

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2010 - June 30, 2010
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Boston Medical Center Health Plan, Inc.					
Major Depression	573	4.75	3,846	31.85	6.71
Attention Deficit Hyperactivity Disorder	15	0.12	127	1.05	8.47
Eating Disorders	10	0.08	157	1.30	15.70
Chemical Dependency	170	1.41	808	6.69	4.75
Other Mental Health	1,061	8.79	8,466	70.11	7.98
Total Inpatient Behavioral Health Utilization	1,829	15.15	13,404	111.01	7.33
Fallon Community Health Plan, Inc.					
Major Depression	196	2.18	1,511	16.83	7.71
Attention Deficit Hyperactivity Disorder	3	0.03	22	0.25	7.33
Eating Disorders	21	0.23	202	2.25	9.62
Chemical Dependency	207	2.31	1,177	13.11	5.69
Other Mental Health	283	3.15	3,010	33.53	10.64
Total Inpatient Behavioral Health Utilization	710	7.91	5,922	65.97	8.34
Harvard Pilgrim Health Care, Inc.					
Major Depression	252	1.39	2,044	11.29	8.11
Attention Deficit Hyperactivity Disorder	4	0.02	26	0.14	6.50
Eating Disorders	5	0.03	64	0.35	12.80
Chemical Dependency	427	2.36	1,948	10.76	4.56
Other Mental Health	550	3.04	4,910	27.13	8.93
Total Inpatient Behavioral Health Utilization	1,238	6.84	8,992	49.68	7.26
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	652	1.83	5,894	16.54	9.04
Attention Deficit Hyperactivity Disorder	6	0.02	77	0.22	12.83
Eating Disorders	69	0.19	1,250	3.51	18.12
Chemical Dependency	1,408	3.95	7,789	21.85	5.53
Other Mental Health	1,017	2.85	10,394	29.16	10.22
Total Inpatient Behavioral Health Utilization	3,152	8.84	25,404	71.27	8.06
Neighborhood Health Plan, Inc.					
Major Depression	424	4.46	2,736	28.80	6.45
Attention Deficit Hyperactivity Disorder	12	0.13	119	1.25	9.92
Eating Disorders	20	0.21	218	2.29	10.90
Chemical Dependency	46	0.48	203	2.14	4.41
Other Mental Health	822	8.65	6,245	65.73	7.60
Total Inpatient Behavioral Health Utilization	1,324	13.93	9,521	100.21	7.19
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	296	1.75	2,544	15.05	8.59
Attention Deficit Hyperactivity Disorder	3	0.02	21	0.12	7.00
Eating Disorders	10	0.06	99	0.59	9.90
Chemical Dependency	370	2.19	1,556	9.21	4.21
Other Mental Health	586	3.47	5,751	34.02	9.81
Total Inpatient Behavioral Health Utilization	1,265	7.48	9,971	58.99	7.88

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	3	1.31	22	9.62	7.33
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	3	1.31	20	8.74	6.67
Other Mental Health	8	3.50	66	28.86	8.25
Total Inpatient Behavioral Health Utilization	14	6.12	108	47.22	7.71
CelliCare Health Plan of Massachusetts, Inc.					
Major Depression	55	3.94	167	11.97	3.04
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	1	0.07	4	0.29	4.00
Chemical Dependency	54	3.87	114	8.17	2.11
Other Mental Health	191	13.69	684	49.03	3.58
Total Inpatient Behavioral Health Utilization	301	21.57	969	69.45	3.22
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	0	0.00	0	0.00	0.00
Other Mental Health	0	0.00	0	0.00	0.00
Total Inpatient Behavioral Health Utilization	0	0.00	0	0.00	0.00
ConnectiCare of Massachusetts, Inc.					
Major Depression	2	1.04	2	1.04	1.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	1	0.52	1	0.52	1.00
Other Mental Health	3	1.56	3	1.56	1.00
Total Inpatient Behavioral Health Utilization	6	3.11	6	3.11	1.00
Health New England, Inc.					
Major Depression	77	2.00	528	13.72	6.86
Attention Deficit Hyperactivity Disorder	1	0.03	8	0.21	8.00
Eating Disorders	1	0.03	35	0.91	35.00
Chemical Dependency	111	2.88	505	13.12	4.55
Other Mental Health	92	2.39	779	20.24	8.47
Total Inpatient Behavioral Health Utilization	282	7.33	1,855	48.19	6.58
UnitedHealthcare of New England, Inc.					
Major Depression	15	11.65	85	66.04	5.67
Attention Deficit Hyperactivity Disorder	1	0.78	15	11.65	15.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	2	1.55	10	7.77	5.00
Other Mental Health	44	34.18	257	199.66	5.84
Total Inpatient Behavioral Health Utilization	62	48.17	367	285.12	5.92

Total Discharge Days: 76,519