



June 17, 2019

Activity Number:
SFF

Location:
Massachusetts Firefighting
Academy
One State Rd, Stow, MA

Time:
0900-1300

This forum is eligible for
credit toward Fire Chief
Credential.

SENIOR FIRE OFFICER FORUM

SFOF PROMOTING A CULTURE OF HEALTH, SAFETY, AND FITNESS FOR THE FIRE SERVICE IN MASSACHUSETTS

Presented By: Dr. Michael Hamrock, St. Elizabeth's Medical Center

This presentation will optimally prepare chief fire officers to gain a better understanding of the unique health risks associated with firefighting including cardiovascular disease, cancer, traumatic injuries, and behavioral health conditions. This knowledge will serve to motivate and inspire fire service leaders to become strong advocates for promoting a culture of safety and wellness in their departments.



ABOUT THE SPEAKER

Dr. Michael Hamrock practices internal medicine and addiction medicine at St. Elizabeth's Medical Center and is the primary care physician for many Boston area firefighters. In his dedicated service to the Boston Fire Department, first as a firefighter, and later as the department physician, he developed a unique perspective and understanding of the many immediate and long-term serious health risks associated with firefighting.

Dr. Hamrock is on the Board of Advisors of the Last Call Foundation where he continues to motivate and empower firefighters to better prepare themselves for the tremendous physical, chemical, and mental stresses of their occupation. He is working closely with the Firefighter Cancer Support Network to establish guidelines for primary care physicians for Comprehensive Firefighter Physical Exams that target heart disease and cancer screenings and prevention. Dr. Hamrock also enjoys participating in marathons with the Boston Fire running team.

Registration

Register online at [DFS Learning Management System](#).

