## **Safety Briefing**

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### **Safety Contact**



### **Heat Related Death Statistics**

In 2023, the United States saw a record number of heat-related deaths, with more than 2,300 deaths attributable to excessive heat, according to the Journal of the American Medical Association.

This represents a significant increase of 117% since 1999, when there were 1,063 heat related deaths.

According to the Massachusetts Department of Health, in 2023, there were 2 heat-related deaths in the Commonwealth.





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### **Practice Heat Safety Wherever You Are**

#### **Job Sites**

Stay hydrated and take breaks in the shade as often as possible.

#### Indoors

Check up on the elderly, sick and those without AC.

#### Vehicles

Never leave kids or pets unattended- LOOK before you LOCK.

#### Outdoors

Limit strenuous outdoor activities, find shade, and stay hydrated.





# ThankYou

