TELEHEALTH IS HERE

CONNECT TO CONVENIENCE
GET TREATMENT FOR GENERAL MEDICAL, BEHAVIORAL HEALTH, OR DERMATOLOGY SERVICES

• **General Medical**: Talk to a Teladoc doctor 24/7/365 by web, phone, or mobile app in less than 10 minutes\(^1\) to treat nonemergency, general medical conditions, including: cold and flu symptoms, allergies, sinus infections, sore throats and more.

• **Behavioral Health**: Schedule a video appointment seven days a week for support with anxiety, depression and other behavioral health issues.

• **NEW** **Dermatology**: Contact a dermatologist through the web or mobile app for complex or ongoing skin conditions such as infections, psoriasis, eczema and acne. Teladoc dermatologists will respond with a treatment plan within two business days, which is much faster than the average 52-day wait time to see a dermatologist.\(^2\)

• **Costs for Teladoc visits:**

  - **Navigator**: $15 - General Medical and Dermatology
  - $10 - Behavioral Health
  - **Spirit**: $15 - General Medical, Behavioral Health and Dermatology

Learn more and register at tuftshealthplan.com/telehealth

1 M+ NUMBER OF TELEHEALTH VISITS PERFORMED BY TELADOC

95% MEMBER SATISFACTION

92% RESOLVED ISSUES AFTER THE FIRST VISIT

\(^1\)For general medical visits.

\(^2\)Average new patient dermatology wait time in Boston according to Merritt Hawkins’ 2017 Survey of Physician Appointment Wait Times