**Suicide Prevention Module**

Handout

Case Scenario: Alex

* When you arrive to Alex’s house, you notice a strong smell of marijuana as he opens the door. It’s evident that he has not showered in several days, his apartment is unusually cluttered, and all of the blinds are closed.
* When you ask Alex if everything is OK, he tells you that he and his girlfriend of one year broke up over the weekend and he hasn’t felt like leaving the house. He admits that has not taken his medication in several days and instead has been smoking weed and occasionally drinking beer.
* You ask Alex if he has wished he could go to sleep and not wake up, to which he replies: “A few times this week. This really sucks.”
* You then ask him if he has actually had any thoughts of hurting himself, to which he replies: “No, I would never do that. My mom is sick and needs me.” Alex has no prior self-harm or suicide attempts of any kind.

**QUESTIONS FOR THE GROUP:**

1. **Identify three risk factors that Alex is displaying.**
2. **Discuss how you would continue this conversation with Alex in a caring and concerned way.**
3. **After completing the C-SSRS with Alex, he scores “low.” What would you do next?**