

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2009 - December 31, 2009
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	1,064	1.31	9,063	11.18	8.52
Attention Deficit Hyperactivity Disorder	34	0.04	393	0.48	11.56
Eating Disorders	135	0.17	2,374	2.93	17.59
Chemical Dependency	2,854	3.52	15,712	19.38	5.51
Other Mental Health	2,500	3.08	29,777	36.97	9.65
Total Inpatient Behavioral Health Utilization	6,587	8.12	51,677	63.74	7.85
Boston Medical Center Health Plan, Inc.					
Major Depression	850	3.45	6,090	24.71	7.16
Attention Deficit Hyperactivity Disorder	40	0.16	402	1.63	10.05
Eating Disorders	36	0.15	498	2.02	13.83
Chemical Dependency	649	2.63	2,694	10.93	4.15
Other Mental Health	2,703	10.97	20,297	82.36	7.51
Total Inpatient Behavioral Health Utilization	4,278	17.36	29,981	121.66	7.01
Fallon Community Health Plan, Inc.					
Major Depression	287	1.61	1,909	10.72	6.65
Attention Deficit Hyperactivity Disorder	3	0.02	20	0.11	6.67
Eating Disorders	14	0.08	130	0.70	16.50
Chemical Dependency	84	0.47	439	2.46	5.23
Other Mental Health	718	4.03	11,568	64.94	16.11
Total Inpatient Behavioral Health Utilization	1,106	6.21	14,167	79.53	12.81
Harvard Pilgrim Health Care, Inc.					
Major Depression	411	1.22	3,587	10.65	8.73
Attention Deficit Hyperactivity Disorder	13	0.04	112	0.33	8.62
Eating Disorders	16	0.05	205	0.61	12.81
Chemical Dependency	816	2.42	3,682	10.93	4.51
Other Mental Health	1,029	3.05	9,202	27.31	8.94
Total Inpatient Behavioral Health Utilization	2,285	6.78	16,788	49.83	7.35
Neighborhood Health Plan, Inc.					
Major Depression	493	2.53	3,282	16.87	6.66
Attention Deficit Hyperactivity Disorder	19	0.10	164	0.84	8.63
Eating Disorders	18	0.09	163	0.84	9.06
Chemical Dependency	117	0.60	567	2.91	4.85
Other Mental Health	1,643	8.45	13,383	68.79	8.15
Total Inpatient Behavioral Health Utilization	2,290	11.77	17,559	90.25	7.67
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	481	1.42	4,217	12.41	8.77
Attention Deficit Hyperactivity Disorder	10	0.03	66	0.19	6.60
Eating Disorders	16	0.05	146	0.43	9.13
Chemical Dependency	835	2.46	3,628	10.68	4.34
Other Mental Health	1,162	3.42	11,192	32.94	9.63
Total Inpatient Behavioral Health Utilization	2,504	7.37	19,249	56.65	7.69

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	4	1.47	34	12.48	8.50
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	9	3.30	63	23.12	7.00
Other Mental Health	24	8.81	207	75.98	8.63
Total Inpatient Behavioral Health Utilization	37	13.58	304	111.58	8.22
CellCare Health Plan of Massachusetts, Inc.					
Major Depression	4	0.74	22	4.09	5.50
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	7	1.30	25	4.65	3.57
Other Mental Health	43	7.99	296	55.01	6.88
Total Inpatient Behavioral Health Utilization	54	10.03	343	63.74	6.35
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	4	2.35	20	11.75	5.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	2	1.18	7	4.11	3.50
Other Mental Health	7	4.11	12	7.05	1.71
Total Inpatient Behavioral Health Utilization	13	7.64	39	22.92	3.00
ConnectiCare of Massachusetts, Inc.					
Major Depression	4	0.86	5	1.07	1.25
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	9	1.93	9	1.93	1.00
Other Mental Health	4	0.86	4	0.86	1.00
Total Inpatient Behavioral Health Utilization	17	3.65	18	3.87	1.06
Health New England, Inc.					
Major Depression	99	1.44	734	10.64	7.41
Attention Deficit Hyperactivity Disorder	3	0.04	74	1.07	24.67
Eating Disorders	9	0.13	148	2.15	16.44
Chemical Dependency	213	3.09	949	13.76	4.46
Other Mental Health	152	2.20	1,475	21.38	9.70
Total Inpatient Behavioral Health Utilization	476	6.90	3,380	49.00	7.10
UnitedHealthcare of New England, Inc.					
Major Depression	26	6.44	198	49.06	7.62
Attention Deficit Hyperactivity Disorder	1	0.25	4	0.99	4.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	4	0.99	20	4.96	5.00
Other Mental Health	59	14.62	514	127.36	8.71
Total Inpatient Behavioral Health Utilization	90	22.30	736	182.36	8.18