

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2009 - June 30, 2009
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Boston Medical Center Health Plan, Inc.					
Major Depression	406	3.29	3,007	24.38	7.41
Attention Deficit Hyperactivity Disorder	19	0.15	179	1.45	9.42
Eating Disorders	20	0.16	297	2.41	14.85
Chemical Dependency	296	2.40	1,314	10.65	4.44
Other Mental Health	1,307	10.60	9,730	78.89	7.44
Total Inpatient Behavioral Health Utilization	2,048	16.61	14,527	117.79	7.09
Fallon Community Health Plan, Inc.					
Major Depression	156	1.77	961	10.88	6.16
Attention Deficit Hyperactivity Disorder	2	0.02	13	0.15	6.50
Eating Disorders	5	0.06	82	0.93	16.40
Chemical Dependency	37	0.42	165	1.87	4.46
Other Mental Health	349	3.95	5,343	60.48	15.31
Total Inpatient Behavioral Health Utilization	549	6.21	6,564	74.30	11.96
Harvard Pilgrim Health Care, Inc.					
Major Depression	203	1.22	1,728	10.37	8.51
Attention Deficit Hyperactivity Disorder	10	0.06	89	0.53	8.90
Eating Disorders	10	0.06	136	0.82	13.60
Chemical Dependency	396	2.38	1,792	10.76	4.53
Other Mental Health	519	3.11	4,613	27.69	8.89
Total Inpatient Behavioral Health Utilization	1,138	6.83	8,358	50.16	7.34
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	544	1.31	4,573	10.97	8.41
Attention Deficit Hyperactivity Disorder	20	0.05	185	0.44	9.25
Eating Disorders	71	0.17	1,065	2.56	15.00
Chemical Dependency	1,410	3.38	7,773	18.65	5.51
Other Mental Health	1,302	3.12	13,125	31.49	10.08
Total Inpatient Behavioral Health Utilization	3,347	8.03	26,721	64.11	7.98
Neighborhood Health Plan, Inc.					
Major Depression	203	2.12	1,429	14.96	7.04
Attention Deficit Hyperactivity Disorder	12	0.13	106	1.11	8.83
Eating Disorders	6	0.06	46	0.48	7.67
Chemical Dependency	48	0.50	256	2.68	5.33
Other Mental Health	726	7.60	6,107	63.92	8.41
Total Inpatient Behavioral Health Utilization	995	10.41	7,944	83.14	7.98
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	247	1.45	2,093	12.30	8.47
Attention Deficit Hyperactivity Disorder	3	0.02	20	0.12	6.67
Eating Disorders	10	0.06	101	0.59	10.10
Chemical Dependency	414	2.43	1,814	10.66	4.38
Other Mental Health	568	3.34	5,818	34.20	10.24
Total Inpatient Behavioral Health Utilization	1,242	7.30	9,846	57.88	7.93

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	4	1.24	34	10.55	8.50
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	3	0.93	20	6.20	6.67
Other Mental Health	15	4.65	139	43.12	9.27
Total Inpatient Behavioral Health Utilization	22	6.82	193	59.87	8.77
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	3	2.89	10	9.64	3.33
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	2	1.93	7	6.74	3.50
Other Mental Health	7	6.74	12	11.56	1.71
Total Inpatient Behavioral Health Utilization	12	11.56	29	27.94	2.42
ConnectiCare of Massachusetts, Inc.					
Major Depression	3	1.19	4	1.59	1.33
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	5	1.98	5	1.98	1.00
Other Mental Health	3	1.19	3	1.19	1.00
Total Inpatient Behavioral Health Utilization	11	4.37	12	4.76	1.09
Health New England, Inc.					
Major Depression	48	1.44	362	10.83	7.54
Attention Deficit Hyperactivity Disorder	0	0.03	57	1.71	57.00
Eating Disorders	6	0.18	135	4.04	22.50
Chemical Dependency	104	3.11	472	14.12	4.54
Other Mental Health	66	1.97	694	20.76	10.52
Total Inpatient Behavioral Health Utilization	225	6.73	1,720	51.46	7.64
UnitedHealthcare of New England, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	0	0.00	0	0.00	0.00
Other Mental Health	27	9.24	175	59.90	6.48
Total Inpatient Behavioral Health Utilization	27	9.24	175	59.90	6.48