

COMMONWEALTH OF MASSACHUSETTS

Middlesex, SS.

Board of Registration in Medicine

Adjudicatory Case No. 2025-006

In the Matter of

COURTNEY E. BARROWS, M.D.

**STATEMENT OF ALLEGATIONS**

The Board of Registration in Medicine (“Board”) has determined that good cause exists to believe the following acts occurred and constitute a violation for which a licensee may be sanctioned by the Board. The Board therefore alleges that Courtney E. Barrows, M.D., (“Respondent”) has practiced medicine in violation of law, regulations, or good and accepted medical practice as set forth herein. The investigative docket number associated with this order to show cause is Docket No. 21-417.

**Biographical Information**

1. The Respondent is a 2012 graduate of New York Medical College. She was licensed to practice medicine in Massachusetts under certificate number 265425 in 2015. Her Massachusetts license to practice medicine lapsed on October 13, 2020.

**Factual Allegations**

2. The Respondent is licensed to practice medicine in Tennessee and New Hampshire. Her Ohio license expired on July 20, 2022.

3. On April 14, 2021, the State Medical Board of Ohio (“OH Board” or “OH Medical Board”) imposed discipline on Respondent’s license in Ohio due to Respondent’s violation of Ohio state law governing the practice of medicine.

4. Specifically, the OH Board disciplined the Respondent for “impairment of ability to practice according to acceptable and prevailing standards of care because of habitual or excessive use or abuse of drugs, alcohol, or other substances that impair ability to practice.”

5. Respondent admitted to the OH Board that, prior to practicing in Ohio, she became G.L. c. 4, § 7(26)(c) in Massachusetts, while working in a research position on a break from her residency. As a result, Respondent was evaluated by Physician Health Services (“PHS”) and G.L. c. 4, § 7(26)(a)

[REDACTED]

[REDACTED]

6. The OH Board disciplined the Respondent for the following conduct:

- a. On or about August 1, 2020, Respondent entered a clinical fellowship in Cleveland, Ohio, having obtained an Ohio medical license.
  - b. Respondent also entered into a monitoring contract with the Ohio Physicians Health Program.
  - c. In or around February 2021, Respondent G.L. c. 4, § 7(26)(a).
  - d. Upon learning of the G.L. c. 4, § 7(26)(a), Respondent stopped practicing and was placed on G.L. c. 4, § 7(26)(c).
  - e. On or about March 24, 2021, Respondent entered G.L. c. 4, § 7(26)(a)
- [REDACTED]

7. On or about April 14, 2021, Respondent entered into a Step I Consent Agreement with the OH Board, which indefinitely suspended Respondent’s medical license for a period of not less than ninety days, set general probationary requirements, and outlined the conditions for Respondent’s reinstatement/restoration to the practice of medicine.

8. Respondent fulfilled the aforementioned conditions for reinstatement, including

G.L. c. 4, § 7(26)(a)

9. On or about September 8, 2021, Respondent's OH medical license was reinstated, and she entered into a Step II consent agreement with the OH board on September 8, 2021, which is a five-year probationary agreement with standard substance use monitoring terms and conditions.

10. On or about December 3, 2021, the Respondent entered into an agreement with the New Hampshire Professionals Health Program ("NHPHP") to transfer her monitoring from OH upon permanently relocating to New Hampshire. The NHPHP agreement runs concurrently with the five-year OH Step II agreement. The OH Medical Board approved the Respondent's relocation and NHPHP agreement on January 13, 2022.

11. The NHPHP and the OH Medical Board have G.L. c. 4, § 7(26)(a)

#### Legal Basis for Proposed Relief

A. Pursuant to 243 C.M.R. 1.03(5)(a)(12), the Board may discipline a physician upon satisfactory proof to a majority of the Board that said physician has been disciplined in another jurisdiction in any way by the proper licensing authority for reasons substantially the same as those set forth in G.L. c. 112, § 5 or 243 C.M.R. 1.03(5). More specifically, in Massachusetts, the Board may discipline a physician upon proof satisfactory to a majority of the Board that said physician has:

1. Violated G.L. c. 112, § 5, eighth par. (d) and/or 243 C.M.R. 1.03(5)(a)(4) by

practicing medicine while the ability to practice is impaired by alcohol, drugs, physical disability or mental instability.

The Board has jurisdiction over this matter pursuant to G.L. c. 112, §§ 5, 61 and 62. This adjudicatory proceeding will be conducted in accordance with the provisions of G.L. c. 30A and 801 CMR 1.01.

Nature of Relief Sought

The Board is authorized and empowered to order appropriate disciplinary action, which may include revocation or suspension of Respondent's license to practice medicine. The Board may also order, in addition to or instead of revocation or suspension, one or more of the following: admonishment, censure, reprimand, fine, the performance of uncompensated public service, a course of education or training, or other restrictions upon Respondent's practice of medicine.

Order

Wherefore, it is hereby **ORDERED** that the Respondent show cause why the Board should not discipline Respondent for the conduct described herein.

By the Board of Registration in Medicine,



---

Booker T. Bush, M.D.  
Board Chair

Date: March 13, 2025