

PROVIDER REPORT FOR

OF METRO BOSTON
71 Arsenal Street
Watertown, MA 02472

November 14, 2023

Version

Public Provider Report

Prepared by the Department of Developmental Services
OFFICE OF QUALITY ENHANCEMENT

SUMMARY OF OVERALL FINDINGS

Provider UNITED CEREBRAL PALSY OF METRO

BOSTON

Review Dates 9/25/2023 - 9/29/2023

Service Enhancement

Meeting Date

10/16/2023

Survey Team Lisa MacPhail

Melanie Cruz

David Bullard (TL)

Citizen Volunteers

Survey scope and findings for Residential and Individual Home Supports

| Service Group Type | Sample Size | Licensure Scope | Licensure Level | Certification Scope | Certification Level |
|--|-------------------------------|--------------------|---|---------------------|---|
| Residential and Individual Home Supports | 5 location(s) 11 audit (s) | Full Review | 71/84 2 Year License 10/16/2023 - 10/16/2025 | | Certified 10/16/2023 - 10/16/2025 |
| Residential Services | 1 location(s) 3 audit (s) | | | Deemed | |
| ABI-MFP Residential Services | 2 location(s) 6 audit (s) | | | Deemed | |
| Individual Home Supports | 2 location(s) 2 audit (s) | | | Deemed | |
| Planning and Quality Management | | | | Deemed | |

EXECUTIVE SUMMARY:

United Cerebral Palsy Metro Boston (UCP) is a human services agency that provides a wide range of services to individuals with Intellectual and Developmental Disabilities, Brain Injury, Cerebral Palsy and Spinal Cord injuries in the Greater Boston area. United Cerebral Palsy of Metro Boston operates 24-hour Residential group homes, Individualized Home Supports, and ABI/MFP 24-hour group homes. The agency offers other services in the community including day habilitation services, family support, personal care attendant services, and adult family care. Since the last Department of Developmental Services (DDS) survey, UCP of Metro Boston has opened four new group homes; it has plans in the works to open two more group homes over the next two years.

For this 2023 Department of Developmental Services (DDS) survey, the DDS Metro Office of Quality Enhancement conducted a review of all licensing indicators in 24-hour residential homes, ABI/MFP residential homes, and individualized home supports. UCP of Metro Boston was deemed for certification in lieu of its CARF accreditation.

Survey results showed that organization wide, UCP of Metro Boston had policies and systems for ensuring effective service delivery to individuals. This includes methods for the screening, hiring, and credentialing of employees. The agency utilized initial staff orientation and an online learning platform for conducting staff trainings; agency staff were trained on all DDS mandated topics including human rights and abuse and neglect reporting.

Within residential services, including 24/7 residential, ABI and IHS, around safety: locations were clean and in good repair, and required inspections were up to date. The sites had DDS Area Office approved safety plans, and individuals were supported to evacuate within the required timeframes in evacuation drills. In the area of healthcare, individuals were supported to undergo annual physical and dental appointments, and preventive screenings and recommended tests were scheduled and attended. Individuals were also supported to receive prompt treatment for episodic health conditions. In the area of medication administration, sites had current MAP registration and staff that administered medication had current MAP certificates. In the area of financial, charges for care were generally well calculated, and people were informed of their appeal rights relative to the charges.

Survey results pointed to UCP's diligence in promoting the human rights of individuals. People were trained on human rights and abuse and neglect reporting, and they knew who to contact if they had a grievance. House and bedrooms decorations reflected individual's personal interests and tastes, and the right to privacy was well protected. As it relates to relationships, people were supported to maintain family and friendship ties, and to entertain and socialize in line with their preferences.

The survey revealed several areas that would benefit from additional attention from UCP to meet requirements. On an organizational level, the agency's human rights committee (HRC) did not meet the mandates for membership and attendance.

In the area of Human Rights, in ABI homes, restrictive practices in place at homes were not properly outlined (and communicated to people impacted) with provisions so as not to unduly infringe on people's rights. In the area of medical, ABI staff were not consistently trained on the supports and protective equipment utilized by individuals, and the health care records were not consistently updated. Relative to money management, money management plans in IHS and ABI homes were not always signed by individual/guardians signifying agreement. Additionally, money management practices varied from agreements, and account balances showed overages to allowable limits that endangered people's benefits. As it relates to incident management, the agency was not compliant with the incident reporting policy and HCSIS incident reporting timelines. The survey also showed that UCP was not effective in supporting people to meet ISP requirements; in the ABI programs, required assessments and support strategies were not submitted within the required timeframe for the ISP; and across all service types, goal implementation and tracking was not well supported. In the

area of assistive technology, people were not fully assessed and supports to use assistive technology were inevident.

UCP met 85% of licensing indicators; the agency will therefore earn a Two-Year license for the residential service grouping. Based on this score, the DDS Metro Office of Quality Enhancement will conduct a follow-up on all not met licensure indicators from this survey within 60 days of the SEM. The agency's residential service grouping is Certified due to UCP's CARF accreditation.

LICENSURE FINDINGS

| | Met / Rated | Not Met / Rated | % Met |
|--|-------------|-----------------|-------|
| Organizational | 7/8 | 1/8 | |
| Residential and Individual Home Supports | 64/76 | 12/76 | |
| Residential Services Individual Home Supports ABI-MFP Residential Services | | | |
| Critical Indicators | 8/8 | 0/8 | |
| Total | 71/84 | 13/84 | 85% |
| 2 Year License | | | |
| # indicators for 60 Day Follow-up | | 13 | |

Organizational Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|-------------|------------|---|
| | Committee. | The agency's human rights committee did not meet the mandate for membership and attendance. The agency needs to ensure that it maintains an effective Human Rights Committee that meets all mandates. |

Residential Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement | | | | | |
|----------------|-----------|---|--|--|--|--|--|
| L22 | | At two of five locations, appliances and equipment were not properly maintained. The agency needs to ensure appliances and equipment are properly maintained at all sites. | | | | | |
| L43 | | For three of eleven individuals, the health care records were not updated as required. The agency needs to ensure that health care records are updated as required. | | | | | |

Residential Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|----------------|---|--|
| L56 | Restrictive practices intended for one individual that affect all individuals served at a location need to have a written rationale that is reviewed as required and have provisions so as not to unduly restrict the rights of others. | For three individuals, restrictive practices in place at their homes were not fully outlined with provisions so as not to unduly restrict people's rights. The agency needs to ensure that restrictive practices are fully outlined with provisions so as not to unduly restrict people's rights. |
| L63 | Medication treatment plans are in written format with required components. | For two of five individuals, medication treatment plans were not developed with all required components in place. The agency needs to ensure that medication treatment plans are developed with all of the required components in place, including data collection. |
| L67 | There is a written plan in place accompanied by a training plan when the agency has shared or delegated money management responsibility. | For two of eight individuals, there were either no plans, or agreement to plans accompanied by a training plan when the agency had shared and/or delegated money management responsibility. The agency needs to ensure that there is a plan developed and agreed to by individuals/guardians when money management responsibilities exist. |
| L69 | Individual expenditures are documented and tracked. | For three of eight individuals, individual expenditures were not properly managed, documented and tracked as required. The agency needs to ensure that individual expenditures are properly managed, documented and tracked as required. |
| L84 | Staff / care providers are trained in the correct utilization of health related protections per regulation. | For three of eleven individuals, staff were not trained on the correct utilization of health-related equipment. The agency needs to ensure that staff are trained on the correct utilization of health-related equipment per regulation. |
| L86 | Required assessments concerning individual needs and abilities are completed in preparation for the ISP. | For five of seven individuals, required assessments for the ISP were not developed and submitted within required timeframes in preparation for the ISP meeting. The agency needs to ensure that required assessments for the ISP are developed and submitted within required timeframes in preparation for the ISP meeting. |
| L87 | Support strategies necessary to assist an individual to meet their goals and objectives are completed and submitted as part of the ISP. | For five of eight individuals, support strategies for the ISP were not developed and submitted as required in preparation for the ISP meeting. The agency needs to ensure that support strategies necessary to assist an individual to meet their goals and objectives are completed and submitted as part of the ISP. |

Residential Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|----------------|--|---|
| L88 | Services and support strategies identified and agreed upon in the ISP for which the provider has designated responsibility are being implemented. | For six of eleven individuals, goals agreed upon in the ISP for which the provider has designated responsibility were not being implemented. The agency needs to ensure that goals identified and agreed upon in the ISP are fully implemented. |
| L91 | Incidents are reported and reviewed as mandated by regulation. | At four of five sites, incidents were not reported as mandated by regulation. The agency needs to ensure that incidents are reported as mandated by regulation. |
| L94 (05/22) | Individuals have assistive technology to maximize independence. | Seven of eleven individuals were not assessed for assistive technology that could maximize independence. The agency needs to ensure that individuals are assessed and supported to use assistive technologies that could maximize independence. |

MASTER SCORE SHEET LICENSURE

Organizational: UNITED CEREBRAL PALSY OF METRO BOSTON

| Indicator # | Indicator | Met/Rated | Rating(Met,Not Met,NotRated) |
|-------------|-------------------------|-----------|---------------------------------|
| ₽ L2 | Abuse/neglect reporting | 5/5 | Met |
| L3 | Immediate Action | 15/15 | Met |
| L4 | Action taken | 15/15 | Met |
| L48 | HRC | 0/1 | Not Met(0 %) |
| L74 | Screen employees | 8/8 | Met |
| L75 | Qualified staff | 3/3 | Met |
| L76 | Track trainings | 18/20 | Met(90.0 %) |
| L83 | HR training | 20/20 | Met |

Residential and Individual Home Supports:

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|------------------|---------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|---------------------|
| L1 | Abuse/n eglect training | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L5 | Safety Plan | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| ₽ L 6 | Evacuat ion | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L7 | Fire Drills | L | 1/1 | | | | 2/2 | | 3/3 | Met |
| L8 | Emerge ncy Fact Sheets | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L9 (07/21) | Safe use of equipm ent | I | 2/2 | 2/2 | | | 6/6 | | 10/10 | Met |
| ₽ L11 | Require d inspecti ons | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| [₽] L12 | Smoke detector s | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| ₽ L13 | Clean location | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L14 | Site in good repair | L | | 1/1 | | | 2/2 | | 3/3 | Met |
| L15 | Hot water | L | 0/1 | 2/2 | | | 2/2 | | 4/5 | Met (80.0 %) |
| L16 | Accessi bility | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L17 | Egress at grade | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L19 | Bedroo m location | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L20 | Exit doors | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|--------|---|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|------------------------|
| L21 | Safe electrica I equipm ent | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L22 | Well- maintai ned applianc es | L | 1/1 | 2/2 | | | 0/2 | | 3/5 | Not Met (60.0 %) |
| L23 | Egress door locks | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L24 | Locked door access | L | 1/1 | 2/2 | | | 1/1 | | 4/4 | Met |
| L25 | Danger ous substan ces | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L26 | Walkwa y safety | L | 1/1 | 2/2 | | | 1/2 | | 4/5 | Met (80.0 %) |
| L28 | Flamma bles | L | 1/1 | 2/2 | | | 1/1 | | 4/4 | Met |
| L29 | Rubbish /combu stibles | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L30 | Protecti ve railings | L | 1/1 | 2/2 | | | 1/2 | | 4/5 | Met (80.0 %) |
| L31 | Commu nication method | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L32 | Verbal & written | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L33 | Physical exam | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L34 | Dental exam | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|------------------|------------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L35 | Preventi ve screenin gs | | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L36 | Recom mended tests | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L37 | Prompt treatme nt | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| ₽ L38 | Physicia n's orders | I | 3/3 | 2/2 | | | 5/5 | | 10/10 | Met |
| L39 | Dietary require ments | I | | 1/1 | | | 1/1 | | 2/2 | Met |
| L40 | Nutrition al food | L | 1/1 | 2/2 | | | 1/2 | | 4/5 | Met (80.0 %) |
| L41 | Healthy diet | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L42 | Physical activity | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L43 | Health Care Record | ı | 3/3 | 2/2 | | | 3/6 | | 8/11 | Not Met (72.73 %) |
| L44 | MAP registrat ion | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L45 | Medicati on storage | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| [₽] L46 | Med. Adminis tration | I | 3/3 | 2/2 | | | 4/5 | | 9/10 | Met (90.0 %) |
| L47 | Self medicati on | I | | | | | 1/1 | | 1/1 | Met |
| L49 | Informe d of human rights | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L50 (07/21) | Respect ful Comm. | I | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|----------------|------------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L51 | Possess ions | ı | 3/3 | 2/2 | | | 5/6 | | 10/11 | Met (90.91 %) |
| L52 | Phone calls | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L53 | Visitatio n | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L54 (07/21) | Privacy | ı | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L55 | Informe d consent | I | | | | | 2/2 | | 2/2 | Met |
| L56 | Restricti ve practice s | I | | | | | 0/3 | | 0/3 | Not Met (0 %) |
| L57 | Written behavio r plans | I | | | | | 1/1 | | 1/1 | Met |
| L58 | Behavio r plan compon ent | I | | | | | 1/1 | | 1/1 | Met |
| L59 | Behavio r plan review | I | | | | | 1/1 | | 1/1 | Met |
| L60 | Data mainten ance | I | | | | | 1/1 | | 1/1 | Met |
| L61 | Health protecti on in ISP | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L63 | Med. treatme nt plan form | I | | 1/1 | | | 2/4 | | 3/5 | Not Met (60.0 %) |
| L64 | Med. treatme nt plan rev. | I | | 1/1 | | | 3/4 | | 4/5 | Met (80.0 %) |
| L67 | Money mgmt. plan | I | 3/3 | 1/2 | | | 2/3 | | 6/8 | Not Met (75.00 %) |

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|--------|-----------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L68 | Funds expendi ture | I | 3/3 | 2/2 | | | 3/3 | | 8/8 | Met |
| L69 | Expendi ture tracking | I | 2/3 | 1/2 | | | 2/3 | | 5/8 | Not Met (62.50 %) |
| L70 | Charges for care calc. | Ι | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L71 | Charges for care appeal | - | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L77 | Unique needs training | - | 3/3 | 2/2 | | | 4/6 | | 9/11 | Met (81.82 %) |
| L80 | Sympto ms of illness | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L81 | Medical emerge ncy | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| ₽ L82 | Medicati on admin. | L | 1/1 | 2/2 | | | 2/2 | | 5/5 | Met |
| L84 | Health protect. Training | I | 3/3 | 2/2 | | | 3/6 | | 8/11 | Not Met (72.73 %) |
| L85 | Supervi sion | L | 1/1 | 2/2 | | | 1/2 | | 4/5 | Met (80.0 %) |
| L86 | Require d assess ments | I | 2/2 | | | | 0/5 | | 2/7 | Not Met (28.57 %) |
| L87 | Support strategi es | I | 2/2 | 1/1 | | | 0/5 | | 3/8 | Not Met (37.50 %) |
| L88 | Strategi es implem ented | I | 1/3 | 1/2 | | | 3/6 | | 5/11 | Not Met (45.45 %) |

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|---------------------------------------|---|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L89 | Complai nt and resoluti on process | L | | | | | 2/2 | | 2/2 | Met |
| L90 | Persona I space/ bedroo m privacy | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L91 | Incident manage ment | L | 0/1 | 1/2 | | | 0/2 | | 1/5 | Not Met (20.0 %) |
| L93 (05/22) | Emerge ncy back-up plans | I | 3/3 | 2/2 | | | 6/6 | | 11/11 | Met |
| L94 (05/22) | Assistiv e technol ogy | I | 0/3 | 1/2 | | | 3/6 | | 4/11 | Not Met (36.36 %) |
| L96 (05/22) | Staff training in devices and applicati ons | I | 1/1 | 1/1 | | | 4/4 | | 6/6 | Met |
| #Std. Met/# 76 Indicat or | | | | | | | | | 64/76 | |
| Total Score | | | | | | | | | 71/84 | |
| | | | | | | | | | 84.52% | |