**10:18 AM**

# Get vaccinated.

***Get your smartphone. Get started with v-safe.***

## What is v-safe?

***V-safe*** is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through ***v-safe***, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you. And ***v-safe*** will remind you to get your second COVID-19 vaccine dose if you need one.

Your participation in CDC’s ***v-safe*** makes a difference—it helps keep COVID-19 vaccines safe.

### How can I participate?

Once you get a COVID-19 vaccine, you can enroll in ***v-safe*** using your smartphone. Participation is voluntary and you can opt out at any time. You will receive text messages from ***v-safe*** around 2 p.m. local time. To opt out, simply text “STOP” when ***v-safe*** sends you a text message. You can also start ***v-safe*** again by texting “START.”

### How long do v-safe check-ins last?

During the first week after you get your vaccine, ***v-safe*** will send you a text message each day to ask how you are doing. Then you will get check-in messages once a week for up to 5 weeks. The questions ***v-safe*** asks should take less than 5 minutes to answer. If you need a second dose of vaccine, ***v-safe*** will provide a new

6-week check-in process so you can share your second-dose vaccine experience as well. You’ll also receive check-ins 3, 6, and 12 months after your final dose of vaccine.

### Is my health information safe?

Yes. Your personal information in ***v-safe*** is protected so that it stays confidential and private. \*

\*To the extent ***v-safe*** uses existing information systems managed by CDC, FDA, and other federal agencies, the systems employ strict security measures appropriate for the data’s level of sensitivity.

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Use your smartphone to tell CDC about

any side effects after getting the COVID-19 vaccine. You’ll also get reminders if you need a second vaccine dose.

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**Sign up with your smartphone’s browser at** [**vsafe.cdc.gov**](https://vsafe.cdc.gov/)

**OR**

**Aim your smartphone’s camera at this code**



***How to register and use v-safe***

You will need your smartphone and information about the COVID-19 vaccine you received. This information can be found on your vaccination record card; if you cannot find your card, please contact your healthcare provider.

## Register

1. Go to the ***v-safe*** website using one of the two options below:

**OR**

**Use your smartphone’s browser to go to**

[**vsafe.cdc.gov**](https://vsafe.cdc.gov/)

**Aim your smartphone’s camera at this code**

1. Read the instructions. Click **Get Started**.
2. Enter your name, mobile number, and other requested information. Click **Register**.
3. You will receive a text message with a verification code on your smartphone. Enter the code in

***v-safe*** and click **Verify**.

1. At the top of the screen, click **Enter vaccine information**.
2. Select which COVID-19 vaccine you received (found on your vaccination record card; if you cannot find your card, please contact your healthcare provider). Then enter the date you were vaccinated. Click **Next**.
3. Review your vaccine information. If correct, click **Submit**. If not, click **Go Back**.
4. **Congrats! You’re all set!** If you complete your registration before 2 p.m. local time, ***v-safe*** will start your initial health check-in around 2 p.m. that day. If you register after 2 p.m., ***v-safe*** will start your initial health check-in immediately after you register—just follow the instructions.

You will receive a reminder text message from v-safe when it’s time for the next check-in — around

2 p.m. local time. Just click the link in the text message to start the check-in.

## Complete a v-safe health check-in

1. When you receive a ***v-safe*** check-in text message on your smartphone, click the link when ready.
2. Follow the instructions to complete the check-in.

### Troubleshooting

#### How can I come back and finish a check-in later if I’m interrupted?

* Click the link in the text message reminder to restart and complete your check-in.

#### How do I update my vaccine information after my second COVID-19 vaccine dose?

* ***V-safe*** will automatically ask you to update your second dose information. Just follow the instructions.

**Need help with *v-safe*?**

Call 800-CDC-INFO (800-232-4636)

TTY 888-232-6348

Open 24 hours, 7 days a week Visit [www.cdc.gov/vsafe](https://www.cdc.gov/vsafe)

