

# Suicide is a preventable public health problem.

## Suicide Prevention Saves Lives

## Suicide Prevention Program

Each year, approximately...

...**500** Massachusetts residents die by suicide.

...there are **4,000** inpatient hospitalizations for self-inflicted injuries.

...there are **6,700** emergency department visits for self-inflicted injuries.

...suicides outnumber homicides in the state by nearly **three to one**.

...the Samaritans agencies in Massachusetts respond to over **154,000** crisis calls.



### Massachusetts Department of Public Health Suicide Prevention Program

250 Washington Street  
Boston, MA 02108  
(617) 624-6076

[www.mass.gov/dph/suicideprevention](http://www.mass.gov/dph/suicideprevention)



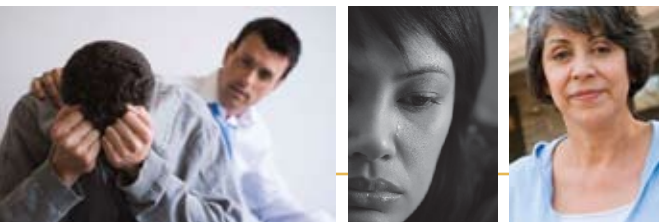
The Massachusetts  
Department of  
Public Health

# Suicide Prevention Program

**The goal of the Massachusetts Department of Public Health's Suicide Prevention Program is to reduce the number of suicides and suicide attempts among Massachusetts residents.**

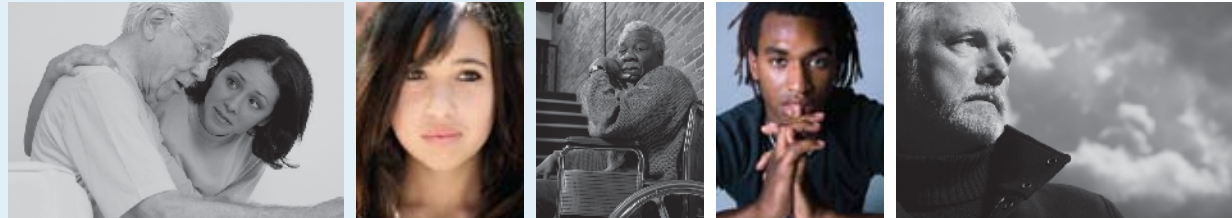
The Suicide Prevention Program uses data to identify populations and geographic areas of the state that are at highest risk and most in need of services. The Program provides:

- Support to community agencies working with at-risk populations across the lifespan.
- Education and training to professionals, caregivers, and community groups.
- Technical assistance for the development of regional coalitions in communities across Massachusetts.
- Support for communities experiencing suicide deaths.



## Training

The Suicide Prevention Program offers a wide range of trainings for professionals, care givers and individuals who work with at risk populations. In addition, the Program offers presentations to groups and community members to raise awareness of suicide as a preventable public health problem. For more information about trainings, please look for Conferences, Trainings and Events on our website at:  
[www.mass.gov/dph/suicideprevention](http://www.mass.gov/dph/suicideprevention)



## 24-Hour Crisis Hotlines

Samaritans Statewide Hotline:  
877-870 HOPE (4673)

National Suicide Prevention Lifeline:  
800-273-TALK (8255)  
Veterans, press 1

The Trevor Helpline (for GLBTQ youth):  
866-4-U-TREVOR (488-7386)

## MA Coalition for Suicide Prevention

The Suicide Prevention Program works collaboratively with and supports the Massachusetts Coalition for Suicide Prevention (MCSP). The MCSP brings together people from many disciplines and backgrounds to work together to reduce suicide and promote mental health. For more information, please visit:  
[www.masspreventsuicide.org](http://www.masspreventsuicide.org)

## Other Information

For more information on the following topics, please go to our website:  
[www.mass.gov/dph/suicideprevention](http://www.mass.gov/dph/suicideprevention)

- General Information About Suicide
- Additional Programs and Resources
- Conferences, Trainings and Events
- Statewide, Regional and Community Coalitions
- Massachusetts Strategic Plan for Suicide Prevention