**USE OF RESTRAINT FORM**

**RESTRAINT IS NOT TO BE USED**, **UNLESS:**

* There is an emergency situation and physical restraint is necessary to protect a resident or other person from imminent, serious, physical harm after other less intrusive, non- physical interventions have failed or been determined inappropriate;
* The resident’s behavioral support plan
* **PHYSICAL RESTRAINT SHALL BE APPLIED ONLY BY TRAINED AGENCY PERSONNEL. IN APPLYING PHYSICAL RESTRAINT, AGENCY STAFF SHALL ONLY USE REASONABLE FORCE AS NECESSARY TO PROTECT A RESIDNET, OTHER AND PROPERTY FROM IMMINENT, SERIOUS, PHYSICAL HARM OR DESTRUCTION. PHYSICAL RESTRAINT SHOULD NOT BE USED AS A PUNITIVE MEASURE.**

**MEDICATION AND MECHANICAL RESTRAINT IS STRICTLY FORBIDDEN IN ALL PROGRAMS.**

**WHEN RESTRAINT IS USED, STAFF IS REQUIRED TO:**

* Fill out the attached log;
* Complete and sign the attached restraint documentation form;
* File a copy of the form in the residents medical record;
* Forward a copy of the form to the Department and notify parent and/or guardian

**BEST PRACTICES BEHAVIOR SUPPORT:**

* Debriefing with staff involved in the incident with administrator and multidisciplinary team.