

Ku Kasbo Lacago badan oo SNAP ah

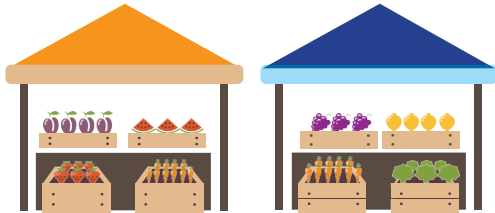
barnaamijka dhiiragelinta caafimaadka leh !



Uga gado lacagtaada ah SNAP ka khudaar iyo miro cusub beeralayda adigoo ka qaybqaadanaya barnaamijka barnaamijka dhiiragelinta caafimad (HIP) ee tafaariiqleyda iyadoona intii aad wax ku gadatay dib loogu soo celin doono kaarkaagii ahaa EBT!

Suuqyada Beeralayda

Ka fiiri beeralayda ka qaybqaadanaya suuqyada sida joogtada wax loogu gado magaaladaada ama meelaha kuu dhaw, ee lagu gado miraha iyo khudaarta cusub.



Tafaariiqleyda banaanka Khudaarta ku gado

Bakhaarolagu gado alaabaha beerta halkaas oo aad ka soo iibsano karto miraha khudaarta cusub isla gacantii ka soo jartay meeshii ay baxday.



Suuqyada Wareega

Suuqyo kuugu keenayo alaabta beeraha oo markaas la soo guray goobtaada.



Saamiyada Beeraha CSA

Adeeg ku salaysan xubinnimada oo qoyskaaga siiya khudaar iyo miro markaas la soo guray toddobaad kasta.

Fiiri waxa aad kasban karto bil kasta oona!
(ku salaysan inta ay ka kooban yihiin qoyskaaha)

\$40 1-2 QOF

\$60 3-5 QOF

\$80 6+ QOF

RAADSO GOOB AH HIP OO KUU DHAW

Booqo www.mass.gov/hip si aad u hesho hagaha, ka wac khadka tooska ah ee Project Bread's FoodSource lambarka ah 1-800-645-8333, ama ku raadso astaanta ay leedahay HIP.

Sidee ayay HIP u shaqaysaa?



1

Horay ayaa laguu diwaangeliyay! Isticmaal lacagtaada SNAP si aad ugaga gadatid miraha iyo khudaarta markaa beerta laga soo gooyay tafaariileyda ah HIP.



2

Lacag dhan ilaa xadkaaga, bilaha ah ayaa dib laguugu soo gelin doonaa kaarkaaga EBT-ga ah.



3

Rasiidhkaada ayay ku qornaan doontaa cadadka lacagta SNAP-ka dheeraad ah ee aad heshay.



4

Wax uga gado dheefahaaga aad heshay meel kasta oo aqbasha SNAP.

Waxaa taageera USDA FINI iyo Commonwealth of Massachusetts.

