

HMOs' Inpatient Behavioral Health Utilization Data for MA Residents
January 1, 2010 - December 31, 2010
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Blue Cross and Blue Shield of MA HMO Blue, Inc.					
Major Depression	1,249	1.80	10,773	15.57	8.63
Attention Deficit Hyperactivity Disorder	14	0.02	195	0.28	13.93
Eating Disorders	147	0.21	2,293	3.31	15.60
Chemical Dependency	2,669	3.84	15,151	21.89	5.70
Other Mental Health	1,698	2.74	18,712	27.04	9.86
Total Inpatient Behavioral Health Utilization	5,968	8.62	47,124	68.10	7.90
Boston Medical Center Health Plan, Inc.					
Major Depression	1,187	4.85	7,697	31.47	6.48
Attention Deficit Hyperactivity Disorder	33	0.13	285	1.17	8.64
Eating Disorders	22	0.09	249	1.02	11.32
Chemical Dependency	434	1.77	2,228	9.11	5.13
Other Mental Health	2,223	9.09	17,758	72.60	7.99
Total Inpatient Behavioral Health Utilization	3,899	15.94	28,217	115.35	7.24
Fallon Community Health Plan, Inc.					
Major Depression	356	2.09	2,539	14.94	7.13
Attention Deficit Hyperactivity Disorder	11	0.06	75	0.44	6.82
Eating Disorders	30	0.18	220	1.29	7.33
Chemical Dependency	365	2.15	1,753	10.32	4.80
Other Mental Health	549	3.23	5,045	29.69	9.19
Total Inpatient Behavioral Health Utilization	1,311	7.71	9,632	56.68	7.35
Harvard Pilgrim Health Care, Inc.					
Major Depression	614	1.69	4,724	12.98	7.69
Attention Deficit Hyperactivity Disorder	7	0.02	49	0.13	7.00
Eating Disorders	16	0.04	134	0.37	8.38
Chemical Dependency	889	2.44	4,124	11.33	4.64
Other Mental Health	986	2.71	9,341	25.67	9.47
Total Inpatient Behavioral Health Utilization	2,512	6.90	18,372	50.49	7.31
Neighborhood Health Plan, Inc.					
Major Depression	839	3.87	5,688	26.22	6.78
Attention Deficit Hyperactivity Disorder	25	0.12	263	1.21	10.52
Eating Disorders	42	0.19	516	2.38	12.29
Chemical Dependency	111	0.51	542	2.50	4.88
Other Mental Health	1,555	7.17	13,363	61.59	8.59
Total Inpatient Behavioral Health Utilization	2,572	11.85	20,372	93.90	7.92
Tufts Associated Health Maintenance Organization, Inc.					
Major Depression	649	1.92	5,498	16.31	8.47
Attention Deficit Hyperactivity Disorder	4	0.01	29	0.09	7.25
Eating Disorders	21	0.06	247	0.73	11.76
Chemical Dependency	813	2.41	3,326	9.86	4.09
Other Mental Health	1,238	3.67	11,926	35.37	9.63
Total Inpatient Behavioral Health Utilization	2,725	8.06	21,026	62.36	7.72

HMOs with 150,000 or less Massachusetts Membership

	Total Discharges	Annualized Discharges per 1,000 Members	Total Discharge Days	Annualized Discharge Days per 1,000 Members	Average Length of Stay
Aetna Health Inc.					
Major Depression	15	7.00	205	95.68	13.67
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	8	3.73	73	34.07	9.13
Other Mental Health	21	9.80	184	85.87	8.76
Total Inpatient Behavioral Health Utilization	44	20.54	462	215.62	10.50
CellCare Health Plan of Massachusetts, Inc.					
Major Depression	111	3.54	466	14.87	4.20
Attention Deficit Hyperactivity Disorder	2	0.06	16	0.51	8.00
Eating Disorders	1	0.03	4	0.13	4.00
Chemical Dependency	165	5.27	372	11.87	2.25
Other Mental Health	361	11.52	1,445	46.13	4.00
Total Inpatient Behavioral Health Utilization	640	20.43	2,303	73.51	3.60
CIGNA HealthCare of Massachusetts, Inc.					
Major Depression	0	0.00	0	0.00	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	0	0.00	0	0.00	0.00
Other Mental Health	0	0.00	0	0.00	0.00
Total Inpatient Behavioral Health Utilization	0	0.00	0	0.00	0.00
ConnectiCare of Massachusetts, Inc.					
Major Depression	5	1.36	5	1.36	1.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0.00
Eating Disorders	0	0.00	0	0.00	0.00
Chemical Dependency	2	0.54	2	0.54	1.00
Other Mental Health	8	2.17	9	2.44	1.13
Total Inpatient Behavioral Health Utilization	15	4.07	16	4.34	1.07
Health New England, Inc.					
Major Depression	99	1.44	734	10.64	7.41
Attention Deficit Hyperactivity Disorder	3	0.04	74	1.07	24.67
Eating Disorders	9	0.13	148	2.15	16.44
Chemical Dependency	213	3.09	949	13.76	4.46
Other Mental Health	152	2.20	1,475	21.38	9.70
Total Inpatient Behavioral Health Utilization	476	6.90	3,380	49.00	7.10
UnitedHealthcare of New England, Inc.					
Major Depression	30	12.39	179	73.92	5.97
Attention Deficit Hyperactivity Disorder	12	4.96	180	74.33	15.00
Eating Disorders	1	0.41	17	7.02	17.00
Chemical Dependency	3	1.24	11	4.54	3.67
Other Mental Health	96	39.64	625	258.09	6.51
Total Inpatient Behavioral Health Utilization	142	58.64	1,012	417.89	7.13