



STAY HEALTHY

Get Vaccinated and Get Boosted

The following information aligns with recommendations from the Massachusetts Department of Public Health (DPH) and the US Centers for Disease Control and Prevention (CDC).

UPDATE: Respiratory illness season is here!

DDS recommends that you protect yourself, your co-workers and the people you support and help stop the spread:

- Get Vaccinated
- Wash your hands
- Cover your cough and sneeze
- Mask up if needed
- Get tested
- Get treatment
- Stay home when sick

*****In the event of a positive test result for a respiratory viral illness, consult with the primary care provider to discuss appropriate treatment options. For people residing in group homes or those with medical complexity, consider additional preventive measures.*****

Get Vaccinated and Get Boosted

Consult with the primary care provider to determine which vaccines should be received.

- Influenza (recommended every year)
- COVID-19 (recommended every year)
- RSV (If meeting criteria for the vaccine)
- Any routine vaccines to help reduce severe illness

Find a vaccine location near you.

Questions? Talk with a primary care provider or pharmacist.

For more information please visit:	
<u>Common questions about vaccines</u>	
<u>Seasonal Vaccines</u>	<u>Influenza</u>
<u>RSV</u>	<u>Covid-19</u>