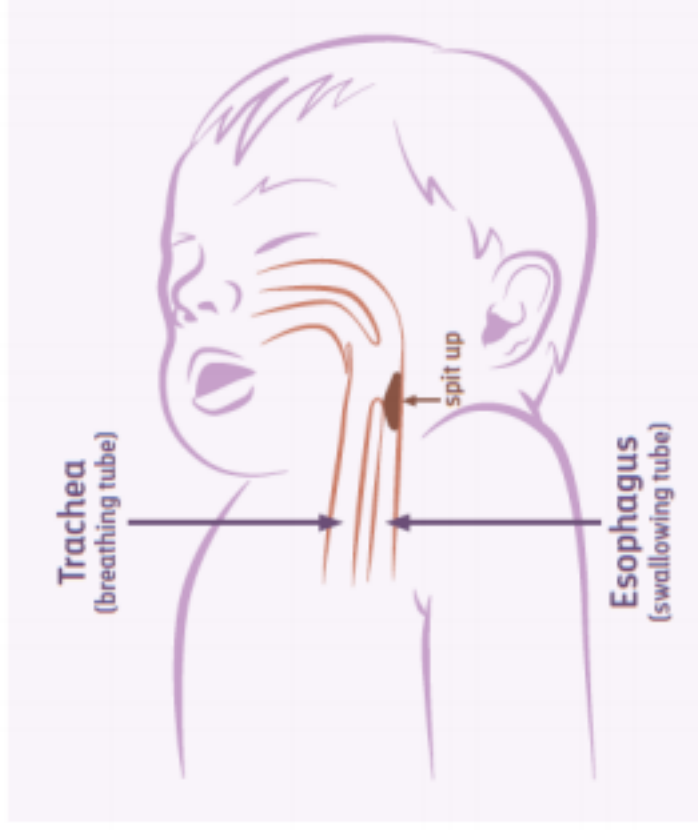
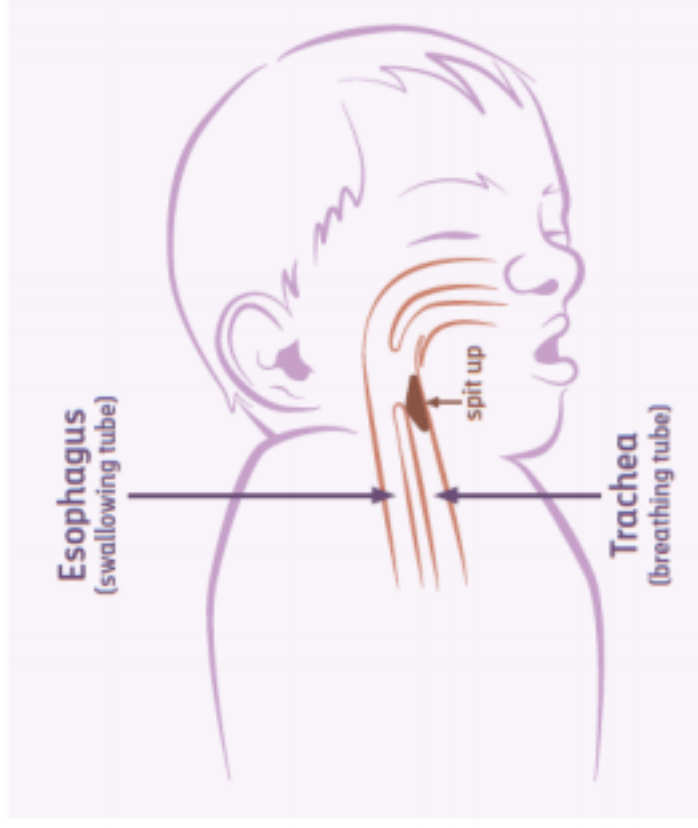


Back vs. Stomach



When a baby is on his or her back, gravity can help them swallow spit up because their esophagus (swallowing tube) is below their trachea (breathing tube).



When a baby is on his or her stomach, gravity causes spit up to pool at the opening of their trachea (breathing tube), which can make them choke or stop breathing.