

HMOs' Outpatient Behavioral Health Utilization for MA Residents by Age Cohort
January 1, 2008 - December 31, 2008
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

Annualized Total Encounters per 1,000 Members	Major Depression						Attention Deficit Hyperactivity Disorder						Eating Disorders						Chemical Dependency						Other Mental Health					
	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+
BCBSMA HMO Blue, Inc.	0.88	18.79	204.33	244.23	402.89	113.90	12.08	207.64	191.10	61.20	27.44	1.29	1.27	2.96	23.37	26.35	11.43	0.90	0.00	0.00	5.68	12.44	9.99	1.01	96.09	657.55	965.00	629.19	898.51	219.63
Boston Medical Center Health Plan, Inc.	0.78	20.72	126.06	268.24	676.72	1,220.34	28.10	521.23	343.54	51.96	29.03	0.00	0.78	2.50	7.59	9.41	10.05	7.82	0.40	0.66	34.02	152.13	231.80	78.23	130.81	1,097.10	1,274.81	937.84	1,388.09	1,674.05
Fallon Community Health Plan, Inc.	0.72	19.30	137.65	160.23	256.01	142.62	15.32	237.10	169.39	48.17	16.27	0.25	1.66	6.31	20.12	26.75	18.42	2.52	0.00	0.00	24.60	127.51	133.34	8.93	138.29	447.90	693.35	493.89	499.64	331.16
Harvard Pilgrim Health Care, Inc.	0.23	24.67	204.65	298.46	485.89	194.08	9.51	204.54	230.25	69.40	28.65	2.37	0.55	2.62	29.62	28.41	11.19	0.95	0.00	0.00	24.19	69.43	47.51	8.87	98.71	754.00	1,069.29	723.39	1,038.09	392.82
Neighborhood Health Plan, Inc.	0.38	27.91	152.04	59.78	1,351.58	86.57	41.22	523.30	253.42	13.59	66.75	1.71	0.48	1.01	8.72	2.05	9.48	0.00	0.00	1.58	25.82	47.11	480.67	8.57	212.87	1,562.61	1,364.18	224.73	2,613.73	238.28
Tufts Associated HMO, Inc.	0.11	25.19	187.94	251.57	432.88	111.99	8.96	215.61	178.04	68.39	27.08	1.33	0.87	1.46	25.26	21.56	7.70	0.57	0.00	0.15	19.57	30.24	26.07	3.62	90.41	614.34	933.60	584.10	793.22	204.99

HMOs with 150,000 or less Massachusetts Membership

Annualized Total Encounters per 1,000 Members	Major Depression						Attention Deficit Hyperactivity Disorder						Eating Disorders						Chemical Dependency						Other Mental Health						
	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	
Aetna Health, Inc.	0.00	29.77	127.13	28.60	192.84	1,344.20	5.40	29.77	102.12	21.87	5.06	0.00	0.00	0.00	2.08	0.00	2.08	8.15	0.00	0.00	0.00	8.41	41.37	32.59	5.40	0.00	0.00	31.26	1.68	22.02	513.24
CIGNA HealthCare of Massachusetts, Inc.	0.00	7.72	79.84	183.92	268.88	81.60	0.00	57.93	163.67	49.05	14.15	0.00	0.00	0.00	0.00	20.44	3.86	0.00	0.00	0.00	55.89	0.00	26.37	115.20	46.95	347.60	678.64	731.61	602.09	48.00	
ConnectiCare of Massachusetts, Inc.	0.00	0.00	42.17	28.75	51.01	0.00	19.27	202.84	98.95	14.37	5.93	0.00	0.00	0.00	0.00	11.50	5.93	0.00	0.00	0.00	22.71	30.19	21.83	0.00	467.89	347.73	433.09	309.06	743.53	36.70	
Health New England, Inc.	0.00	21.10	119.25	150.50	269.91	87.45	22.67	253.70	153.68	45.30	22.99	3.88	3.53	0.17	11.06	24.73	10.83	0.00	0.59	0.17	15.32	28.26	23.69	6.35	94.82	669.94	852.91	535.05	725.41	185.84	
UnitedHealthcare of New England, Inc.	0.00	0.00	168.38	163.71	246.87	98.23	0.00	127.26	110.05	29.10	3.82	24.56	0.00	0.00	27.51	1.82	1.91	0.00	0.00	0.00	6.60	31.83	41.97	0.00	49.54	464.68	759.35	302.86	502.48	49.11	

Age Cohort Total	0.60	21.77	177.49	196.72	451.16	131.24	20.34	298.03	219.82	47.58	27.45	1.37	0.96	2.53	20.05	17.42	11.08	1.02	0.10	0.31	18.07	53.40	60.25	4.85	125.63	826.21	1,035.10	550.14	953.13	258.48				
Major Depression Total:						286.27	Attention Deficit Hyperactivity Disorder Total:						70.13	Eating Disorders Total:						10.01	Chemical Dependency Total:						39.61	Other Mental Health Total:						763.95

HMOs with over 150,000 Massachusetts Membership

Annualized Physician Encounters per 1,000 Members	Major Depression						Attention Deficit Hyperactivity Disorder						Eating Disorders						Chemical Dependency						Other Mental Health					
	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+
BCBSMA HMO Blue, Inc.	0.68	7.80	89.19	131.42	219.89	69.25	6.41	110.03	104.11	47.57	21.48	0.93	1.11	1.64	8.28	11.12	4.40	0.69	0.00	0.00	0.00	0.95	0.42	0.00	40.39	279.82	392.12	314.56	432.19	121.41
Boston Medical Center Health Plan, Inc.	0.00	0.74	5.34	14.73	43.66	132.99	2.33	31.07	15.47	5.09	3.94	0.00	0.09	0.00	0.00	0.16	0.17	0.00	0.04	0.00	0.29	8.07	11.38	0.00	2.40	28.62	36.49	43.12	99.13	183.83
Fallon Community Health Plan, Inc.	0.00	0.92	12.00	20.50	39.91	30.24	7.25	100.13	60.21	18.26	5.44	0.12	1.55	3.15	9.04	13.06	16.24	2.48	0.00	0.00	8.20	24.86	25.15	7.61	35.09	54.22	106.30	121.33	116.60	134.95
Harvard Pilgrim Health Care, Inc.	0.00	2.22	38.18	64.47	114.10	54.68	1.50	46.62	67.90	32.64	14.40	1.27	0.00	0.03	2.06	2.14	1.34	0.13	0.00	0.00	2.70	13.40	7.68	4.31	4.82	78.64	140.46	143.35	161.18	135.73
Neighborhood Health Plan, Inc.	0.13	2.59	19.53	12.90	354.91	28.28	6.82	117.38	62.40	7.42	38.51	1.71	0.00	0.00	0.68	0.36	0.92	0.00	0.00	0.36	2.29	8.67	85.74	0.86	5.03	94.45	136.21	49.30	648.68	36.00
Tufts Associated HMO, Inc.	0.11	6.75	34.07	76.18	123.15	50.12	3.28	62.83	58.89	35.64	14.64	0.71	0.00	0.00	2.07	2.12	0.53	0.08	0.00	0.00	1.64	5.82	5.57	0.53	5.46	72.46	126.44	121.81	159.00	54.07

HMOs with 150,000 or less Massachusetts Membership

Annualized Physician Encounters per 1,000 Members	Major Depression						Attention Deficit Hyperactivity Disorder						Eating Disorders						Chemical Dependency						Other Mental Health						
	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	
Aetna Health, Inc.	0.00	29.77	81.28	28.60	166.65	969.45	5.40	23.81	72.94	21.87	5.06	0.00	0.00	0.00	2.08	0.00	1.49	8.15	0.00	0.00	0.00	3.37	28.27	32.59	5.40	0.00	0.00	0.00	0.00	6.84	89.61
CIGNA HealthCare of Massachusetts, Inc.	0.00	0.00	11.98	12.26	50.82	0.00	0.00	0.00	47.90	8.17	13.51	0.00	0.00	0.00	0.00	12.26	0.00	0.00	0.00	0.00	0.00	0.00	5.79	0.00	0.00	34.76	67.86	61.31	118.36	38.40	
ConnectiCare of Massachusetts, Inc.	0.00	0.00	0.00	1.44	5.69	0.00	2.75	8.52	21.09	5.75	2.61	0.00	0.00	0.00	0.00	0.00	0.71	0.00	0.00	0.00	0.00	0.00	0.24	0.00	0.00	20.45	32.44	50.31	46.50	24.46	
Health New England, Inc.	0.00	3.54	24.96	36.86	78.88	41.26	5.59	46.42	38.38	17.51	9.88	0.71	0.00	0.00	0.63	3.23	0.96	0.00	0.00	0.00	0.63	1.08	0.70	0.00	2.06	44.56	89.71	88.46	109.34	54.31	
UnitedHealthcare of New England, Inc.	0.00	0.00	22.01	29.10	58.34	45.02	0.00	15.18	20.91	13.64	0.79	24.56	0.00	0.00	2.20	0.00	0.16	0.00	0.00	0.00	1.10	9.10	9.38	0.00	0.00	40.86	55.03	67.30	103.01	12.28	

Age Cohort Total	0.25	4.55	47.26	62.89	154.54	52.94	4.65	79.30	70.02	26.18	16.28	0.79	0.45	0.77	4.29	4.75	3.55	0.62	0.01	0.04	1.47	7.22	7.56	2.08	17.02	139.74	209.70	153.03	280.83	96.42				
Major Depression Total:						96.78	Attention Deficit Hyperactivity Disorder Total:						25.91	Eating Disorders Total:						2.95	Chemical Dependency Total:						5.10	Other Mental Health Total:						205.70

HMOs with over 150,000 Massachusetts Membership

Annualized Non-Physician Encounters per 1,000 Members	Major Depression						Attention Deficit Hyperactivity Disorder						Eating Disorders						Chemical Dependency						Other Mental Health					
	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+	0 thru 5	6 thru 12	13 thru 18	19 thru 25	26 thru 64	65+
BCBSMA HMO Blue, Inc.	0.20	10.99	115.15	112.82	183.01	44.65	5.68	97.62	86.99	13.62	5.96	0.35	0.17	1.33	15.09	15.23	7.03	0.21	0.00	0.00	5.68	11.49	9.57	1.01	55.70	377.73	572.88	314.63	466.33	98.22
Boston Medical Center Health Plan, Inc.	0.78	19.98	120.72	253.52	633.06	1,087.35	25.77	490.16	328.07	46.87	25.10	0.00	0.69	2.50	7.59	9.25	9.88	7.82	0.36	0.66	33.73	144.06	220.42	78.23	1,288.41	1,068.47	1,238.32	894.72	1,288.96	1,490.22
Fallon Community Health Plan, Inc.	0.72	18.38	125.66	139.73	216.10	112.38	8.07	136.97	109.18	29.91	10.83	0.12	0.10	3.15	11.09	13.69	2.18	0.03	0.00	0.00	16.40	102.65	108.20	1.32	103.20	393.68	587.06	372.56	383.04	196.20
Harvard Pilgrim Health Care, Inc.	0.23	22.45	166.47	233.99	371.79	139.40	8.01	157.92	162.35	36.76	14.25	1.11	0.55	2.59	27.56	26.27	9.85	0.82	0.00	0.00	21.49	56.03	39.83	4.56	93.89	675.37	928.83	580.05	876.91	257.09
Neighborhood Health Plan, Inc.	0.25	25.31	132.51	46.88	996.67	58.28	34.41	405.92	191.01	6.16	28.24	0.00	0.48	1.01	8.04	1.69	8.56	0.00	0.00	1.22	23.53	38.45	394.92	7.71	207.84	1,468.16	1,227.97	175.42	1,965.06	202.28
Tufts Associated HMO, Inc.	0.00	18.44	153.88	175.39	309.72	61.87	5.68	152.79	119.15	32.75	12.44	0.62	0.87	1.46	23.19	19.44	7.17	0.49	0.00	0.15	17.93	24.42	20.50	3.09	84.95	541.88	807.16	462.29	634.21	150.91