

Observation Tool for Self-Administration of Medication Skills

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Individual's Name: _____ Date of Observation: _____

Document the Number of the Response (e.g., 0, 1, 2, or 3) Observed on the Line Provided.

A _____

Cognitive Skills

- 0 Unable to follow directions.
- 1 Follows simple directions with 1 step prompting and encouragement.
- 2 Follows complex directions with 2 step prompting and encouragement.
- 3 Independent with complex directions.

B _____

Fine Motor Coordination

- 0 No functional use of hands.
- 1 Functional use of hands but has interfering factors (e.g., tremors).
- 2 Has use of hands but has 'no pincer grasp' (i.e., cannot hold an object between thumb and forefinger).
- 3 Able to pick up and/or manipulate small objects.

C _____

Feeding

- 0 Unable to feed self.
- 1 Requires assistance at each meal.
- 2 Requires verbal prompting and encouragement.
- 3 Fully independent.

D _____

Behaviors

- 0 Chronically unstable or displays pica behavior (i.e., craving to ingest any material not fit for food).
- 1 Episodes of unstable behavior.
- 2 Stable with support staff.
- 3 Reacts typically to daily life events.

E _____

Vision

- 0 Totally blind with no compensation from other senses.
- 1 Legally blind with residual sight or augments vision with other senses.
- 2 Slight impairment (effects on abilities is minimal).
- 3 Normal vision with/without glasses.

F _____

Communication

- 0 Unable to communicate basic wants and needs.
- 1 Effective communication is limited by constraints (emotional, physical, or intellectual).
- 2 Communicates but requires clarification.
- 3 Communicates clearly.

G _____

Colors

- 0 Unable to recognize differences in color.
- 1 Able to match colors with samples.
- 2 Inconsistently identifies colors.

3 Consistently identifies and states colors.

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Individual's Name: _____ Date of Observation: _____

H _____**Shapes**

- 0 Unable to recognize differences in shapes.
- 1 Able to match shapes with samples.
- 2 Inconsistently identifies shapes.
- 3 Consistently identifies shapes.

I _____**Numbers**

- 0 Has no concept of the meaning of numbers.
- 1 Inconsistent awareness of number concepts.
- 2 Understands number concepts and identifies numerals.
- 3 Understands number concepts and identifies and writes numerals.

J _____**Time**

- 0 Has no apparent concept of time.
- 1 Inconsistent awareness of time.
- 2 Ability to tell time by major daily events.
- 3 Ability to tell time by clock or watch.

K _____**Letters/Name**

- 0 Cannot identify any letters.
- 1 Identifies isolated letters.
- 2 Recognizes written name.
- 3 Writes name.

L _____**Medication**

- 0 Requires special techniques/total assistance to take medication.
- 1 Refuses medication frequently.
- 2 Takes medication with encouragement.
- 3 Always takes medication well.

M _____**Medication Recognition**

- 0 Unable to name or identify current medications.
- 1 Able to say names of current medications, but not able to identify specific pill bottle/medication container.
- 2 Able to identify medication by name, pill bottle/medication container, and dosage with minimal prompting.
- 3 Able to identify medications by name, pill bottle/medication container, dosage, and reason for taking without prompting.

N _____**Side effects**

- 0 Unable to identify/understand possible side effects of current medications.
- 1 Can identify one side effect, but not how to respond to side effect.
- 2 Identifies one or more side effects to specific medications and how to respond to side effects after training.

- 3 Identifies side effects to specific medications and how to respond to side effects after training.

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Individual's Name: _____ Date of Observation: _____

O _____

Ability to reorder

- 0 Unable to identify when it is time to reorder.
- 1 Does not reorder medications or seek assistance to reorder until after medication supply is depleted.
- 2 Seeks assistance from staff to reorder medication before medication supply is depleted.
- 3 Reorders medications independently before medication supply is depleted.

Total Score _____

Add up the responses observed (Lines A-O) for the Total Score.

Average Score _____

Divide the Total Score by 15 for the Average Score.

If Average Score is:	Less than <u>1.7</u>	Individual does not meet the criteria to learn to self-administer their medication at this time.
	Greater than <u>1.7</u>	Individual meets the criteria to learn to self-administer their medication to the full extent of their ability.

Based on this 'Observation Evaluation Tool', I have determined that the individual named below **meets the criteria** to learn to self-administer their medications.

Staff's Printed Name: _____ Individual's Printed Name: _____

Staff's Signature: _____ Date: _____

Based on this 'Observation Evaluation Tool', I have determined that the individual named below **does not meet the criteria** to learn to self-administer their medications at this time because _____

Staff's Printed Name: _____ Individual's Printed Name: _____

Staff's Signature: _____ Date: _____

As the individual's Health Care Provider (HCP), I concur, that based on this 'Observation Evaluation Tool', the individual demonstrated the ability to learn to self-administer their medication.

Health Care Provider Printed Name: _____ HCP's Telephone Number: _____

HCP's Signature: _____ Date: _____