

TRAIL MAP

Welcome to DCR's Stony Brook Reservation

Offering 475 acres of park land, Stony Brook Reservation is primarily used for hiking, mountain biking and fishing. Additionally, it boasts baseball and soccer fields, tennis courts, picnic areas, an ice rink and a swimming pool. Stony Brook contains 475 acres of scenic landscapes and a variety of recreational facilities.

The reservation is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs.

DCR oversees 450,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state's natural, cultural, and recreational resources. To learn about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr.

Designated by a heart symbol, Healthy Heart Trails are pathways or trails used for hiking or walking that are easy to moderate in activity level and intended for routine use to help build a healthy heart.

VISITOR GUIDELINES AT STONY BROOK

- The park is open dawn to dusk.
- Dogs must be leashed and waste removed.
- Mountain biking allowed on established trails from April 15 to December 31.
- Visitors must abide by park signage.

THE FOLLOWING IS PROHIBITED

- Motorized vehicles
- Hunting or trapping
- Fires
- Alcoholic beverages
- Removal of any park resource

IMPORTANT CONTACTS

- Emergency: 911
- 24 Hour DCR Radio Dispatch: 617-222-1188
- State Police: 617-698-5840

