

# *Run The Gamut*

**Building Skills for Life**

Information Session August 2025

**Run the Gamut** (*idiom*)

/ruhn thuh ga·muht/

**Definition:**

To encompass the entire range of something; to cover a full spectrum or extent.

---

RTG offers a full range of educational experiences and opportunities to take students as far as they are willing and able to go.

# Mission and Purpose

To help motivated and prepared young adults with autism successfully transition into adulthood through hands-on learning, workplace experiences, and a supportive community environment ensuring that each individual achieves greater independence and a higher quality of life.

## Our Values

Individual Journey | Collaborative Partnerships | Long-Term Success

Person-centered  
planning

Choice-driven  
environment

Prioritizing autonomy  
& self-determination

Collaboration with  
families

Access to  
employment, social  
engagement, and  
community roles

Ensuring continuum  
of support

Targeted instruction  
and experiential  
learning

Development of  
essential skills

Empowerment in  
home, social, & work  
environments

## **A Parent's Perspective: From our founders, Karen Kames & Chris Gaffney**

Our daughter graduated from high school and a transition program but still lacked the skills for true independence. Like many autistic adults, she faced limited job opportunities and long-term dependence on family.

RTG bridges that gap—offering real job training, internships, and practical life skills like navigating the T, grocery shopping, and social engagement. This hands-on approach empowers young adults with ASD to build fulfilling, independent lives.

RTG is a school for young adults (ages 18–24) with autism who are working toward independent living but require structured support in developing key life skills. The program is designed for individuals who:

Have foundational self-care and safety skills but require further development in problem-solving, self-management, and decision-making.

Can engage in structured learning (small groups, dyads, or individual instruction) without behavioral support.

Are motivated to increase independence in areas such as household & financial management, health, safety, and social engagement.

Can function in community and vocational settings with minimal supervision and support.

# What Makes RTG Unique



Located in the heart of Boston within the BU campus, RTG offers access to a wide variety of employment and social opportunities.



A newly constructed, 10,000 sq. ft., state-of-the-art facility thoughtfully designed for learning, growth, and real-world skill development.



Utilizing applied behavior analysis (ABA) teaching methodology, combined with a 3:1 student-to-teacher ratio.

# Our Two-Year Transition Program Provides



Weekday program  
Monday-Friday



Employment training  
and support



Instruction on  
functional life skills



Consistent routines  
and guidance



Community experiences  
and activities



Curated evening and  
weekend events



# Instruction on Functional Life Skills



Executive Functioning

Time Management

Adaptability

Relationships

Nutrition & Wellness

Accessing Community Resources

Transportation

Safety

Money Management

Social & Community Activities

- **Individualized Curriculum** – Strength-based learning tailored to each student
- **Personalized Goals** – Guided by assessment tools (AFLS & MOTAS)
- **Evidence-Based Teaching** – Direct instruction, role-play, video modeling
- **Real-World Learning** – Community-based experiences & hands-on practice
- **Skill Development** – Supports employment, social connections & independence

# Curriculum



<b>Practical Life Skills</b>	Learn to manage daily routines and household responsibilities.
<b>Employment Preparation</b>	Build job skills and prepare for workplace expectations.
<b>Emotional Regulation &amp; Well-Being</b>	Develop strategies to manage stress, recognize emotions, and build healthy routines
<b>Engagement &amp; Learning</b>	Strengthen focus, organization, and problem-solving abilities
<b>Social Communication &amp; Interpersonal Skills</b>	Build friendships, navigate social situations, and develop self-advocacy skills
<b>Personal Identity &amp; Future Planning</b>	Explore personal goals and interests to guide life and employment choices
<b>Health &amp; Safety</b>	Build habits for hygiene, nutrition, exercise, and managing health needs

## A Day in the Life at RTG

### Sample Day 1

Arrival & RTG Morning  
Huddle

Practice daily routines  
Social skills  
Relationship building

Grocery Store Trip

Neighborhood travel training  
Grocery shopping within budget  
Making/following a plan

Kitchen Basics & Meal  
Prep

Food safety and storage  
Use of equipment  
Meal preparation

Group Lunch

Social skills  
Meal preparation, serving and clean up

Personal Management  
Class

Scheduling appointments  
Financial management  
Use of phone/apps for organization

Leisure Skills

Building skills in new interest areas  
Participating in interests with peers

## A Day in the Life at RTG

### Sample Day 2

Arrival & RTG Morning  
Huddle

Practice daily routines  
Social skills  
Relationship building

Personal Care Class

Using coping/regulation skills  
Building a self-care toolkit  
Planning for difficult things

Volunteer Work

Travel training  
Exposure to new work options  
Completing tasks with a group

Group Lunch

Social skills  
Meal preparation, serving and clean up

Community Knowledge  
Class

Community knowledge  
Safety and emergency procedures  
Navigating the neighborhood

Snack Prep Group

Food safety and storage  
Use of equipment  
Meal preparation

## A Day in the Life at RTG

Sample Day 3

Arrival & RTG Morning  
Huddle

Practice daily routines  
Social skills  
Relationship building

Home Basics Class

Laundry and clothing maintenance  
Completing household chores  
Maintaining a clean home

Job Preparation

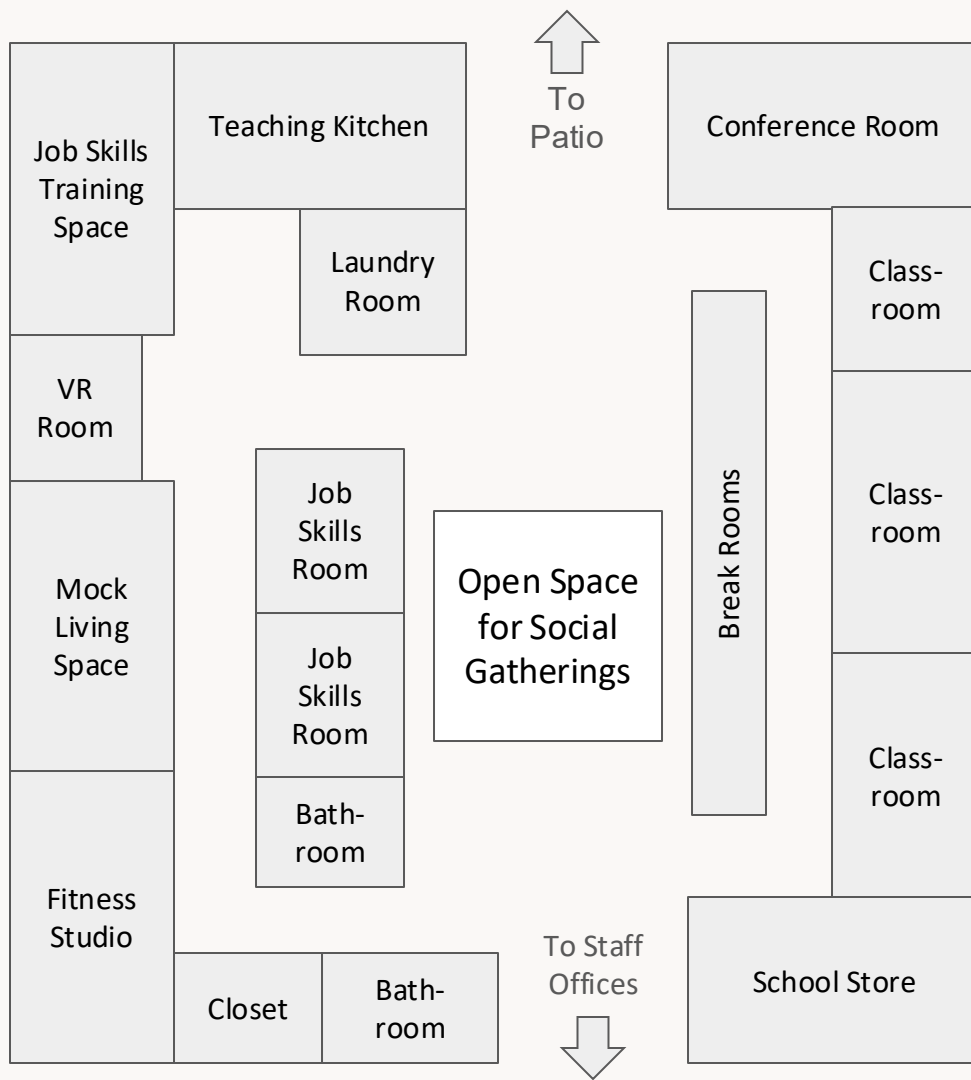
Basic social skills in the workplace  
Workplace safety  
Following fixed activity schedules

Lunch at Restaurant

Ordering meals within budget  
Social skills when eating out  
Travel training to restaurants

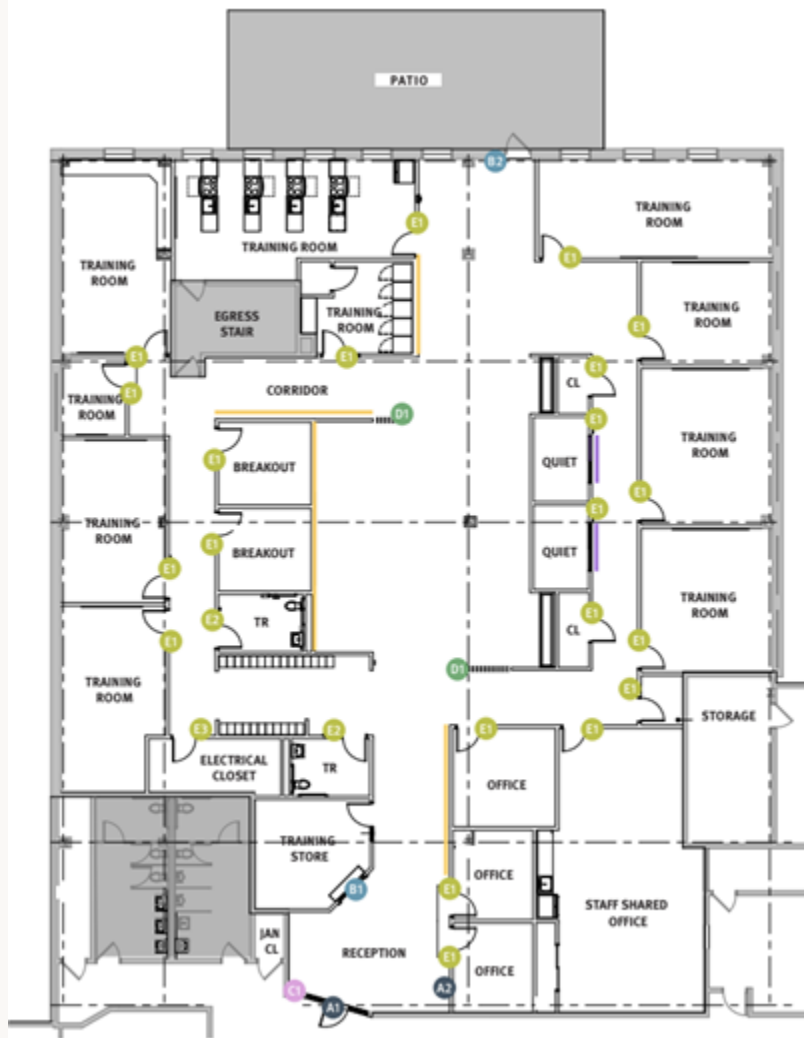
Internship

Specific job skills training  
Building relationships in the workplace  
Travel training to workplaces



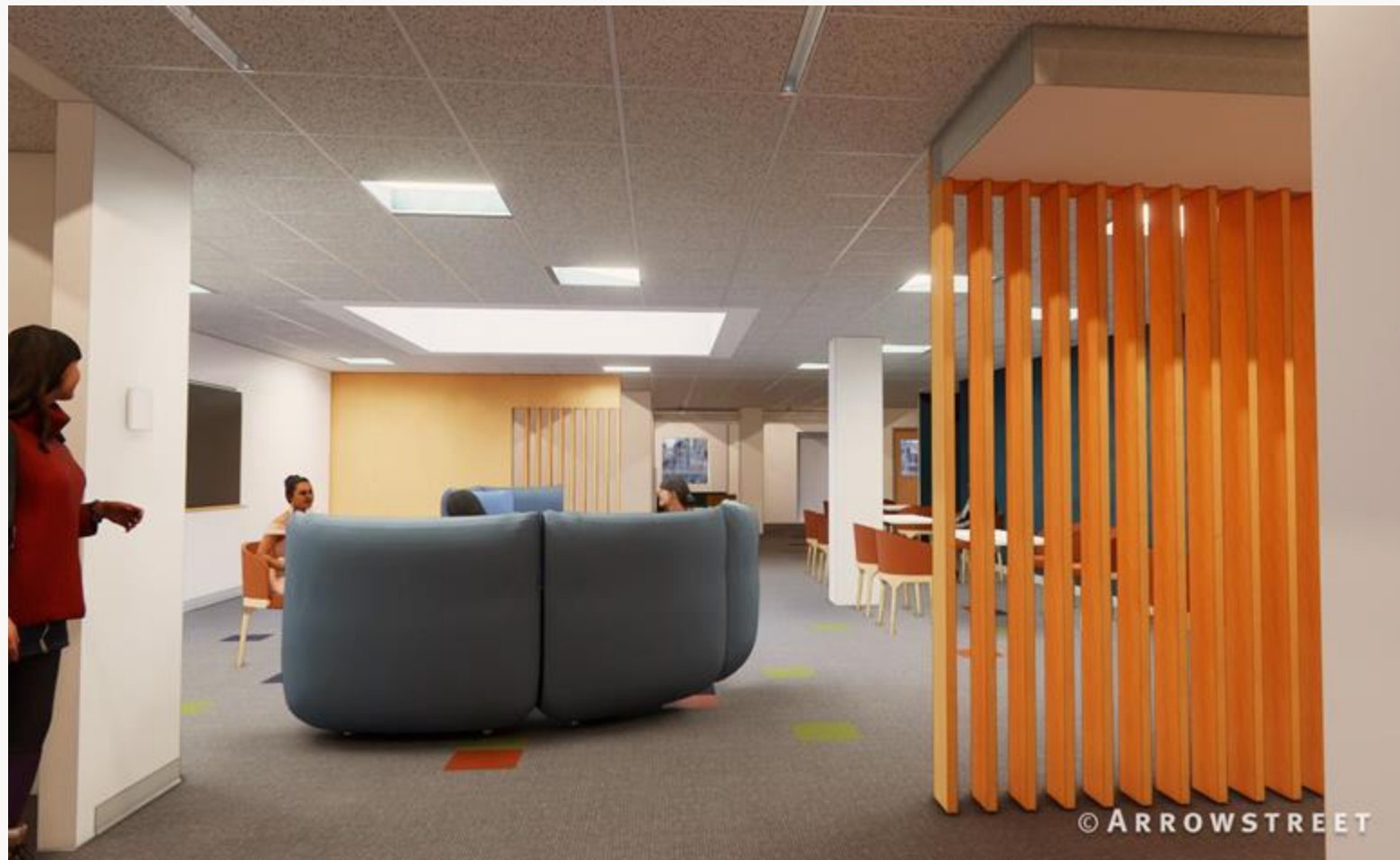
# Our Space

---









© ARROWSTREET



# Our Location

---



## Restaurants

- Raising Cane's Chicken
- Otto Pizza
- Taco Bell
- Chipotle
- Rhythm 'n Wraps
- Starbucks
- Cafe Nero
- Fuel America Coffeehouse

## Shopping

- Target
- CVS
- Star Market
- Goodwill Store
- Dollar Tree
- Trader Joe's
- Stop & Shop
- 7-11

## Recreation

- Agganis Arena
- Jiu-Jitsu studio
- Rock Spot Climbing
- GymIt
- Balance Patch (Video Game Cafe)

## Transportation

- Blue Bikes rental station
- Babcock Station (green line)
- Commonwealth Ave. Bus Stops

# Our Neighborhood

---

Back Bay/ Fenway/  
Kenmore

# Wrapping-Up Details



- Program start: September 2025
- 2-year program
  - Year round programming
  - Rolling admissions
- Tuition: \$75,000 annually
  - Financial assistance may be available
- Applied Behavior Analysis (ABA) teaching method
  - 3:1 student to staff ratio
  - Up to 20 students per cohort

# \$1.5 Million Grant Received

To fund tuition for 10+ future RTG students

## Admissions Process

1. Complete Admissions Inquiry Form
2. Introductory Call with Admissions Team
3. Apply Online
4. In-Person Visit & Interview
5. Decision is made

RTG is not a therapeutic or crisis intervention program. It is best suited for individuals who are ready to work on skill-building and build independence in a structured, supportive environment

RTG is committed to placing students in an environment where they can thrive. Our admissions process is designed to ensure that we can provide the appropriate support and resources to meet each student's needs.

Placement decisions are made with careful consideration to foster success in both academic and life skill development.







# Next Steps



Do you think RTG is the right fit for your student? Start the admissions process [here](#)

Visit our [website](#) to dive deeper into Run the Gamut!

Feel free to reach out to us at [info@runthegamut.org](mailto:info@runthegamut.org) with any additional questions you may have

# Thanks!

930 Commonwealth Ave, Boston, MA 02215  
[runthegamut.org](http://runthegamut.org)  
[info@runthegamut.org](mailto:info@runthegamut.org)

