



At home or on the go, doctors and mental health professionals are here for you

Using LiveHealth Online, you can have a private visit using your smartphone, tablet or computer

FOR BASIC, PLUS AND COMMUNITY CHOICE MEMBERS

When you're not feeling well you can get the support you need easily using LiveHealth Online. Whether you have a cold, you're feeling anxious or need help managing your medication, doctors and mental health professionals are right there, ready to help you feel your best. Using LiveHealth Online you can have a video visit with a board-certified doctor, psychiatrist or licensed therapist from your smartphone, tablet or computer from home or anywhere.

On LiveHealth Online, you can:

- **See a board-certified doctor 24/7.** You don't need an appointment to see a doctor. They're always available to assess your condition and send a prescription to the pharmacy you choose, if needed.¹ It's a great option when you have pink eye, a cold, the flu, a fever, allergies, a sinus infection or another common health issue.
- **Visit a licensed therapist in four days or less.**² Have a video visit with a therapist to get help with anxiety, depression, grief, panic attacks and more. Schedule your appointment online or call **1-888-548-3432** from **7 a.m. to 7 p.m.**, seven days a week.

- **Consult a board-certified psychiatrist within two weeks.**³ If you're over 18 years old, you can get medication support to help you manage a mental health condition. To schedule your appointment call **1-888-548-3432** from **7 a.m. to 7 p.m.**, seven days a week.

You've got access to affordable and convenient care
Your UniCare plan includes benefits for video visits using LiveHealth Online, so you'll just pay your share of the costs – a \$15 copay.

Sign up for LiveHealth Online today – it's quick and easy

Go to livehealthonline.com or download the app and register using your phone or tablet.



See a Spanish-speaking doctor with
Cuidado Médico on LiveHealth Online


UNICARE[®]
An Anthem Company

LiveHealth[®]
ONLINE



Commonwealth of Massachusetts
Group Insurance Commission

1 Prescription availability is defined by physician judgment.

2 Appointments subject to availability of a therapist.

3 Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy. Appointments subject to availability.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of UniCare. For self-funded plans, claims are administered by UniCare Life & Health Insurance Company.