

USE OF RESTRAINT FORM

RESTRAINT IS NOT TO BE USED, UNLESS:

- There is an emergency situation and physical restraint is necessary to protect a resident or other person from imminent, serious, physical harm after other less intrusive, non-physical interventions have failed or been determined inappropriate;
- The resident's behavioral support plan
- **PHYSICAL RESTRAINT SHALL BE APPLIED ONLY BY TRAINED AGENCY PERSONNEL. IN APPLYING PHYSICAL RESTRAINT, AGENCY STAFF SHALL ONLY USE REASONABLE FORCE AS NECESSARY TO PROTECT A RESIDENT, OTHER AND PROPERTY FROM IMMINENT, SERIOUS, PHYSICAL HARM OR DESTRUCTION. PHYSICAL RESTRAINT SHOULD NOT BE USED AS A PUNITIVE MEASURE.**

MEDICATION AND MECHANICAL RESTRAINT IS STRICTLY FORBIDDEN IN ALL PROGRAMS.

WHEN RESTRAINT IS USED, STAFF IS REQUIRED TO:

- Fill out the attached log;
- Complete and sign the attached restraint documentation form;
- File a copy of the form in the residents medical record;
- Forward a copy of the form to the Department and notify parent and/or guardian

BEST PRACTICES BEHAVIOR SUPPORT:

- Debriefing with staff involved in the incident with administrator and multidisciplinary team.