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District Attorney

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# TRIAD TELEGRAM

*TRIAD is a partnership of law enforcement, senior citizens and community organizations. The purpose of TRIAD is to increase senior citizen safety through education and crime prevention.*

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## The Essex County TRIAD 2011 Annual Meeting....



Attention all Essex County TRIAD Council members: The Essex County TRIAD 2011 Annual Meeting will be held on **Wednesday, November 2nd from 9:30am to 11:30am**. This event will be held at the Essex County Correctional Facility and Sheriff's Headquarters located at 20 Manning Avenue in Middleton. Due to our limited space, each TRIAD must limit their attendance to no more than three Council members.

We are pleased to inform you that this year's focus will be on issues concerning safer driving for "Older Drivers." Michele Ellicks, from the Massachusetts Registry of Motor Vehicles (RMV), will be our guest speaker. Michele will provide you with important updates from the Massachusetts RMV, discuss the importance of having a Massachusetts Identification Card if you no longer have a drivers license, and provide information on Disability Plates & Placards. She will also cover topics that include "Warning Signs of Unsafe Driving", "Alternatives to Driving...What are the Options?", and "Required In-Person Renewals for Operators Over 75".



Michele's presentation will provide answers to some of the

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## TRIAD TIDBITS.....

The past several months have been busy for our 32 TRIAD communities in Essex County. Even during the summer months when most Councils don't meet, there has been a lot of activity.....



**Andover** held it's Senior Safety Day in June where both the police and fire departments gave presentations on safety issues and a demonstration was provided by the Essex County Sheriff's K-9 Unit....**Beverly** had a TRIAD Table at the Annual Senior Day held at Lynch Park on August 4th...**Boxford** had a TRIAD Table and a K-9 presentation at its July 20th cookout....**Danvers** had set TRIAD Tables up at both the Active Older Adults Day at the YMCA on June 8th and the annual Danvers Family Festival Oldies Night on June 29th....In **Essex**, Jason Ebacher from the Sheriff's Department gave a presentation about the importance of having a Durable Power of Attorney during a Chinese Luncheon held on June 17th....On September 15th, **Georgetown** will be hosting the police and fire departments who will address current issues in their community....**Gloucester** had a TRIAD Table at the Senior Center during the week of May 16th -29th to celebrate Older Americans month....**Groveland** is planning a Senior Safety Day on September 19th....**Haverhill** participated in a Health Fair on May 25th and focused on the Yellow Dot, ICE, and Is Your Number Up? programs while they distributed safety whistles....**Hamilton** is establishing a TRIAD in their community and plan to sign their BYLAWS at its very first Council meeting during a Breakfast on October 17th....**Ipswich** had a TRIAD Table at the Bi-Annual Health Fair on May 5th and offered free Senior Photo ID's...**Lawrence** set up a TRIAD Table at the Health Fair Fiesta on May 14th...In April, **Lynn** hosted a presentation by Police Sgt. Flynn on senior safety and participated in a Health Fair at Meadow Court on May 5th....**Lynnfield** hosted the production on elder abuse, *Breaking the Silence:Voices of Hope* on May 24th to a full house....**Manchester** is working on Is Your Number Up? with a local Eagle Scout and recently had Deb MacGregor come to a monthly luncheon to talk about Teens Today...**Marblehead** held a very successful community update meeting on June 23rd at the Senior Center...**Merrimac** focused on TRIAD and hosted Lt. Joanne Caron and her partner Buddy from the Essex County Sheriff's K-9 Unit during a luncheon on May 11th....**Methuen** seniors played 45's with the Methuen police on April 12 and had their senior prom on April 27th....**Middleton** held its annual cookout on July 21st and had Jason Ebacher give a presentation on Durable Power of Attorney, Health Care Proxy and My Personal Information Record...Deputy Karen Martin spoke to the seniors in **Nahant** about TRIAD at a luncheon on June 21st...**Newbury** went to Newbury Village on June 21st and gave a TRIAD presentation which was followed by Fire Fighters Jonathan Kelley and Curtis Walton who discussed fire safety...**Newburyport** hosted presentations on Medical Fraud in April at Heritage House and in May at the Elks Hall...

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On June 21st **North Andover** went to Morkeski Meadows to provide TRIAD materials while Fred McCarthy from the North Andover Fire Dept spoke to the residents about fire safety.... **Peabody** hosted the successful elder abuse production of *Breaking the Silence: Voices of Hope* on May 4th to a packed hall... **Rowley** had a TRIAD Table at the COA's yard sale on May 14th and hosted a speaker on Health Care Fraud on May 19th... **Salem** held an Ice Cream Social on May 18th along with a presentation on ICE with high school seniors on hand to program the phones for the seniors... **Salisbury** invited Deputy Karen Martin and Police Chief Richard Merrill, Jr. to talk to seniors about TRIAD and community safety at a Breakfast held in May and had a representative from Elder Services of the Merrimack Valley address the Triad Council during their June meeting on a Money Management program designed to assist seniors... **Saugus** took part in a Senior Health Fair on June 21st with a TRIAD Table and Deb MacGregor spoke on June 14th about Teens Today.... **Swampscott's** new Social Work Outreach Coordinator, Bill Foley, has become the new Triad contact person for their Senior Center ... **Topsfield** is working on Operation Concern with the police department in order to make daily phone calls to housebound seniors... In April, **Wenham** participated in the Hamilton/Wenham Aging Info Expo and provided a variety of TRIAD materials and offered free Senior Photo ID's.... **West Newbury** set up a TRIAD Table at both its Spring Fling in May and at its Summer Cookout on July 18th where they also included a presentation by the Essex County Sheriff's K-9 Unit.

## The Play - "Breaking the Silence: Voices of Hope"

Volunteers from the Peabody Council on Aging performed in the play *"Breaking the Silence: Voices of Hope"* to a full house at the Peter Torigian Community Life Center on May 4th. In this photo (right) the Peabody "Forever Young Chorus Group" concluded the performance by singing "You'll Never Walk Alone" It was a huge success and an effective way to raise community awareness and provide hope to the victims of elder abuse and neglect.





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questions being asked by our senior community. This is a great opportunity for our TRIAD Council members to learn more about the Massachusetts RMV, the presentations offered, and which ones they would like to have presented to your senior community.

TRIAD Council members who would like to attend the 2011 TRIAD Annual Meeting are requested to RSVP **on or before October 5th** to: Deputy Karen Martin (978) 750-1900 ext. 3322, karenm@eccf.com, Debbie MacGregor (978) 745-6610 ext. 5081, Debra.MacGregor@state.ma.us or John Russell, jrussell@eccf.com.



All those attending the TRIAD Annual Meeting are invited to take a tour of the Essex County Correctional Facility. This tour will begin at the close of our meeting. Please let us know, when you RSVP for the Annual Meeting, if you also plan to join us on the tour.



## Essex County tRIAD



### *Seniors & Law Enforcement Working Together!*

*Our mission is to develop and implement policies and programs to reduce criminal victimization, promote crime prevention and safety awareness, and serve the needs of the senior community.*

The Essex County TRIAD is a community safety initiative that focuses on empowering, educating and improving the safety, security and peace of mind of the senior population.

The goal of TRIAD is to:

- Reduce criminal activity, which targets the senior community.
- Alleviate senior's fear of victimization, build confidence and improve their quality of life.
- Enhance the delivery of law enforcement services to the senior population.

### ***What is TRIAD?***

TRIAD consists of a partnership, which involves:

- The Sheriff & District Attorney
- The Police & Fire Chief
- The Council on Aging and supportive services in each community.
- Seniors

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## ***How does TRIAD work?***

Each community establishes its own TRIAD Council that assesses and addresses the needs of the senior community.

The TRIAD Council is presided over by a chairperson, vice chairperson and secretary who are active seniors in the community.

The establishment of TRIAD Councils empowers local seniors to assist members of their community by creating, organizing and operating various programs throughout the community.

TRIAD Monthly Meetings: Each community in Essex County that is involved with TRIAD has a monthly meeting generally held in their Senior Center.

For more information on TRIAD or to become a member, please contact your local Council on Aging, or Deputy Karen Martin at the Essex County Sheriff's Department at (978) 750-1900 ext. 3322.

## **TRIAD PROJECTS**

**File of Life** - A magnet type folder containing medical information is placed on your refrigerator and is intended to alert emergency responders (Police, Fire and EMS) that your medical information is enclosed. We also have a smaller *File of Life* card that will fit in your wallet or purse. The *File of Life* card provides your personal information (name, address and telephone number), lists your medications, allergies and health history, family and doctors telephone numbers, and pertinent medical information needed to provide you with appropriate care as quickly as possible. You may pick up a free *File of Life* packet at your local Senior Center. Please use a pencil when filling out the *File of Life* card so you can keep your medication and contact information updated!

<b>FILE OF LIFE</b>	
Name:	
Address:	
Doctor:	Phone#:
<b>EMERGENCY CONTACTS</b>	
Name:	Phone#:
Address:	
Name:	Phone#:
Address:	

**Yellow Dot Program** - A *Yellow Dot* decal is placed on the lower left hand corner of a your vehicle's rear window and is intended to alert emergency responders, in the event of an accident, that a *Yellow Dot* card containing your photo and pertinent medical information can be found in your glove compartment. Like the *File of Life*, it provides your personal information, lists your medication, allergies and health history, family and doctors telephone numbers, and important medical information needed to provide you with appropriate care as quickly as possible. Please contact your local Senior Center to receive a free *Yellow Dot* Program packet. Please use a pencil when filling out the *Yellow Dot* card, add a photo of yourself, update all medications and medical information whenever changes occur, and most importantly, always keep it in your glove compartment.



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**Is Your Number Up?** - This is a house numbering initiative that assists the Police, Fire and EMS in their efforts to respond quickly to 9-1-1 emergency calls. Without a visible house number from the street, emergency responders may be delayed in assisting you or your family. Massachusetts General Law (Ch. 48, sec. 59) and local ordinances require that all buildings have a number that is visible from the street. ***Remember: Precious minutes can be lost if your house number is not visible from the street. Your life or someone that you care about could depend on it!***



**ICE** - In Case of Emergency (*I.C.E.*) is an acronym that identifies your emergency contact in your cellular phone.

The Center for Disease Control and Prevention reported, in 2003, 900,000 emergency room patients could not provide information because they were incapacitated.

Originally established in the U.K., the *ICE* campaign encourages cell phone users to enter emergency contact information into their mobile phones. *ICE* allows emergency responders (paramedics, police officers, fire fighters) to contact a designated relative/next of kin in an emergency situation.

How to *ICE* your phone:

- Type the acronym *ICE* into your cell phone followed by the name. (Example: *ICE* - William or *ICE* - Jim - Dad)
- Enter and save their phone number, and alert them that they are an *ICE* contact for you.
- Apply an *ICE* Sticker to the back of your phone. This will serve as a visual alert that you have established a communication protocol.

Information to supply to your *ICE* contact:

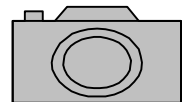
- List of all other people you want notified.
- Any medical condition that could affect your emergency treatment (e.g. allergies).



**Senior Photo Identification Program:** This *Photo ID Program* provides seniors with a secondary form of photo identification. These **free** identification cards are supplied by the Essex Sheriff's Department with a state-of-the-art identification machine and are typically issued through your community's Council on Aging/Senior Center.

**To receive your secondary *Photo ID* you must provide one of the following:**

- A valid State License
- A valid Passport
- A valid Massachusetts Photo ID issued by the Massachusetts Registry of Motor Vehicles.



**Expiration Date:** This *Photo ID* expires five years from the date of issue.

*If you are interested in more information about the Photo ID Program, or when it will be available in your community, please contact your local Council on Aging.*

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**Grab & Go Bags** - An emergency bag that contains your essential items if you are displaced from your residence due to an emergency evacuation. The *Grab & Go Bag* will provide you with instructions, an extra File of Life card, an emergency contact information sheet for you to complete, and a list of suggested items you may want to review when packing this Bag. **BE PREPARED!!!** Please contact your local Council on Aging for more information about Grab & Go Bags.



**Speaker Series** - Local law enforcement members meet with senior groups to discuss issues such as identity theft, domestic violence and elder scams.

## TRIAD Lecture Series

The following is a list of topics that are available to be presented to you by representatives from the Sheriff's Department, the District Attorney's Office, and your local Police & Fire Departments:

- Identity Theft
- Senior Scams
- Prescription Drug Disposal
- Elder Abuse
- Fire Safety
- Health Care Proxy & Durable Power of Attorney
- Homestead Act
- Home Improvement Contractor's Statute
- Teens Today: Current Issues Facing your Adolescent Grandchild



*If your TRIAD Council is interested in reserving a lecture for your group, please contact Deputy Karen Martin at the Essex County Sheriff's Dept. (978) 750-1900, ext. 3322*

### Additional topics that are available to all TRIAD Councils by other Agencies:

- **Hoarding:** presentations provided by Laurie Grant, Outreach Specialist from the Greater Lynn Senior Services (GLSS), (781) 586-8605
- **Health Care Errors, Fraud and Abuse:** presentations provided by MA Senior Medicare Patrol (SMP) Program from Elder Services of the Merrimac Valley, Inc., (800) 892-0890
- **The Play Breaking the Silence - Voices of Hope:** production assistance provided by Kelsey McCabe and Katie Galenius from the Greater Lynn Senior Services (GLSS) and the Elder Justice Network (EJN) of the North Shore, (781) 599-0110
- **Registry of Motor Vehicles Safe Driving Presentations:** Contact Michele Ellicks at (617) 973-8995.

## \*TRIAD Spotlight\*

### Georgetown TRIAD

The Georgetown TRIAD recently held a very successful Community Safety Presentation at Trestle Way in Georgetown. Police Chief James Mulligan and several Officers from the Georgetown Police Department were on hand to present important community safety information on local shelters and evacuation procedures. They also talked about crime prevention and provided updates on past and present criminal activity in the community. The TRIAD Council provided more than 30 participants with Grab and Go Bags filled with prescription medicine organizers, check lists, TRIAD Brochures and File of Life cards, all designed to assist residents if they are displaced from their homes during an emergency evacuation. The Grab and Go Bag program was sponsored by the Haverhill Rotary Club.

As part of National Senior Center Week, the Georgetown TRIAD will host another exciting event on Thursday Sept. 15<sup>th</sup> from 1:00 p.m. until 2:00 p.m. at Trestle Way. Members of the Georgetown Police and Fire Departments will be present to remind seniors of safety issues for the upcoming holiday season. A Canine Team from the Essex County Sheriff's Department will provide a demonstration of the canine training; explain their role at the correctional facility and how they help our neighboring communities. The Georgetown TRIAD Council will also be available to provide a variety of TRIAD materials and answer any questions.

*The Georgetown TRIAD just keeps on going....* An Ice Cream Social featuring free Senior Photo IDs, an update from the Georgetown Police Department and a TRIAD Table has been scheduled for October.

***Great job Georgetown!!!***

## Essex County TRIAD Telegram

Published for the senior citizens of Essex County

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