**LIST OF COMMUNITY MENTAL HEALTH RESOURCES**

**THERE IS HOPE. THERE IS HELP.**

You or someone you care about can refer to this list of local mental health providers to get help. You may call several providers in order to determine the one that best meets your needs.

**LISTA DE RECURSOS PARA EL SALUD MENTAL**

**HAY ESPERANZA. HAY AYUDA.**

Usted o un ser querido puede consultar esta lista de proveedores locales de salud mental para obtener ayuda. Puede llamar a varios proveedores para determinar cuál se adapta mejor a sus necesidades.

**EMERGENCIES**

**Child and Family Services, Inc. (508) 996-3154**

543 North Street 24 HOURS – 7 DAYS A WEEK

New Bedford, MA 02740

**National Suicide Prevention Lifeline (800) 273-8255**

Calls are Confidential

**Samaritans of FR/NB, Inc. (866) 508-4357**

Calls are Confidential

**RESOURCES**

**All Care Wellness Institute (781) 436-3352**

2467 Purchase Street **(781) 436-3390 - Fax**

New Bedford, MA 02740

Adults, English (Mass Health)

**Arbour Counseling Services (508) 678-2833**

1082 Devol Street **(508) 675-9640 - Fax**

Fall River, MA 02720

Adults/Child, English, Spanish and Portuguese

(Mass Health)

**Aspire Health Alliance (508) 295-3600**

215 Sandwich Road **(508) 295-4375 - Fax**

Wareham, MA 02571

Adults/Child, English (Mass Health)

**Boston Neuro Behavioral Associates (508) 979-5557**

226 Field Street **(508) 979-5955 - Fax**

New Bedford, MA 02740

Adults, English (Mass Health)

**Brighter Side Wellness (774) 202-6963**

77 State Road **(774) 202-2737 - Fax**

North Dartmouth, MA 02747

Adults/Child 14+, English, Spanish and Portuguese

(Mass Health)

**Child and Family Services (508) 984-5566**

543 North Street **(508) 994-5527 - Fax**

New Bedford, MA 02740

Adults/Child, English and Spanish

(Mass Health)

**Help and Hope Southcoast helphopesouthcoast.com**

 Various Local Resources

**High Point Treatment Center (508) 992-1500**

68 North Street **(508) 994-0745 - Fax**

New Bedford, MA 02740

Adults/Child, English (Mass Health)

**Northeast Family Services (774) 206-1125**

222 Milliken Blvd. **(774) 628-9657 - Fax**

Fall River, MA 02721

Adults, English and Spanish (Mass Health)

**Psychiatric and Psychological Associates (508) 997-6091**

50 North Second Street **(508) 999-7795 - Fax**

New Bedford, MA 02740

Adults, English (Mass Health)

**South Bay Community Services (508) 324-0328**

463 Swansea Mall Drive **(508) 672-3619 - Fax**

Swansea, MA 02777

Adults/Child, English, Portuguese and Spanish

(Mass Health)

**South Bay Community Services (508) 830-0000**

50 Aldrin Road **(508) 746-8429 - Fax**

Plymouth, MA 02360

Adults/Child, English (Mass Health)

**Southcoast Counseling Associates (508) 993-8332**

52 Brigham Street **(508) 993-1024 - Fax**

New Bedford, MA 02740

Adults/Child, English (Mass Health)

**Carla Niro (Nurse Practitioner) (401) 533-4052**

**Nurse Practitioner (774) 264-9577 - Fax**

25 Old Westport Road

Dartmouth, MA 02747

Adults, English (Mass Health)

**Gail Perry (Nurse Practitioner) (508) 997-6091 ext. 125**

50 North Second Street **(508) 999-7795 - Fax**

New Bedford, MA 02740

Adults, English (Mass Health)

**Day Programs**

**Capeway Adult Day (508) 985-9076**

81 Welby Road **(508) 985-9026 - Fax**

New Bedford, MA 02745

English, Portuguese and Spanish (Mass Health)

**La Bella Vida Adult Day Health Care (774) 202-1065**

365 Faunce Corner Road **(774) 202-0811** - **Fax**

Dartmouth, Ma 02747

English, Portuguese and Spanish (Mass Health)

**LifeStream Day Support Services (508) 998-2162**

70 Mill Road **(508) 998-8626 - Fax**

Acushnet, MA 02743

English, Portuguese and Spanish (Mass Health)

**Project Independence (508) 997-1441**

250 Elm Street **(508) 997-5594 - Fax**

New Bedford, MA 02740

English, Portuguese, Spanish (Mass Health)

**Seven Hills Behavioral (508) 992-0367**

589 South First Street **(508) 991-4999 - Fax**

New Bedford, MA 02740

English (Mass Health)

**Sober Houses**

**Flip Side Sober House (617) 501-0612**

60 Hathaway Street Bill Whalen

New Bedford, MA 02746

English (No Mass Health)

**Zero Tolerance Recovery House (774) 930-1847**

625 County Street **(774) 501-2992 - Fax**

New Bedford, MA 02740 Armand Edmund, Director

English, Portuguese (No Mass Health)

**Recovery Commons (508) 971-6792**

209 Bellville Street John Thomas (JT)

New Bedford, MA 02746

English (No Mass Health)

**House of Hope (508) 996-6814**

848 Mt. Pleasant Street (**774) 202-3988 - Fax**

New Bedford, MA 02740 Kathy Hughes

English, Portuguese, Spanish (No Mass Health)

**Tyler’s Home (844) 337-2929**

88 Jouvette Street **(844) 232-5985 - Fax**

New Bedford, MA 02740

English (No Mass Health)