## Supplemental Affidavit of Kevin Crowley

## I Kevin Crowley hereby depose and say:

- Since the onset of the Pandemic, there has been an increase of 1 hour per day of programming, or 7 hours per day at the Stonybrook Stabilization and Treatment Center. Prior to the COVID-19 pandemic, we were at 6 hours per day. Reallocation of staff along with a lower census has allowed for the increase in programming. Our ultimate goal (per the DPH RFR) was to increase programming hours to 10 hours per day. We are still on track and working towards that goal.
- 2. A lower census has also allowed for more 1 on 1 counseling and more attention to discharge planning.
- 3. Group size has changed to 10 clients per group due to COVID-19 to allow for social distancing during groups. Prior to COVID, group size could potentially be up to 20 clients based on client participation.
- 4. The content of the 7 hours of programming depends on where the client is housed. If the client is in the ATS/Orientation unit, programming/ group topics are appropriate for that level of care (e.g. Medical Assisted Treatment, proper hygiene, post-acute withdrawal syndrome). Once the client is in a CSS unit, programming evolves to include such topics as DBT, Anger Management, Grief and Loss, Family Relationships, Housing/Community programming options, and relapse prevention.
- 5. On an average day clients have anywhere from 4-6 structured group program hours with the other hours of programming designated towards physical wellness and mindfulness (i.e. fitness class, meditation and recreation time).
- 6. Substance Use Homework packets are available for clients that may not want to attend groups or unable to do so due to medical issues, we also utilize these packets for clients who are looking for additional treatment activities to help with their recovery.

Signed under the pains and penalties of perjury this 30<sup>th</sup> day of April, 2020

Kevin Crowley, Superintendent

Hampden County Sheriff's Department