



TELEHEALTH IS HERE

CONNECT TO  
CONVENIENCE

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# GET TREATMENT FOR GENERAL MEDICAL, BEHAVIORAL HEALTH, OR DERMATOLOGY SERVICES

- **General Medical:** Talk to a Teladoc doctor 24/7/365 by web, phone, or mobile app in less than 10 minutes<sup>1</sup> to treat nonemergency, general medical conditions, including: cold and flu symptoms, allergies, sinus infections, sore throats and more.
- **Behavioral Health:** Schedule a video appointment seven days a week for support with anxiety, depression and other behavioral health issues.
- **NEW Dermatology:** Contact a dermatologist through the web or mobile app for complex or ongoing skin conditions such as infections, psoriasis, eczema and acne. Teladoc dermatologists will respond with a treatment plan within two business days, which is much faster than the average 52-day wait time to see a dermatologist.<sup>2</sup>

• **Costs for Teladoc visits:**

**Navigator:** \$15 - General Medical and Dermatology | **Spirit:** \$15 - General Medical, Behavioral Health and Dermatology  
\$10 - Behavioral Health

**Learn more and register at [tuftshealthplan.com/telehealth](https://tuftshealthplan.com/telehealth)**



NUMBER OF  
TELEHEALTH  
VISITS PERFORMED  
BY TELADOC



MEMBER  
SATISFACTION



RESOLVED  
ISSUES AFTER  
THE FIRST VISIT

<sup>1</sup>For general medical visits.

<sup>2</sup>Average new patient dermatology wait time in Boston according to Merritt Hawkins' 2017 Survey of Physician Appointment Wait Times