

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2008 - December 31, 2008
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	1,013	1.18	8,762	10.23	8.65
Attention Deficit Hyperactivity Disorder	0.05	0.06	351	0.41	9.00
Eating Disorders	106	0.12	1,938	2.26	18.28
Chemical Dependency	2,795	3.26	14,552	17.00	5.21
Other Mental Health	2,403	2.81	24,141	28.20	10.05
Total Inpatient Behavioral Health Utilization	6,356	7.42	49,744	58.11	7.83
Boston Medical Center Health Plan, Inc.					
Major Depression	770	3.19	5,140	21.31	6.68
Attention Deficit Hyperactivity Disorder	36	0.15	275	1.14	7.64
Eating Disorders	46	0.19	539	2.23	11.72
Chemical Dependency	589	2.44	2,439	10.11	4.14
Other Mental Health	2,398	9.94	17,919	74.28	7.47
Total Inpatient Behavioral Health Utilization	3,839	15.91	26,312	109.07	6.85
Fallon Community Health Plan, Inc.					
Major Depression	279	1.65	2,057	12.18	7.37
Attention Deficit Hyperactivity Disorder	7	0.04	78	0.46	11.14
Eating Disorders	11	0.07	157	0.93	14.27
Chemical Dependency	106	0.63	508	3.01	4.79
Other Mental Health	655	3.88	10,167	60.21	15.52
Total Inpatient Behavioral Health Utilization	1,058	6.27	12,967	76.80	12.26
Harvard Pilgrim Health Care, Inc.					
Major Depression	465	1.29	3,929	10.89	8.45
Attention Deficit Hyperactivity Disorder	11	0.03	133	0.37	12.09
Eating Disorders	25	0.07	579	1.60	23.16
Chemical Dependency	516	1.43	3,491	9.68	6.77
Other Mental Health	1,207	3.35	10,589	29.35	8.77
Total Inpatient Behavioral Health Utilization	2,224	6.16	18,721	51.89	8.42
Neighborhood Health Plan, Inc.					
Major Depression	461	2.55	3,712	20.50	8.05
Attention Deficit Hyperactivity Disorder	28	0.15	270	1.49	9.64
Eating Disorders	10	0.06	86	0.47	8.60
Chemical Dependency	107	0.59	576	3.18	5.38
Other Mental Health	1,352	7.47	11,354	62.71	8.40
Total Inpatient Behavioral Health Utilization	1,958	10.81	15,998	88.35	8.17
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	513	1.49	4,769	13.81	9.30
Attention Deficit Hyperactivity Disorder	4	0.01	49	0.14	12.25
Eating Disorders	33	0.10	276	0.80	8.36
Chemical Dependency	842	2.44	3,497	10.13	4.15
Other Mental Health	1,117	3.24	10,900	31.57	9.76
Total Inpatient Behavioral Health Utilization	2,509	7.27	19,491	56.45	7.77

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	11	2.03	83	15.28	7.55
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	1	0.18	17	3.13	17.00
Chemical Dependency	15	2.76	77	14.18	5.13
Other Mental Health	18	3.31	180	33.14	10.00
Total Inpatient Behavioral Health Utilization	45	8.28	357	65.73	7.93
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	12	4.50	29	10.88	2.42
Other Mental Health	4	1.50	15	5.63	3.75
Total Inpatient Behavioral Health Utilization	16	6.00	44	16.50	2.75
ConnectiCare of Massachusetts, Inc.					
Major Depression	1	0.15	1	0.15	1.00
Attention Deficit Hyperactivity Disorder	1	0.15	1	0.15	1.00
Eating Disorders	1	0.15	8	1.22	8.00
Chemical Dependency	6	0.91	6	1.22	1.33
Other Mental Health	6	0.91	6	0.91	1.00
Total Inpatient Behavioral Health Utilization	15	2.29	24	3.66	1.60
Health New England, Inc.					
Major Depression	85	1.25	731	10.76	8.60
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	9	0.13	161	2.37	17.89
Chemical Dependency	201	2.96	1,056	15.55	5.25
Other Mental Health	157	2.31	1,694	24.94	10.79
Total Inpatient Behavioral Health Utilization	452	6.65	3,642	53.62	8.06
UnitedHealthcare of New England, Inc.					
Major Depression	41	4.15	302	30.55	7.37
Attention Deficit Hyperactivity Disorder		0.20	12	1.21	6.00
Eating Disorders	2	0.20	12	1.21	6.00
Chemical Dependency	4	0.40	18	1.82	4.50
Other Mental Health	139	14.06	981	99.25	7.06
Total Inpatient Behavioral Health Utilization	188	19.02	1,325	134.05	7.05