

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents  
January 1, 2006 - June 30, 2006  
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
<b>Fallon Community Health Plan, Inc.</b>						
Major Depression	1,155	13.83	13,059	156.35	14,214	170.18
Attention Deficit Hyperactivity Disorder	1,472	17.62	2,862	34.27	4,334	51.89
Eating Disorders	229	2.74	316	3.78	545	6.53
Chemical Dependency	858	10.27	2,911	34.85	3,769	45.13
Other Mental Health	9,608	115.03	32,860	393.42	42,468	508.46
<b>Total Outpatient Behavioral Health Utilization</b>	<b>13,322</b>	<b>159.50</b>	<b>52,008</b>	<b>622.68</b>	<b>65,330</b>	<b>782.18</b>
<b>Harvard Pilgrim Health Care, Inc.</b>						
Major Depression	16,697	77.73	49,703	231.39	66,400	309.13
Attention Deficit Hyperactivity Disorder	4,492	20.91	7,367	34.30	11,859	55.21
Eating Disorders	218	1.01	2,155	10.03	2,373	11.05
Chemical Dependency	747	3.48	7,181	33.43	7,928	36.91
Other Mental Health	26,623	123.94	134,565	626.47	161,188	750.41
<b>Total Outpatient Behavioral Health Utilization</b>	<b>48,777</b>	<b>227.08</b>	<b>200,971</b>	<b>935.62</b>	<b>249,748</b>	<b>1,162.71</b>
<b>Blue Cross Blue Shield of MA HMO Blue, Inc.</b>						
Major Depression	49,884	108.21	73,744	159.97	123,628	268.18
Attention Deficit Hyperactivity Disorder	11,647	25.27	13,825	29.99	25,472	55.26
Eating Disorders	1,573	3.41	4,361	9.46	5,934	12.87
Chemical Dependency	262	0.57	18,960	41.13	19,222	41.70
Other Mental Health	110,169	238.99	225,676	489.55	335,845	728.54
<b>Total Outpatient Behavioral Health Utilization</b>	<b>173,535</b>	<b>376.44</b>	<b>336,566</b>	<b>730.10</b>	<b>510,101</b>	<b>1,106.54</b>
<b>Tufts Associated Health Maintenance Organization, Inc.</b>						
Major Depression	13,763	90.02	26,184	171.26	39,947	261.28
Attention Deficit Hyperactivity Disorder	2,731	17.86	4,892	32.00	7,623	49.86
Eating Disorders	227	1.48	1,406	9.20	1,633	10.68
Chemical Dependency	385	2.52	2,052	13.42	2,437	15.94
Other Mental Health	20,225	132.29	73,614	481.49	93,839	613.78
<b>Total Outpatient Behavioral Health Utilization</b>	<b>37,331</b>	<b>244.17</b>	<b>108,148</b>	<b>707.37</b>	<b>145,479</b>	<b>951.54</b>

HMOs with 150,000 or less Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
<b>Aetna Health Inc.</b>						
Major Depression	447	100.60	48	10.80	495	111.40
Attention Deficit Hyperactivity Disorder	121	27.23	19	4.28	140	31.51
Eating Disorders	24	5.40	0	0.00	24	5.40
Chemical Dependency	24	5.40	24	5.40	48	10.80
Other Mental Health	25	5.63	111	24.98	136	30.61
<b>Total Outpatient Behavioral Health Utilization</b>	<b>641</b>	<b>144.26</b>	<b>202</b>	<b>45.46</b>	<b>843</b>	<b>189.72</b>
<b>CIGNA HealthCare of Massachusetts, Inc.</b>						
Major Depression	228	52.88	548	127.10	776	179.98
Attention Deficit Hyperactivity Disorder	40	9.28	138	32.01	178	41.28
Eating Disorders	1	0.23	32	7.42	33	7.65
Chemical Dependency	21	4.87	130	30.15	151	35.02
Other Mental Health	332	77.00	1,724	399.85	2,056	476.85
<b>Total Outpatient Behavioral Health Utilization</b>	<b>622</b>	<b>144.26</b>	<b>2,572</b>	<b>596.52</b>	<b>3,194</b>	<b>740.78</b>
<b>ConnectiCare of Massachusetts, Inc.</b>						
Major Depression	42	6.59	174	27.29	216	33.88
Attention Deficit Hyperactivity Disorder	31	4.86	84	13.18	115	18.04
Eating Disorders	13	2.04	43	6.74	56	8.78
Chemical Dependency	3	0.47	88	13.80	91	14.27
Other Mental Health	510	80.00	3,291	516.21	3,801	596.20
<b>Total Outpatient Behavioral Health Utilization</b>	<b>599</b>	<b>93.96</b>	<b>3,680</b>	<b>577.22</b>	<b>4,279</b>	<b>671.18</b>
<b>Health New England, Inc.</b>						
Major Depression	2,356	71.32	3,726	112.79	6,082	184.10
Attention Deficit Hyperactivity Disorder	1,108	33.54	1,021	30.91	2,129	64.44
Eating Disorders	79	2.39	337	10.20	416	12.59
Chemical Dependency	136	4.12	759	22.97	895	27.09
Other Mental Health	4,258	128.89	16,517	499.97	20,775	628.86
<b>Total Outpatient Behavioral Health Utilization</b>	<b>7,937</b>	<b>240.25</b>	<b>22,360</b>	<b>676.83</b>	<b>30,297</b>	<b>917.09</b>
<b>Neighborhood Health Plan, Inc.</b>						
Major Depression	3,918	60.13	10,983	168.55	14,901	228.68
Attention Deficit Hyperactivity Disorder	2,582	39.62	7,394	113.47	9,976	153.10
Eating Disorders	18	0.28	170	2.61	188	2.89
Chemical Dependency	622	9.55	3,665	56.24	4,287	65.79
Other Mental Health	9,169	140.71	50,827	780.02	59,996	920.73
<b>Total Outpatient Behavioral Health Utilization</b>	<b>16,309</b>	<b>250.29</b>	<b>73,039</b>	<b>1,120.89</b>	<b>89,348</b>	<b>1,371.18</b>
<b>UnitedHealthcare of New England, Inc.</b>						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	39	3.93	90	9.06	129	12.99
Eating Disorders	0	0.00	6	0.60	6	0.60
Chemical Dependency	4	0.40	53	5.34	57	5.74
Other Mental Health	229	23.07	1,376	138.59	1,605	161.66
<b>Total Outpatient Behavioral Health Utilization</b>	<b>272</b>	<b>27.40</b>	<b>1,525</b>	<b>153.60</b>	<b>1,797</b>	<b>181.00</b>

<b>Total Physician Encounters:</b>	<b>299,345</b>	<b>Annualized Physician Encounters per 1,000 Members:</b>	<b>289.10</b>	<b>Total Non-Physician Encounters:</b>	<b>801,071</b>	<b>Annualized Non-Physician Encounters per 1,000 Members:</b>	<b>773.64</b>	<b>Total Encounters:</b>	<b>1,100,416</b>	<b>Annualized Encounters per 1,000 Members:</b>	<b>1,062.74</b>
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