

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents
January 1, 2010 - June 30, 2010
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership						
	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Boston Medical Center Health Plan, Inc.						
Major Depression	4,777	39.56	78,227	647.85	83,004	687.42
Attention Deficit Hyperactivity Disorder	1,995	16.52	44,405	367.75	46,400	384.27
Eating Disorders	23	0.19	1,094	9.06	1,117	9.25
Chemical Dependency	2,020	16.73	141,040	1,168.05	143,060	1,184.78
Other Mental Health	8,677	71.86	210,265	1,741.36	218,942	1,813.22
Total Outpatient Behavioral Health Utilization	17,492	144.86	475,031	3,934.08	492,523	4,078.94
Fallon Community Health Plan, Inc.						
Major Depression	1,881	20.96	21,732	242.10	23,613	263.06
Attention Deficit Hyperactivity Disorder	1,571	17.50	4,064	45.27	5,635	62.78
Eating Disorders	123	1.37	1,644	18.31	1,767	19.69
Chemical Dependency	1,405	15.65	10,328	115.06	11,733	130.71
Other Mental Health	4,704	52.40	43,448	484.03	48,152	536.43
Total Outpatient Behavioral Health Utilization	9,684	107.88	81,216	904.78	90,900	1,012.66
Harvard Pilgrim Health Care, Inc.						
Major Depression	15,407	85.12	51,509	284.58	66,916	369.71
Attention Deficit Hyperactivity Disorder	4,764	26.32	8,506	46.99	13,270	73.32
Eating Disorders	271	1.50	2,445	13.51	2,716	15.01
Chemical Dependency	2,055	11.35	7,747	42.80	9,802	54.16
Other Mental Health	26,806	148.10	147,000	812.16	173,806	960.26
Total Outpatient Behavioral Health Utilization	49,303	272.40	217,207	1,200.05	266,510	1,472.45
Blue Cross and Blue Shield of MA HMO Blue, Inc.						
Major Depression	80,496	225.84	74,209	208.20	154,705	434.03
Attention Deficit Hyperactivity Disorder	16,912	47.45	10,531	29.55	27,443	76.99
Eating Disorders	2,000	5.61	3,069	8.61	5,069	14.22
Chemical Dependency	173	0.49	11,054	31.01	11,227	31.50
Other Mental Health	150,492	422.21	169,826	476.45	320,318	898.67
Total Outpatient Behavioral Health Utilization	250,073	701.59	268,689	753.82	518,762	1,455.41
Neighborhood Health Plan, Inc.						
Major Depression	10,566	111.20	51,947	546.73	62,513	657.94
Attention Deficit Hyperactivity Disorder	4,526	47.64	23,002	242.09	27,528	289.73
Eating Disorders	60	0.63	749	7.88	809	8.51
Chemical Dependency	3,024	31.83	197,688	2,080.62	200,712	2,112.45
Other Mental Health	18,015	189.60	136,722	1,438.77	154,737	1,628.57
Total Outpatient Behavioral Health Utilization	36,191	380.90	410,108	4,316.30	446,299	4,697.20
Tufts Associated Health Maintenance Organization, Inc.						
Major Depression	15,960	94.42	36,932	218.49	52,892	312.91
Attention Deficit Hyperactivity Disorder	3,489	20.64	5,364	31.73	8,853	52.37
Eating Disorders	113	0.67	1,103	6.53	1,216	7.19
Chemical Dependency	939	5.56	2,726	16.13	3,665	21.68
Other Mental Health	18,564	109.82	76,163	450.58	94,727	560.41
Total Outpatient Behavioral Health Utilization	39,065	231.11	122,288	723.46	161,353	954.57

HMOs with 150,000 or less Massachusetts Membership						
	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Aetna Health Inc.						
Major Depression	426	186.26	83	36.29	509	222.55
Attention Deficit Hyperactivity Disorder	94	41.10	16	7.00	110	48.10
Eating Disorders	3	1.31	6	2.62	9	3.94
Chemical Dependency	46	19.68	7	7.00	53	26.67
Other Mental Health	919	401.82	194	84.82	1,113	486.65
Total Outpatient Behavioral Health Utilization	1,487	650.17	315	137.73	1,802	787.90
CeltiCare Health Plan of Massachusetts, Inc.						
Major Depression	865	62.00	332	23.80	1,197	85.80
Attention Deficit Hyperactivity Disorder	12	0.86	9	0.65	21	1.51
Eating Disorders	0	0.00	0	0.00	0	0.00
Chemical Dependency	189	13.55	287	20.57	476	34.12
Other Mental Health	471	33.76	375	26.88	846	60.64
Total Outpatient Behavioral Health Utilization	1,537	110.16	1,003	71.89	2,540	182.05
CIGNA HealthCare of Massachusetts, Inc.						
Major Depression	19	76.85	35	141.56	54	218.40
Attention Deficit Hyperactivity Disorder	3	12.13	0	0.00	3	12.13
Eating Disorders	0	0.00	2	8.09	2	8.09
Chemical Dependency	0	0.00	1	4.04	1	4.04
Other Mental Health	10	40.44	66	266.94	76	307.38
Total Outpatient Behavioral Health Utilization	32	129.42	104	420.63	136	550.05
ConnectiCare of Massachusetts, Inc.						
Major Depression	24	12.45	218	113.13	242	125.58
Attention Deficit Hyperactivity Disorder	7	3.63	92	47.74	99	51.38
Eating Disorders	0	0.00	7	3.63	7	3.63
Chemical Dependency	5	2.53	21	10.90	26	13.49
Other Mental Health	76	39.44	590	306.18	666	345.61
Total Outpatient Behavioral Health Utilization	112	58.12	928	481.58	1,040	539.70
Health New England, Inc.						
Major Depression	2,232	57.99	7,458	193.76	9,690	251.75
Attention Deficit Hyperactivity Disorder	596	15.48	1,970	51.18	2,566	66.67
Eating Disorders	3	0.08	303	7.87	306	7.95
Chemical Dependency	80	2.08	965	25.07	1,045	27.15
Other Mental Health	3,534	91.81	26,676	693.05	30,210	784.86
Total Outpatient Behavioral Health Utilization	6,445	167.44	37,372	970.93	43,817	1,138.38
UnitedHealthcare of New England, Inc.						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	8	6.22	36	27.97	44	34.18
Eating Disorders	0	0.00	2	1.55	2	1.55
Chemical Dependency	6	4.66	25	19.42	31	24.08
Other Mental Health	143	111.10	778	604.43	921	715.53
Total Outpatient Behavioral Health Utilization	157	121.97	841	653.37	998	775.35

Total Physician Encounters: 411,578

Total Non-Physician Encounters: 1,615,102

Total Encounters: 2,026,680