

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents
January 1, 2006 - December 31, 2006
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Fallon Community Health Plan, Inc.						
Major Depression	1,971	12.55	23,756	151.31	25,727	163.87
Attention Deficit Hyperactivity Disorder	2,402	15.30	5,026	32.01	7,428	47.31
Eating Disorders	399	2.54	452	2.85	851	5.42
Chemical Dependency	1,458	9.29	5,975	38.66	7,433	47.34
Other Mental Health	14,684	93.53	51,253	326.45	65,937	419.98
Total Outpatient Behavioral Health Utilization	20,914	133.21	86,462	550.72	107,376	683.93
Harvard Pilgrim Health Care, Inc.						
Major Depression	32,404	75.78	98,287	229.85	130,691	305.62
Attention Deficit Hyperactivity Disorder	8,682	20.30	13,479	31.52	22,161	51.82
Eating Disorders	374	0.87	4,130	9.66	4,504	10.53
Chemical Dependency	1,331	3.11	13,286	31.07	14,617	34.18
Other Mental Health	52,031	121.68	261,363	611.20	313,394	732.86
Total Outpatient Behavioral Health Utilization	94,822	221.74	390,545	913.30	485,367	1,135.04
Blue Cross and Blue Shield of MA HMO Blue, Inc.						
Major Depression	101,984	110.48	140,144	151.81	242,128	262.29
Attention Deficit Hyperactivity Disorder	23,305	25.25	24,616	26.67	47,921	51.91
Eating Disorders	3,007	3.26	8,056	8.73	11,063	11.98
Chemical Dependency	703	0.76	35,773	38.75	36,476	39.51
Other Mental Health	216,570	234.60	422,046	457.18	638,616	691.79
Total Outpatient Behavioral Health Utilization	345,569	374.34	630,635	683.14	976,204	1,057.48
Tufts Associated Health Maintenance Organization, Inc.						
Major Depression	26,567	88.14	50,589	167.84	77,156	255.97
Attention Deficit Hyperactivity Disorder	5,239	17.38	9,004	29.87	14,243	47.25
Eating Disorders	402	1.33	2,531	8.40	2,933	9.73
Chemical Dependency	736	2.44	3,787	12.56	4,523	15.01
Other Mental Health	37,906	125.76	137,540	456.31	175,446	582.06
Total Outpatient Behavioral Health Utilization	70,850	235.05	203,451	674.97	274,301	910.03

HMOs with 150,000 or less Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Aetna Health Inc.						
Major Depression	928	107.07	169	19.50	1,097	126.56
Attention Deficit Hyperactivity Disorder	269	31.04	49	5.65	318	36.69
Eating Disorders	44	5.08	2	0.23	46	5.31
Chemical Dependency	80	9.23	40	4.61	120	13.84
Other Mental Health	50	5.77	285	32.88	335	38.65
Total Outpatient Behavioral Health Utilization	1,371	158.18	545	62.88	1,916	221.05
CIGNA HealthCare of Massachusetts, Inc.						
Major Depression	360	44.98	969	121.07	1,329	166.05
Attention Deficit Hyperactivity Disorder	81	10.12	214	26.74	295	36.86
Eating Disorders	4	0.50	40	5.00	44	5.50
Chemical Dependency	45	5.62	225	28.11	270	33.74
Other Mental Health	575	71.84	3,301	412.44	3,876	484.29
Total Outpatient Behavioral Health Utilization	1,065	133.07	4,749	593.37	5,814	726.43
ConnectiCare of Massachusetts, Inc.						
Major Depression	41	5.87	319	45.65	360	51.52
Attention Deficit Hyperactivity Disorder	37	5.30	144	20.61	181	25.90
Eating Disorders	11	1.57	45	6.44	56	8.01
Chemical Dependency	1	0.14	123	17.60	124	17.75
Other Mental Health	526	75.28	3,502	501.17	4,028	576.44
Total Outpatient Behavioral Health Utilization	616	88.16	4,133	591.47	4,749	679.63
Health New England, Inc.						
Major Depression	4,505	68.89	7,087	108.37	11,592	177.26
Attention Deficit Hyperactivity Disorder	2,022	30.92	1,931	29.53	3,953	60.45
Eating Disorders	143	2.19	666	10.18	809	12.37
Chemical Dependency	270	4.13	1,428	21.84	1,698	25.96
Other Mental Health	8,333	127.42	30,994	473.94	39,327	601.37
Total Outpatient Behavioral Health Utilization	15,273	233.55	42,106	643.86	57,379	877.41
Neighborhood Health Plan, Inc.						
Major Depression	7,858	59.16	21,401	161.11	29,259	220.26
Attention Deficit Hyperactivity Disorder	4,977	37.47	12,827	96.56	17,804	134.03
Eating Disorders	30	0.23	361	2.72	391	2.94
Chemical Dependency	1,185	8.92	6,861	51.65	8,046	60.57
Other Mental Health	18,520	139.42	93,773	705.93	112,293	845.35
Total Outpatient Behavioral Health Utilization	32,570	245.19	135,223	1,017.97	167,793	1,263.16
UnitedHealthcare of New England, Inc.						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	55	2.95	157	8.44	212	11.39
Eating Disorders	0	0.00	11	0.59	11	0.59
Chemical Dependency	28	1.50	71	3.81	99	5.32
Other Mental Health	401	21.54	2,409	129.43	2,810	150.97
Total Outpatient Behavioral Health Utilization	484	26.00	2,648	142.27	3,132	168.27

Total Physician Encounters: 583,534

Total Non-Physician Encounters: 1,500,497

Total Encounters: 2,084,031