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Bureau of Health Care Safety & Quality

**Rest Home Task Force**

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## Rest Home Licensing, Reporting Structure, and Existing Data

Section 27 of Chapter 197 of the Acts of 2024 requires the Rest Home Task Force to examine the following:

* the licensing, regulatory and reporting structure for rest homes;
* an inventory of licensed rest homes and licensed rest home beds;
* the location and service areas of existing rest homes;
* a review of rest home closures since 2015

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## Facilities applicable to the Rest Home Task Force

**Rest Home**

* A facility that provides Level IV care in a supervised supportive and protective living environment and support services incident to old age for residents having difficulty in caring for themselves and who are ambulatory and do not require Level II or III nursing care or other medically related services on a routine basis.

**Resident Care Facilities**

* A unit within a Long-Term Care Facility that provides Level IV care in a supervised supportive and protective living environment and support services incident to old age for residents having difficulty in caring for themselves and who are ambulatory and do not require Level II or III nursing care or other medically related services on a routine basis.

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## The licensing structure for the operation of Level IV (Rest Home) Long Term Care Facilities

* Licensing of Level IV (Rest Homes) Long Term Care Facilities
  + Initial licensure and any renovations afterwards requires [Plan Review for Health Care Facilities | Mass.gov](https://www.mass.gov/guides/plan-review-for-health-care-facilities?_gl=1*984fr1*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE1MjMxOC44NS4wLjE3MzMxNTIzMTguMC4wLjA.).
    - Plan Review includes the architectural review of the physical plant to determine compliance with F.G.I. Guidelines.
  + Initial licensure/Change of Ownership (CHOW) requires [Health care facility initial licensure and change of ownership | Mass.gov](https://www.mass.gov/how-to/health-care-facility-initial-licensure-and-change-of-ownership) as a long-term care facility for the provision of Level IV services.
    - This includes an initial licensure application, suitability (the review of information to determine acceptable or right for ownership), and CORI checks, along with other application documentation such as local municipality approval, and a fee.
    - For a brand-new rest home, Determination of Need approval may also be required, which supports the development of innovative health delivery methods and population health strategies within the health care delivery system; and to ensure that resources will be made reasonably and equitably
  + Licensure renewal is required every two years. A renewal application will be mailed to the facility approximately 90 days prior to expiration, along with a letter detailing the required documentation for submitting the application.

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## **The regulatory requirements for the operation of Level IV (Rest Home) Long Term Care Facilities**

Regulatory requirements for the operation of Level IV Long Term Care Facilities

[105 CMR 150.00: Standards for long-term care facilities | Mass.gov](https://www.mass.gov/regulations/105-CMR-15000-standards-for-long-term-care-facilities?_gl=1*13w1gi9*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE1MjMxOC44NS4xLjE3MzMxNTI5NjkuMC4wLjA.)

[105 CMR 153.00: Licensure procedure and suitability requirements for long-term care facilities | Mass.gov](https://www.mass.gov/regulations/105-CMR-15300-licensure-procedure-and-suitability-requirements-for-long-term-care-facilities?_gl=1*9fo3dm*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE1MjMxOC44NS4xLjE3MzMxNTMwMTkuMC4wLjA.)

[105 CMR 155.00: Patient and resident abuse prevention, reporting, investigation, penalties and registry | Mass.gov](https://www.mass.gov/regulations/105-CMR-15500-patient-and-resident-abuse-prevention-reporting-investigation-penalties-and-registry?_gl=1*1tpqced*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE1MjMxOC44NS4xLjE3MzMxNTMwMzguMC4wLjA.)

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## **The reporting structures for the operations of Level IV (Rest Home) Long Term Care Facilities**

* The Health Care Facility Reporting System (HCFRS) is a web-based system that health care facilities must use to report incidents and allegations of abuse, neglect, and misappropriation. [How to set up initial access to the HCFRS | Mass.gov](https://www.mass.gov/guides/how-to-set-up-initial-access-to-the-hcfrs)
* Complaint Unit: [File a complaint regarding a nursing home or other health care facility | Mass.gov](https://www.mass.gov/how-to/file-a-complaint-regarding-a-nursing-home-or-other-health-care-facility?_gl=1*lke0u4*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE1ODMxNC44Ni4xLjE3MzMxNTgzMzEuMC4wLjA.)
  + Complaints can be submitted by printing and completing the [**Consumer/Resident/Patient Complaint Form**](https://www.mass.gov/doc/consumerresidentpatient-complaint-form-0/download)and faxing the completed form to (617) 753-8165 or mailing it to 67 Forest Street, Marlborough, MA 01752
* Massachusetts rest homes must annually report aggregate HCP COVID-19 and influenza data through Virtual Gateway’s Health Care Facility Reporting System (HCFRS).   [Health Care Personnel COVID & Influenza Vaccination References and Resources | Mass.gov](https://www.mass.gov/info-details/health-care-personnel-covid-influenza-vaccination-references-and-resources?_gl=1*14dgel5*_ga*MTc0NDExMDI2Ny4xNzI3NjI2NDY4*_ga_MCLPEGW7WM*MTczMzE2NzQ2Ni44Ny4xLjE3MzMxNjc3NTEuMC4wLjA.)

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## Inventory of Licensed Rest Homes and Licensed Rest Home Beds

* Number of RHs and total bed counts by year​
  + There are currently 58 DPH-licensed RHs , 16 (22%) have closed since 2015 (16 out of 74) ​
  + Currently we have a total of 2,002 beds in DPH-licensed RHs, reduced from 2,404 beds since 2015, 17% reduction​

|  |  |  |  |
| --- | --- | --- | --- |
| Year​ | # RHs ​ | Total beds​ | #closures​ |
| 2015​ | 74​ | 2,404 ​ | 1​ |
| 2016​ | 73​ | 2,378 ​ | 5​ |
| 2017​ | 68​ | 2,266 ​ | 1​ |
| 2018​ | 67​ | 2,250 ​ | 1​ |
| 2019​ | 66​ | 2,214 ​ | 3​ |
| 2020​ | 63​ | 2,144 ​ | 1​ |
| 2021​ | 62​ | 2,104 ​ | 2​ |
| 2022​ | 60​ | 2,066 ​ | 2​ |
| 2023​ | 58​ | 2,022 ​ | 0​ |
| 2024​ | 58​ | 2,002 ​ | 0​ |

[Chart with Number of Rest Homes and Total Bed Counts]

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## **Service Area Definition, as Operationalized for this Analysis**

Typically, the term "service area," when used in the context of the health care system, is defined by the home address of a patient panel for a given health care facility or service or based on the hospital location where a patient is treated.

By definition, a rest home is the home address for its residents, therefore, this definition cannot be applied to a panel of patients or residents occupying a rest home.  DPH does not have or collect home addresses for residents prior to their admission to a rest home.

Moreover, selection of a rest home location may be influenced by the home address of family members rather than the prior address of the resident.

Therefore, for the purposes of this analysis we have applied the EOHHS regional definitions (N = 6) as a proxy for Rest Home Service Area.

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## Location of Existing Rest Homes

[Map of Open Rest Homes in Massachusetts as of December, 2024)

58 currently DPH-licensed RHs

Boston = 7

Central = 14

Metro West = 7

Northeast = 11

Southeast = 11

Western = 8

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[Map of Western Region Massachusetts Rest Homes as of December, 2024)

|  |  |
| --- | --- |
| Rest Home Name | City |
| BEAVEN KELLY HOME | HOLYOKE |
| LATHROP HOME | NORTHAMPTON |
| ELLEN RICE REST HOME, INC. | SPRINGFIELD |
| ST LUKE'S HOME | SPRINGFIELD |
| ROCKRIDGE AT LAUREL PARK | NORTHAMPTON |
| LABELLES REST HOME | SHELBURNE |
| RIVER VALLEY REST HOME | FLORENCE |
| APPLEWOOD HOME FOR ELDERS | ATHOL |

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[Map of Central Regional Massachusetts Rest Homes Status as of December, 2024]

|  |  |
| --- | --- |
| **Rest Home Name** | **City** |
| CHARLTON MANOR REST HOME | CHARLTON |
| VILLAGE REST HOME | LEOMINSTER |
| BROOKHAVEN ASSISTED CARE | WEST BROOKFIELD |
| PLEASANT ACRES ASSISTED CARE, LLC | WORCESTER |
| DALTON REST HOME | WORCESTER |
| HOMESTEAD HALL | WORCESTER |
| DODGE PARK REST HOME | WORCESTER |
| WINTER HILL REST HOME | WORCESTER |
| DONNA KAY REST HOME | WORCESTER |
| PENNY LANE ASSISTED CARE | FITCHBURG |
| LINCOLN HILL MANOR | SPENCER |
| CRESCENT MANOR ASSISTED CARE, LLC. | GRAFTON |
| THE OASIS AT DODGE PARK | WORCESTER |
| The WILLOWS AT WORCESTER | WORCESTER |

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[Map of Southeast Region Massachusetts Rest Homes as of December, 2024]

|  |  |
| --- | --- |
| **Rest Home Name** | **City** |
| PLEASANT STREET ASSISTED CARE | ATTLEBORO |
| VILLAGE REST HOME II OF BROCKTON | BROCKTON |
| WESTVIEW REST HOME | EAST BRIDGEWATER |
| ROSEWOOD MANOR REST HOME | HARWICH |
| HAVENWOOD ASSISTED CARE LLC | NEW BEDFORD |
| DAGGETT-CRANDALL-NEWCOMB HOME | NORTON |
| VILLAGE REST HOME | EASTON |
| DARTMOUTH MANOR REST HOME | NORTH DARTMOUTH |
| SERENITY REST HOME LLC | MIDDLEBORO |
| CAPE WINDS REST HOME OF SANDWICH | SANDWICH |
| CAPE WINDS REST HOME OF HYANNIS | HYANNIS |

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[Map of Northeast Region Massachusetts Rest Homes Status as of December, 2024]

|  |  |
| --- | --- |
| **Rest Home Name** | **City** |
| PLEASANT STREET ASSISTED CARE | ATTLEBORO |
| VILLAGE REST HOME II OF BROCKTON | BROCKTON |
| WESTVIEW REST HOME | EAST BRIDGEWATER |
| ROSEWOOD MANOR REST HOME | HARWICH |
| HAVENWOOD ASSISTED CARE LLC | NEW BEDFORD |
| DAGGETT-CRANDALL-NEWCOMB HOME | NORTON |
| VILLAGE REST HOME | EASTON |
| DARTMOUTH MANOR REST HOME | NORTH DARTMOUTH |
| SERENITY REST HOME LLC | MIDDLEBORO |
| CAPE WINDS REST HOME OF SANDWICH | SANDWICH |
| CAPE WINDS REST HOME OF HYANNIS | HYANNIS |

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[Map of Metro West Region Massachusetts Rest Homes as of December, 2024]

|  |  |
| --- | --- |
| **Rest Home Name** | **City** |
| MILL POND ASSISTED CARE LLC | ASHLAND |
| WILLOWBROOK MANOR REST HOME | MILLIS |
| PETTEE HOUSE | NEWTON UPPER FALLS |
| SETH MANN 2ND HME FOR AGED/INFI WOM | RANDOLPH |
| ELIZABETH CATHERINE REST HOME LLC | WEYMOUTH |
| vna senior living - Highland Avenue Campus | SOMERVILLE |
| MARILLAC RESIDENCE | WELLESLEY HILLS |

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[Map of Boston Region Rest Homes as of December, 2024]

|  |  |
| --- | --- |
| **Rest Home Name** | **City** |
| ANN'S REST HOME | BOSTON |
| BURGOYNE REST HOME | DORCHESTER |
| MT PLEASANT HOME | BOSTON |
| HALE HOUSE | BOSTON |
| SOPHIA SNOW HOUSE | WEST ROXBURY |
| FAIRMOUNT REST HOME, INC. | BOSTON |
| CUSHING MANOR HOME, INC | BOSTON |

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## The Location of Existing Rest Homes and Bed Counts

|  |  |  |
| --- | --- | --- |
| **EOHHS ​REGION** | **# Open RHs**​ | **Total Beds**​ |
| Boston ​ | 7​ | 248​ |
| Central ​ | 14​ | 530​ |
| Metro West ​ | 7​ | 278​ |
| Northeast ​ | 11​ | 287​ |
| Southeast ​ | 11​ | 320​ |
| Western ​ | 8​ | 339​ |
| **Total​** | **58​** | **2,002** ​ |

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The Location of Existing Level IV Beds   
within a Nursing Home

[Map of Nursing homes with Level 4 beds (2015 - present)]

|  |  |  |
| --- | --- | --- |
| NURSING HOME NAME | TOWN | REGION |
| OVERLOOK MASONIC HEALTH CENTER | CHARLTON | Central |
| LUTHERAN REHABILITATION AND SKILLED CARE CENTER | WORCESTER | Central |
| CARLETON-WILLARD VILLAGE RETIREMENT & NURSING CTR | BEDFORD | Metro West |
| ALLIANCE HEALTH AT DOOLITTLE | FOXBOROUGH | Metro West |
| BETHANY SKILLED NURSING FACILITY | FRAMINGHAM | Metro West |
| LINDEN PONDS | HINGHAM | Metro West |
| ALLIANCE HEALTH AT MARIE ESTHER | MARLBOROUGH | Metro West |
| CAMPION HEALTH & WELLNESS, INC | WESTON | Metro West |
| POND HOME | WRENTHAM | Metro West |
| NEW ENGLAND HOMES FOR THE DEAF, INC | DANVERS | Northeast |
| LAKEVIEW HOUSE SKLD NRSG AND RESIDENTIAL CARE FAC | HAVERHILL | Northeast |
| THE BERKELEY RETIREMENT HOME | LAWRENCE | Northeast |
| CONTINUING CARE AT BROOKSBY VILLAGE | PEABODY | Northeast |
| ROYAL MEGANSETT NURSING & REHABILITATION | FALMOUTH | Southeast |
| HANNAH B G SHAW HOME | MIDDLEBOROUGH | Southeast |
| WINDEMERE NURSING & REHABILITATION CENTER | OAK BLUFFS | Southeast |

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## The Location of Existing Level IV beds within a Nursing Home

|  |  |  |
| --- | --- | --- |
| **EOHHS REGION** | **# NHs with L4 Beds**​ | **Total beds**​ |
| Western | 0 | 0 |
| Central ​ | 2​ | 85​ |
| Southeast | 3 | 72 |
| Northeast ​ | 4​ | 185​ |
| Metro West ​ | 7​ | 282​ |
| Boston | 0 | 0 |
| **Total​** | **16​** | **624​** |

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Closures of Level IV beds within Nursing Homes 2015-2024

|  |  |  |
| --- | --- | --- |
| **EOHHS Region** | **NH w/ L4 beds Closures**​ | **Total beds**​ |
| Boston ​ | 1​ | 23​ |
| Southeast ​ | 1​ | 35​ |
| Total | 2 | 58 |

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**A Review of Rest Home Closures Since 2015**

**[Map of Rest Homes Closure status as of December, 2024]**

|  |  |  |  |
| --- | --- | --- | --- |
| EOHHS Region | Rest Home Name | City | Closure |
| Central | WESTBROOK HEIGHTS REST HOME | WEST BROOKFIELD | 2015 |
| Central | PRESENTATION HEALTH CARE CENTER INC | LEOMINSTER | 2016 |
| Central | ST JOSEPHS ABBEY RESIDENT CARE FACI | SPENCER | 2016 |
| Central | BURNCOAT PLAINS REST HOME | WORCESTER | 2019 |
| Central | CALDWELL HOME - EXTENDED CARE | FITCHBURG | 2022 |
| Metro West | GOOD SHEPHERD CENTER | MARLBOROUGH | 2016 |
| Metro West | ST CHRETIENNE RETIREMENT RESIDENCE | MARLBOROUGH | 2016 |
| Metro West | TIDD HOME | WOBURN | 2017 |
| Metro West | WHITTAKER REST HOME | SOUTH WEYMOUTH | 2018 |
| Metro West | THE LELAND HOME | WALTHAM | 2020 |
| Metro West | MT IDA REST HOME, INC. | NEWTON | 2021 |
| Northeast | ST JULIE BILLIART RESID CARE CTR | IPSWICH | 2016 |
| Northeast | OOSTERMAN'S REST HOME, INC. | WAKEFIELD | 2019 |
| Northeast | HALCYON HOUSE | METHUEN | 2021 |
| Southeast | TIFFANY II REST & RETIREMENT HOME | ROCKLAND | 2019 |
| Southeast | THE CHILTON HOUSE REST HOME | PLYMOUTH | 2022 |

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## A Review of Rest Home Closures Since 2015

A total of 16 RHs have closed (402 beds)

11 closed between 2015-2019 and ​

5 closed between 2020-2022 ​

No closures observed in 2023 & 2024​

|  |  |  |
| --- | --- | --- |
| **EOHHS** ​ | **# of RH Closures**​ | **Total Beds**​ |
| Central ​ | 5​ | 112​ |
| Metro West ​ | 6​ | 145​ |
| Northeast ​ | 3​ | 93​ |
| Southeast ​ | 2​ | 52​ |
| **TOTAL​** | **16​** | **402​** |

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Rest Homes Status as of December, 2024

[Map of Massachusetts Rest Homes Status as of December, 2024]