

How can I prevent injuries in the first place?

- Report unsafe conditions to your boss and to your union representative (if you're a union member).
- If you need assistance talking to your boss, ask for help from a responsible adult such as a co-worker, parent, or teacher.
- If your employer does not fix a safety problem, call OSHA at 617-565-9860. OSHA is the agency that enforces federal health and safety laws.
- Participate in training programs or request training if none is offered.
- Comply with workplace safety rules and instructions.



How can I get more information about workers compensation?

Contact the Massachusetts Department of Industrial Accidents, the state agency that runs the workers' compensation system (617-727-4900, toll-free at 800-323-3249, ext. 470, or on the Web at www.state.ma.us/dia).

The information in this factsheet applies to most situations. Some rules and exceptions not covered here may apply to you and affect your situation. To learn more, contact the Massachusetts Department of Industrial Accidents.

Important Resources

Massachusetts Department of Industrial Accidents
800-323-3249 ext. 470 • www.state.ma.us/dia

Massachusetts Department of Public Health,
Teens at Work Project 617-624-5632

www.state.ma.us/dph/ohsp

Massachusetts Attorney
General's Office, Fair Labor
and Business Practices
Division

617-727-3465

www.ago.state.ma.us

U.S. Department of Labor,
Wage and Hour Division

617-565-2066

www.dol.gov/dol/esa

U.S. Department of Labor,
OSHA

617-565-9860 • www.osha.gov



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Under 18 and hurt on the job?

Information on Workers' Compensation

You are entitled

to workers' compensation benefits if you are injured on the job or develop an illness because of your job:

- Regardless of your age or the number of hours you work per week;
- No matter what method your employer uses to pay you;
- Even if you are a citizen of another country;
- No matter who or what caused your work-related injury or illness.



