

Jinsi ya kutumia dawa ya Kifua Kikuu

How to take your TB medicine

Mgonjwa
Patient

Daktari
Doctor

















Tarehe
Date

Jina la dawa
Medicine name

Lini?

When?

Jumapili Sunday	Jumatatu Monday	Jumanne Tuesday	Jumatano Wednesday	Alhamisi Thursday	Ijumaa Friday	Jumamosi Saturday
						
						

Ngapi?

How many?



Meza vidonge _____ kila wakati.

Take this number of pills by mouth each time.



Usitumie maradufu dawa yako ya Kifua Kikuu, hata iwapo utakosa dozi.

Never double up on your TB medicine, even if you miss a dose.

Je, kwa chakula?

With food?

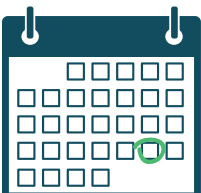


Ndiyo / Yes

La / No

Muda upi?

How long?



Kuna uwezekano wa kumaliza dawa yako ya Kifua Kikuu baada ya miezi _____ .

You will likely finish your TB medicine in this number of months.

Iwapo hutajihisi kawaida...

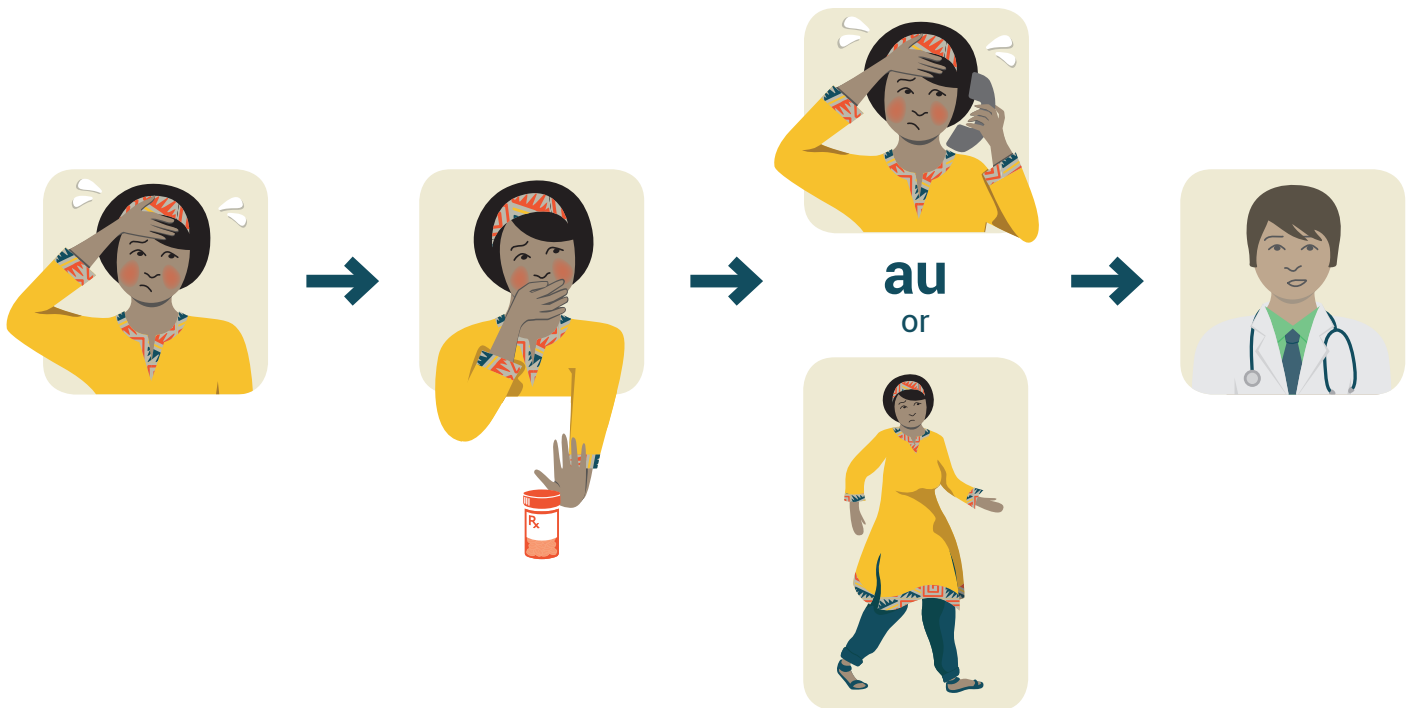
If you don't feel normal...

1 Acha kutumia dawa yako ya Kifua Kikuu.

Stop taking your TB medicine.

2 Pigia au nenda kwa daktari wako **moja kwa moja**.

Call or go to your doctor **right away**.



Jinsi ya kuwasiliana na daktari wako:

How to contact your doctor:



(____) ____ - ____



