

Suggested Hikes, Rides and Paddles!

Sandisfield State Forest

Campbell Falls Road, New Marlborough, MA 01230 , (413) 528-0904

To help you plan your visit to DCR's Sandisfield State Forest, we offer the following suggested experiences that we think you might enjoy.

- **“Introductory”** are short and appropriate for most users, including families with children.
- **“Signature”** are recommended trail experiences. These may be longer or more difficult but highlight some of the best park features.

For a safe and enjoyable park experience please review the **Things to Know Before You Go** section at the end of this document. Download a map before you go:
<https://portal.ct.gov/-/media/DEEP/stateparks/maps/campbellfallspdf.pdf>

Introductory Hike Campbell Falls

Trailhead: Begin at the Massachusetts parking area located on Campbell Falls Road (dirt), off Norfolk Road, 5.8 miles south of New Marlborough village. **Lat/Long:** 42.045269, -73.231871

Distance: 0.5 miles **Difficulty:** Easy

Brief Description: This short (but steep) walk features spectacular Campbell Falls. Campbell Falls State Park is about a 15 minute drive from Sandisfield State Forest's York Lake. From the Campbell Falls Road trailhead in Massachusetts follow signs downhill into Connecticut (0.06 miles). Bear right and soon cross back into Massachusetts and Campbell Falls (0.08 miles). The Whiting River drops about a total of 50-feet here. It plunges through a tight gorge in one direction, then twists and cascades in another direction. Even during low flow this falls is a curious and satisfying sight. Take time to just sit down, relax, and enjoy the water show. This is also an unusual bi-state park; a longer trail route to the falls (Yellow Trail, 0.5 miles) starts at the Campbell Falls State Park (CT) trailhead on Tobey Hill Road in Norfolk. Be prepared, there are no services here.

Signature Hike

York Pond Loop Trail

Trailhead: Begin at the York Lake day-use area is located at the intersection of Route 183/New Marlborough-Sandisfield Road and East Hill Road in New Marlborough

Lat/Long: 42.095748, -73.180067

Distance: 2.4 miles **Difficulty:** Easy

Brief Description: York Lake is a shallow 35-acre lake fed by Sandy Brook, a tributary of the Farmington River. There are no marked stops along this loop trail, but a guide and brochure is available here:

<http://www.mass.gov/eea/docs/dcr/parks/trails/sandyork.pdf>

Things to Know Before You Go

- **Time, distance, difficulty.** The average hiker pace is estimated at 1.5 miles per hour. Most distances are round-trip. Plan conservatively, start early. Be aware of weather and sunset. Trail difficulty ratings based on ruggedness and gradient are *easy*, *moderate*, or *difficult*.
- **Wear weather appropriate clothing**, layer for temperature changes. Bring sunblock. Wear appropriate and sturdy footwear.
- **Parking at trailheads.** [Parking fees](#) may apply. Space may be limited. Be courteous to avoid blocking in others. Do not leave valuables in your car.
- **Bring a map and share your plans with someone.**
- **Drinking water** may not be available on site. Bring plenty!
- **Stay on designated trails.** Follow painted blazes and signs if available. Generally, double blazes indicate an intersection or direction change.
- **Pace & group size.** Keep your group together; hike only as fast as your group's slowest hiker or rider. Limit your group size to 12 people or fewer to lessen impacts.
- **Carry-in, carry-out all trash and personal belongings.** Follow the Leave No Trace outdoor ethics. [More information here.](#)
- **Know which parks are pet friendly.** Dogs are not permitted in DCR Water Supply Protection areas (such as Quabbin and Wachusett Reservoirs) and certain state parks. Always keep your dog leashed, 10-foot maximum. Always pick up after your dog and dispose of waste properly. [Complete guidelines here.](#)
- **Be aware of hunting seasons.** Wear blaze orange when appropriate. [More information here.](#)
- **Wear a bicycle helmet** while biking. Riders age 16 and under must wear a helmet. It is the law. [More information here.](#)

- **Wear your PFD** while boating. A Personal Flotation Device (PFD), or life preserver, must be worn by boaters age 12 and under; and canoeists/kayakers from Sept. 15-May 15. [More information here.](#)
 - **Stop Aquatic Hitchhikers.** Prevent the transport of nuisance species. Clean all recreational equipment. It is the law. [More information here.](#)
 - **Be aware some trails may not be well marked, and some may not be identified on a trail map.**
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The Massachusetts Department of Conservation and Recreation (DCR) oversees over 450,000 acres of state parks, forests, beaches, bike trails, parkways, watershed lands, and dams across the Commonwealth. DCR's mission is to: *Protect, promote and enhance our common wealth of natural, cultural and recreational resources for the well-being of all.*