



# Save Money and Energy This Summer

## Block the Sun

- Keep curtains and blinds closed during the day, especially on south-facing windows.
- Install a film coating on windows to decrease heat transfer from outside and increase energy efficiency.

## Explore MassSave®

- Get a Mass Save® Home Energy Assessment to identify no-cost or low-cost home energy upgrades.
- Seal and insulate your home to keep cool air inside and improve home comfort.
- Find rebates to upgrade your heating and cooling equipment to lower energy use and reduce bills.
- Consider heat pumps. Heat pumps efficiently cool indoor air on warm days and heat your home on cold days. Schedule a Decarbonization Consultation for 1-on-1 project support.
- Get rebates on a qualifying smart or programmable thermostat.

## Reduce Energy Use

- Unplug electronics when not in use.
- Avoid using large appliances like dishwashers and washing machines when energy demand is high (3–9pm on hot days). This reduces the use of costly, polluting power sources and helps limit the need for new electric grid infrastructure funded from electric bills.

## Use Fans

- Fans create a breeze that can make you feel 7–10°F cooler.
- Ceiling fans help circulate air. Run the fan counterclockwise to force cool air down.
- Turn off fans when leaving a room. Fans cool people, not spaces.
- Combine fans with A/C so you can set your A/C a few degrees higher.

## Use A/C Productively

- Close all windows before turning on A/C.
- Set the thermostat between 74 and 78°F.
- Increase temperature when asleep/away from home. Raising the temperature 5 to 7°F for 8 hours can lower electric bills by up to 10% a year.
- Set it and forget it: use a programmable or smart thermostat to automatically adjust temperatures.
- Close doors in rooms with window A/C units to reduce the amount of air to cool.
- Turn off window A/Cs when leaving a room.
- When it is cooler at night, turn A/Cs off and open windows for natural ventilation.

Scan QR Codes for more energy tips:



[Mass.Gov](https://www.mass.gov)

[Massachusetts  
Clean Energy Center](https://www.mass.gov/cleanenergycenter)

