



December 16-17, 2021

## SUICIDE PREVENTION, INTERVENTION, AND POSTVENTION

**Course Number:**  
659

**Location:**  
Department of Fire Services  
Springfield Campus  
100 Grochmal Ave  
Springfield, MA 01151

**Time:**  
0830-1700

**Notes:**  
This is a “Priority Selection” course which is not first come-first serve.

**Registration Deadline:**  
December 4, 2021

**Priority Selection Date:**  
December 6, 2021

### Course Highlights

- Common myths about suicide
- Risk factors for suicidal behavior
- Frequent motivations for suicide
- Problem solving methods
- Effective intervention strategies
- Elements of effective postvention
- Elements of survivor grief
- Community referral resources
- Feelings and reactions of suicide survivors

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention, and postvention. Small group role-plays will allow participants to apply the suggested techniques as they are learned.

This course is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of Emergency Services including Fire, Police, EMS, Search & Rescue, Business and Industry Crisis Intervention, Disaster Response, Education, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress may all benefit.

Completion of “*Suicide Prevention, Intervention, & Postvention*” and receipt of a certificate indicating full attendance (14 contact hours) qualifies as a class in the International Critical Incident Stress Foundation’s *Certificate of Specialized Training Program*



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### Registration

Register at [DFS Learning Management System](#)