

MASSACHUSETTS DEPARTMENT OF CORRECTION

# BIANNUAL REPORT ON RESTRICTIVE HOUSING

*1st Biannual 2019*



**Carol A. Mici, Commissioner**

**Use of Restrictive Housing Report January 1, 2019 to June 30, 2019 to the Joint Committee  
on the Judiciary, Public Safety, Homeland Security and the House and Senate Committees on  
Ways and Means**

**Report Date:  
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## Methodology

Restrictive Housing (RH) in the MADOC is a status in which an inmate can move between units in the facility, or move to units within other MADOC institutions and remain on the same RH status. An RH status ends when the inmate is released to general population or to a specialty unit that no longer confines one to a cell for more than 22 hours per day. An inmate may have one or more than one RH statuses during a reporting time frame.

The data used for this report comes from the MADOC's Inmate Management System (IMS), and the MADOC Health Services Division (ERMA).

The data represents 2,154 RH statuses based on 1,420 male inmates with one or more discharge date(s) from a RH placement within the reporting time frame from January 1, 2019 to June 30, 2019. The following data tables describe this cohort.

### Length of Stay in Restrictive Housing<sup>1</sup>

Average length of stay = 19 days

Median length of stay = 10 days

Table 1

Length of Stay	RHU Count	Percent
30 Days or Less	1,894	88%
31-60 Days	119	5.5%
60+ Days	141	6.5%
<b>Total</b>	<b>2,154</b>	<b>100%</b>

### Length of Stay in Restrictive Housing of Inmates with Open Mental Health<sup>2</sup>

Average length of stay = 20 days

Median length of stay = 9 days

Table 2

Length of Stay	RHU Count	Percent
30 Days or Less	938	88%
31-60 Days	48	5%
60+ Days	75	7%
<b>Total</b>	<b>1,061</b>	<b>100%</b>

<sup>1</sup> Data is based on 1,420 inmates with one or more discharge date(s) within the reporting time frame. Inmates who remained active during the reporting time frame and inmates who have a discharge date after the reporting time frame were excluded from this report as these inmates will be reported on in subsequent reports. The length of stay is tracked in days; Inmates with less than a full day length of stay were counted as one day.

<sup>2</sup> Data is based on inmates with Open Mental Health (OMH) released from RH within the reporting time frame. An OMH inmate is diagnosed with a mental illness or determined to be in need of mental health intervention on an ongoing basis. See Appendix II for a full definition. There were 641 OMH inmates who were discharged from RH during the reporting time frame based on their most recent mental health screening. This field signifies whether or not the inmate was on the institution's OMH caseload prior to entering this status or at any time during their status. Any inmate carrying the Gender Dysphoria (GD) diagnosis will remain an OMH case. Inmates with Serious Mental Illness are included in the count for OMH for the purposes of this report. See Appendix II for a full definition of Serious Mental Illness.

## Length of Stay in Restrictive Housing of Inmates 21 Years of Age or Younger<sup>3</sup>

Average length of stay = 20 days

Median length of stay = 11 days

Table 3

Length of Stay	RHU Count	Percent
30 Days or Less	53	88%
31-60 Days	3	5%
60+ Days	4	7%
<b>Total</b>	<b>60</b>	<b>100%</b>

## Criminally Sentenced Releases to the Community within 30 Days of Restrictive Housing Discharge Date<sup>4</sup>

Table 4

Release Breakdown	Count
Released to Community within 30 Days	63

## One Year Recidivism Rate of Inmates who were placed in Restrictive Housing<sup>5</sup>

A recidivist is defined as any criminally sentenced inmate released to the community, via expiration of sentence or parole, from the MA DOC during 2017 who was re-incarcerated for a new sentence or violation of parole or probation to a Massachusetts state, county, or federal facility within one year of release.

### 2017 Male Releases to the Community

One year recidivism rates for inmates who were placed in RH from CY15 to CY17.

Table 5

Restrictive Housing Status	Count	Recidivist	Percent
Inmates with RH Status	722	116	16%
Inmates without RH Status	811	87	11%
<b>Total</b>	<b>1,533</b>	<b>203</b>	<b>13%</b>

<sup>3</sup> Data is based on inmates aged 21 years or younger on their date of discharge from RH within the reporting time frame. There were 43 inmates who were 21 years of age or younger when discharged from RH during the reporting time frame.

<sup>4</sup> Data is based on criminally sentenced inmates who were discharged from RH and released to the community within 30 days of their RH discharge date. See Appendix II for a full definition.

<sup>5</sup> Data is based on criminally sentenced inmates who were placed in RH between CY15 and CY17 and then released to the community in 2017. Due to a change in the recidivism collection methodology, the release cohort does not include inmates paroled to the Transitional Treatment Program at Boston Pre-Release Center.

## Restrictive Housing Admissions

Data is based on inmates who had one or more admission date(s) within the reporting time frame regardless of their release date. The admission counts are based on 1,395 inmates. These counts include inmates with a single admission as well as inmates with multiple admissions, who were admitted and discharged during the reporting time frame and then re-admitted during the reporting period.

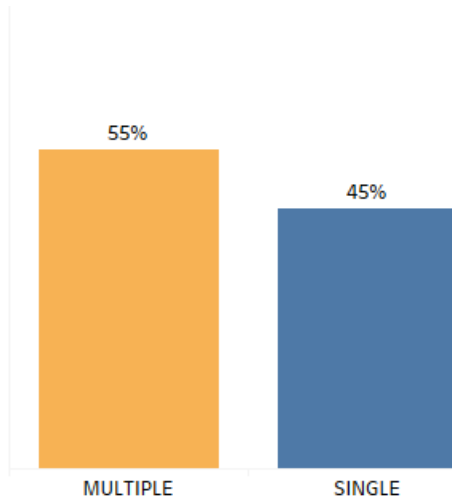


Table 6

Single Versus Multiple Admissions		
Admission Types	RHU Count	Percent
Multiple Admissions	1,176	55%
Single Admissions	944	45%
Total Admissions	2,120	100%

## Appendix I: Open Mental Health Delineated by Diagnosis<sup>6</sup>

Diagnosis Code	Diagnosis	Count of Diagnoses
F43.22	Adjustment disorder with anxiety (Chronic)	4
F43.21	Adjustment disorder with depressed mood (Chronic)	4
F43.24	Adjustment disorder with disturbance of conduct (Chronic)	2
F43.23	Adjustment disorder with mixed anxiety and depressed mood (Chronic)	5
F43.20.1	Adjustment disorder, Unspecified (Acute)	3
F43.20	Adjustment disorder, unspecified (Chronic)	3
F43.22.1	Adjustment disorder, With anxiety (Acute)	18
F43.21.1	Adjustment disorder, With depressed mood (Acute)	14
F43.23.1	Adjustment disorder, With mixed anxiety and depressed mood (Acute)	27
F43.25.1	Adjustment disorder, With mixed disturbance of emotions and conduct (Acute)	1
F40.00.1	Agoraphobia (Acute)	7
F10.10	Alcohol abuse, uncomplicated (Chronic)	17
F10.21	Alcohol dependence, in remission (Chronic)	6
F10.20	Alcohol dependence, uncomplicated (Chronic)	6
F10.10.1	Alcohol use disorder, Mild (Acute)	48
F10.20.1	Alcohol use disorder, Moderate (Acute)	144
F10.20.2	Alcohol use disorder, Severe (Acute)	184
F15.222.1	Amphetamine or other stimulant intoxication, With perceptual disturbances, With moderate or severe u (Acute)	1
F15.10.1	Amphetamine-type substance use disorder, Mild (Acute)	7
F15.20.1	Amphetamine-type substance use disorder, Moderate (Acute)	7
F15.20.2	Amphetamine-type substance use disorder, Severe (Acute)	4
F60.2.1	Antisocial personality disorder (Acute)	243
F60.2	Antisocial personality disorder (Chronic)	39
F41.9	Anxiety disorder, unspecified (Chronic)	3
F90.2	Attention-deficit hyperactivity disorder, combined type (Chronic)	1
F90.9	Attention-deficit hyperactivity disorder, unspecified type (Chronic)	4
F90.2.1	Attention-deficit/hyperactivity disorder, Combined presentation (Acute)	7
F90.1.1	Attention-deficit/hyperactivity disorder, Predominantly hyperactive/impulsive presentation (Acute)	11
F90.1	Attn-defct hyperactivity disorder, predom hyperactive type (Chronic)	1
F84.0.1	Autism spectrum disorder (Acute)	7
F60.6.1	Avoidant personality disorder (Acute)	1
F31.13	Bipolar disord, crnt epsd manic w/o psych features, severe (Chronic)	1
F31.31.1	Bipolar I disorder, Current or most recent episode depressed, Mild (Acute)	1
F31.0.1	Bipolar I disorder, Current or most recent episode hypomanic (Acute)	4
F31.73.1	Bipolar I disorder, Current or most recent episode hypomanic, In partial remission	1

<sup>6</sup> Inmate commitment numbers were utilized to calculate the diagnoses counts and a commitment number may be counted in one or more diagnoses.

	(Acute)	
F31.12.1	Bipolar I disorder, Current or most recent episode manic, Moderate (Acute)	6
F31.2.1	Bipolar I disorder, Current or most recent episode manic, With psychotic features (Acute)	1
F31.81.1	Bipolar II disorder (Acute)	2
F60.3.1	Borderline personality disorder (Acute)	53
F60.3	Borderline personality disorder (Chronic)	26
F12.10	Cannabis abuse, uncomplicated (Chronic)	20
F12.21	Cannabis dependence, in remission (Chronic)	7
F12.20	Cannabis dependence, uncomplicated (Chronic)	12
F12.10.1	Cannabis use disorder, Mild (Acute)	42
F12.20.1	Cannabis use disorder, Moderate (Acute)	160
F12.20.2	Cannabis use disorder, Severe (Acute)	158
F12.90	Cannabis use, unspecified, uncomplicated (Acute)	1
F12.259.1	Cannabis-induced psychotic disorder, With moderate or severe use disorder (Acute)	1
F14.10	Cocaine abuse, uncomplicated (Chronic)	12
F14.21	Cocaine dependence, in remission (Chronic)	3
F14.20	Cocaine dependence, uncomplicated (Chronic)	9
F14.10.1	Cocaine use disorder, Mild (Acute)	14
F14.20.1	Cocaine use disorder, Moderate (Acute)	115
F14.20.2	Cocaine use disorder, Severe (Acute)	141
F14.24.1	Cocaine-induced bipolar and related disorder, With moderate or severe use disorder (Acute)	4
F44.5	Conversion disorder with seizures or convulsions (Chronic)	3
F22.1	Delusional disorder (Acute)	4
F22	Delusional disorders (Chronic)	2
F06.31.1	Depressive disorder due to another medical condition, With depressive features (Acute)	2
F34.8.1	Disruptive mood dysregulation disorder (Acute)	1
F34.1	Dysthymic disorder (Chronic)	1
F65.2.1	Exhibitionistic disorder (Acute)	10
F65.81.1	Frotteuristic disorder (Acute)	5
F64.1.1	Gender dysphoria in adolescents and adults (Acute)	5
F41.1.1	Generalized anxiety disorder (Acute)	58
F41.1	Generalized anxiety disorder (Chronic)	13
F16.20	Hallucinogen dependence, uncomplicated (Chronic)	2
F16.983.1	Hallucinogen persisting perception disorder (Acute)	2
F45.21.1	Illness anxiety disorder (Acute)	1
F18.20.1	Inhalant use disorder, Moderate (Acute)	5
F18.20.2	Inhalant use disorder, Severe (Acute)	2
F70.1	Intellectual disability (intellectual developmental disorder), Mild (Acute)	9
F63.81.1	Intermittent explosive disorder (Acute)	15
F63.81	Intermittent explosive disorder (Chronic)	1
F33.42.1	Major depressive disorder, Recurrent episode, In full remission (Acute)	2
F33.41.1	Major depressive disorder, Recurrent episode, In partial remission (Acute)	1

F33.0.1	Major depressive disorder, Recurrent episode, Mild (Acute)	4
F33.1.1	Major depressive disorder, Recurrent episode, Moderate (Acute)	12
F33.2.1	Major depressive disorder, Recurrent episode, Severe (Acute)	3
F33.9.1	Major depressive disorder, Recurrent episode, Unspecified (Acute)	2
F33.3.1	Major depressive disorder, Recurrent episode, With psychotic features (Acute)	5
F33.42	Major depressive disorder, recurrent, in full remission (Chronic)	1
F33.1	Major depressive disorder, recurrent, moderate (Chronic)	2
F33.9	Major depressive disorder, recurrent, unspecified (Chronic)	3
F32.5.1	Major depressive disorder, Single episode, In full remission (Acute)	1
F32.4.1	Major depressive disorder, Single episode, In partial remission (Acute)	1
F32.1.1	Major depressive disorder, Single episode, Moderate (Acute)	5
F02.81.3	Major neurocognitive disorder due to another medical condition, With behavioral disturbance (Acute)	2
F02.80.3	Major neurocognitive disorder due to another medical condition, Without behavioral disturbance (Acute)	1
F02.81.6	Major neurocognitive disorder due to multiple etiologies, With behavioral disturbance (Acute)	3
F02.81.9	Major neurocognitive disorder due to traumatic brain injury, With behavioral disturbance (Acute)	5
F02.80.9	Major neurocognitive disorder due to traumatic brain injury, Without behavioral disturbance (Acute)	7
F01.50.1	Major vascular neurocognitive disorder, Probable, Without behavioral disturbance (Acute)	1
F60.81.1	Narcissistic personality disorder (Acute)	2
F60.81	Narcissistic personality disorder (Chronic)	1
F17.210	Nicotine dependence, cigarettes, uncomplicated (Chronic)	4
F17.200	Nicotine dependence, unspecified, uncomplicated (Chronic)	1
F42.2	Obsessive-compulsive disorder (Acute)	5
F11.10	Opioid abuse, uncomplicated (Chronic)	16
F11.20	Opioid dependence, uncomplicated (Chronic)	10
F11.10.1	Opioid use disorder, Mild (Acute)	27
F11.20.1	Opioid use disorder, Moderate (Acute)	166
F11.20.2	Opioid use disorder, Severe (Acute)	196
F11.93	Opioid use, unspecified with withdrawal (Acute)	6
F11.90	Opioid use, unspecified, uncomplicated (Acute)	2
F19.20.1	Other (or unknown) substance use disorder, Moderate (Acute)	4
F19.280.1	Other (or unknown) substance-induced anxiety disorder, With moderate or severe use disorder (Acute)	1
F19.24.2	Other (or unknown) substance-induced depressive disorder, With moderate or severe use disorder (Acute)	1
F19.288.1	Other (or unknown) substance-induced mild neurocognitive disorder, With moderate or severe use disorder (Acute)	3
F19.259.1	Other (or unknown) substance-induced psychotic disorder, With moderate or severe use disorder (Acute)	5
F31.89	Other bipolar disorder (Chronic)	1
F32.8	Other depressive episodes (Chronic)	4
F16.10.1	Other hallucinogen use disorder, Mild (Acute)	6

F16.20.1	Other hallucinogen use disorder, Moderate (Acute)	25
F16.20.2	Other hallucinogen use disorder, Severe (Acute)	22
F16.159.1	Other hallucinogen-induced psychotic disorder, With mild use disorder (Acute)	2
F16.259.1	Other hallucinogen-induced psychotic disorder, With moderate or severe use disorder (Acute)	3
F15.10.2	Other or unspecified stimulant use disorder, Mild (Acute)	8
F15.20.3	Other or unspecified stimulant use disorder, Moderate (Acute)	3
F15.20.4	Other or unspecified stimulant use disorder, Severe (Acute)	16
F34.8	Other persistent mood [affective] disorders (Chronic)	2
F19.10	Other psychoactive substance abuse, uncomplicated (Chronic)	2
F43.8	Other reactions to severe stress (Chronic)	3
F33.8	Other recurrent depressive disorders (Chronic)	8
F60.89	Other specific personality disorders (Chronic)	1
F41.8.1	Other specified anxiety disorder (Acute)	166
F41.8	Other specified anxiety disorders (Chronic)	12
F90.8.1	Other specified attention-deficit/hyperactivity disorder (Acute)	1
F31.89.1	Other specified bipolar and related disorder (Acute)	17
F32.8.1	Other specified depressive disorder (Acute)	160
F91.8.1	Other specified disruptive, impulse-control, and conduct disorder (Acute)	17
F88.2	Other specified neurodevelopmental disorder (Acute)	1
F42.3	Other specified obsessive-compulsive and related disorder (Acute)	2
F60.89.1	Other specified personality disorder (Acute)	35
F28.1	Other specified schizophrenia spectrum and other psychotic disorder (Acute)	12
F95.8.1	Other specified tic disorder (Acute)	1
F43.8.1	Other specified trauma- and stressor-related disorder (Acute)	169
F15.10	Other stimulant abuse, uncomplicated (Chronic)	5
F41.0.1	Panic disorder (Acute)	26
F41.0	Panic disorder without agoraphobia (Chronic)	1
F20.0	Paranoid schizophrenia (Chronic)	1
F65.4.1	Pedophilic disorder (Acute)	14
F34.1.1	Persistent depressive disorder (dysthymia) (Acute)	62
F34.9	Persistent mood [affective] disorder, unspecified (Chronic)	6
F07.0.1	Personality change due to another medical condition (Acute)	7
F60.9	Personality disorder, unspecified (Chronic)	1
F16.20.3	Phencyclidine use disorder, Moderate (Acute)	3
F07.81	Postconcussional syndrome (Chronic)	5
F43.10.1	Posttraumatic stress disorder (Acute)	196
F43.11	Post-traumatic stress disorder, acute (Chronic)	1
F43.12	Post-traumatic stress disorder, chronic (Chronic)	8
F43.10	Post-traumatic stress disorder, unspecified (Chronic)	24
F63.1.1	Pyromania (Acute)	1
F25.0.1	Schizoaffective disorder, Bipolar type (Acute)	8
F25.0	Schizoaffective disorder, bipolar type (Chronic)	9
F25.1.1	Schizoaffective disorder, Depressive type (Acute)	6



F25.1	Schizoaffective disorder, depressive type (Chronic)	1
F20.9.1	Schizophrenia (Acute)	11
F21.1	Schizotypal personality disorder (Acute)	1
F13.129	Sedative, hypnotic or anxiolytic abuse w intoxication, unsp (Chronic)	2
F13.10.1	Sedative, hypnotic, or anxiolytic use disorder, Mild (Acute)	7
F13.20.1	Sedative, hypnotic, or anxiolytic use disorder, Moderate (Acute)	31
F13.20.2	Sedative, hypnotic, or anxiolytic use disorder, Severe (Acute)	23
F65.52.1	Sexual sadism disorder (Acute)	1
F40.10.1	Social anxiety disorder (social phobia) (Acute)	20
F40.298.1	Specific phobia, Other (Acute)	2
F17.200.1	Tobacco use disorder, Moderate (Acute)	1
F63.3	Trichotillomania (Chronic)	2
F41.9.1	Unspecified anxiety disorder (Acute)	14
F90.9.1	Unspecified attention-deficit/hyperactivity disorder (Acute)	2
F31.9.5	Unspecified bipolar and related disorder (Acute)	1
F32.9.2	Unspecified depressive disorder (Acute)	20
F91.9.2	Unspecified disruptive, impulse-control, and conduct disorder (Acute)	8
F79.1	Unspecified intellectual disability (intellectual developmental disorder) (Acute)	1
F89.1	Unspecified neurodevelopmental disorder (Acute)	3
F60.9.1	Unspecified personality disorder (Acute)	10
F29.1	Unspecified schizophrenia spectrum and other psychotic disorder (Acute)	1
F45.9.1	Unspecified somatic symptom and related disorder (Acute)	7
F43.9.1	Unspecified trauma- and stressor-related disorder (Acute)	29
F65.3.1	Voyeuristic disorder (Acute)	5
	<b>Total</b>	<b>3561</b>

## Appendix II. Definitions and Acronyms

Acronym	Term	Definition
ERMA	Electronic record management application	
IMS	Inmate Management System	(103 CMR 430.05) The Department's automated information system that provides processing, storage and retrieval of inmate-related information needed by Department personnel and other authorized users within the criminal justice system.
MCI	Massachusetts Correctional Institution	
OMH	Open Mental Health (OMH)	An inmate who is diagnosed with a mental illness or determined to be in need of mental health intervention on an ongoing basis. At any time during his or her incarceration, an inmate may become an open mental health case (OMH) based on a mental health crisis, including suicidal threats or self-injurious behavior and/or the display of signs and/or symptoms of mental illness or emotional distress. Based upon clinical indications and within the discretion of the Primary Care Clinician (PCC), in consultation with the site Psychiatrist (if on medication) and/or Site Mental Health Director, an inmate may also be removed from the active mental health caseload. However, any inmate carrying the Gender Dysphoria (GD) diagnosis will remain an open mental health case.
	Release to Community	The release of an inmate from the jurisdiction of the Massachusetts DOC by parole or by discharge to the community. Conditions warranting a release to the community generally include: court release (see Crime Lab), expiration of fine, payment of fine, parole and expiration of sentence.
RH	Restrictive Housing	(103 CMR 423.06) A placement that requires an inmate to be confined to a cell for at least 22 hours per day for the safe and secure operation of the facility. For purposes of this report, Restrictive Housing shall not include the following: any placement in a DDU as the result of a sanction imposed in accordance with 103 CMR 430.00; Inmate Discipline; any placement of an inmate on disciplinary detention as the result of a sanction imposed in accordance with 103 CMR 430.00; any placement ordered by a medical or mental health provider including, but not limited to, the placement of an inmate in a Health Services Unit; the placement of an inmate in a hospital; the placement of an inmate in a medical setting where treatment is being provided; or the placement of an inmate on a mental health watch.
RH Status	Restrictive Housing Status	An inmate is on Restrictive Housing Status while in restrictive housing and until the inmate is released to general population or to a specialty unit that no longer confines one to a cell for more than 22 hours per day.

		An inmate may move to different restrictive housing units within or between facilities during a single restrictive housing status.
<b>SMI</b>	<b>Serious Mental Illness</b>	<p>(M.G.L. c.127, §1) A current or recent diagnosis by a qualified mental health professional of one or more of the following disorders described in the 5<sup>th</sup> edition of the <i>Diagnostic and Statistical Manual of Mental Disorders</i>:</p> <ul style="list-style-type: none"> <li>(a) schizophrenia and other psychotic disorders;</li> <li>(b) major depressive disorders;</li> <li>(c) all types of bipolar disorders;</li> <li>(d) a neurodevelopmental disorder, dementia or other cognitive disorder;</li> <li>(e) any disorder commonly characterized by breaks with reality or perceptions of reality;</li> <li>(f) all types of anxiety disorders;</li> <li>(g) trauma and stressor related disorders;</li> </ul> <p>or</p> <ul style="list-style-type: none"> <li>(h) severe personality disorders; or a finding by a qualified mental health professional that the inmate is at serious risk of substantially deteriorating mentally or emotionally while confined in restrictive housing, or already has so deteriorated while confined in restrictive housing, such that diversion or removal is deemed to be clinically appropriate by a qualified mental health professional.</li> </ul>