MASSACHUSETTS DEPARTMENT OF CORRECTION

# BIANNUAL REPORT ON RESTRICTIVE HOUSING

1st Biannual 2021



#### Carol A. Mici, Commissioner

Use of Restrictive Housing Report January 1, 2021 to June 30, 2021 to the Joint Committee on the Judiciary, Public Safety, Homeland Security and the House and Senate Committees on Ways and Means

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### Methodology

Restrictive Housing (RH) in the MADOC is a status in which an inmate can move between units in the institution or move to units within other MADOC institutions and remain on the same RH status. An RH status ends when the inmate is released to general population or to a specialty unit that no longer confines one to a cell for more than 22 hours per day. An inmate may have one or more than one RH statuses during a reporting time frame.

The data used for this report comes from the MADOC's Inmate Management System (IMS), and the MADOC Health Services Division (ERMA).

The data represents 1,170 RH statuses based on 890 male inmates with one or more discharge date(s) from a RH placement within the reporting time frame from January 1, 2021 to June 30, 2021. The following data tables describe this cohort.<sup>1</sup>

## Length of Stay in Restrictive Housing<sup>2</sup>

Average length of stay = 25 days Median length of stay = 10 days

Table 1				
Length of Stay	RHU Count	Percent		
30 Days or Less	995	85%		
31-60 Days	63	5%		
60+ Days	112	10%		
Total	1,170	100%		

# Length of Stay in Restrictive Housing of Inmates with Open Mental Health<sup>3</sup>

Average length of stay = 28 days Median length of stay = 10 days

Table 2				
Length of Stay	RHU Count	Percent		
30 Days or Less	577	85%		
31-60 Days	35	5%		
60+ Days	69	10%		
Total	681	100%		

<sup>&</sup>lt;sup>1</sup> Due to rounding, percentage totals may not add up to 100 percent in all tables.

 $<sup>^2</sup>$  Data is based on 890 inmates with one or more discharge date(s) within the reporting time frame. Inmates who remained active during the reporting time frame and inmates who have a discharge date after the reporting time frame were excluded from this report as these inmates will be included in subsequent reports. The length of stay is tracked in days, and inmates with less than a full day length of stay were counted as one day.

<sup>&</sup>lt;sup>3</sup> An OMH inmate is diagnosed with a mental illness or determined to be in need of mental health intervention on an ongoing basis. See Appendix II for a full definition. Data is based on inmates with Open Mental Health (OMH) released from RH within the reporting time frame. There were 511 OMH inmates who were discharged from RH during the reporting time frame based on their most recent mental health screening. This field signifies whether or not the inmate was on the institution's OMH caseload prior to entering this status or at any time during their status. Any inmate carrying the Gender Dysphoria (GD) diagnosis will remain an OMH case. Inmates with Serious Mental Illness are included in the count for OMH for the purposes of this report. See Appendix II for a full definition of Serious Mental Illness.

# Length of Stay in Restrictive Housing of Inmates 21 Years of Age or Younger<sup>4</sup>

Average length of stay = 43 days Median length of stay = 10 days

Т	able 3	
Length of Stay	RHU Count	Percent
30 Days or Less	19	76%
31-60 Days	1	4%
60+ Days	5	20%
Total	25	100%

# Criminally Sentenced Releases to the Community within 30 Days of Restrictive Housing Discharge Date<sup>5</sup>

Table 4	
Release Breakdown	Count
Inmates Released to Community	37
within 30 Days	

## One Year Recidivism Rate of Inmates who were placed in Restrictive Housing<sup>6</sup>

A recidivist is defined as any criminally sentenced inmate released to the community, via expiration of sentence or parole, from the MADOC during 2019 who was re-incarcerated for a new sentence or violation of parole or probation to a Massachusetts state, county, or federal facility within one year of release.

#### 2019 Male Releases to the Community

One year recidivism rates for inmates who were placed in RH from CY17 to CY19.

	Table 5		
Restrictive Housing Status	Count	Recidivist	Percent
Inmates with RH Status	584	88	15%
Inmates without RH Status	994	97	9%
Total	1,578	185	12%

<sup>&</sup>lt;sup>4</sup> Data is based on inmates aged 21 years or younger on their date of discharge from RH within the reporting time frame. There were 20 inmates who were 21 years of age or younger when discharged from RH during the reporting time frame.

<sup>&</sup>lt;sup>5</sup> Data is based on criminally sentenced inmates who were discharged from RH and released to the community within 30 days of their RH discharge date. The inmate's release may have occurred during the following biannual reporting period. See Appendix II for a full definition.

<sup>&</sup>lt;sup>6</sup> Data is based on criminally sentenced inmates who were placed in RH between CY17 and CY19 and then released to the community in 2019. Due to a change in the recidivism collection methodology, the release cohort does not include inmates paroled to the

Transitional Treatment Program at Boston Pre-Release Center.

# **Restrictive Housing Admissions**

Data is based on inmates who had one or more admission date(s) within the 6-month reporting time frame regardless of their release date. The admission counts and percentages are based on 846 inmates. These counts include inmates with a single admission as well as inmates with multiple admissions. Inmates with multiple admissions were admitted and discharged more than one time during the 6-month reporting period.

Of the 846 inmates, 642 inmates (76%) had a single admission to RH while 204 inmates (24%) had multiple admissions during the 6-month reporting period. These 204 inmates with multiple admissions were admitted an average of 2.4 times which accounted for 43% of the total admissions.

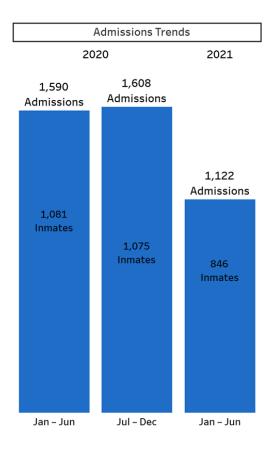
		Table 6		
	Single Versus	Multiple RHU A	Admissions	
Admission	Inmate	Inmate	Admission	Admission
Туре	Count	Percent	Count	Percent
Single	642	76%	642	57%
Admissions				
Multiple	204	24%	480	43%
Admissions				
Total	846	100%	1,122	100%

# Admission Trends

Data is based on inmates who had one or more admission date(s) within the 6-month reporting period regardless of their release date. The data includes inmate and admission counts for all of 2020 and the first half of 2021 (Jan 1, 2021 - June 30, 2021).

There was a 0.56% decrease in inmates and a 1.1% increase in admissions from the first half of 2020 to the second half of 2020. There was a 21.3% decrease in inmates and a 30.2% decrease in admissions from the second half of 2020 to the first half of 2021.

		٦	Table 7		
			Admission and	Inmate Trends	
		Inmates	Inmate	Admissions	Admission
			Trend		Trend
2020	Jan – Jun	1,081		1,590	
	Jul – Dec	1,075	-0.56%	1,608	1.1%
2021	Jan – Jun	846	-21.3%	1,122	-30.2%



# Release to the Community Trends

Data is based on criminally sentenced inmates released to the community within 30 Days of their restrictive housing discharge date within the 6-month reporting period. The data includes inmate counts for 2020 to the first half of 2021.

In the first half of 2020, there were 48 inmates released to the community with 52 inmates released in the second half of 2020, which represents an increase of 8.3%. In the first half of 2021, there were 37 inmates released to community, which represents a decrease of 28.8% from the prior biannual reporting period.

_	Table 8				
		Inmates Release to the Community Trends			
			Inmates Inmate Trend		
ĺ	2020	Jan – Jun	48		
		Jul – Dec	52	8.3%	
ĺ	2021	Jan – Jun	37	-28.8%	

# Appendix I: Open Mental Health Delineated by Diagnosis<sup>7</sup>

Diagnosis Code	Diagnosis	Count of Diagnoses
F02.80.1	Major frontotemporal neurocognitive disorder, Probable, Without behavioral disturbance (Acute)	1
F02.80.9	Major neurocognitive disorder due to traumatic brain injury, Without behavioral disturbance (Acute)	1
F02.81.3	Major neurocognitive disorder due to another medical condition, With behavioral disturbance (Acute)	1
F03.90	Unspecified dementia without behavioral disturbance (Chronic)	1
F03.91	Unspecified dementia with behavioral disturbance (Chronic)	1
F06.31.1	Depressive disorder due to another medical condition, With depressive features (Acute)	3
F07.81	Postconcussional syndrome (Chronic)	1
F10.10	Alcohol abuse, uncomplicated (Chronic)	3
F10.10.1	Alcohol use disorder, Mild (Acute)	17
F10.120	Alcohol abuse with intoxication, uncomplicated (Chronic)	1
F10.20	Alcohol dependence, uncomplicated (Chronic)	2
F10.20.1	Alcohol use disorder, Moderate (Acute)	80
F10.20.2	Alcohol use disorder, Severe (Acute)	106
F10.21	Alcohol dependence, in remission (Chronic)	2
F10.288.1	Alcohol-induced mild neurocognitive disorder, With moderate or severe use disorder (Acute)	1
F10.920	Alcohol use, unspecified with intoxication, uncomplicated (Acute)	1
F11.10	Opioid abuse, uncomplicated (Chronic)	5
F11.10.1	Opioid use disorder, Mild (Acute)	13
F11.20	Opioid dependence, uncomplicated (Chronic)	5
F11.20.1	Opioid use disorder, Moderate (Acute)	71
F11.20.2	Opioid use disorder, Severe (Acute)	108
F11.21	Opioid dependence, in remission (Chronic)	1
F11.90	Opioid use, unspecified, uncomplicated (Acute)	2
F11.921	Opioid use, unspecified with intoxication delirium (Acute)	1
F12.10	Cannabis abuse, uncomplicated (Chronic)	64
F12.10.1	Cannabis use disorder, Mild (Acute)	22
F12.20	Cannabis dependence, uncomplicated (Chronic)	2
F12.20.1	Cannabis use disorder, Moderate (Acute)	78
F12.20.2	Cannabis use disorder, Severe (Acute)	74
F12.21	Cannabis dependence, in remission (Chronic)	2

<sup>&</sup>lt;sup>7</sup> Inmate commitment numbers were utilized to calculate the diagnoses counts and a commitment number may be counted in one or more diagnoses.

F12.259.1	Cannabis-induced psychotic disorder, With moderate or severe use disorder	1
F13.10.1	(Acute) Sedative, hypnotic, or anxiolytic use disorder, Mild (Acute)	7
F13.20.1	Sedative, hypnotic, or anxiolytic use disorder, Moderate (Acute)	13
F13.20.2	Sedative, hyphotic, or anxiolytic use disorder, Noderate (Acute)	7
F14.10	Cocaine abuse, uncomplicated (Chronic)	4
F14.10.1	Cocaine use disorder, Mild (Acute)	15
F14.14	Cocaine abuse with cocaine-induced mood disorder (Chronic)	13
F14.14 F14.20	Cocaine dependence, uncomplicated (Chronic)	1
F14.20	Cocaine use disorder, Moderate (Chronic)	58
F14.20.1	Cocaine use disorder, Noderate (Acute)	67
F14.20.2	Cocaine-induced bipolar and related disorder, With moderate or severe use	
F14.24.1	disorder (Acute)	1
F14.99.1	Unspecified cocaine-related disorder (Acute)	1
F15.10	Other stimulant abuse, uncomplicated (Chronic)	1
F15.10.1	Amphetamine-type substance use disorder, Mild (Acute)	2
F15.10.2	Other or unspecified stimulant use disorder, Mild (Acute)	1
F15.20.1	Amphetamine-type substance use disorder, Moderate (Acute)	6
F15.20.2	Amphetamine-type substance use disorder, Severe (Acute)	3
F15.20.4	Other or unspecified stimulant use disorder, Severe (Acute)	5
F15.21	Other stimulant dependence, in remission (Chronic)	1
F15.922.1	Amphetamine or other stimulant intoxication, With perceptual disturbances, Without use disorder (Acute)	1
F16.10	Hallucinogen abuse, uncomplicated (Chronic)	1
F16.10.1	Other hallucinogen use disorder, Mild (Acute)	2
F16.10.2	Phencyclidine use disorder, Mild (Acute)	2
F16.159.1	Other hallucinogen-induced psychotic disorder, With mild use disorder (Acute)	1
F16.20.1	Other hallucinogen use disorder, Moderate (Acute)	11
F16.20.2	Other hallucinogen use disorder, Severe (Acute)	9
F16.20.3	Phencyclidine use disorder, Moderate (Acute)	2
F16.20.4	Phencyclidine use disorder, Severe (Acute)	1
F16.259.2	Phencyclidine-induced psychotic disorder, With moderate or severe use disorder (Acute)	1
F17.200	Nicotine dependence, unspecified, uncomplicated (Chronic)	1
F17.200.1	Tobacco use disorder, Moderate (Acute)	2
F17.200.2	Tobacco use disorder, Severe (Acute)	1
F17.210	Nicotine dependence, cigarettes, uncomplicated (Chronic)	57
F18.20.2	Inhalant use disorder, Severe (Acute)	1
F19.10	Other psychoactive substance abuse, uncomplicated (Chronic)	2
F19.10.1	Other (or unknown) substance use disorder, Mild (Acute)	1
F19.159	Oth psychoactive substance abuse w psychotic disorder, unsp (Chronic)	1
F19.20.1	Other (or unknown) substance use disorder, Moderate (Acute)	2
F19.20.2	Other (or unknown) substance use disorder, Severe (Acute)	3

F19.24.1	Other (or unknown) substance-induced bipolar and related disorder, With	1
	moderate or severe use disor (Acute)	
F19.959.1	Other (or unknown) substance-induced psychotic disorder, Without use disorder (Acute)	1
F20.9.1	Schizophrenia (Acute)	6
F21.1	Schizotypal personality disorder (Acute)	2
F22.1	Delusional disorder (Acute)	3
F23.1	Brief psychotic disorder (Acute)	1
F25.0.1	Schizoaffective disorder, Bipolar type (Acute)	10
F25.1.1	Schizoaffective disorder, Depressive type (Acute)	2
F25.8	Other schizoaffective disorders (Chronic)	1
F25.9	Schizoaffective disorder, unspecified (Chronic)	2
F28.1	Other specified schizophrenia spectrum and other psychotic disorder (Acute)	7
F31.12.1	Bipolar I disorder, Current or most recent episode manic, Moderate (Acute)	1
F31.2.1	Bipolar I disorder, Current or most recent episode manic, With psychotic features (Acute)	1
F31.73.1	Bipolar I disorder, Current or most recent episode hypomanic, In partial remission (Acute)	1
F31.73.2	Bipolar I disorder, Current or most recent episode manic, In partial remission (Acute)	1
F31.81.1	Bipolar II disorder (Acute)	3
F31.89.1	Other specified bipolar and related disorder (Acute)	11
F32.0.1	Major depressive disorder, Single episode, Mild (Acute)	1
F32.1	Major depressive disorder, single episode, moderate (Chronic)	3
F32.2	Major depressv disord, single epsd, sev w/o psych features (Chronic)	1
F32.2.1	Major depressive disorder, Single episode, Severe (Acute)	1
F32.3.1	Major depressive disorder, Single episode, With psychotic features (Acute)	2
F32.5	Major depressive disorder, single episode, in full remission (Chronic)	1
F32.5.1	Major depressive disorder, Single episode, In full remission (Acute)	1
F32.8	Other depressive episodes (Chronic)	5
F32.8.1	Other specified depressive disorder (Acute)	74
F32.9.1	Major depressive disorder, Single episode, Unspecified (Acute)	1
F32.9.2	Unspecified depressive disorder (Acute)	13
F33.1	Major depressive disorder, recurrent, moderate (Chronic)	1
F33.1.1	Major depressive disorder, Recurrent episode, Moderate (Acute)	6
F33.2	Major depressv disorder, recurrent severe w/o psych features (Chronic)	1
F33.2.1	Major depressive disorder, Recurrent episode, Severe (Acute)	1
F33.3.1	Major depressive disorder, Recurrent episode, With psychotic features (Acute)	2
F33.40	Major depressive disorder, recurrent, in remission, unsp (Chronic)	1
F33.42.1	Major depressive disorder, Recurrent episode, In full remission (Acute)	1
F34.1	Dysthymic disorder (Chronic)	2
F34.1.1	Persistent depressive disorder (dysthymia) (Acute)	32
F34.8.1	Disruptive mood dysregulation disorder (Acute)	1
F40.01	Agoraphobia with panic disorder (Chronic)	1

F40.10.1	Social anxiety disorder (social phobia) (Acute)	1
F41.0.1	Panic disorder (Acute)	4
F41.1	Generalized anxiety disorder (Chronic)	9
F41.1.1	Generalized anxiety disorder (Acute)	14
F41.8	Other specified anxiety disorders (Chronic)	8
F41.8.1	Other specified anxiety disorder (Acute)	71
F41.9	Anxiety disorder, unspecified (Chronic)	3
F41.9.1	Unspecified anxiety disorder (Acute)	15
F42.3	Other specified obsessive-compulsive and related disorder (Acute)	1
F42.4	Unspecified obsessive-compulsive and related disorder (Acute)	1
F43.0.1	Acute stress disorder (Acute)	2
F43.10	Post-traumatic stress disorder, unspecified (Chronic)	6
F43.10.1	Posttraumatic stress disorder (Acute)	90
F43.12	Post-traumatic stress disorder, chronic (Chronic)	1
F43.20.1	Adjustment disorder, Unspecified (Acute)	1
F43.21.1	Adjustment disorder, With depressed mood (Acute)	3
F43.22.1	Adjustment disorder, With anxiety (Acute)	6
F43.23	Adjustment disorder with mixed anxiety and depressed mood (Chronic)	1
F43.23.1	Adjustment disorder, With mixed anxiety and depressed mood (Acute)	7
F43.25.1	Adjustment disorder, With mixed disturbance of emotions and conduct (Acute)	1
F43.8	Other reactions to severe stress (Chronic)	1
F43.8.1	Other specified trauma- and stressor-related disorder (Acute)	126
F43.9.1	Unspecified trauma- and stressor-related disorder (Acute)	8
F44.5.1	Conversion disorder (functional neurological symptom disorder), With attacks or seizures (Acute)	1
F45.42	Pain disorder with related psychological factors (Chronic)	2
F45.8	Other somatoform disorders (Chronic)	1
F50.2.1	Bulimia nervosa (Acute)	1
F51.02	Adjustment insomnia (Acute)	1
F51.4.1	Non-rapid eye movement sleep arousal disorders, Sleep terror type (Acute)	1
F51.5.1	Nightmare disorder (Acute)	1
F55.3	Abuse of steroids or hormones (Chronic)	1
F60.1.1	Schizoid personality disorder (Acute)	2
F60.2	Antisocial personality disorder (Chronic)	23
F60.2.1	Antisocial personality disorder (Acute)	108
F60.3	Borderline personality disorder (Chronic)	8
F60.3.1	Borderline personality disorder (Acute)	21
F60.6.1	Avoidant personality disorder (Acute)	1
F60.81	Narcissistic personality disorder (Chronic)	1
F60.81.1	Narcissistic personality disorder (Acute)	2
F60.89.1	Other specified personality disorder (Acute)	15
F60.9	Personality disorder, unspecified (Chronic)	2
F60.9.1	Unspecified personality disorder (Acute)	3

FC2 01 1	Internettent eveloping discusion (Asute)	6	
F63.81.1	Intermittent explosive disorder (Acute)		
F64.1.1	Gender dysphoria in adolescents and adults (Acute)		
F64.8.1	Other specified gender dysphoria (Acute)		
F64.9	Gender identity disorder, unspecified (Chronic)		
F65.2.1	Exhibitionistic disorder (Acute)		
F65.3.1	Voyeuristic disorder (Acute)		
F65.4.1	Pedophilic disorder (Acute)		
F65.52.1	Sexual sadism disorder (Acute)		
F70.1	Intellectual disability (intellectual developmental disorder), Mild (Acute)		
F71.1	Intellectual disability (intellectual developmental disorder), Moderate (Acute)		
F79.1	Unspecified intellectual disability (intellectual developmental disorder) (Acute)		
F84.8	Other pervasive developmental disorders (Chronic)		
F90.0.1	Attention-deficit/hyperactivity disorder, Predominantly inattentive presentation		
	(Acute)		
F90.1.1	Attention-deficit/hyperactivity disorder, Predominantly hyperactive/impulsive presentation (Acute)		
F90.2.1	Attention-deficit/hyperactivity disorder, Combined presentation (Acute)		
F90.8.1	Other specified attention-deficit/hyperactivity disorder (Acute)		
F90.9	Attention-deficit hyperactivity disorder, unspecified type (Chronic)		
F91.8.1	Other specified disruptive, impulse-control, and conduct disorder (Acute)		
F91.9.2	Unspecified disruptive, impulse-control, and conduct disorder (Acute)		
F95.2.1	Tourette's disorder (Acute)		
F99.1	Other specified mental disorder (Acute)		
F99.2	Unspecified mental disorder (Acute)	1	
	Total	1814	

Acronym	Term	Definition
ERMA	Electronic record management application	
IMS	Inmate Management System	(103 CMR 430.05) The Department's automated information system that provides processing, storage and retrieval of inmate- related information needed by Department personnel and other authorized users within the criminal justice system.
MCI	Massachusetts Correctional Institution	
ОМН	Open Mental Health (OMH)	An inmate who is diagnosed with a mental illness or determined to be in need of mental health intervention on an ongoing basis. At any time during his or her incarceration, an inmate may become an open mental health case (OMH) based on a mental health crisis, including suicidal threats or self-injurious behavior and/or the display of signs and/or symptoms of mental illness or emotional distress. Based upon clinical indications and within the discretion of the Primary Care Clinician (PCC), in consultation with the site Psychiatrist (if on medication) and/or Site Mental Health Director, an inmate may also be removed from the active mental health caseload. However, any inmate carrying the Gender Dysphoria (GD) diagnosis will remain an
	Release to Community	open mental health case.The release of an inmate from the jurisdiction of the Massachusetts DOC by parole or by discharge to the community. Conditions warranting a release to the community generally include: court release (see Crime Lab), expiration of fine, payment of fine, parole and expiration of sentence.
RH	Restrictive Housing	<ul> <li>(103 CMR 423.06) A placement that requires an inmate to be confined to a cell for at least 22 hours per day for the safe and secure operation of the facility. For purposes of this report, Restrictive Housing shall not include the following: any placement in a DDU as the result of a sanction imposed in accordance with 103 CMR 430.00: Inmate Discipline; any placement of an inmate on disciplinary detention as the result of a sanction imposed in accordance with 103 CMR 430.00; any placement ordered by a medical or mental health provider including, but not limited to, the placement of an inmate in a Health Services Unit; the placement of an inmate in a medical setting where treatment is being provided; or the placement of an inmate on a mental health watch.</li> </ul>
RH Status	Restrictive Housing Status	An inmate is on Restrictive Housing Status while in restrictive housing and until the inmate is released to general population or to a specialty unit that no longer confines one to a cell for more than 22 hours per day.

		An inmate may move to different restrictive housing units within or between facilities during a single restrictive housing status.
SMI	Serious Mental Illness	<ul> <li>(M.G.L. c.127, §1) A current or recent diagnosis by a qualified mental health professional of one or more of the following disorders described in the 5<sup>th</sup> edition of the <i>Diagnostic and Statistical Manual of Mental Disorders</i>: <ul> <li>(a) schizophrenia and other psychotic disorders;</li> <li>(b) major depressive disorders;</li> <li>(c) all types of bipolar disorders;</li> <li>(d) a neurodevelopmental disorder, dementia or other cognitive disorder;</li> <li>(e) any disorder commonly characterized by breaks with reality or perceptions of reality;</li> <li>(f) all types of anxiety disorders;</li> <li>(g) trauma and stressor related disorders; or</li> <li>(h) severe personality disorders; or a finding by a qualified mental health professional that the inmate is at serious risk of substantially deteriorating mentally or emotionally while confined in restrictive housing, or already has so deteriorated while confined in restrictive housing, such that diversion or removal is deemed to be clinically appropriate by a qualified mental health professional.</li> </ul> </li> </ul>