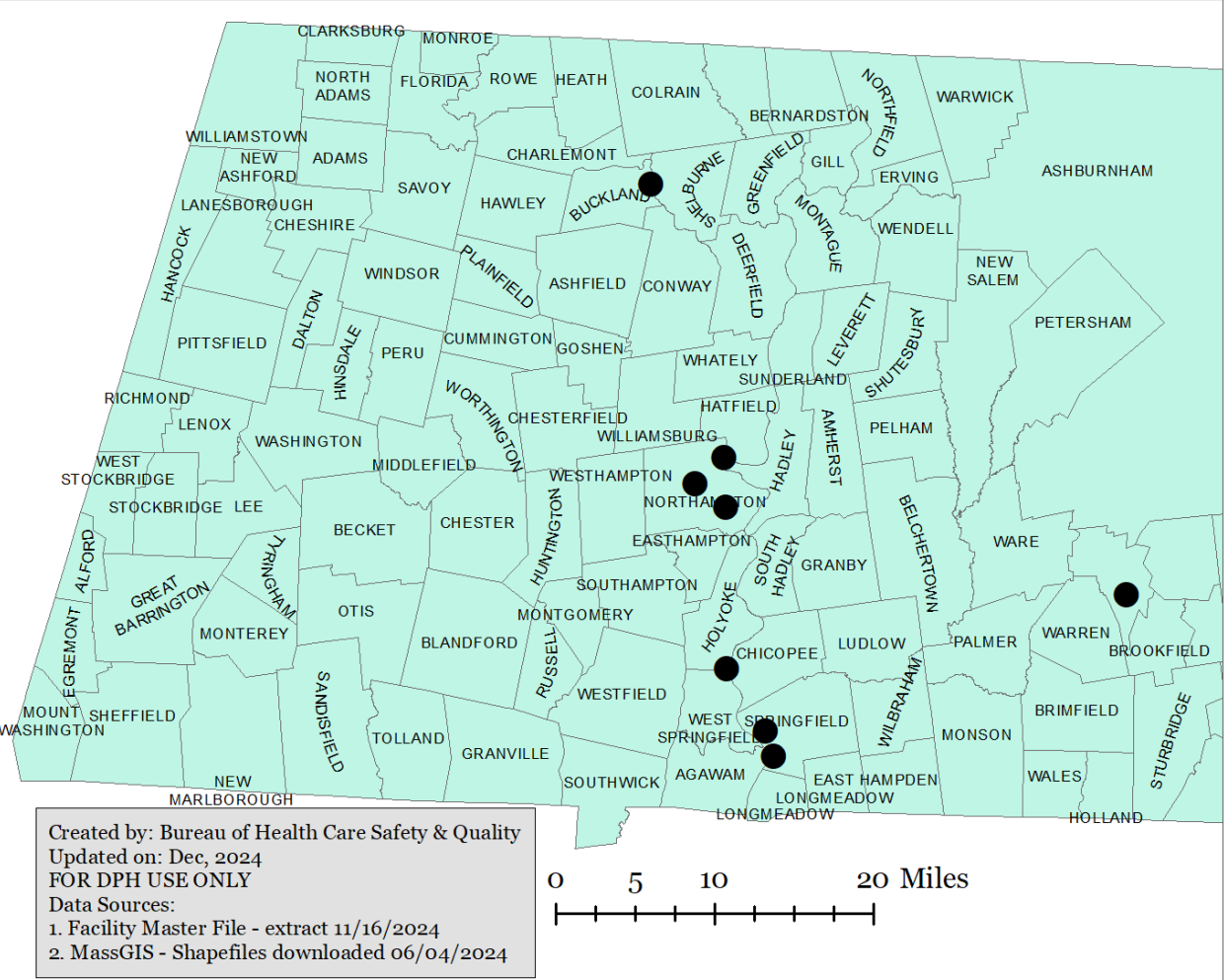
Metro West = 7

Northeast = 11

Southeast = 11

Western = 8

Western Region Rest Homes as of December, 2024



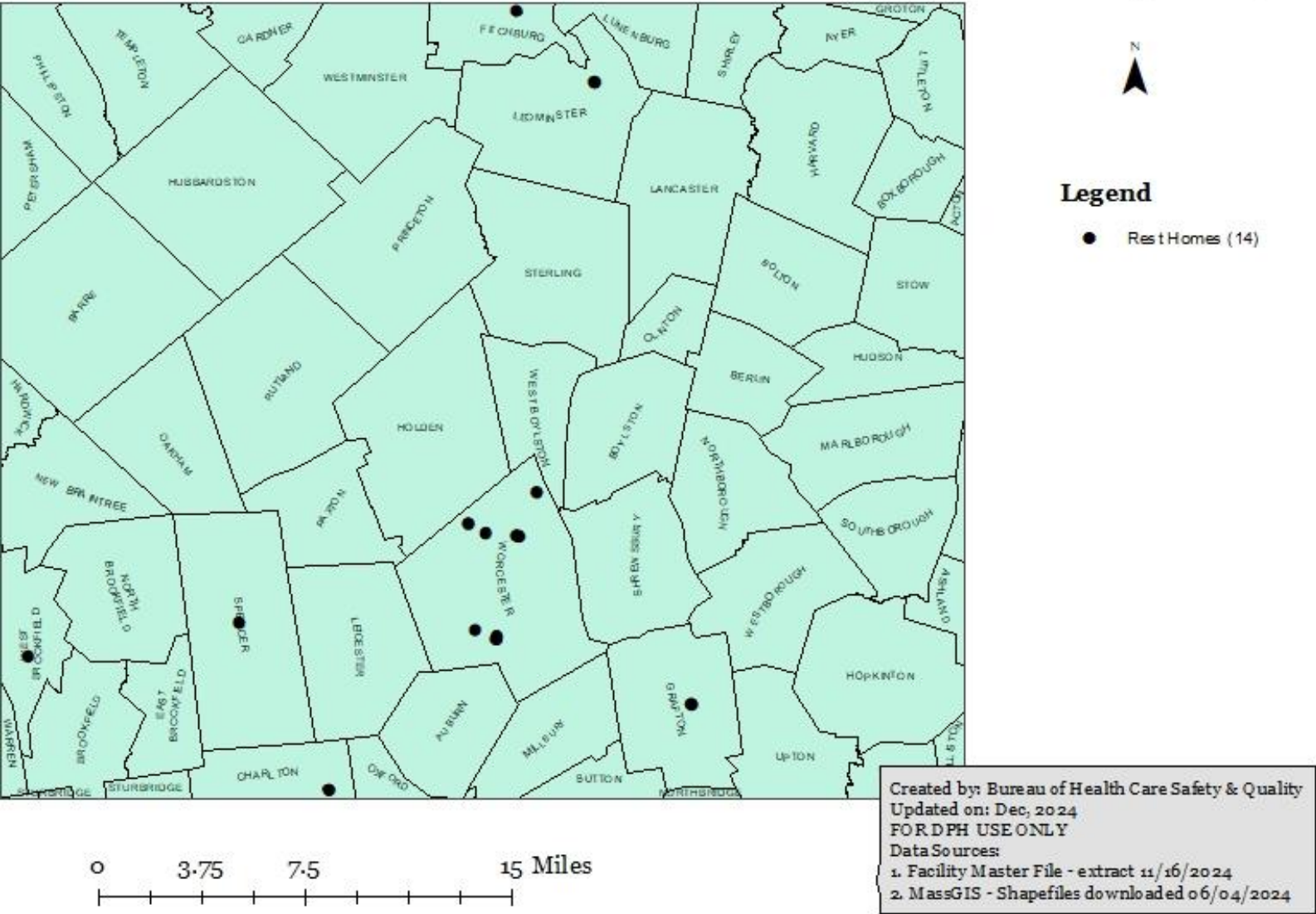
N

Legend

● Rest Home

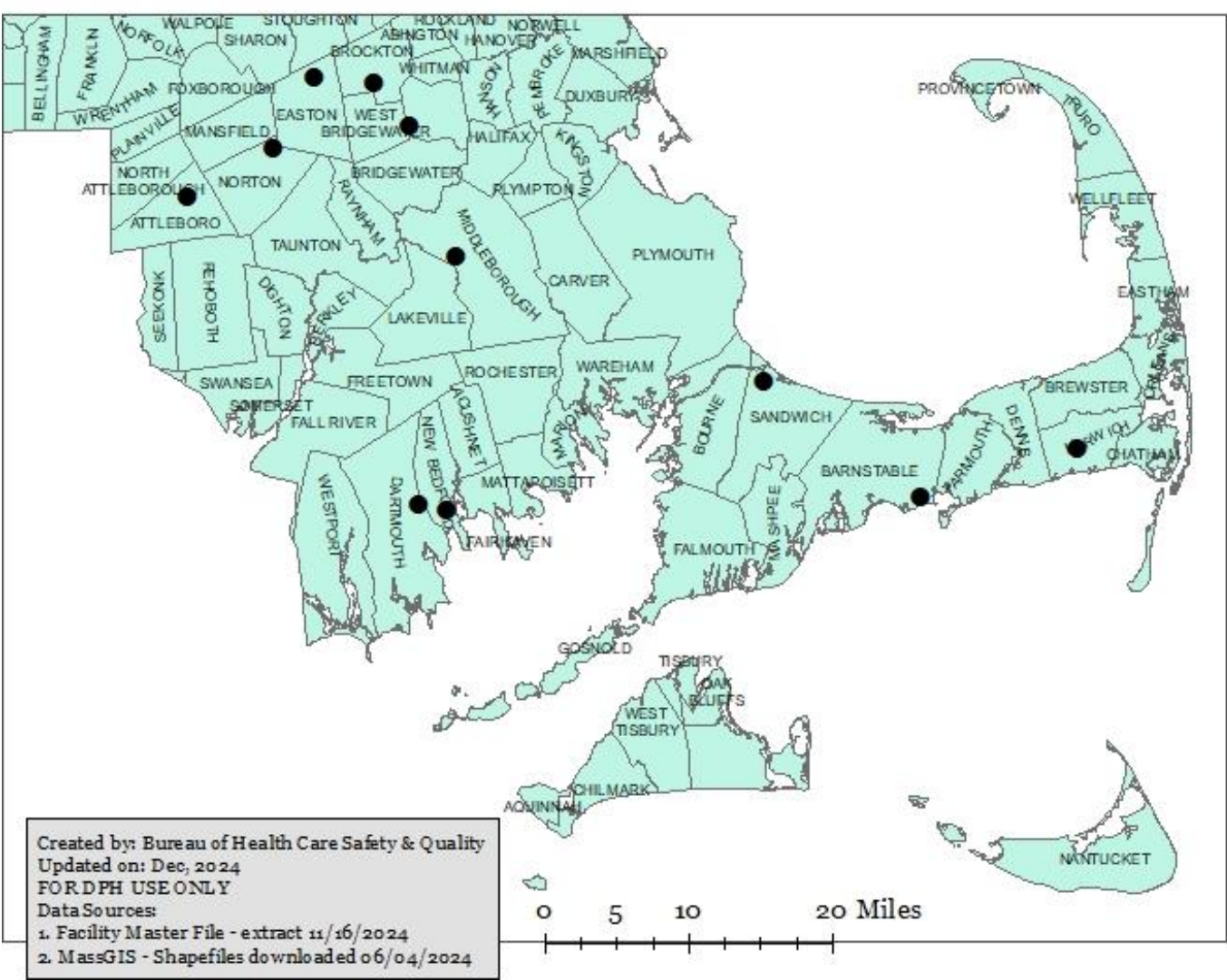
Rest Home Name	City
BEAVEN KELLY HOME	HOLYOKE
LATHROP HOME	NORTHAMPTON
ELLEN RICE REST HOME, INC.	SPRINGFIELD
ST LUKE'S HOME	SPRINGFIELD
ROCKRIDGE AT LAUREL PARK	NORTHAMPTON
LABELLES REST HOME	SHELBURNE
RIVER VALLEY REST HOME	FLORENCE
APPLEWOOD HOME FOR ELDERS	ATHOL

Central Region Rest Homes Status as of December, 2024



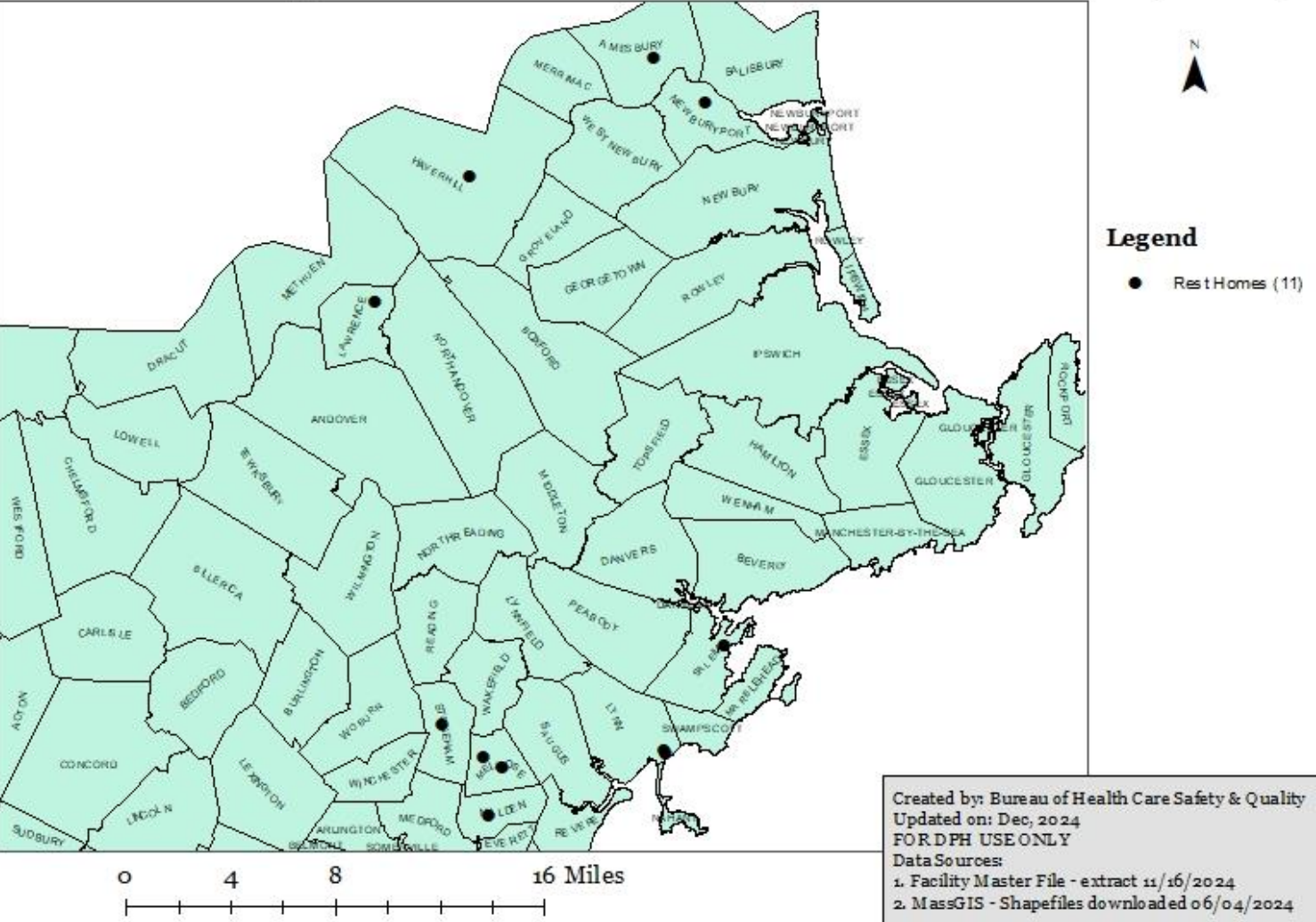
Rest Home Name	City
CHARLTON MANOR REST HOME	CHARLTON
VILLAGE REST HOME	LEOMINSTER
BROOKHAVEN ASSISTED CARE	WEST BROOKFIELD
PLEASANT ACRES ASSISTED CARE, LLC	WORCESTER
DALTON REST HOME	WORCESTER
HOMESTEAD HALL	WORCESTER
DODGE PARK REST HOME	WORCESTER
WINTER HILL REST HOME	WORCESTER
DONNA KAY REST HOME	WORCESTER
PENNY LANE ASSISTED CARE	FITCHBURG
LINCOLN HILL MANOR	SPENCER
CRESCENT MANOR ASSISTED CARE, LLC.	GRAFTON
THE OASIS AT DODGE PARK	WORCESTER
The WILLOWS AT WORCESTER	WORCESTER

Southeast Region Rest Homes as of December, 2024



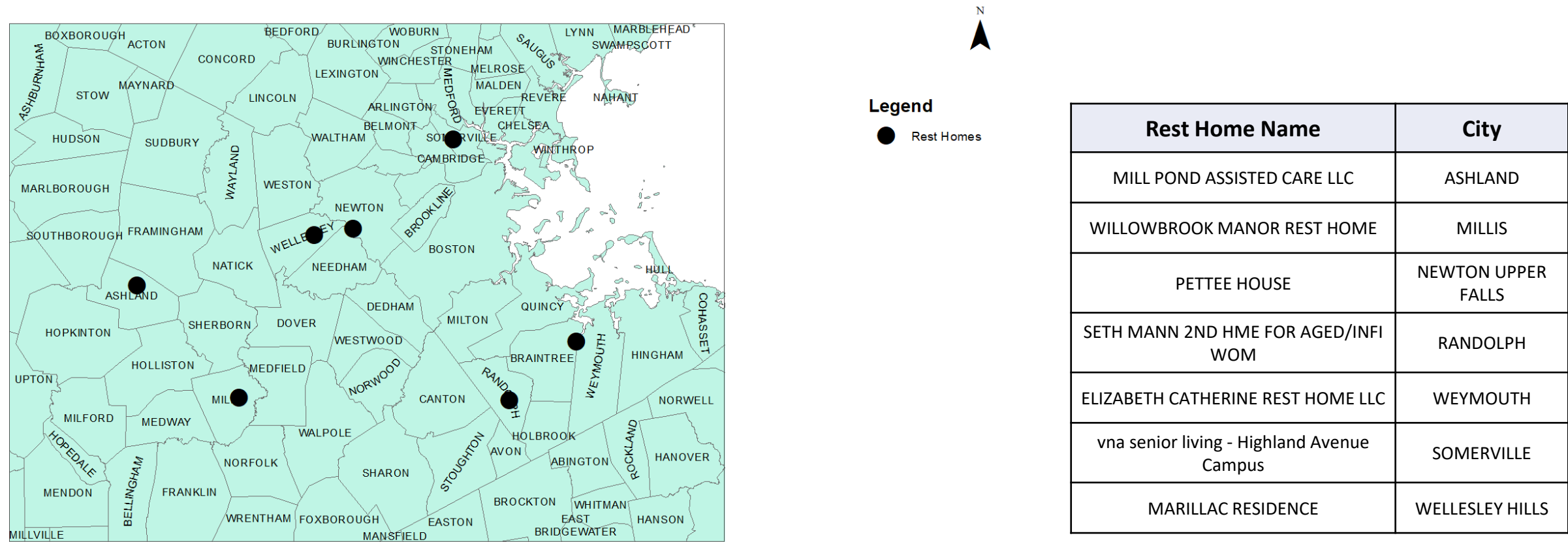
Rest Home Name	City
PLEASANT STREET ASSISTED CARE	ATTLEBORO
VILLAGE REST HOME II OF BROCKTON	BROCKTON
WESTVIEW REST HOME	EAST BRIDGEWATER
ROSEWOOD MANOR REST HOME	HARWICH
HAVENWOOD ASSISTED CARE LLC	NEW BEDFORD
DAGGETT-CRANDALL-NEWCOMB HOME	NORTON
VILLAGE REST HOME	EASTON
DARTMOUTH MANOR REST HOME	NORTH DARTMOUTH
SERENITY REST HOME LLC	MIDDLEBORO
CAPE WINDS REST HOME OF SANDWICH	SANDWICH
CAPE WINDS REST HOME OF HYANNIS	HYANNIS

Northeast Region Rest Homes Status as of December, 2024

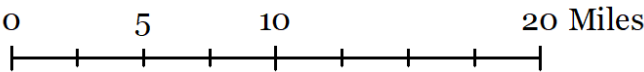


Rest Home Name	City
IVY HILL ASSISTED CARE, LLC	HAVERHILL
THE GERMAN HOME	LAWRENCE
LYNN HOME FOR ELDERLY PERSONS	LYNN
DAVENPORT MEMORIAL HOME	MALDEN
OOSTERMAN'S REST HOME	MELROSE
NEWBURYPORT SOCIETY OF AGED MEN	NEWBURYPORT
BROOKHOUSE HOME FOR AGED WOMEN IN SALEM	SALEM
FULLER HOUSE OF STONEHAM REST HOME	STONEHAM
LYNN SHORE REST HOME	LYNN
THE FITCH HOME, INC.	MELROSE
HILLSIDE REST HOME	AMESBURY

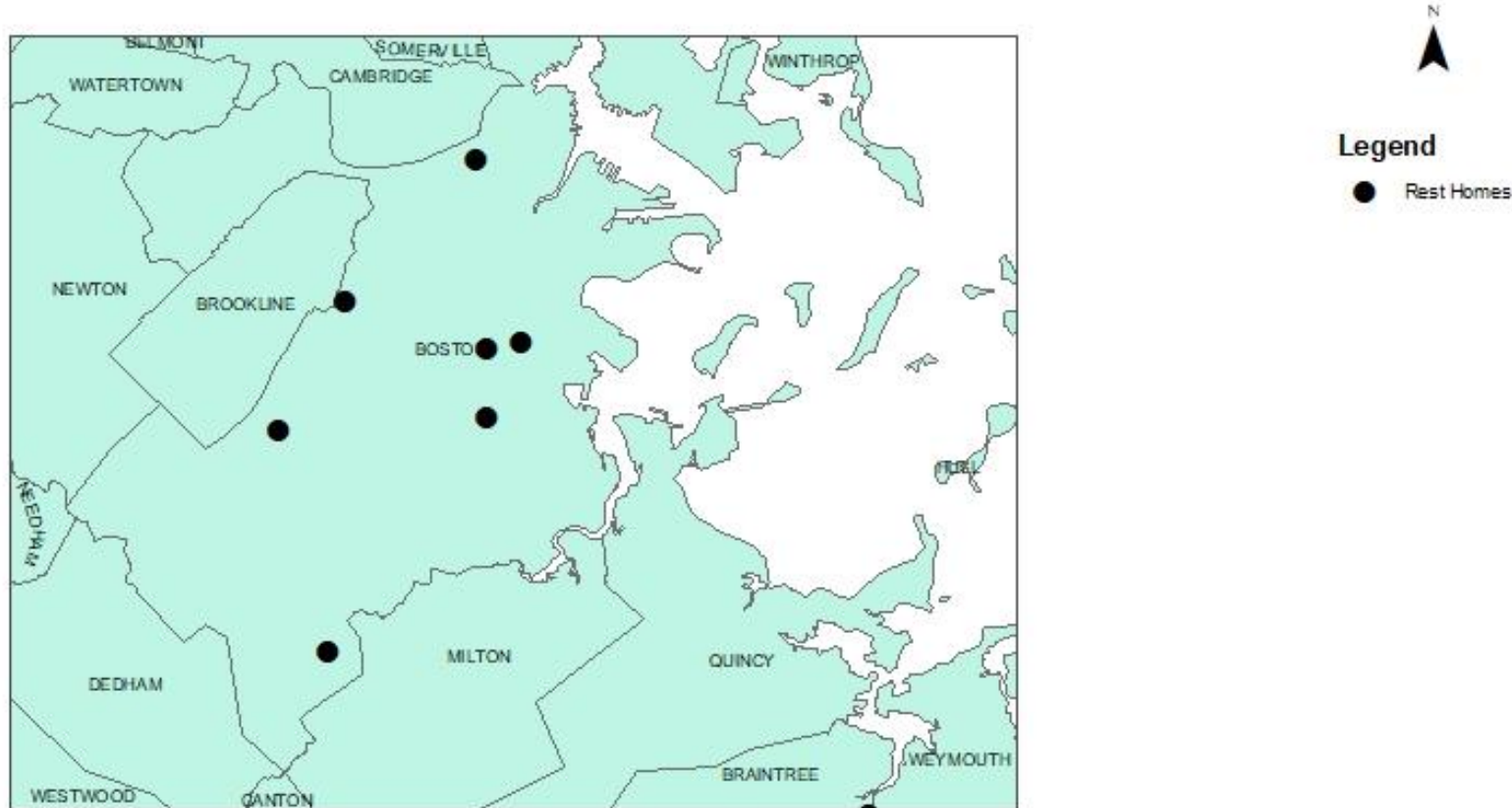
Metro West Region Rest Homes as of December, 2024



Created by: Bureau of Health Care Safety & Quality
Updated on: Dec, 2024
FOR DPH USE ONLY
Data Sources:
1. Facility Master File - extract 11/16/2024
2. MassGIS - Shapefiles downloaded 06/04/2024

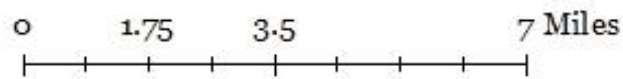


Boston Region Rest Homes as of December, 2024



Rest Home Name	City
ANN'S REST HOME	BOSTON
BURGOYNE REST HOME	DORCHESTER
MT PLEASANT HOME	BOSTON
HALE HOUSE	BOSTON
SOPHIA SNOW HOUSE	WEST ROXBURY
FAIRMOUNT REST HOME, INC.	BOSTON
CUSHING MANOR HOME, INC	BOSTON

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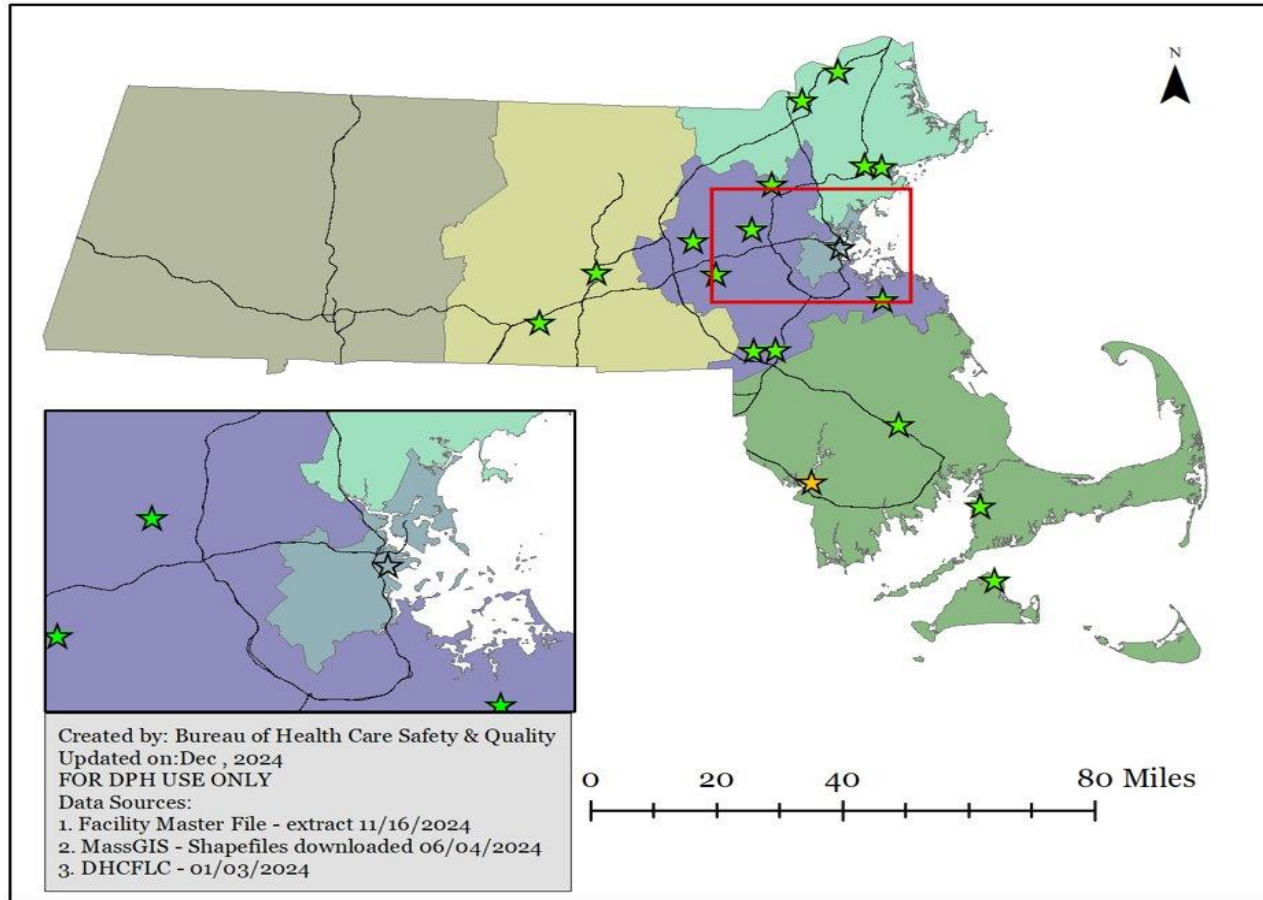


The Location of Existing Rest Homes and Bed Counts

EOHHS REGION	# Open RHs	Total Beds
Boston	7	248
Central	14	530
Metro West	7	278
Northeast	11	287
Southeast	11	320
Western	8	339
Total	58	2,002

The Location of Existing Level IV Beds within a Nursing Home

Nursing homes with Level 4 beds (2015- present)



Legend

NHs with Level4 beds

- ★ Closed (2018)(1 Facilities)
- ☆ Closed (2024)(1 Facilities)
- ★ Open(16 Facilities)

Major Highways

- Boston
- Central
- Metro West
- Northeast
- Southeast
- Western

NURSING HOME NAME	TOWN	REGION
OVERLOOK MASONIC HEALTH CENTER	CHARLTON	Central
LUTHERAN REHABILITATION AND SKILLED CARE CENTER	WORCESTER	Central
CARLETON-WILLARD VILLAGE RETIREMENT & NURSING CTR	BEDFORD	Metro West
ALLIANCE HEALTH AT DOOLITTLE	FOXBOROUGH	Metro West
BETHANY SKILLED NURSING FACILITY	FRAMINGHAM	Metro West
LINDEN PONDS	HINGHAM	Metro West
ALLIANCE HEALTH AT MARIE ESTHER	MARLBOROUGH	Metro West
CAMPION HEALTH & WELLNESS, INC	WESTON	Metro West
POND HOME	WRENTHAM	Metro West
NEW ENGLAND HOMES FOR THE DEAF, INC	DANVERS	Northeast
LAKEVIEW HOUSE SKLD NRSNG AND RESIDENTIAL CARE FAC	HAVERHILL	Northeast
THE BERKELEY RETIREMENT HOME	LAWRENCE	Northeast
CONTINUING CARE AT BROOKSBY VILLAGE	PEABODY	Northeast
ROYAL MEGANSETT NURSING & REHABILITATION	FALMOUTH	Southeast
HANNAH B G SHAW HOME	MIDDLEBOROUGH	Southeast
WINDEMERE NURSING & REHABILITATION CENTER	OAK BLUFFS	Southeast

The Location of Existing Level IV beds within a Nursing Home

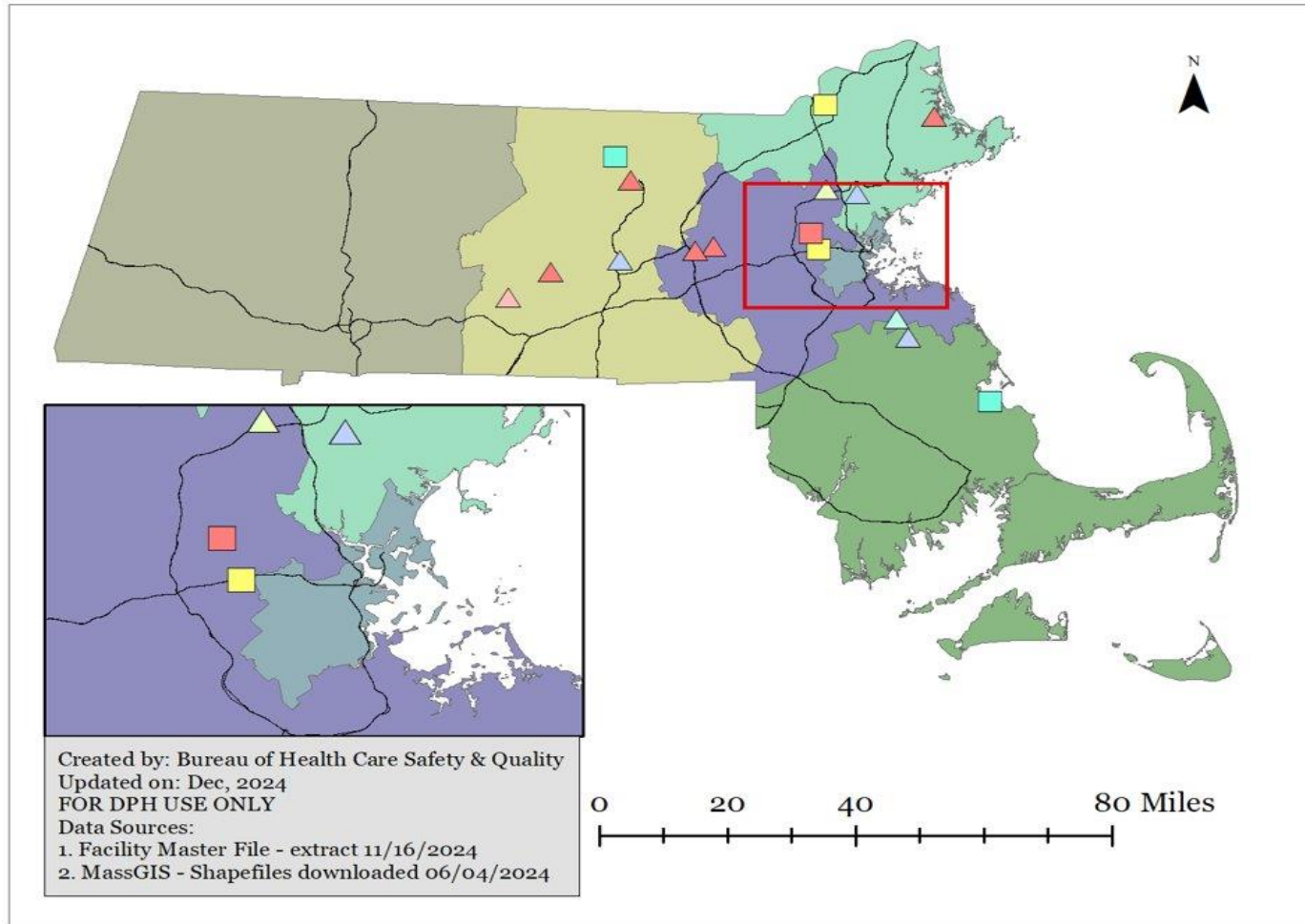
EOHHS REGION	# NHs with L4 Beds	Total beds
Western	0	0
Central	2	85
Southeast	3	72
Northeast	4	185
Metro West	7	282
Boston	0	0
Total	16	624

Closures of Level IV beds within Nursing Homes 2015-2024

EOHHS Region	NH w/ L4 beds Closures	Total beds
Boston	1	23
Southeast	1	35
Total	2	58

A Review of Rest Home Closures Since 2015

Rest Homes Closure status as of December , 2024



Legend

Closure Year

- 2015 (1)
- 2016 (5)
- 2017 (1)
- 2018 (1)
- 2019 (3)
- 2020 (1)
- 2021 (2)
- 2022 (2)

Major Highways

- Boston
- Central
- Metro West
- Northeast
- Southeast
- Western

EOHHS Region	Rest Home Name	City	Closure
Central	WESTBROOK HEIGHTS REST HOME	WEST BROOKFIELD	2015
Central	PRESENTATION HEALTH CARE CENTER INC	LEOMINSTER	2016
Central	ST JOSEPHS ABBEY RESIDENT CARE FACI	SPENCER	2016
Central	BURNCOAT PLAINS REST HOME	WORCESTER	2019
Central	CALDWELL HOME - EXTENDED CARE	FITCHBURG	2022
Metro West	GOOD SHEPHERD CENTER	MARLBOROUGH	2016
Metro West	ST CHRETIENNE RETIREMENT RESIDENCE	MARLBOROUGH	2016
Metro West	TIDD HOME	WOBURN	2017
Metro West	WHITTAKER REST HOME	SOUTH WEYMOUTH	2018
Metro West	THE LELAND HOME	WALTHAM	2020
Metro West	MT IDA REST HOME, INC.	NEWTON	2021
Northeast	ST JULIE BILLIART RESID CARE CTR	IPSWICH	2016
Northeast	OOSTERMAN'S REST HOME, INC.	WAKEFIELD	2019
Northeast	HALCYON HOUSE	METHUEN	2021
Southeast	TIFFANY II REST & RETIREMENT HOME	ROCKLAND	2019
Southeast	THE CHILTON HOUSE REST HOME	PLYMOUTH	2022

A Review of Rest Home Closures Since 2015

A total of 16 RHs have closed (402 beds)
11 closed between 2015-2019 and
5 closed between 2020-2022
No closures observed in 2023 & 2024

EOHHS	# of RH Closures	Total Beds
Central	5	112
Metro West	6	145
Northeast	3	93
Southeast	2	52
TOTAL	16	402

Rest Homes Status as of December, 2024

