AGING in MASSACHUSETTS Shaping the Future

Governor's Council to Address Aging in Massachusetts
Transportation Workgroup Plan
26 April 2018

Charge and Members



Charge

 Expand transportation for older adults by creating new solutions or scaling a best practice that already exists

Deliverables

- Recommend 2-3 pilot programs and implementation plans to:
 - Expand transportation options for older adults
 - Cover the "last 50 feet"

Members

- Nora Moreno Cargie (Co-Chair), Tufts
 Health Plan Foundation
- Rosanne DiStefano (Co-Chair), Former AAA/ASAP Director
- Aniko Laszlo, MassDOT
- Beth Dugan, UMass Boston

- Brian O'Grady, Williamstown COA
- Dan O'Leary, Mystic Valley Elder Services
- Jared Johnson, Transit Matters
- Mary Skelton Roberts, Barr Foundation
- Sandra Robinson, Needham Community Council

Meeting Discussion and Process



Meeting Information

- Meetings were held on Friday, March 16th and Friday, April 13th
- Summary of meeting discussion
 - Challenges within current systems
 - Finding volunteer drivers
 - Limited wheel-chair accessible transportation
 - Vans are often not cost-effective
 - Best practice programs and initiatives
 - Existing community transportation options with UMass Boston Transportation Scan (Appendix A)
 - MassDOT's RideMatch and Travel Trainers
 - Uber/Lyft Concierge Service (Needham Community Council)
 - TRIP with volunteer drivers and payment (Mystic Valley Elder Services)
- Workgroup Focus
 - Focus on pilot projects in the short-term but also innovate for the longer time period
 - Focus on equity across communities (gateways cites and rural communities) –
 use demographics and the transportation scan to identify those communities

Work Plan



Path to Concrete Actions & Recommendations (by October 2018)

- Topics for consideration
 - Identify gaps in current transportation system
 - Healthy Aging Data reports will include scan information on transportation systems in community profiles (Appendix A)
 - Find solutions that address the pyramid of transportation needs including full mobility, transition and self-regulation, as well as supportive transportation (Appendix B)
 - Flexibility non-fixed routes
 - Accessibility wheel-chair accessible and door-to-door service
 - On demand service unscheduled routes
 - Partner with businesses to provide transportation options for older adult
- Work plan
 - Next meeting in May
 - o Further research/data needed
 - Better understand technology/innovation business models that may be an asset in transportation solutions

Challenges and Collaboration



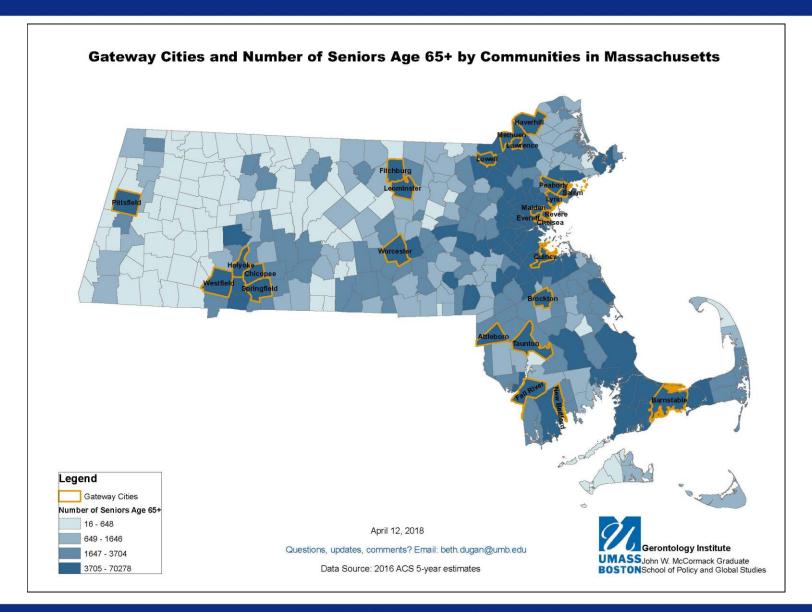
Challenges

• Transportation is often not "owned" by only one organization or agency at one level of government

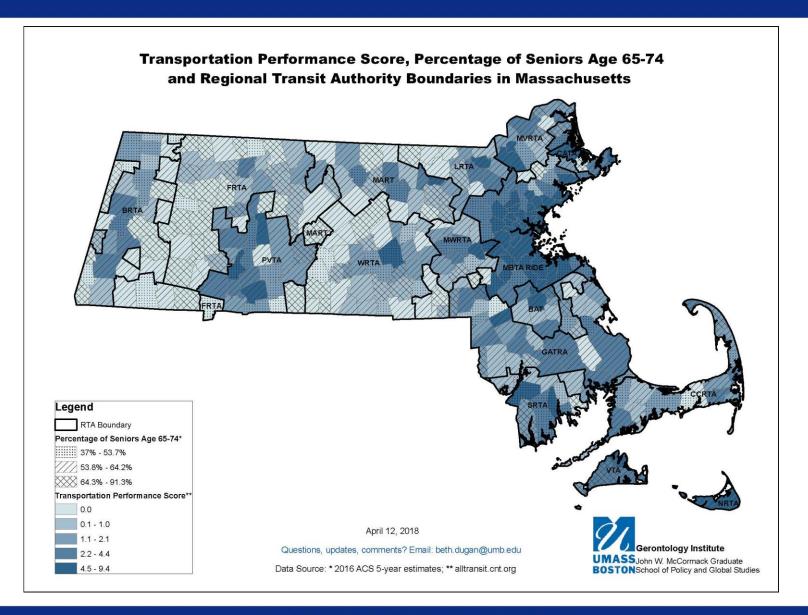
Collaboration with Other Workgroups

 Technology and innovation – Are there technology strategies to support transportation initiatives?

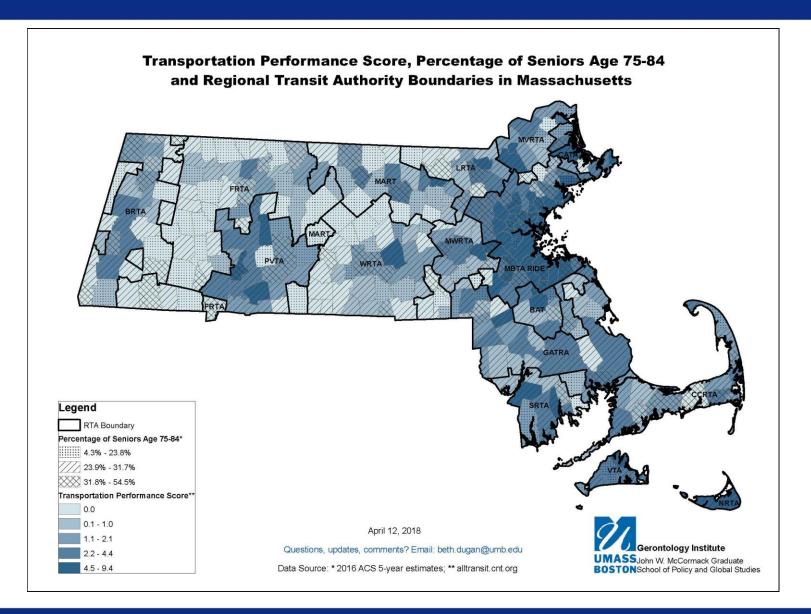




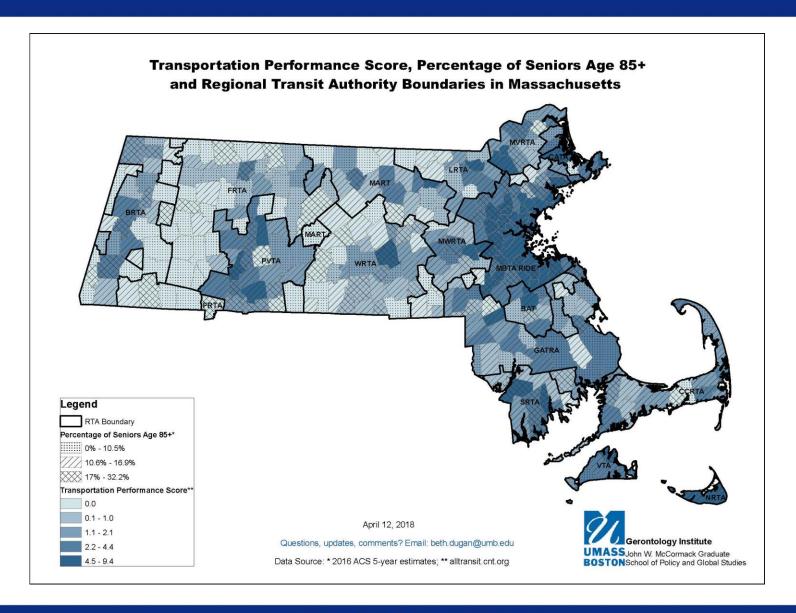












Appendix B – Transportation Mobility and Pilots



Supportive transportation

Potential Pilot Opportunities

- Ambulance companies/ "cabulance" model
- Transit/ non-transit model (scheduling, scaling)

- Ramps, lifts, etc. (improving built environment)
- Awareness, cost/ benefit (missed appointments)

May start to transition, increase in self-regulation

- Education: finance, framing (cost of a car vs. cost of transportation services), mobility training
- Information: GATRA, transportation options counselor (GLSS)
- AARP, AAA, Friendship Works, RideMatch
- On-demand and flexible services (Uber, Lyft etc.)
- Medical transport (TRIP)

Fully mobile, may be providing transportation to others

- Physical activity/ fitness
- Cataract surgery awareness
- Car maintenance
- Car fit
- Lighting/ signage

- (complete streets)
- Mobility training
- Liability awareness/ Samaritan Law
- Rideshare, GPS, etc. (smart phone training)
- Education and training on smart car features
- Insurance incentives (Liberty Mutual, etc.)